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Issue 70, November 25, 2015



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Second last *Vibe* for 2015. How did that happen?

In this issue we welcome **John McFarland** from **Achieve Business Support Services**. John will be sharing advice and ideas about achieving success in business in his regular column, **Retail Chat**.

Local gardener and writer **Ian Burns** gets up close with some creepy earwigs in the vegetable garden and has some great ideas about putting the breaks on these little critters when they get the munchies.

And don't forget - the last *Vibe* for the year is out December 9 and it stays in circulation all through summer until January 27. **Unbeatable** value advertising so don't miss out on a spot!

Happy reading and see you in a fortnight.

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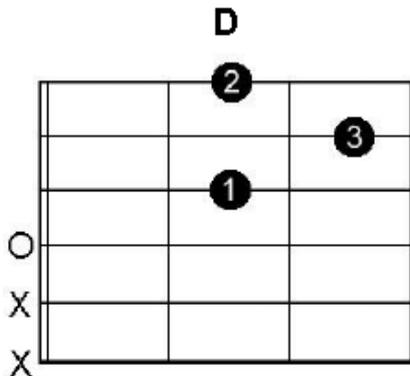
STRIKING A CHORD

For seasoned guitar players, or those of you who enjoy a casual strum, local guitar teacher **Dean Luke**, shares tips, advice and news about all things guitar.

BEGINNER SERIES THE D CHORD

In the previous issue of this beginner series we looked at playing an E major chord and an A major chord.

Now we are going to be adding a D major chord to your repertoire!



We will be playing the D chord with our 1st finger on the G string in the 2nd fret, our 3rd finger on the B string in the 3rd fret and our 2nd finger on the E string in the 2nd fret.

We will be allowing the D string to ring out open (indicated by the "O" next to the D string in the chord chart) and we won't be playing the A and low E string (indicated by the "X" next to the A and low E string in the chord chart).



Practice strumming the D major chord with 8 down strums just like you did with the A and E chords in the previous issue.

Once you have become more comfortable with this chord shape try playing the A, E and D chords one after the other.

We will be using these three essential chords to play some very well known songs in the issues to come, so book in a performance with the relatives because you will be strumming your guitar like a pro by Christmas!

In this issue, local gardener **Ian Burns**, shares some advice and tips about the very tiny, very multitudinous and surprisingly ferocious earwig.

HANDY HINTS FOR THE HOME VEGIE GARDEN

Earwigs, Friend or Foe?

Earwigs can be very beneficial to the home vegie garden. They actually eat aphids, and sometimes, themselves. They, like their partners in crime the multipe, love to eat decaying matter and live in dark moist places. Generally hiding during the day, they come out at night to feed. Under the right conditions, they can breed up into the thousands, and then become a big problem!



Your fresh young seedlings you planted during the day suddenly become very attractive feed and both earwig and multipe will swarm over them and eat them to the ground or a skeleton. Ouch!!

So.... to get your young seedlings past the "baby stage" you need to address firstly where both pests are originating from. Is there some nice grass cuttings piled up close to the vegies? Is your mulch heap nearby?

If so, firstly clear them well away from your vegie patch.

Then....

- Make some traps. Both bugs are attracted to linseed oil. Fill some old yogurt containers or jam tins with water and put a tablespoon of oil into them. Sink them into the ground in and around your vegie garden. When they enter the water, the oil forms a film on top and they drown.
- Circle their habitat and your vegies with "brickie sand" and sprinkle a little garden lime onto the sand. They don't like sand, and the lime means bad news to them! The lime can be of benefit to your soil, don't put on the vegies and use sparingly.
- The bugs don't like GARLIC. Crush up half a dozen cloves and place close to your seedlings.
- Finally, mix up in a spray bottle a mixture of 90% water, 5% liquid soap and 5% vegetable oil. Go out at night and if any pests are on your vegies, spray

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them. It won't harm the plants and it tastes terrible to the bugs! It also kills them.

White Cabbage Butterfly

The White Cabbage Butterfly lays eggs that hatch into green grubs, and eat your vegies. They are territorial and can be scared away by a bigger "butterfly". Here's an easy way to make a decoy butterfly to scare them away.

