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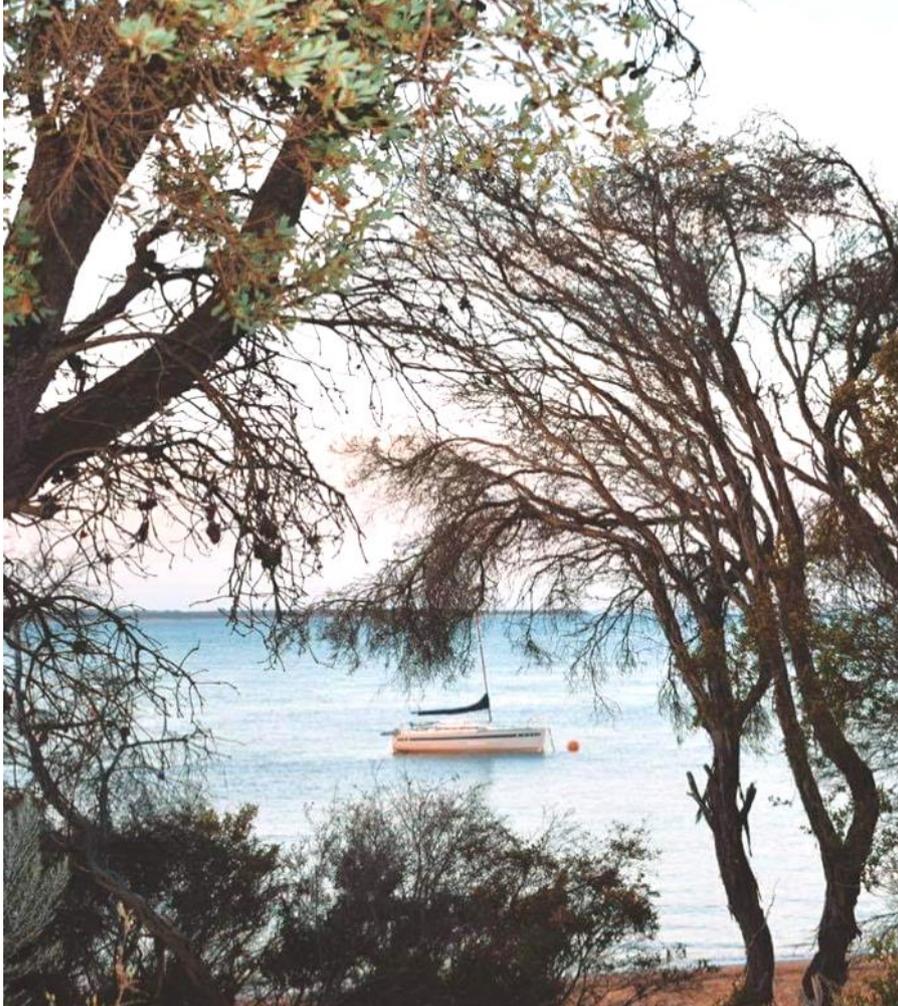
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ISSUE 121 FEBRUARY 2020



It's time to take a deep breath and enjoy the sense of calm settling over the Island as we're all busy establishing our routines and schedules for the year. Thanks to Momentary Visuals for supplying this stunning and beautifully framed photograph for our front page. Great shot Chloe.

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We are very proud of Newhaven College's Class of 2019 and wish our graduates every success as they commence life beyond secondary



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The VCE is only one step in a student's life journey and each individual has their own path to follow beyond secondary school. As an open entry school, Newhaven College actively supports individuals to set their own goals and strive to achieve their personal best in whatever direction their aspirations take them.

With so many opportunities available to Year 12 graduates, including university, TAFE, traineeships and work, Newhaven College students are encouraged to remember that their ATAR score does not represent the culmination of their education. Instead, it presents an opportunity for young adults to assess and consider their priorities as they plan their next steps in life.

We are pleased to announce our VCE results that reflect the excellent work and commitment shown by Newhaven staff and students. Our dux is Ella White (above centre) with a study score of 98.75. Ella has chosen to study Law (Honours)/Arts at Monash University Clayton. Verena Bastwrous (above left) scored 97.75 and will study Science at The University of Melbourne. Martin Peters (above right) received an

ATAR of 96.95 and will attend Monash University in Clayton to study Engineering (Honours)/Science. Other students who received ATAR scores in the 90s are, Macy Lugt Cole, Alexander McMahon, James Mercer and Scout Greenhalgh.

It is significant that all Year 12 Newhaven College students gained their VCE, and we congratulate each individual. Of note was our mean study score of 30.8 with 38 study scores of 40 plus, which is a significant increase from previous years.

While the academic statistical summary of the Class of 2019 is impressive, success is rightly measured through a much wider lens. Our students achieved these excellent results whilst being fully involved in the life of the school, their community and in charity events throughout the year. We are certainly very proud of our Class of 2019.

Limited places are available in Years 10 to 12 in 2020. Contact Belinda Manning on 5956 7505, email belinda.manning@newhavencol.vic.edu.au or visit www.newhavencol.vic.edu.au.



Left: Toby Marshall studied VET Certificate II in Building and Construction and has secured a plumbing apprenticeship.
Centre: Aiden Box and Jonah van Stekelenburg will take on AFL Internships at Newhaven College in Sport and Student Support.
Right: During her gap year Meg Hynes will work as an Outdoor Education Leader at Geelong Grammar's Timbertop campus.



**A classic crime story from our
esteemed crime writer,
Leon Herbert**

FIND THE WILL, FIND THE WAY

Leroy signed his name to the will and then watched as Mark Spencer signed as the other witness. “Thanks for dropping over — again,” the congenial lawyer said as he slipped the will into his briefcase. “The Rothchild kids can’t be witnesses because they inherit.”

“Not a problem,” Leroy replied. This was the fourth time he had been asked over to witness a new version of Jacob Rothchild’s will. “You get better now, Jake,” Leroy said to the frail man propped up in bed. It seemed eons ago that ago that ‘Jake’ as he fondly called him was a Q.C at the Melbourne criminal bar and his mentor as he climbed the ladder to achieve equal cab rank. Jake however had left the bar to become a merger specialist achieving considerable wealth and health issues while Leroy pursued his real love, the pursuit of criminal investigation and nailing criminals while enjoying the lifestyle of tranquil Phillip Island. Jake had become his neighbour. Each man to his own, someone said.....

Jacob nodded weakly and closed his eyes. Leroy and the lawyer walked out into the hall, populated with many expensive works of art. “This may be the old man’s last will,” Mark whispered. “I don’t expect he’ll last the night. Got the will signed and witnessed in the nick of time.”

