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# Phillip Island Vibe

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Issue 71, December 9, 2015



You might have seen this iconic Phillip Island photo before but it's one of our favourites here at *The Vibe*. We thought it only fitting as our sign off for 2015 and to say a great big thank you to **Rachel Musgrove** for all of her fantastic cover shots this year.

We'd also like to thank our loyal readers and all of our **regular advertisers** who've been with us for the long haul - we literally couldn't do it without you!

This week *The Vibe* caught up with three new businesses to the Island: **Widget**, a dynamic e-commerce company, **Paperbooks**, a great little bookstore and **Robyn Collins**, a Feng Shu consultant and Dru Yoga teacher.

To all the locals and visitors alike have a safe, happy, fun filled summer and see you all back on The Rock January 27, 2016.

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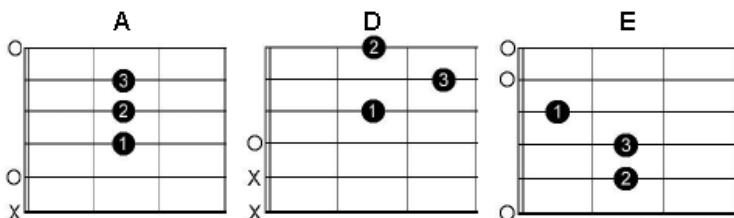
## STRIKING A CHORD

For seasoned guitar players, or those of you who enjoy a casual strum, local guitar teacher **Dean Luke**, shares tips, advice and news about all things guitar.

## BEGINNER SERIES WORDS OF LOVE

In the previous issue of this beginner series we looked at adding a D major to your chord repertoire of A and E.

Now that we have the A, E and D chords under your fingers we can use them to play some very well known songs. The first of these songs will be Words of Love by Buddy Holly.



We are going to be playing this song with down strums, by down strums I mean we will be strumming from the lowest strings to the highest strings down towards the floor. As you can see above the chords for this song appear in the order of A, D and E.

We are going to be playing the A chord with 4 down strums.

Then we will play the D chord with 2 down strums.

Then the E chord with 2 down strums.

All you need now are some horn rimmed glasses and a band of crickets and you're good to go! Stay tuned for the next issue where we will be playing another popular song with the chords A, E and D.



## STRIKING A CHORD

For seasoned guitar players, or those of you who enjoy a casual strum, local guitar teacher **Dean Luke**, shares tips, advice and news about all things guitar.



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Need something to read these holidays? Then head down the Esplanade to **Paperbooks** - a fantastic little bookstore in Cowes that also serves great coffee.

Sometimes we need to take a short detour in life to find something really special. Suze Fletcher at *Paperbooks* has created a quiet space at the top of the stairs on the Esplanade in Cowes that provides a bit of an escape from the everyday world.



While Suze sells a range of discounted books, she is mainly focussing on building up her already impressive book exchange. Both adults and children are catered for. She even has a small selection of first edition books.

Suze is a big believer in the 'Pay It Forward' system and she incorporates this philosophy into many aspects of *Paperbooks*. The book exchange operates on a fair exchange system where donated books accumulate credit for future 'purchases'. Likewise, instead of having a tipping jar on the coffee counter, Suze allows people to make a donation if they feel comfortable to do so which in turn provides payment for customers who may not always have the means to purchase a coffee for themselves.



And on the subject of great coffee... *Paperbooks* uses *Diva Boutique Coffee* which is widely preferred in many cafes in Melbourne and is exclusively supplied to *Paperbooks* on Phillip Island. A true fair trade organic coffee that's doesn't just pay lip service to the meaning of 'fair trade', *Diva* sets up water filtration systems in

the communities in which the beans are farmed, both for the coffee production filtration process and also to provide clean drinking water for the local communities.

Suze also serves a great range of teas (herbal and traditional), chais and hot chocolate. While she doesn't serve food Suze is more than happy for customers to purchase something to eat from local stores to eat at *Paperbooks* while they sit and have a coffee.

Not too far behind the scene is Susie Neal, who not only shares the same first name, but looks uncannily like Suze Fletcher! Susie Neal owns *Aromanurture*; a home-grown business that makes and supplies a blissful range of massage oils, aromatherapy products and body scrubs. *Aromanurture* only uses raw plant materials and high quality therapeutic grade pure essential oils with natural preservatives and anti-oxidants. All products are anti-allergenic and are soothing for the mind, body and soul.