- Get a thin stake about 100cm long, attach some tie wire to one end, with about 40-50cm sticking up.
- Cut a white plastic shopping bag in half, tie one half to the wire so it looks like a "bow tie".
- Place this into the middle of your vegie patch. The wind will wobble the wire around, looking like a big butterfly in flight. When the white butterfly sees the much larger "butterfly" in your garden, he will take a detour to a less guarded garden.

Happy gardening.....



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RETAIL CHAT...

With John McFarland from
Achieve Business Support Services.

Practical, no-nonsense advice, tips & ideas about achieving success in business.

It's Showtime

Have you considered that as a retailer you are in the entertainment industry and that your retail space is actually a stage upon which you perform every day? That is exactly what your customers believe whether or not they actually recognize the fact.

Customer engagement is an art form and involves behaviour, communication, knowledge and product integrity. In reading the book "Moments of Truth" (author Jan Carlzon) in which an airline company was transformed from a financial basket case into a leader in industry the turnaround was attributed to behaviour and communication and the first 15 seconds of interaction between staff and the customer. That 15 seconds in which the customer experience was framed became known as the 'moment of truth'.

So what is that moment and why is it so important? The truth is that on entering your retail environment the customer has already formed a level of expectation as to what they perceive will be their experience. The customer may either want or need something from that retail offer but either way the experience will determine the immediate and future customer decision making. The initial interaction with either management or staff will almost certainly determine the immediate customer experience and any future advocacy.

I recall as a trainee manager with *Target Australia* in Western Australia and learning the retail business in the wonderful Carousel store I was bemused by the fact that customers would line up at a particular register and wait to be served despite other registers being open and free. No surprise really when I discovered that they loved being served by one lady 'Pat'. An infectious laugh, excellent customer acknowledgement and a genuine care for each customer created intimacy within an environment which most certainly was not considered intimate.

So to my point being that 'selling the experience' is the key to successful retailing regardless of format.

Effective communication, positive body language, consistent behaviour and a product or service that meets or exceeds expectation drives that customer experience.

Next week we look at 'Effective Communication'.

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NATURE PARKS AND COUNCIL TAKE A STAND ON VIOLENCE AGAINST WOMEN



Phillip Island Nature Parks and Bass Coast Shire Council have committed to tackling the rising problem of violence against women through their participation in the White Ribbon Workplace Accreditation program.

Each year on 25 November, White Ribbon Australia observes White Ribbon Day, also known as the International Day of the Elimination of Violence against Women. White Ribbon Day signals the start of the 16 Days of Activism to Stop Violence against Women, which ends on Human Rights Day on 10 December.

The Workplace Accreditation Program is an award-winning initiative which is complementary to women's empowerment initiatives and strengthens the organisations' stance in relation to anti-bullying legislation.

White Ribbon Workplaces:

☑ acknowledge violence against women as a serious, prevalent and preventable issue in Australia

☑ demonstrate a culture of zero tolerance of violence towards women

☑ embed messaging within the organisation's leadership, procedures and training in response to the Workplace Accreditation Program's Standards and Criteria are proactive in preventing gender-based violence and promoting respectful relationships within the workplace, strengthening the organisation's stance in relation to anti-bullying legislation equip staff with

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the knowledge and skills to address issues of violence against women inside and outside the workplace.

White Ribbon Workplaces are centres of respect and proactivity in relation to the safety of women in the workplace, and are members of a truly leading edge cohort, both nationally and internationally.

"Our commitment to this accreditation program comes in response to the damning fact that the number of recorded incidents of family violence in Bass Coast is higher than the State average and is increasing annually," said Jarvis Weston, Ranger in Charge of Environment and White Ribbon Ambassador.

"The Phillip Island Nature Park and Bass Coast Shire Council are two of the biggest employers in the shire. We felt we could truly contribute to the community by leading from the front on this important issue," said Council's General Manager Healthy Communities, David Elder, who is also one of Council's White Ribbon Ambassadors.

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SHOWER THOUGHT It would be a real pity for echidnas if they enjoyed being patted.

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nature parks

STUDENTS CLEAN UP TO SAVE MARINE WILDLIFE

Students from Cowes Primary School, rangers from Phillip Island Nature Parks and the team from Wildlife Coast Cruises joined over 2,000 students and community members right across the state to take part in the annual Seal the Loop Action Day on Friday, November 13.

Now in its third year, the Seal the Loop Action Day, a Zoos Victoria initiative, teaches students about ways they can help protect Victoria's marine wildlife from common threats such as fishing waste, plastics and debris often found in coastal areas.