Leroy paid little attention as the lawyer spoke while his mind strayed to the real and fictional stories he had read, and written for the Vibe, around the connection between wills and crimes. Ever since the Victorian age, wills had played an important part in mystery fiction. The technical legal rules on wills and settlements had proved a fertile source of plot ideas, while the prospect of inheritance remained a timeless motive for murder.

He got back to earth when solemn faced Anna walked past them and entered the sick-room.

There were three Rothchild children, Leroy knew them well — Anna, the nurse; Brock, now a surgeon at a nearby hospital; and Keith, fresh out of college. All three had moved back into the family home during their father’s long, difficult illness.

Mark deposited his briefcase on the dining room table, and walked Leroy to the door. As they entered the foyer, Anna appeared at the top of the stairs. “Mr. Jacob, I think...I think he’s dead.”

The two men joined the Rothchild children who had already gathered in the dead man’s bedroom. Brock checked for vital signs, then gently pulled the sheet over his father’s face. Half an hour later, as the people from the funeral home were removing the body, Leroy and Mark once more crossed through the dining room. Mark saw his briefcase and eyed it curiously. “It’s been moved,” he said, then opened the leather lid. “The new will. It’s gone!”

Leroy and the lawyer backtracked their movements through the bedroom, dining room, and hall, hoping to find the will somehow mislaid. Finally, they had no choice but to assemble the bereaved children and treat them as suspects.

“I went downstairs once after he died,” Anna claimed. “To get the number for the funeral home. I called them from the kitchen. I didn’t go into the dining room, and I certainly didn’t touch your briefcase.”

“I went downstairs to let the funeral people in,” Dr. Brock Rothchild said. “I saw the briefcase but didn’t touch it. I didn’t even know the will was in there.”

Keith sighed. “Well, I didn’t go downstairs at all. After Brock declared father dead, I returned to my room to call some relatives. What do we do if we can’t find the will?”

“We’ll have to use his last will,” Mark explained. “It’s almost exactly the same. You know how eccentric he became. All three of you still get substantial bequests. He was also generous to me. Plus, small amounts go to servants and employees.”

“I can find the new will,” Leroy said softly. The others all turned, a little surprised to find him still in the room.

“I think I know where to look and who moved it, and why.”

Have you spotted the clue and the motive? Close attention to detail and dialogue is important and logic is never far behind.

WHERE IS THE NEW WILL? Turn to page 12 if you need some help.



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It's Not Always A Fool Who's Parted With His Money

It's time to revisit some of the less ethical ways in which you may be invited to part with your hard earned money – with or without your consent. In other words, it's time to revisit scams and rip-offs. I could write a chapter on each scam and never stop writing, but space doesn't permit.

There many tricksters out there who think you're fair game and that they have more right to your money than you. Unfortunately, many Australians, by their actions tend to reinforce their belief. Before you say it wouldn't happen to you, in the past it's happened to very well educated, financially literate people whom we all thought would know better. New scams are being developed all the time and they are designed to make things look genuine. After all, a quality scam can't appear to be a scam until all your money's gone, can it?

So, what are the current scams going round? We have ATO scams, I-tunes scams, Microsoft computer scams, share trading scams, advertising scams, banking scams and just plain computer hacking scams. And any letter or email asking you to assist with the repatriation of money from a "well deserving case" overseas or asking you to pay so your lottery win can be sent to you or an inheritance is most definitely a scam designed to part you with your money. New scams are being developed constantly. So what do we do?

Banking scams are still common. You'll get an email purportedly from your bank asking that you confirm your account details for some reason – they're doing a security upgrade, or even that your account has been compromised in some way. Never ever respond to an email from a bank. NO bank in Australia communicates in this way when personal information is involved. An email from your bank (or any other) asking your details is a scam and if you respond your bank account will be emptied. Guaranteed.

Share scams may be by someone, usually from overseas, offering an investment opportunity too good to be missed. It is – for them, not you. Ask for their Australian Financial Services Licence number. If they give you one, tell them you'll call back once you've confirmed it. They're not allowed to offer any financial investment or advice in Australia without one.

Advertising scams work on the basis that someone will respond to your ad on behalf of a "friend" who's unavailable - he's on an oil rig or something similar. They will ask to pay by Pay Pal or similar. Then they will call back and ask for money as there's been a problem. Many people comply with the request and their money's gone. You're selling the item – why would you pay the buyer?

Computer hacking scams are where your computer is compromised and the scammer can find out all your details and passwords, either directly or by a keystroke checker. If you're a

computer based share trader they may then invent a story that will allow them to falsely trade on your account and leave you with enormous debts and them huge profits. Otherwise they may just access all your bank accounts and simply take your money. It can be that easy if you don't take precautions. By the way, Microsoft will not call you to help with your compromised computer. The unexpected call, ostensibly from Microsoft is a ruse to get access to your computer.

The ATO and I-tunes (or other gift cards) scams are those where someone says you have a tax debt and then ask you to pay it by buying I-tunes gift cards for the relevant amount and posting it to them. I-tunes cards are almost as good as the money. You will have lost by buying them. This has been so prevalent that there are now signs in supermarkets asking you not to do it. Think about it – why would the ATO accept gift cards?

So how do you protect yourself? Remember a few rules. If in doubt, it's a scam. If it sounds too good to be true, it almost certainly is. If you can't remember buying a lottery ticket, you haven't won any lottery. Your bank will not ask you for sensitive information by email. If someone is offering you investment advice, they will need an Australian Financial Services Licence and will have its six digit number available. If the person on the other end of the phone is hesitant about providing further information, it's probably a scam. Never click on an attachment to an email until you're certain it's safe and from a trusted source. For emails that may be suspicious, hold the mouse over the sender's address. It may show you a really different address than the one in the heading. Delete it without further ado if it does. Change your

Continued page 5

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From page 4

computer passwords and security checks regularly, but don't use details from your name or address – these are just too easy to guess. These are just some pointers.

The Australian Securities investment Commission has an excellent website available for information on scams and rip-offs – www.moneysmart.gov.au. They list some of the scams going round and will help you identify more characteristics of a scam. In these cases, it pays to be suspicious, it may be all that stops you losing all your money.

If you get a suspicious call or email, please contact ASIC. If it is a scam they will investigate and you may just help someone avoid a financial disaster in the future.

Any advice offered in this article is of a general nature only and does not take into account any reader's personal circumstances. Before acting on anything herein, you are advised to get professional advice as to whether the course of action is appropriate for you.

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&

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PHILLIP ISLAND CLUB SET FOR 2020

Have you heard that the Phillip Island Club (also known as Phillip Island Senior Citizens Club) is back from holidays for another great year jam packed with entertainment aplenty. Some of the entertainment we have coming up this year includes weekly table games, naughts and crosses, sudoku, word puzzles etc. We are also working with Turn the Page Bookshop to have readings from various authors. Bean bag toss, indoor carpet bowls, music by local musicians and so very much more will be enjoyed.