Suze took over from the previous owner only three months ago, but she has already managed to imprint *Paperbooks* with her own unique stamp. Everything at *Paperbooks* is done with love, care and generosity as Suze is committed to providing a haven on the Island for wellbeing.



While she stocks a variety of books including gardening, cooking, art and history, as well as a diverse range of novels from classic to modern, she is keen to increase her range of spiritually healing texts. Framed photographs of Phillip Island wildlife and events by local photographer Julie Adam are on display and for purchase and add another layer of warmth to *Paperbooks*.

So if you're down for the holidays and you've forgotten to bring something to read, or if you just feel like escaping the craziness for a while, then head on up the winding stairs to find a little piece of tranquillity. And the view from the top is to die for.

**Where:** 6/14 The Esplanade, Cowes (up the stairs)  
**When:** Mon-Thurs 9am-5pm, Fri/Sat 9am-6pm & Sun 9am-5pm.



## RETAIL CHAT...

*With John McFarland from  
Achieve Business Support Services.*

Practical, no-nonsense advice, tips & ideas about achieving success in business.

### **Effective Communication. Get the message!**

Every day and all day the human senses are bombarded with information commonly referred to as the ubiquitous phenomenon 'communication'. It is a good thing that the human brain has an extraordinary capacity to receive, interpret and store so much societal 'messaging'!

The authors of the messaging (the senders) use verbal, non-verbal, written, visual and aural techniques to engage us (the receiver) and it depends on the skill of the sender as to whether we as a consumer of goods and or services are initially engaged and in fact stay engaged.

A funny thing happened to me recently as I walked the retail precincts of Cowes, Wonthaggi and Hastings! I found myself reverting to an old retail management habit drummed into me by a wonderful mentor Bob Hamill who insisted that when visiting any retail store - look up!

As I walked the footpaths consciously assessing the overhead signage—you know, the footpath signs that run overhead at 90 degrees from a business street frontage - some signs were old, some newer, some grubby and poorly maintained and others contemporary and bright. A small thing you may say but to me I received a number of varied non-verbal, written and visual messages.

In my first column I referred to retail as 'showtime' and 'selling the experience' so what did I receive, interpret and store by looking at a simple sign hanging above me on the footpath. Well heaps in fact!

Street signs in the various states of maintenance inform the sub conscious mind that the retailer is either sharp, detailed and brand aware or alternatively and by degrees taking the customer for granted.

So back to the essence of effective communication. A message must be consistently clear, concise and reflect the brand or name of the sender as one which is sharp, has attention to detail and is all over their business every day. Clarity and cleanliness is a happy marriage within the art of effective communication.

You may be wondering about my findings whilst visiting the Cowes, Wonthaggi and Hastings retail precincts. I can report that in each location it was apparent that many businesses had tired of the responsibility of ensuring that the very first physical point of reference for their brand was at minimum clean and easily seen. What a shame and such an opportunity lost! Now I am not assuming retailers have the money available to regularly update their street signs but it is essential to successful operations to have their full suite of communication effectively in play.

So retail colleagues whether you are located in a high street strip or within a centre look up , see and act. Do

something about the overhead signage with the flouro that is out, arrange for maintenance and cleaning, notice and act upon the lighting that is not working and oh yes make sure that the cobwebs are dealt with.

In 2016 I will be collaborating with the Phillip Island Community and Learning Centre to deliver a series of Professional Development and Training programs of which 'Effective Communication' is one. The skill associated with being on message is critical to business success. Hope to see you and chat about the contemporary challenges associated with effective communication. Cheers!

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**WIDGET**  
Digital Media Strategy

Most successful businesses probably began as nothing more than someone's "great idea". But what transports that "great idea" into a viable business venture? While financial equity or a manageable business loan is a preferred starting point, money alone is not the answer. Without sound business planning and foresight from the onset, that great business idea can quickly become a money guzzler with little if any return.

Ruby Turner and Campbell Vance run Widget; an e-commerce company located in Cowes that offers practical digital strategies to clients to help them launch into online markets. Originally with a background in international corporate telecoms, Ruby and Campbell have created, developed and operated e-commerce stores successfully for over 10 years. So they're not just talk – they're the real deal.

Having met in London in the early 2000's while working for *Virgin Media*, Ruby and Campbell were involved right at the inception of New Media, a term which incorporates the integration of websites with television and advertising to create a massive marketing tool. To put things into perspective, this was before *Facebook* even existed. In 2003, Ruby and Campbell stepped out of the corporate machine for 6 months and travelled round Europe with new baby in tow before heading back to New Zealand to spend time with Campbell's family.