Speaking at the Action Day at one of the many sites around the state, Zoos Victoria's Senior Manager Community Conservation, Emily Dunstan, said it was terrific to see such enthusiasm to protecting marine wildlife and cleaning up Victoria's coastline.



"Every year thousands of marine animals including seals are hurt or injured due to poorly discarded fishing line and litter," Ms Dunstan said.

Since the Seal the Loop campaign launched in 2010, it has deployed over 230 specially made bins across Victoria's coastline and collected over 36 kilometres of fishing line.

Researchers from Phillip Island Nature Parks take regular trips out to Seal Rocks, home to Australia's largest fur seal colony, and regularly attend to entangled seals. During their last trip in October, researchers managed to save 4 seals which had become entangled in recreational fishing gear.

The 2015 Seal the Loop Action Day involved students

from Warrnambool East Primary, Rye Primary, Torquay Primary, Melbourne Girls College, Padua College, Lakes Entrance Primary, Barwon Heads Primary and of course Cowes Primary.

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What's On

On your own Christmas Day?

Friday, 25 December 2015



The Phillip Island Community Services Group is hosting their 5th annual Community Lunch on Christmas Day



at

St Philip's Hall
Cnr Church St and Thompson Ave, Cowes.

This community lunch is for people who might be on their own or not in a position to have a Christmas lunch at home and would like to enjoy the day in the company of others. Volunteers will co-ordinate and host the day with goods and funds donated by the local community. There is a charge of \$5 per person to help with costs.

To book please contact PICAL reception in person 9am-3pm Fridays only as soon as possible. Bookings close Friday, December 18.

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What's On



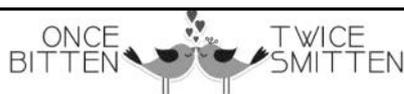
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Cowes Island Craft Market 2nd Sat of month St Phillips Parish Hall Thompson Ave, Cowes.

Market on Chapel 4th Sat of month Uniting Church cnr Chapel St & Warley Ave, Cowes.

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CHOOSE YOUR WEAPON

Trials from The Old Bailey

By Leon Herbert



There was a time when the would be murderers chose the poison weapon due to the ignorance of local doctors about diseases and the symptoms of poisoning. Doctors filled in death certificates with vague details, which today would never be accepted by the Courts. This made the likelihood that should the worst come to the worst, no proof of the existence of

the poison in the victim's body would be forthcoming at the trial and made the risk of punishment less than with other weapons.

During the course of my study of the law including research of major criminal trials that came before the famous Old Bailey in London, the dramatic trial of the man that became the by-word as a modern poisoner, albeit around 1910, was Dr. Hawley Harvey Crippen. I hope readers of *The Vibe* will enjoy reading the story of his trial as much as I have had in putting it together from various reports.

He was the mildest and meekest little man seen in the dock at the Old Bailey on a murder charge. At the time of the trial he was forty eight years of age. He looked older than his years and very ill. The time awaiting trial had told heavily on him; no one less like the master criminal of unsurpassed resources and cunning that the Court had seen.

The Crown prosecutor outlined the life of the prisoner with his gay but discontented wife, followed by the gradual blossoming of an illicit romance with Crippen's typist, Ethel le Nerve. Then came the story of the finding of the remains of a body under the cellar door at the house.

The basis of the defence was that Mrs. Crippen had run off with an unknown lover and that Dr. Crippen had made up some story to the police about her visiting relatives in America in order to conceal the scandal. The defence's explanation of the body in the cellar was that it had been put there by a previous tenant and it was, of course, the prosecution's task to prove that the remains

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were definitely those of Mrs. Crippen.

It was the medical evidence on this point that produced the greatest sensations of the trial. The task for the prosecution was extremely difficult, for Crippen, having excellent medical knowledge, had gone to fantastic lengths to ensure that identification of the remains was well-nigh impossible. The head and limbs were missing - and, as a matter of fact, were never discovered. One of the detectives who worked on the case told a journalist afterwards that it was believed Crippen had taken them in a suitcase and dumped them overboard during a holiday trip on tourist boat.

Every visible detail which indicated the sex of the corpse, as well as some of the internal organs, had been removed with great skill.

But Crippen had forgotten one tiny detail. The police in going into the previous life of Mrs. Crippen had been told by relatives that she had undergone an operation to remove the ovaries. The surgery involved in the ovariectomy involves only the slightest of visible marks.