We also have our garage sale room filled with lots of great stuff at very affordable prices. And the best news of all, we have acquired a bus to pick up and drop off our members every Friday for lunch, with great thanks to Mecwacare who have provided this bus to our club for free. Mecwacare have taken over the PAG group from the council.

Our club goes back to weekly lunches from February 7th. A 3 course meal with soup, a roast meal and dessert all for just \$15 per person. We also cater to vegetarians and diabetics. And we have great prizes to win in our weekly raffles. To book your seat, call us on 59522973 and leave a message with your name, phone number and whether you need a bus pick up, anytime before any Thursday on a weekly basis. It is important to call us if you are coming so we know how many to cater for. We don't like to waste food. Look forward to seeing you.



Pictured with the new bus are Beverly and Arthur Robertson, Allan Droscher, Lorraine Moore, Dianne Barker and Dominic Marstrale in the drivers seat.



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Pancetta, Pea and Mint Pasta

WHAT YOU NEED:

250g cubed Pancetta
2 cloves sliced Garlic
1 cup of Peas
200g Tagliatelle
Bunch chopped Mint
Cracked Black Pepper
Olive Oil
Parmesan

WHAT TO DO:

Place in cold pan 1/2 cup olive oil, pancetta and garlic
and heat for round 5 to 6 minutes until pancetta is
brown.

Place pasta and peas in boiling, salted water and cook
until tender then strain. When straining the pasta
save some of the pasta water for later.

Add the cooked pasta to the pancetta pan and mix
well and add cracked black Pepper. If dry add 1/2 cup
of saved pasta water.

Remove from the pan onto a serving dish and sprinkle
with inmt and grated Parmesan.

Enjoy.

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Fishy Tales with Craig Edmonds from Jim's Bait and Tackle

They say the years go faster as you get older, but it seems that it was yesterday I was writing the January report. With so much going on over Christmas this year and the weather changing that often I think everybody is a little confused about what part of the year we are in. At one stage in the shop we had the portable air conditioner and the heater sitting side by side and needed both in the space of a couple of days. In last year's report I commented how settled the weather was through January and the amount of fishing days we had, this year is very different. We had some of the worst conditions I can remember through November and December then a small window of settled weather in January which didn't last long until it was back to unsettled for the last few weeks of the month.

The fishing has been a reflection of the weather, plenty of quality reports when the conditions are good and not much at all when it turns bad. With the reports we have had, the quality and the variety suggests very strongly that if the weather played its part we would all be saying what a good season it was. Instead many are complaining about the ordinary season they've had. It's always difficult to get a very good read on what is happening when you don't get consistency in the weather, but it doesn't mean it's been a bad season over all, just a bad one for you. We had a typical customer in recently telling me what a bad season it has been. Between the weather and other commitments he told us that he has only fished twice since mid-November. The next customer, who has the opportunity to fish whenever he wants, and has fished over a dozen times in the same period was telling us what a good season he has had. Sometimes its all about the opportunity I guess.

This Christmas we had the fires further east and the devastating effects which will be felt for some time to come yet. It certainly had an effect on the island with many businesses telling me they had plenty of cancellations or a dramatic downturn in trade. The best days we had with little wind had their own challenges, as the wind was not enough to blow the smoke away and it kept many inside or at home.

While the fires have affected plenty of people and many businesses won't survive this year, one of the biggest problems we had over the last month was the sensationalism created by incorrect reporting and by social media that is causing unnecessary panic. If you are planning to travel somewhere over the next couple of months or you have current bookings, give the area you are traveling to a call and get the real story.

Even give a couple of places in that area a call and make up your own mind before you just cancel due to the reports you are reading. We had several calls from people coming down from Melbourne for the Australia day weekend asking if it's safe to come because they had seen on social media that the smoke is making the water un-drinkable or asking if they need to bring water with them. There was another that asked "is there plenty of CFA people here if a fire breaks out on the island and is there plans to get people off by boat if necessary". I must admit I thought a few of these calls were pranks but sadly the longer I spoke to them the more I realised they were serious. That's only a few of the calls we received. You have to wonder how many think the same way and just don't go anywhere.

Over the next couple of months, we will see the offshore fishing come into its own and we have already seen several kingfish caught. Makos have been good also and the reefs are holding some quality snapper, gummies and school shark. The flathead have been a little patchy but find the right spot and there will be a pan full of tails for tea. We have also seen a couple of whiting in close but you need almost perfect conditions to get to them. We have seen plenty of calamari in the bay and they haven't been too hard to catch this season, but we are also seeing a lot from offshore from those chasing arrows. We often hear customers saying they hooked a flathead and on the way up another jumped on because it got very heavy but then not long after jumps off. If this happens to you drop down a squid jig because I would almost guarantee it was a squid of some type. If you haven't fished offshore before and want to start but not really sure just drop into the shop and see us and we can give you all the information you need and the winds and weather to watch out for.

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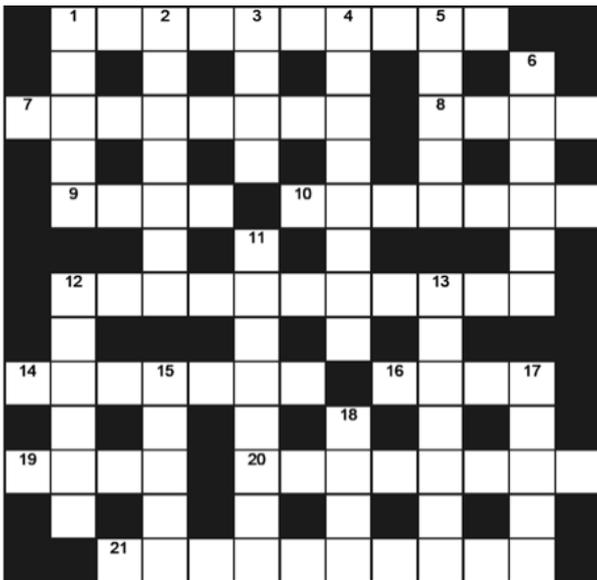
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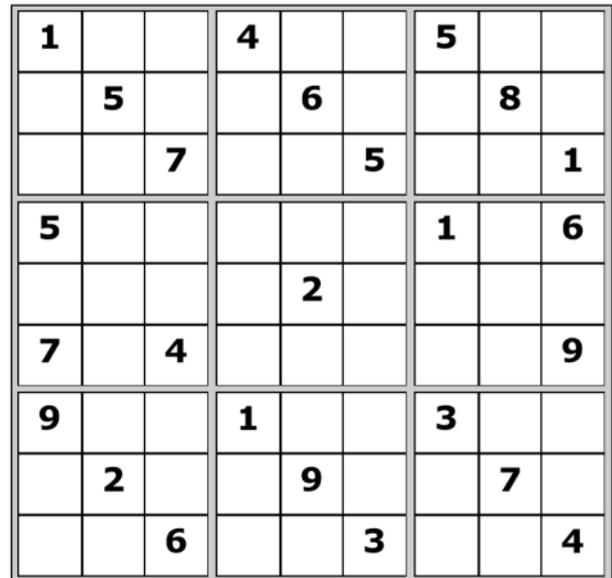
Vibe Quick Crossword 121