While most of us might stop to breathe at this point, the dynamic couple found sitting still for more than a second a real challenge. Taking Ruby's love of fashion, Campbell's entrepreneurial skills and their combined expertise in digital marketing, they created *Dressing Dolls* - a boutique fashion store with an e-commerce site. These days, we take online shopping for granted; back in 2004 it was a brand new concept really only accessed by the tech savvy. So began their launch into the world of e-commerce, realising that digital marketing was the way of the future for any product or service driven business. Since then they have operated several e-commerce stores both domestically and internationally, including *ABC Toys*, *Online Boutique* and *Cubeitz*. Recently, they've just secured the Australian and New Zealand licences from a British security software company that provides the first million bit encrypted code package available to consumers.

In 2011, alongside their online stores, they decided to bundle their knowledge and experience and set up Widget to help existing and new businesses launch into

Great ideas made real.

**Ruby Turner and Campbell Vance** from **Widget**, an e-commerce company in Cowes, can help you turn that business dream into a reality.

digital marketing. Having exhausted opportunities in New Zealand, Ruby and Campbell moved to Australia to explore the extended marketing possibilities offered by a larger population. Since relocating to Melbourne, *Widget* has established itself as a leading e-commerce site within Australia and New Zealand, helping many new and existing businesses reap the rewards from successful digital marketing.

Ruby and Campbell's resumes are so jam packed it's not surprising that they've finally opted for a quieter lifestyle on Phillip Island to raise their 3 children. A serene environment, a relaxed culture, good schools and an easy commute to Melbourne when necessary provides



a perfect backdrop for this busy couple to maintain their corporate work life. Achieving this balance has been in no short measure to their expert understanding and skill in utilising digital services and communications. The reality is that many businesses no longer require all their staff to be sitting behind an office desk or shop counter all week to be successful. Understanding how to incorporate digital media to reach a larger local, domestic or even international market is often no further away than a keyboard or smart phone.

So if you've got that "great idea" burbling away in your mind, or perhaps you feel your business could be tracking so much better than it currently is, then let *Widget* take you through the discovery process to help you achieve the success you deserve.

**Widget is located at 6/156 Thompson Ave, Cowes. For more information Ruby & Campbell can be contacted on**

**(03) 5952 2378 or you can email them at  
[info@widgetinteractive.com.au](mailto:info@widgetinteractive.com.au).**



# What's Cooking?

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## SUMMER FRUITS TRIFLE

Here's a sumptuous dessert that will get you through any dining occasion over summer. Delicious with whatever fresh fruit you fancy or you can serve it at the Christmas table adorned with luscious red cherries. My favourite is juicy ripe mangoes and raspberries.

### What you need

1/4 panettone cake, cut into slices  
1 ripe mango  
1 cup raspberries (frozen or tinned work fine)  
Custard made from custard powder, sugar and milk  
Icing sugar  
Fresh cream

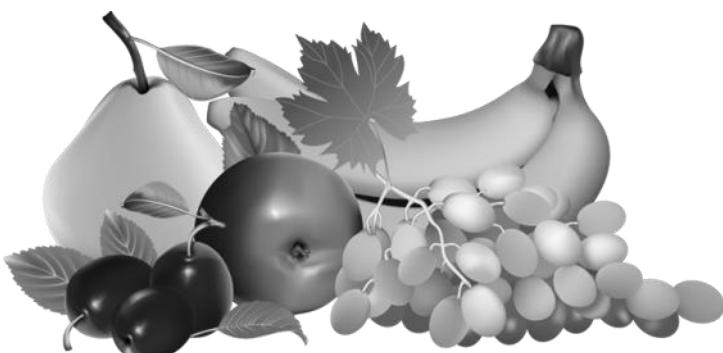
### What you do

Line a deep glass bowl with the panettone. Heat the raspberries and a little icing sugar in a saucepan until the berries collapse and the sugar melts - this forms a syrupy compote. Pour the berries over the panettone. You can add a little 80's liqueur if you like - Tia Maria anyone? If the cake seems a bit dry use a little fruit juice to moisten it.

Use the ratios on the custard powder box and make some custard by blending a little custard powder with milk to form a paste. Gradually add milk and sugar then heat stirring constantly until the custard thickens.

Next layer the mango slices.

Top with the custard and fresh whipped cream. And if you feel really retro then make a batch of port wine jelly, mush it with a fork, spread it over the top and sprinkle with some slivered almonds.