Crippen had ignored this mark and there was only one tiny piece of flesh discovered which contained scar issue.

This piece of flesh, together with a few others, which could help in assessing the age



and sex of the victim, produced a horrific spectacle in Court. Eight famous surgeons and doctors who gave evidence on one side or the other were peering at the tiny

tragic remains of Mrs. Crippen as they were handed around the Court in a soup plate, The defence's suggestion was that the scar, in reality, was merely a fold in the skin caused after death.

It was to refute this theory that a tall and immaculately dressed young man, wearing a red carnation in his button-hole and answering Counsel's questions in a voice bereft of any emotion, but with tremendous confidence, started on his long career which was to make him easily the most famous forensic expert of the century. He was Dr. Bernard Spilsbury.

In the case of the alleged scar tissue, he told the court how he had examined it under the microscope and at each end of the fragment there were glands, but none in the centre, proving that at some time it had been cut and not gained its shape through folding. His evidence was damning. Later the jury went into an adjoining room and each member peered through Spilsbury's microscope so they could see for themselves where the glands had been cut. The defence's chancing of sowing doubt about the identity was cut too but this time to shreds. Despite the strong belief Crippen had used poison to kill his wife it was the absence of her ovaries that really killed his plea of not-guilty.

Quite the most remarkable feature of the trial was Crippen's demeanour in the witness box. He watched the pathetic remains of his wife being handed around the Court with absolute coolness and without a tremor of emotion. Only when the good name and welfare of his pretty young mistress seemed in jeopardy did he momentarily show sign of worry.

The jury was absent for only twenty seven minutes. When they returned with a verdict of guilty, Crippen stood silent and erect his grey eyes unblinking behind his spectacles. In reply to the question from the Judge whether he had anything to say before sentence was passed, he asserted once again in a voice of perfect composure, that he was innocent.

Well, readers. I think you will agree that if you sat on that jury your verdict would probably have been the same. In the next issue of *The Vibe* I will take you through another celebrated Old Bailey trial, this time related to the man who gave away to the Russians the formula for how to make the atomic bomb.



SHOWER THOUGHT Santa Claus is a bit like a reverse burglar.



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ADVERTISING IN THE VIBE OVER SUMMER

Here's a heads up for any business wanting to place an ad in *The Vibe* over December and January.

Our final issue of *The Vibe* for 2015 will roll out December 9. After that, we're taking a well earned break (first time in almost 3 years!!).

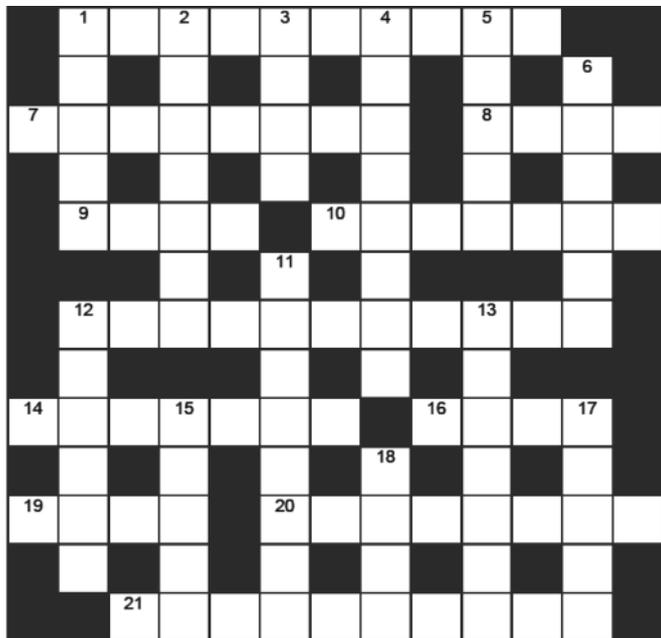
The December 9 issue will be in circulation over the summer holidays and it will be a bumper issue catering for all the visitors and holidaymakers to the Island. There will be even more copies in circulation so nobody misses out!

Places are filling fast, so if you'd like to be in our great value, Summer issue then email us at:
phillipislandvibe@gmail.com.