Across

- 1 Tempted (10)
7 Mistake (8)
8 Kind (4)
9 Knots (4)
10 Plans (7)
12 In another world (11)
14 Lawlessness (7)
16 Dirty froth (4)
19 Eager (4)
20 Emptying (8)
21 Anchorman (10)

Down

- 1 Implicit (5)
2 Innocently (7)
3 Place (4)
4 Essential (8)
5 Consumed (5)
6 Jumped (6)
11 Stores (8)
12 Moves to music (6)
13 Agitated (7)
15 Scope (5)
17 Junior (5)
18 Area (4)



Vibe Sudoku 121 Each row, column and sub-box must have the numbers 1-9 occurring just once.

Nature Parks loves locals

There are many great things about being a Bass Coast local and Phillip Island Nature Parks' new and revamped Locals Pass is definitely one of them.

This exclusive pass offers locals year-round entry to the Nature Parks' four key attractions including the Penguin Parade, Koala Reserve, Antarctic Journey at the Nobbies and Churchill Island – all for the price of one visit.

“We love our locals and want to share the Nature Parks more across the year,” said Sally O’Neill, Phillip Island Nature Parks Community Engagement Officer. “The upgraded pass offers much more than just entry – you also join the Nature Parks ‘family’ and receive member benefits throughout the year.” Along with being able to visit any attraction any time, locals receive a quarterly newsletter, member discounts and invitations to exclusive member events with their pass.

“These events will offer locals opportunities to come behind the scenes with rangers and researchers and to become more involved in the Nature Parks, the work we do and the areas and wildlife the Nature Parks is privileged to manage.”

“Over the year, we hope you too will fall in love with your Nature Parks - your stories, your wildlife and your Island home.”

The Nature Parks is a not for profit, self-funded organisation with a united purpose to protect nature for wildlife and inspire people to act. The Nature Parks proudly manages many of Phillip Island's natural areas for locals and visitors to enjoy including:

- 25% of Phillip Island's natural areas
- 115 kilometres of the total 141 kilometres of Phillip Island's coast and islands.
- 42 kilometres of walking paths and tracks
- 4.7 kilometres of boardwalks, 38 viewing areas and 22 shore-line access points.

Adult, child, family and Australian pensioner Locals Passes are available to all Bass Coast Shire residents and students. Passes must be purchased in person at Nature Parks visitor centres including the Penguin Parade, Nobbies Centre, Koala Reserve and Churchill Island.

For those who already have a Locals Pass, we will be in touch to upgrade or feel free to contact the Nature Parks to upgrade to the all new locals offer.

TRIVIA QUIZ



1. What's the medical term for low blood sugar? 2. What are the two top selling spices in the world? 3. What's the ballet term for a 360 degree turn on one foot? 4. What colour is

Absynth? 5. Which former Australian Prime Minister set a beer drinking world record? 6. Before being named Melbourne, what was the city know as? 7. What year was the very first model of the iPhone released? 8. Which animal can be seen on the Porsche logo? 9. What is the national dish of Spain? 10. What percentage of our bodies are made up of water? 11. What is the name of the thin, but long country that spans more than half of the western coast of South America? 12. Who was the lead singer of the iconic '80s band, Culture Club?

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25 Veterans Drive, Newhaven, Phillip Island. Call 03 5956 6400 for more information or visit: www.vietnamvetsmuseum.org

 NationalVietnamVetsMuseum

Australian Army Band

The National Vietnam Veterans Museum is honoured to present the 'Australian Army Band in Concert – Back to 'Nam Again', performing music of the '60s and '70s from the era of the Vietnam War on Saturday 22nd February, 2020 at 7.30pm.

Come along, sing along and tap your feet to the rhythm of some of those songs you will know so well, performed by the Australian Army Rock Band. Be caught up in the energy and vibe of great music and sound. Enjoy the opportunity to mingle with the performers after the show.

The Australian Army Band has supported our Museum with performances over the years at some of our events including the Woodwind Quintet and a solo performer, Keaton Tait, on guitar, at one of our Open days. The talent is amazing and we are very much looking forward to this show. It will be an evening of entertainment and enjoyment.

Ticket prices \$30 adult, \$25 concession / gallery. Tickets include a light supper after the show. Beer, wine and soft drink will be available at bar prices.

Purchase tickets on Trybooking:

<https://www.trybooking.com/BGPYZ>

Information about all events can be found on our website:

www.vietnamvetsmuseum.org

or contact the Museum on 03 5956 6400.

PHILLIP ISLAND NATURE PARKS 10th ANNUAL COMMUNITY OPEN DAY

Sunday 1 March 2020

- **FREE* entry to Nature Parks attractions:** Penguin Parade (General viewing), Antarctic Journey, Koala Reserve, Churchill Island.
- 50% off EcoBoat Tours (1pm, 3pm & 5pm).
- 50% off WILD Sandsculpting experience.
- Walks and talks with our rangers, researchers and volunteers.

- Fun community expo.

Full program and updates: www.penguins.org.au/community and in local papers in February 2020.

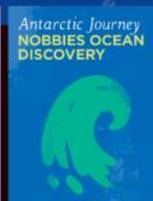
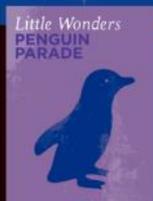
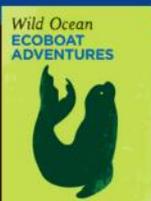
Info: openday@penguins.org.au or call 5951 2820 during office hours.



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We acknowledge the Traditional Custodians of the land on which we live, work and learn, the Bunurong people. We pay our respects to their Elders past, present and future.

* Entry to activities and attractions is free for residents, landholders, Aboriginal and Torres Strait Islander Community members and students of Bass Coast Shire.
• To gain your free entry, please bring proof of your residency such as rates notice, bill, drivers licence, student card etc. Free entry for household only.
• Accompanying friends are welcome, but must pay entry fees as apply.