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**Robyn Collins** is a qualified **Dru Yoga** Teacher and also an experienced **Feng Shu** consultant who can bring balance and harmony to every aspect of your life, home and workplace.

Finding the right balance in life can sometimes be a challenge. Robyn Collins has spent the last 20 years achieving just that.

Originally from a beauty therapy background Robyn has always been interested in the role colour plays in the way we think both on a conscious and subconscious level. Perhaps this planted the seed for Robyn's future career as a Feng Shu consultant. Since moving to Phillip Island in 1988, Robyn spent much of her time working in hospitality and health care, primarily with aged and child care services. In this sense, Robyn has always been interested in helping people achieve a better life.

The beautiful surrounds of the Island made it easy for Robyn to form a natural connection with her environment especially after her busy family life in Melbourne's hectic inner city suburbs. Inspired by an article in a magazine about a Feng Shu course at the Australian College of Environmental Studies, Robyn felt energised to take the plunge and enrol in something she had always been interested in.

Feng Shu is an ancient Chinese art that provides clarity and balance by creating positive energy flow both at work and at home. Any activity that occurs inside can be affected by Feng Shu, whether it's

furniture, front door entrances and even clearing space of negative energy to provide for positive energy flow. If you sense that something is 'not quite right' about the feel of your home or workplace, then Robyn can visit you and provide a comprehensive consultation and form a plan for rebalancing the energy in that space to make you feel at one with your surroundings.

Achieving balance in your environment is only one part of the equation. Robyn is also trained in Dru Yoga; a natural companion to Feng Shu. While having experienced many forms of Yoga during her life, Dru Yoga has given Robyn the highest sense of physical and emotional wellbeing. Dru Yoga incorporates many principles of Tai Chi and uses simple power sequences rather than maintaining lengthy poses. Dru Yoga can even be done sitting down. In fact, many people have used the tools of Dru Yoga through every stage of injury recovery to regain strength on all levels.



Because Dru Yoga is such an inclusive and adaptable practice, Robyn feels that it is the perfect therapy to integrate into the work place. A twenty minute workout can provide relaxation, calm and energy. And you don't even have to change out of your work clothes.

So if you're looking to connect the energy flow in your life with harmony and happiness in your home and at work, then perhaps it's time to give Robyn a call.

**Robyn Collins** is available for Feng Shu home and workplace consultations and individual and group Dru Yoga sessions. She can be contacted on 0423 237 003 or email her at [rbn.collins@gmail.com](mailto:rbn.collins@gmail.com).



cooking, sleeping or working behind a computer in your office. Robyn has a developed understanding of Feng Shu techniques and principles and is able to advise her clients about directional placement of



## **Season kicks off with Summer Vibes on Churchill Island**

Celebrate the arrival of summer to the sounds of live music, and tantalize your taste buds with some of our finest local produce at Summer Vibes this summer on Churchill Island.

Kick back, relax and take in the glorious views as you sample some of our local cheeses, gourmet offerings, beers and wines on the lawns at Churchill Island. The new chef at the much loved Churchill Island Café has embraced all that our region and the farm has to offer with a whole range of tempting new dishes, including many ingredients straight out of the farm's kitchen garden.

**WHAT:** SUMMER VIBES

**WHERE:** Churchill Island Heritage Farm

**WHEN:** Every Friday in December and January (except Christmas Day)

Friday 4th December to Friday 29th January

**TIME:** 6.00pm to 8.00pm

**COST:** Free entry to café and lawn area - Gourmet Menu & drinks at menu prices

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# Get GROWing

Ideas & tips from a time poor gardener

If you haven't done so already, I suggest you take advantage of the Green Waste Amnesty currently running at the Dunsmore Rd recycling centre before it finishes for another year.

Clearing away over-grown shrubbery, weeds, grass, dead branches and general green mess around the yard is essential to help prevent fires and snakes. But best of all, it means you get to go nuts with a power tool. There's nothing quite as satisfying as tearing away at a bushy hedge with raw, unfettered power in your hands. Just as well I don't own a chain saw.

Carting the green waste to the recycling centre is another matter. I must say that I spent a sleepless night worrying about reversing the cage trailer I'd hired. Would I be able to do that opposite angle thing? Would all the tough guys laugh at me? I'd already planned out my strategy: I'd park to the side and wait until all the blokes had expertly reversed their trailers and left to engage in other manly chores, and then I'd drive forward in a straight line and then reverse in a straight line. Shouldn't be so hard.

But the next morning I completely gutted out and got a blokey friend to do it for me.