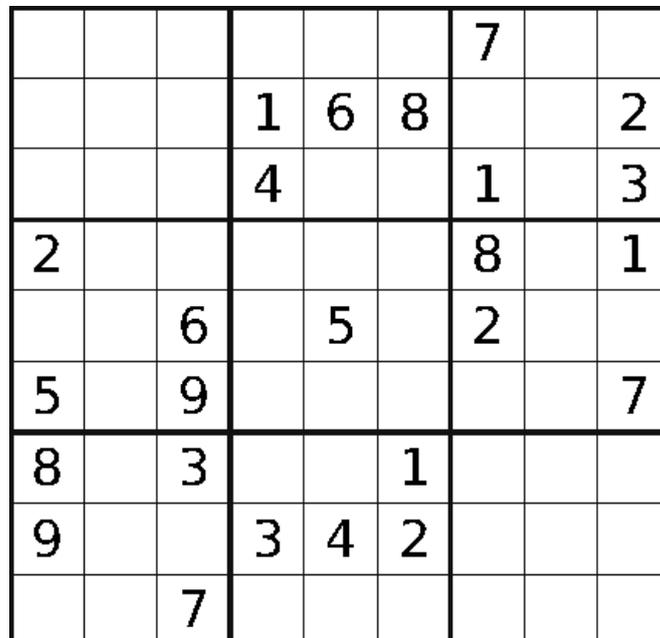
After that *The Vibe* will be back on track for the last weekend of the school holidays with an issue out Wednesday January 27, 2016.

BRAIN FOOD

Find all the answers and solutions to Puzzles & Quizzes on page 15 (No peeking!)



Vibe Quick Crossword 70



Vibe Sudoku 70 Each row, column and sub-box must have the numbers 1-9 occurring just once.

Across

- 1 Pays back (10)
- 7 Small fish (8)
- 8 Increases (4)
- 9 Burrow (4)
- 10 Jokes (7)
- 12 Oddness (11)
- 14 Wardrobe (7)
- 16 Bay (4)
- 19 Colossal (4)
- 20 Non-believers (8)
- 21 Irregular heartbeat (10)

Down

- 1 Rule (5)
- 2 Tooth (7)
- 3 A grizzly one! (4)
- 4 Shone (8)
- 5 Precise (5)
- 6 Idolises (6)
- 11 Intrude (8)
- 12 Film text (6)
- 13 Vanity (7)
- 15 Happen (5)
- 17 Additional (5)
- 18 Talk (4)

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Please send all enquiries to: phillipislandvibe@gmail.com

Vibe Quiz 70

1 In what year was the film *Raiders of the Lost Ark* first released? 2 What is the longest river in the world? 3 In which state of Australia is the Darling River? 4 What unlikely fruit is sometimes called the 'love apple'? 5 What was the first animated TV series to nominated for an Emmy award? 6 Which city was once known as Constantinople? 7 The alloy steel usually contains which two elements? 8 What is the name of Justin Bieber's latest album? 9 What disease is quinine used to treat? 10 What do you call the soft spots on a baby's skull where the bones have not yet joined up?

Community Clubs & Groups

If you're a not-for-profit club or organisation you can list your meeting times & contact details here. If you'd like to advertise a special event, or facilities & services for hire please email all enquiries to: phillipislandvibe@gmail.com.

Red Cross, Phillip Island Branch meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Rosie 59522752 or Sonya 59541437.

Friends of the Library book chat 1st Wed of every month at 2pm, commencing Feb 5 Phillip Island Library. Friends of Library meeting 10.30am 3rd Sat of every month. New members welcome. Call Celia 59521901.

Phillip Island Library free wifi & kids programs. Story Time every Tue 11-11.30, Baby Rhyme Time every Thu 10.30-11. www.wgrlc.vic.gov.au or call 59522842.

Phillip Island Lions Club Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: Steve Munro 59526461

New Parents to Phillip Island Group New parents with children aged 0-5yrs, make friendships, gain support and advice. Email np2pi@live.com, www.facebook.com/NewParents2PhillipIsland or call 0459521490.

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in air conditioned Newhaven Hall, Cleeland St Newhaven. Cost \$5.00 includes afternoon tea. New members welcome. Age group 60-90 yrs. Call Dagmar 5956 6965.

Newhaven Yacht Squadron invites you to go sailing FREE. We need males & females to crew our yachts. Very easy to learn. For more info call Craig on 0411187219.

Phillip Island Bicycle Users Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ron 59522549 or ron1@bigpond.com.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400815353.