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Phillip Island Nature Parks' Community Open Day 2020



Ranger Craig Bester with a working fox dog.

One of the special things about being a Bass Coast Shire resident is being invited to enjoy free entry at the Nature Parks' annual Community Open Day on Sunday 1 March 2020.

Discover *your* Island home and all of the Nature Parks' attractions on this special once-a-year -day. There is free entry to the evening Penguin Parade (general admission), Koala Conservation Reserve, Churchill Island and the exciting Antarctic Journey at the Nobbies Centre. Being a Bass Coast resident also entitles you to enjoy 50% off an amazing EcoBoat Tour to Seal Rocks and entry to the incredible WILD Sandsculpting exhibition on this day.

Venture behind the scenes, meet the team and learn more about the Nature Parks - the not for profit conservation and sustainable tourism organisation in your backyard. There will be plenty of fun for kids with face painting, games, craft and more. Across the day, join our rangers, researchers and volunteers for special walks, talks, demonstrations and more.

A favourite part of the day is the Environment Expo with our community partners including a Welcome To Country and stalls and demos from our local CFA heroes, Boomerang Bags, Plastic Free Phillip Island and other community heroes. Rangers and researchers will also provide demonstrations of our working fox dogs and behind the scenes tours and activities.

As the sun sinks in the west, join our penguin experts for a Private Lives of Penguins tour and then free entry to the magical Penguin Parade.

Love your Nature Parks all year round!

Did you also know that all Bass Coast Shire residents can purchase a Locals Pass and become part of the Phillip Island Nature Parks community all year round with unlimited entry and great offers and activities? See www.penguins.org.au/locals or call 5951 2820.

FIND THE WILL, FIND THE WAY SOLUTION

Leroy edged himself between Mark and the briefcase. Then, like a rigger player, he tucked the leather briefcase under his arm and lurched around to the far side of the table. "The will is in here."

"You're crazy," Mark shouted. "Don't open that. It's private." Leroy was already rummaging through the miscellaneous files and papers. "Ah, what do you know! Here it is!" And with a flourish, Leroy pulled out the signed document.

"I don't know why Jacob cut you out of his will, Mark old man. Had he lived another week; he might have put you back in. It must have seemed very arbitrary and unjust. So, you just pretended the will was missing."

Anna's mouth was agape. "How do you know that?"

"Mark said he was in the new will, but that couldn't be true. Mark, you see, signed as a witness. And, as he himself told me, in law you can't witness a will in which you inherit!

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When: Wednesday 18 March 2020

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Where: Italian Australian Club, Princess Drive Morwell

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RSVP: Bookings essential - limited spaces



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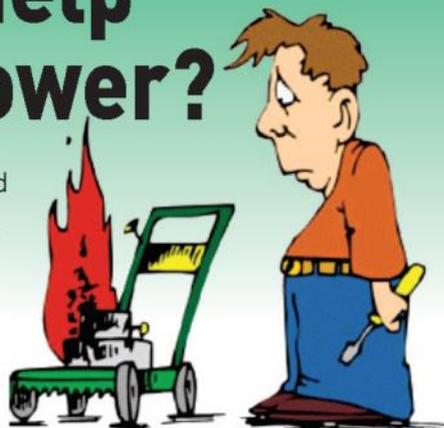
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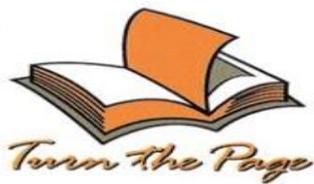
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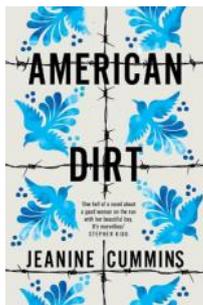
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Book Reviews

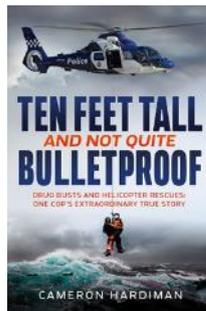
**By Turn The Page Bookstore,
40A Thompson Avenue, Cowes
Phone 59521444**



American Dirt
By Jeanine Cummins
RRP \$32.99

Yesterday, Lydia had a bookshop. Yesterday, Lydia was married to a journalist. Yesterday, she was with everyone she loved most in the world. Today, her eight-year-old son Luca is all she has left. For him, she will carry a machete strapped to her leg. For him, she will leap onto the roof of a high speed train. For him, she will find the strength to keep running.

Review: I defy anyone to read the first seven pages of this book and not finish it. Tough, powerful... AMERICAN DIRT made me understand better why someone would give up the home they know and love to survive and the grit required to cross that border. From its heart-stopping first sentence to its heart-shattering last, Cummins' story of immigrants is just what we need now.



Ten Feet Tall and Not Quite Bulletproof
By Cameron Hardiman
RRP \$32.99

Cameron Hardiman lived a life most young boys could only dream of. Every morning he put on a navy blue police flight suit, grabbed his flight helmet, and prepared to work on the police helicopter. He could be called to anything during a shift, to search for a missing child, to pull an injured driver from a wrecked car, or a dangerous sea rescue. He saw his fair share of trauma and dealt with it like most coppers would: he quickly put each dangerous job out of his mind as soon as it was over. But one particular rescue in Bass Strait brought about a reckoning - and Cameron was never the same again. This is the brilliantly told, white-knuckle story of one cop learning every lesson the hard way - and coming to find out that being not quite bulletproof doesn't mean that you're not a good cop.

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PUZZLE SOLUTIONS



Vibe Crossword Solution 121

1	6	8	4	3	2	5	9	7
2	5	9	7	6	1	4	8	3
4	3	7	9	8	5	6	2	1
5	9	2	8	4	7	1	3	6
6	1	3	5	2	9	7	4	8
7	8	4	3	1	6	2	5	9
9	4	5	1	7	8	3	6	2
3	2	1	6	9	4	8	7	5
8	7	6	2	5	3	9	1	4

Vibe Sudoku Solution 121

Quiz Solution 121
 1. Hypoglycemia 2. Pepper is 1st and mustard is 2nd 3. Pirouette 4. Green 5. Bob Hawke - drinking 2.5 pints in 11 seconds 6. Batmania - named after John Batman who built a settlement on the Yarra River 7. 2007 8. Horse 9. Paella 10. 60-65% 11. Chile 12. Boy George

Fun times with Tom and Bandicoot sighting by Ian Burns

My brother in law Tom is 81. He lives in a village at Dingley, Victoria with his wife Marilyn. They also own a unit at Rhyll (Phillip Island) in the complex where my wife and I live. Tom loves to “go for a shot”. So, whenever he and Marilyn come to the Island, I arrange permission for that with one of the property owners I know.