When I got back I realised that the garden looked ridiculously scalped. I'd shaved off all my gorgeous 'hot-lips' salvias, pendulous fuchsias, gloriously flowering sage and lush wisteria. But I'd also cleared out lots of dead branches to allow more light to my fruit trees.

I'm sure everything will grow back within a couple of months and delight me with its regeneration and youthfulness. And if all else fails I can Round-Up the entire back yard, follow my ancestral heritage and paint the concrete green.



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**2395-TP**



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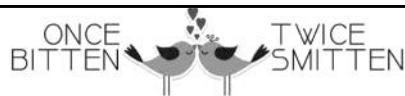


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## On your own Christmas Day?

**Friday, 25 December 2015**



The Phillip Island  
Community Services Group  
is hosting their 5th annual  
Community Lunch  
on Christmas Day

at



**St Philip's Hall**  
**Cnr Church St and Thompson Ave, Cowes.**

This community lunch is for people who might be on their own or not in a position to have a Christmas lunch at home and would like to enjoy the day in the company of others. Volunteers will co-ordinate and host the day with goods and funds donated by the local community. There is a charge of \$5 per person to help with costs.

To book please contact PICAL reception in person 9am-3pm Fridays only as soon as possible. Bookings close Friday, December 18.



## Iyengar Yoga Classes

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**Dec 13 - Geoff & Mark**

**Dec 19 - Mark, Rev plays the Blues, Cora Vandijk  
& Chris Mangenis Dulcimer / Sax**

**Jan 2 - Cora Vandijk**  
**Jan 3 - Willy G**

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### Cowes Community Christmas Celebrations Tuesday 15th December

Join us from 5pm for **FREE** family entertainment before **Carols at 7.45pm & Fireworks at 9.30pm.**

Rides, face painting, decoration making, Santa, animal farm & Pockets the Clown. Proudly presented by Phillip Island RSL and Bendigo Bank.

Visit [www.phillipislandrsl.com.au](http://www.phillipislandrsl.com.au) or call 5952 1004 for more information.

**SHOWER THOUGHT** If stupid ideas resulted in a headache the world would probably be a better place.

### Cowes Indian Restaurant

10% discount on all takeaways. 15% senior's discount. Free home delivery on orders over \$50.

3/134-138 Thompson Ave Cowes, T: 5952 3896



### Island Surfboards

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Cowes: 5952 2578, 147 Thompson Ave

Smiths: 5952 3443, 225 Smiths Beach Rd



### Bass Coast Ballet School

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### Gidget's Beach Cantina

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### Nic Nak Shack



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9th December we're open until 8pm.

2/107 Marine Pde, San Remo. T 56785544

### Three Aces Café



Check out our gallery with various works all by local artists.

2/148 Thompson Ave, Cowes. T 5672 6384

### Community Markets

**Churchill Island Farmers' Market** 4th Sat of month 8am-1pm. 246 Samuel Amess Dr, Churchill Island.

**Cowes Island Craft Market** 2nd Sat of month St Phillips Parish Hall Thompson Ave, Cowes.

**Market on Chapel** 4th Sat of month Uniting Church cnr Chapel St & Warley Ave, Cowes.

**Phillip Island Lions Club Steptoe's**

**Emporium** bric a brac, 2nd hand furniture. Sat/Sun, 10am-1pm, 59522140.

# Anyone for Poker?

## A Leroy Whodunnit

*By Leon Herbert*



Leroy, ace sleuth and his Inspector Jack Flint of the Cowes Constabulary stood side by side. They were staring at a bloody corpse sprawled face up in the living room of a house not far from the village.

Leroy spoke first. 'A premeditated crime, what ho?'

Flint frowned. 'What makes you say that?' 'Choice of weapon.'

The tall amateur detective and part

time barrister was taking a respite from handling murder trials at the famous Old Bailey in London, and trying somewhat vainly to spend holiday time with his mates on his favourite Island. His aquiline forensic nose had smelt out and was pointed at the fireplace poker. It had been used like a sword, stabbing its victim several times in the chest and stomach.

'When we were walking up the drive, I didn't see any chimney.'

Flint looked around. 'You're right. So, the killer brought the poker from another location, which indicates a planned murder. Very observant.'

Leroy and Flint had been in the midst of one of their occasional lunches at Pino's when the call came in on the inspector's cell phone. A mail carrier, making his rounds in a quiet neighbourhood, had happened to glance through a living room window. He saw pretty much what they were seeing now, a large, elderly man who had died trying to fend off a brutal attack. The normally peaceful idyllic island was having its usual surge of happy holiday makers near Xmas time and inevitably a criminal element came along for the ride intent on more than a sun tan and a swim. However, as *Vibe* readers well know, sometimes crimes were from persons closer to the hearth, if there was one, and persons supposedly dear or near to the heart of a deceased.