Phillip Island Girl Guides Juniors 6-10yrs Mon 4-5.30pm, Seniors 9-14yrs Thurs 5-6.30pm. More info call Sue Viney 59521738 or email sviney@guidesvic.org.au.

Phillip Island Senior Citizens Club snooker, carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Frid 12noon 3 course lunch \$14. 59522973 for more information.

Phillip Island World Vision 2nd Wed of each month



Phillip Island

BARBER SHOP

Mens & Ladies Cuts

Hair products and accessories

Call Peter 0439 388 887



4SHORE SK8 PARK CLUB

MEMBERSHIP FORMS ARE AVAILABLE AT
ISLAND SURFBOARDS IN COWES.

GET ON BOARD!

1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members very welcome. Call Thelma 56785549.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Neil Stewart 59566581 or nstewart@gmail.com.

Rotary Club of Phillip Island & San Remo "Fundraising for our community". New members welcome. Phone Keith Gregory 0439020996.

Lions Club of San Remo & Newhaven Bass Coast Health 2nd Tues/month, 4th Tues/month San Remo Hotel, 6.30pm. Contact Lois Balka 0413243159, 59566209 or Michael Newton 59567950.

The Woolshed Spinners beginners and skilled spinners welcome. Small group. PICAL, 56-58 Church St Cowes, 2nd & 4th Thurs of each month, 10-2 pm. Cost \$4 per meeting \$1 kitty. Contact John Stott 59523477 or john.stott6@bigpond.com.

Men's Shed meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438808428 or 59526955.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhll Hall. Joining fee \$47.50, weekly fee \$5.00. Nutritional eating, weigh in and group therapy. New members welcome. Contact Rhonda on 59521563.

Westernport Tennis Club (San Remo & Newhaven) Men's comp Thurs nights, Women's comp Wed nights, Juniors Sat. For more info call David Egan 0468635067.

Community Visitors Scheme - Friends for Older People

Community Clubs & Groups (Continued from p13)

organises friendly visitors for socially isolated or lonely residents in aged care homes. Volunteers welcome. For more info contact 0409287242, or cvsrecruitment@msaustralia.org.au.

Phillip Island Croquet Club new members welcome. Contact Ken 59568803 or David 59569047 or just come along to our club Frid 10am Blue Gum Reserve Dunsmore Rd, Cowes.

The National Vietnam Veterans Museum needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Lyn Duguid or Cheree Dyson, 59566400.

Heart Support Australia 1st Fri of month 1.30pm, San Remo Community Health Centre, Back Beach Rd, San Remo. Membership open to anyone with a cardiac problem and their carers. Contact Gerald 59521913.

Islander Day Club every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises guest speakers and outings. Transport can be arranged if necessary. For more info: Margaret Harrison 56785131.

Phillip Island Day View Club proudly supporting The Smith Family Feb-Dec, 4th Monday of month, 11am, Ramada Resort Cowes. New members welcome. For information contact Di 0488654030 or Irene 59523447.

Barb Martin Bushbank Inc Volunteers needed to learn how to propagate local native plants. Every Wed 9.30am-12noon & Thurs 10am-12noon. 1810 Phillip Island Rd (@ Koala Conservation Centre). No exp necessary, must wear covered in shoes & sun smart clothing. For further info 0407348807.

Inner Wheel Club of Phillip Island meets 1st Tues of month 6pm, The Fat Seagull (upstairs). A friendly group of women raising funds for local, national and international projects. New members always welcome. Call Dianne Barlow 59521021.

The Probus Club of Phillip Island Inc meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info David Harrison 56785131 or Ash Rizvi 59521604.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Midge on 59525945.

Bass Coast Health Heart Foundation Walking Groups Meet weekly, including general, dog walking, pram walking and pole walking. Contact: Anita Leyden 56719200.

Bass Coast Ballet School Classes from 2yrs-adult. Ballet, contemporary, jazz, tap. Cowes & Wonthaggi. For more info 0408399853.

Community Garden & Kitchen PICAL is creating a welcoming, fun space for the community to grow and prepare local and organic produce. Email Communitykitchen@pical.org.au if you would like to volunteer or contribute.

Phillip Island Camera Club meets 1st Mon of month, Heritage Centre meeting room, 1.30-4pm. Contact Lyn Young 0408555711 or phillipislandcameraclub.com.au.