We are after rabbits. The Island is now officially fox free, so it’s mostly feral cats that are a predator problem for our small mammals and birds. Over the past couple of years thriving colonies of Eastern Banded Bandicoots have been established on the Island. Some of these are on the properties I shoot on; you need to be particularly careful before shooting the “rabbit” you are looking at, making sure it is not a striped one with a pointy nose!



Although Tom is quite an accomplished shot, and holds a current shooter’s license, he generally likes to do the driving and I do the shooting. I think he enjoys driving my D-Max diesel over the wash-outs and rough terrain.

We go spotlighting, and with daylight savings, it means we do not leave to drive to the property until around 9pm. I have a “Wolf-eyes” light attached under the barrel of the Brno, with a Weaver variable on top. In addition to this, I have two 9” LCD spotties on the bull-bar. The latter provide most of the light we need to shoot, aided by the Wolf eyes when need be.

Arriving at the first property at around 9.30pm, we spotted our first rabbit sitting at around 30mtrs, an easy shot to start the night. POP, right through the 3KZ.

In all, we shot nine, the longest shot being around 75mtrs. Eight head shots and one shoulder shot. (the long one). That’s enough, we need to get home and skin them. I field dress every rabbit in the lights of the truck immediately after shooting them. When I say “long one”, it’s not the longest shot I’ve done with the Winchester Sub sonics. My brother says it’s near impossible to hit a rabbit with any acceptable accuracy (head, neck or shoulder) at over 80-90 mtrs with this ammo. But I disagree, I’ve done shots regularly at distances in excess of this. It’s a long way, so a little hold over is needed, and a very steady hand. But once you’ve done it, you know you can do it again! Confidence is a wonderful ally.

We have a bit of a ritual when we get home to skin the bunnies. Tom grabs a couple of stubbies for us both, I head into the laundry downstairs where I’ve previously prepared a chopping board, towels and buckets.

I do the skinning, Tom does a bit of washing and tidying up little tid bits, we finish the first bunny and have a drink. When we’ve finished nine rabbits, we sit down on the steps and finish our beers.

What a great night! I sincerely hope that when I’m in my eighties, I’ll have someone to do this with!



Ian and Tom with the spoils of their nights hunting.



PHILLIP ISLAND CAMERA CLUB – SPORTS PHOTOGRAPHY

The aim of "Sports Photography" is to capture evocative images that portray the excitement and emotions of the game or sport. Be prepared beforehand as it helps to have an understanding of the game and be aware of who is likely to have an impact on the game, say by scoring the winning goal.

Set the scene by showing the crowds anticipation beforehand or afterwards the ecstasy from the win or the despondent expressions after the loss.

It helps to have an uninterrupted view of play and if possible shoot from a low perspective as this gives your players more emphasis. Always make sure your Backgrounds are clear and level. Try to avoid signs or use an Fstop to blur the background to avoid distracting signs.

Change the focus mode on your camera to constantly track your moving subject to keep it in focus as you shoot. To capture sharp images of a moving subject you need a fast shutter speed. Sometimes you might wish to portray a sense of movement. Say for horse-racing or car racing- stand side on, use a slower shutter speed of say 1/60 second and pan as the subject goes past you. This captures the movement of the background.



Off and Racing by Lynne Cook. This was taken using the above method of panning.

A 400 mm lens is ideal to capture the action but if you don't have one wait for the action to come your way.

With these tips in mind, go out and practise your 'Sports Photography', then put them on social media for people to see and with luck give you feed-back on how to improve them. If you feel you've taken a not so good image, examine it and work out how you think you could improve it. You can only improve.

If you found this article of interest and would like to learn more please go to <http://www.phillipislandcameraclub.com.au/contact/>

Or for more information on Phillip Island Camera Club phone Susan on 0408 136 717.

Ref: 10 Sports Photography Tips by Sam Todd



Cape Woolamai's surfer Sophie Fletcher who holds 108th position in the World rankings. Photo by Gary Parnell.

Surf News by Ed Amorim (@prosurfcoaching)

PIBC doing great. We would like to congratulate the Phillip Island Boardriders Club members for the amazing start to the season. Great surf comps, Anzacs, the single fin fundraiser for bushfires events plus social events. PIBC are looking good for the Australian Boardriders Battle at Newcastle next month. Awesome job guys.

Sage Goldsbury star 2020 on fire. Amazing start of year for our talented surfer Sage Goldsbury winning her first WSL Pro Junior title on the Gold Coast last month. Good luck and good waves Sage.

Sophie and Carl smash state titles. Also Sophie Fletcher taking out the Gunnamatta open state round and Carl Wright coming second in the men's division. Bring on the next event here at the Island in March.

Surf Camp March 2020. You are welcome to join us on the @prosurfcoaching_ Surf Camp at @kanduiresort on Mentawai. 10 days of pure surf included at one of the best surf resorts in the world plus 2 coaches 24/7, boats, jet skis, photos everyday and videos to be analysed and to keep at the end of this magic surf trip. The first from 07/03 to 17/03 (booked out) and the second from 18/03 to 28/03. (only 4 more spots available). Just 10 people each camp and it will fill up quick. Contact us prosurfcoaching@gmail.com for more details.

PRO SURF COACHING is a Surf Academy that operates all over Australia, based at the famous National Surf Reserve of Phillip Island. We have over 35 years of surf experience and have developed surf lessons and programs for all levels and ages of surfers: beginners and intermediates to experienced competitors. We will deliver all you need to improve your skills, all the information, training, equipment and technology necessary to support our clients to achieve the best surf performance they can. Head Coach is Ed Amorim. For Ed it all started when his dad pushed him to ride his first wave. He was a beginner back then, now he has a solid, competitive, professional career that includes a National Title in 2001 and the years following competing in the World Surf Tour. He always gives his best in every way. He trains hard, promotes sponsors, competing hard in every

single heat and is always dedicating his time to create new levels of achievement and success. Having a university degree in Business and Marketing helps with the managerial and administrative side and Ed is also editor of a surf multimedia Adrenow Newspaper. Adrenow TV and Adrenal FM help build his popularity and help to promote the sport. From 2005 to 2011 Ed has been working with his brother Guto on the WSL (World Surf League) broadcast team as a commentator for Spanish and Portuguese language. This opportunity took Ed even closer to the surf competition world and his idols. He is also a Dive instructor and Commercial Boat Skipper, Level 2 Surf Instructor from Surfing Australia/ International Surfing Association, has a current Children Police Check, First Aid Level 2 and Surf Life Saving Certificate. Make sure you enjoy a surf session this summer and come surf with us.

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ED AMORIM
ON 0490 406 005



COMMUNITY NOTICEBOARD

If you're a not for profit club or organisation, you can list your meeting times and contact details here free of charge. If you're not listed and would like to be email us at: phillipislandvibe@outlook.com

Red Cross, Phillip Island Branch meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Ron Hateley 59522549 or Averil Roberts 59522602.

Phillip Island Lions Club Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: lionsclubphillipisland@gmail.com

Phillip Island Bicycle User Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ruth Scott 0409 946696.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400 815353.

Phillip Island Girl Guides Multi age groups from 5 years, Tuesdays 5-6.30/7pm. More info contact Lisa Toro lisa_olivia_nathan@hotmail.com

Phillip Island Club (Senior Citizens) Carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Fridays 12noon, 3 course lunch \$15. Island Celebration Centre Hall for hire. 59522973 for more information.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Bob Andrews 0437 526757 or probussanremo@gmail.com

Rotary Club of Phillip Island & San Remo "Fundraising for our community". New members welcome. Phone Keith Gregory 0439 020996.

Phillip Island Scout Group – Cubs: Wed 6.30pm-8pm, **Scouts:** Thur 7pm-9pm, **Venturers:** Mon 7pm-9pm. Located at Bluegum Reserve, Dunmore Road Cowes. New members welcome. Email: gl.phillipisland@scoutsvictoria.com.au

Phillip Island-San Remo-Bass Coast Vegan Community Sharing and promoting what's vegan & plant based. Everyone welcome. phillipislandbasscoastvegans@gmail.com

Lions Club of San Remo & Newhaven 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Secretary Andrew Page 0410 785081, 56780162 or sanremo.newhavenlions@gmail.com

Men's Shed meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438 808428 or 59526955.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhill Hall. Joining fee \$48, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414 709066

Phillip Island Croquet Club new members welcome. Contact Ken 59568803 or David 0412485913, Blue Gum Reserve Dunsmore Rd, Cowes.

The National Vietnam Veterans Museum needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Liz Fincher 5956 6400

Phillip Island RSL Day Club every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises, guest speakers and outings. Transport can be arranged if necessary. Ph: PIRSL Reception ON 5952 1004.

The Probus Club of Phillip Island Inc meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info Chris Cannin 0434 489011 or Ash Rizvi 59521604.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Bob Hee 0418 173388.

Phillip Island Camera Club meets 1st Mon of month, Heritage Centre meeting room, 1:30-4 pm. Contact Susan Brereton on 0408 136 717 or phillipislandcameraclub@gmail.com

Country Women's Association, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

Phillip Island Swim Club must be competent in 3 out of 4 strokes and looking to extend skills with qualified coaches. Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418 178343 or piadgs@gmail.com

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435 552518 or email enquiries.piarc@gmail.com.

Phillip Island World Vision Club 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members welcome. Call Thelma 56785549.

Phillip Island Day View Club proudly supporting The Smith Family, Feb-Dec, 4th Monday of month, 11am, Ramada Resort, Cowes. Bookings essential. New members welcome. For information contact Irene 59523447.

Phillip Island & District Historical Society. Cowes Heritage Centre, contact Secretary Christine Grayden 0400 900612. Check out our History on pidhs.org.au.

Phillip Island Library, free wifi and kids programs, Story time every Tues 11-11.30, Baby Rhyme time every Thursd 10.30-11am, Lego Club every Tues 4-5pm. www.wgrlc.vic.gov.au or call 59522842.

Friends of the Library book chat 1st Wed of every month at 2pm, Feb-Nov. Phillip Island Library. Friends of Library meeting 10.30am, 3rd Sat of every month. New members welcome. Call Celia 59521901.

South Coast Speakers Toastmasters meets every 2nd and 4th Wed of month, 7.30pm at San Remo Hotel. Develop oral communication and leadership skills. More information Brigitte Linder 0421 812691

San Remo Bowls Club Summer. Every Wednesday 12.30pm for 1pm start. Stick draw. New bowlers and visitors most welcome. 1a Wynne Road, San Remo, next to Recreation Centre. Phone 56785558.

Phillip Island Patchworkers Meet Newhaven Hall Monday 7.30pm; Info Centre Newhaven, 10.30am 1st Tues of month; Cowes Cultural Centre 10.30am last Tuesday of month; Wonthaggi Cricket Reserve 10.00am 1 & 3 Friday of month; Corinella Crafties 10.30am 2nd & 4th Wed of month. Contact Lyn Duguid 0427 593 936

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Age group 60-90 years. Call Dagmar 59566965.

“Bee Crafty” Community Craft Group is meeting fortnightly on Wednesdays at St Phillips Church Hall, Thompson Avenue, Cowes (opposite Coles). All are welcome. For further details Desma Maxworth 0409 136 620

Phillip Island University of the Third Age (U3A) provides learning and social activities such as choir, creative writing, stage-craft, Spanish, canasta and many more. For retirees and semi-retirees. Most activities are ran at 56-58 Church Street, Cowes. For further info call 5952 1131 or 5952 6461

Boomerang Bags Phillip Island and San Remo Volunteers sew re-usable bags to supply local shops and reduce plastic. Sewing bee every Wednesday 10am-4pm Garden Room 2, PICAL 56-58 Church St Cowes. Everyone welcome (no sewing experience necessary). email Kylie@boomerangbagspisr.org

PARKRUN- free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

The Phillip Island Miniature Light Railway Inc. Secretary, Bev Munro, 0417 578 435 or Facebook.

MS Community Visitors Scheme in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email volunteer@ms.org.au

Phillip Island Community Meal operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St and Warley Ave, Cowes. Facebook @cowescommunitymeal

Cowes AA Big Book/Steps Meeting, 7pm Tues nights, St. Phillips Anglican Church. Corner Thompson Ave & Church St.(opp. Coles) Ph. 0417 317470

Artist Society of Phillip Island (ASPI) meet regularly for Visual Artists, Textile Art, Plein Air, Writers, Portraits & Appraisals & Workshops throughout the year. 2 Art Shows at Easter & Cup Weekend. Memberships Available Contact Lois Green 5956 9595

Bass Coast Strollers Inc. Walks every Monday morning; generally 8-10km and graded Easy or E-M, occasionally longer; bush tracks to coastal paths to town walks; an additional shorter 4km walk is also offered; \$40/year subs. Contact Belinda 0408347722 www.basscoaststrollers.org

First Friday Philosophy Lunch. We meet once a month over lunch at Rusty Water to discuss some of the big questions about life, the universe and everything. Newcomers welcome. \$35 (includes 2-course lunch). Bookings or enquiries to Ian Robinson: gurdies@australiaonline.net.au

Narcotics Anonymous meets weekly Sundays 5-6pm, St Phillips Anglican Church, 102 Thompson Ave, Cowes. New members welcome. For more information contact 03 9525 2833 or na.org.au

The Phillip Island Medical and Health Action Group (PIMHAG) advocates for improved medical and health services for Phillip Island and San Remo. PIMHAG welcomes new members. Please contact Secretary linda@marston.com.au or 0428 344 726 for more information.