Walk the Labyrinth at San Remo, Back Beach Rd, 10.30am 1st Sat of month. More info: Lorraine Rodda, Igrodda@iprimus.com.au.

Country Women's Association, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

Phillip Island Swim Club must be competent in 3 out of 4 strokes looking to extend skills with qualified coaches Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418178343 or piadgs@gmail.com.

Heart Foundation Walking Group San Remo Wed 9.30am slow/medium pace, social way to stay active. Info: Robyn or Anita 567192000.

Phillip Island Patchworkers Newhaven Hall: Mon, 7.30pm, Cowes Cultural Centre: 89 Thompson Ave last Tues of month, 10.30am, Cape Info Centre, Newhaven: 1st Tues of month 10.30am. Contact: Michelle 0418356478.

Meet & Eat 55+ social group. Fortnightly dinners on the Island or locally. No joining fee, casual attendance is fine. Contact: Joy 59523497.

Cowes AA Big Book Meeting, 7pm Tues, St Phillips Church Cowes (opp Coles). Call 0428301871 or 0417317470.

Bass Coast Strollers weekly walks 8-12 km over varying terrain, within Bass Coast region. Monday 8.45am-lunchtime. Enjoy the outdoors and social functions as well. More info: Jan on 0419990313.

Phillip Island Community Art & Craft Gallery Open 7 days, 91-97 Thompson Ave (Cultural Centre), on display & for sale original art & craft works from locals. New Members welcome. Call Aleta 0419525609.

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435552518 or email enquiries.piarc@gmail.com.

Sing for Fun at Vocal Nosh 1st Sun of month, 5-7pm, break for simple meal (\$5), St John's Uniting Church Hall, Chapel St Cowes. All ages & ability welcome. More info: Fay Magee frmagee@waterfront.net.au.

Wildlife Rescue Phillip Island, Rehabilitation, care, rescue & transport of all wildlife on the Island & surrounding areas. Kaylene 0412258396 or Colleen 0409428162.

South Coast Speakers Toastmasters meets every 2nd & 4th Wed of month, 7.30pm @ San Remo Hotel, San Remo. Develop oral communication & leadership skills. For more info: Brigitte Linder 0421812691.

Friends of Scenic Estate Reserve (FOSER) assists Council and the Nature Parks in managing the new Reserve. New volunteers most welcome. Contact John Eddy at cgrayden@waterfront.net.au or via PICS Facebook page.

1	4	8	9	2	3	7	6	5
7	3	5	1	6	8	9	4	2
6	9	2	4	7	5	1	8	3
2	7	4	6	3	9	8	5	1
3	1	6	8	5	7	2	9	4
5	8	9	2	1	4	6	3	7
8	5	3	7	9	1	4	2	6
9	6	1	3	4	2	5	7	8
4	2	7	5	8	6	3	1	9

Vibe Sudoku Solution 70

Quiz Solution 70

1 1981 2 The Nile 3 NSW 4 Tomato 5 The Flintstones 6 Istanbul 7 Carbon and iron 8 Purpose 9 Malaria 10 Fontanelle

SHOWER THOUGHT Despite its deceptive name, you can't freeze iceberg lettuce successfully.

SHOWER THOUGHT Does anyone exist that has ever used an entire eraser?

SHOWER THOUGHT The word 'weird' is even spelled weird; it doesn't follow the 'i before e rule'.

	R	E	I	M	B	U	R	S	E	S		
	E		N		E		A		X		A	
P	I	L	C	H	A	R	D		A	D	D	S
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A	R	M	O	I	R	E			C	O	V	E
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	T		U		C				S		R	
		A	R	R	H	Y	T	H	M	I	A	

Vibe Crossword Solution 70

How Do I Get The Vibe??

Most places on the Island and San Remo now stock *Vibes* so you can take your very own copy home with you. Try some of these places: supermarkets, general stores, cafés, petrol stations, takeaway food outlets, tourist info centres, bakeries, caravan parks. And if you know someone on the mainland who's after a copy they can pick one up at the Shott Café in Wonthaggi.

If you want to contact us about The Philip Island Vibe or Vibe Printing you can reach us here: phillipislandvibe@gmail.com, Tel 59522807 , PO Box 120, Cowes, 3922. ABN: 99675910122. The Vibe is also available online @ phillipislandvibe.com.au if you miss out on a hard copy. You can also catch up on old Vibes through our online archive. You can even like us on Facebook.



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