Woolshed Spinners meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact Deb McCann 0428 523 706

Phillip Island Health Hub Auxiliary meets 1st Wednesday of every month at 1.30pm at the PI Health Hub in Cowes. We fundraise to purchase much needed equipment for specialists and medical staff offering services at the Health Hub. New members very welcome. For more info – Maree 0408 362600.

PHILLIP ISLAND BOWLS CLUB 40 Dunsmore Rd, Cowes. New members welcome, open to all ages. Social bowls every Thursday at 12noon and barefoot bowls over Christmas holidays. Corporate bowls from January till March. Free coaching available. Come and give it a try - contact George Mol on 0407 851065.

Phillip Island Community Art & Craft Gallery Cowes Cultural Centre, contact Secretary Aleta Groves 0419 525 609 or email info@phillipislandgallery.com.au



Healthy and Healing with Pip

ARE YOU CAUGHT UP IN THE 'DOING' OF YOUR LIFE?

As I was crying this morning watching Facebook videos of empowered women, I realised that I've had quite an emotional few months, and I've not let myself fully embrace or honour all of those emotions. That might seem a bit counter-intuitive for me ... I mean, I teach people how to get in touch with their feelings and tap into their truth. But sometimes we all get caught up in the DOING and forget to BE.

I have been DOING preparations for my book launch, DOING my business, DOING family Christmas celebrations and DOING my three part-time jobs.

And at times, I've forgotten to BE relaxed, BE excited, BE reflective, BE grateful ... to BE proud.

There is a lot to be said for sitting on the verandah in the sun, listening to the birds, and taking a breath. And as I sat there, I had a thought, "I've just published my first book! HOLY MOLY! That's awesome!"

Before I start planning my next steps I am just taking a minute to revel in the joy of this goal being achieved.

"Finding My Soul at Sea" is finally a reality.

I believe our lives are more fulfilled when we take these moments. I have often spoken to my sister (Marnie) about that question we ask other people .

"So, what have you been doing?"

And that person lists all the things that they have DONE since you last saw them.

Marnie and I made a commitment to share the things we are BEING too.

Now we answer that question like this:

"I've been addressing my negative self-talk, I've been honouring my inner child, I've let go of the pain in my left shoulder and I've been journaling about the reasons why I get angry at my boss when he criticizes my work."

So, what have you been DOING that is consuming you?

And what do you prefer to be BEING to feel more fulfilled?

Please feel free to email me with your thoughts to

pipcoleman@yahoo.com.au

Blessings - Pip x

p.s. My book launch event will be on Saturday 8th Feb at 2-4pm in Cape Woolamai.

p.p.s, I will also be a presenter at the Phillip Island Author Showcase on Thursday 13th Feb (evening).

A1 Handyman

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Call Bart on 0408 950570

Check out my work on Facebook
A1 Mowing and Handyman

Community Markets

Churchill Island Farmers' Market

Saturday February 22, 8am-1pm. Churchill Island Nature Park

Island Foreshore Market

Cowes Jetty Triangle to Erehwon Point, January 25th 3pm till 9/10pm*. Feb 15, March 7*, April 4 & 11*, May 2*, June 6*

San Remo Channel Challenge Community Market

San Remo Foreshore, February 8th, 8am-2pm

Market on Chapel

86 Chapel St, Cowes. 9am - 2pm. Feb 22, March 28, April 18, May 23, June 27.

Phillip Island Lions Club Steptoe's Emporium

Bric a brac, second hand furniture. Every Saturday and Sunday, 10am-1pm. Dunsmore Road, Cowes.



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What I Learned From My Divorce



Like so many people not only in Phillip Island but around the world I guess, my marriage started to disintegrate to the point where divorce was inevitable.

I consulted with some of my friends as well as some reasonably close acquaintances I had made through my children's school, so I suppose they could be included as friends. They all said overwhelmingly that the most important thing I had to do first was get a GOOD lawyer.

It was amazing, it's as if they were all reading from the same hymn book, I suppose in a way they were as they were all divorced or separated. I thought it wasn't much point getting advice from someone who was happily married. How could they relate to my situation. But it was one thing that was constant, and that was get a good lawyer.

On more than one occasion, the name James McConvill & Associates came up. I did some research and I suppose it was because they were local to the Phillip Island/Bass Coast area and most likely understood the local market here, especially when it came to family law.

Anyway I was really happy with the support and service they provided. Here are some of the things I learned through my experience and dealing with James McConvill & Associates.

If your situation is becoming unbearable and you need to leave, make sure to plan ahead on where are you going to stay, and make arrangements ahead of your announcement to leave.

If there is property involved, you really need to start preparing for the division of that property, do not leave it to the last minute, make it a priority in the whole separation process.

Along with the property you are currently living in, any investments including shares, and investment property that may or may not be held in joint names also needs to be catalogued as to the acquisition contribution made to acquire those properties. If you have children, and you have spent

most of your time as unpaid work caring for those children, then you could be entitled to a greater proportion of the split of those assets. And also, if that were the case, then you may well be entitled to a portion of your ex-partners superannuation.

Though because this becomes a deciding factor depending on your individual case, you would need to consult your lawyer with regards to this.

Where children are involved, you need to start making plans for what kind of parenting arrangements you desire with your ex-partner in relation to the children. Make a list of all the activities you currently do with your child along with times and duration of the activity. Try and create a pre scheduled itinerary of these activities ahead of time, and highlight any special rituals only you and your children do.

Make a list of your personal support groups you have access to in the event of an emergency. And above all, if the mood of the separation is becoming hostile in relation to caring for the children, then highlight a list of reasons why you are in a better position than your ex-partner to care for your child on a regular basis.

Ideally it is best to try and negotiate all this with your ex-partner directly, when it comes to parenting rights, though sometimes this is not usually the case if the relationship rapidly sours during the separation. In which case, if you are unable to come to an agreement on parenting rights, and it needs to go to a mediator and/or court, then having all this prepared ahead of time will put you in a stronger position of negotiation.

At the end of the day, with the right support and advice you can come through a divorce and separation a new person with a new lease on your life. Society has changed dramatically, and there is no longer the negative stigma there once was on divorce.

We have come a long way with changes to the Family Law act and the number of support networks available. It is not the end, but a new beginning. If you need to call a lawyer you can contact James McConvill & Associates on: 0400 138 786

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