The responding patrolmen interviewed the next-door neighbour, a nearly deaf woman who claimed not to have heard or seen a thing.

'Harold Pringle.' The inspector was reading from the patrolman's notes. 'A widower living alone. Three



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children, none of whom seemed fond of him. A life insurance policy was split among the kids, plus some savings. There had been fights about a fancy nursing home in Thompson Avenue and money.'

'The children all live locally?' asked Leroy.

As if to answer the question, a patrolman eased open the door. 'The victim's kids are here, Inspector. I told them he was dead. I hope that's okay.'

The inspector and his civilian partner walked out onto the lawn to face two middle-aged men and a woman. Flint adopted his best corpse-side manner.

'Your father was murdered,' he told them. 'We don't know much more than that. The murder weapon was a

fireplace poker.'

'Fireplace poker?

Dad doesn't have

a fireplace,' the

older son said.

'We know that.'

'So, what

happened?

Someone broke in

with a poker and

stabbed him to

death?'

'There were no

signs of forced entry,' Flint explained.

'Did your father get into many fights with people?'



The younger son found this amusing. 'Just with us. He wanted to move into a nursing home. We didn't feel it was necessary.'

'He wanted to go?' asked Flint. This was certainly a switch.

'It's an expensive nursing home,' volunteered the daughter. 'He wanted to cash in his life insurance and use up his savings. It was a very selfish idea.'

'I dropped over this morning,' said Cecil, the younger son. 'Dad had already signed the papers. We argued about it, then I left. I called Tony and Dawn.'

'Right,' said Dawn. 'Tony, Cecil, and I decided we would come over as a group and try one last time. We got here just a few minutes ago.'

'Can we see him?' Tony asked. There was a nervous timidity in his voice.

Leroy had been silent throughout the interview, but now he spoke up. 'I think it would be fine for two of you to see the body. But one of you needs to answer a few more questions.'

**WELL READERS, WHICH SUSPECT DOES LEROY WANT TO QUESTION?**

**WHAT CLUE MADE LEROY SUSPICIOUS?**

(Solution on page 22)



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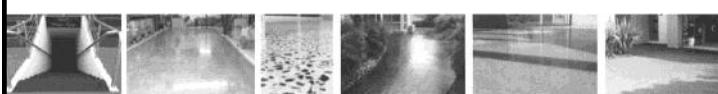
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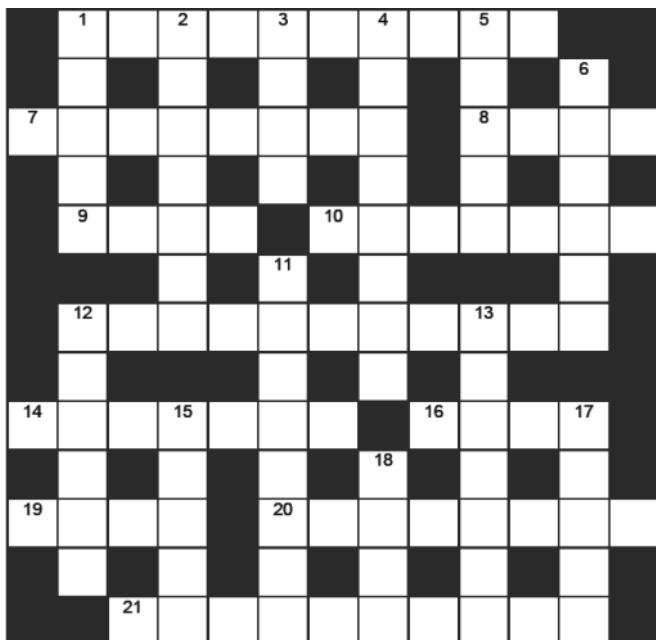
This is our final issue of *The Vibe* for 2015. We've taken a well earned break (first time in almost 3 years!!).

*The Vibe* will be back on track for the last weekend of the school holidays with an issue out Wednesday January 27, 2016.

So if you'd like to be in that issue then email us at: [phillipislandvibe@gmail.com](mailto:phillipislandvibe@gmail.com).

# BRAIN FOOD

*Find all the answers and solutions to Puzzles & Quizzes  
on page 22 (No peeking!)*



**Vibe Quick Crossword 71**

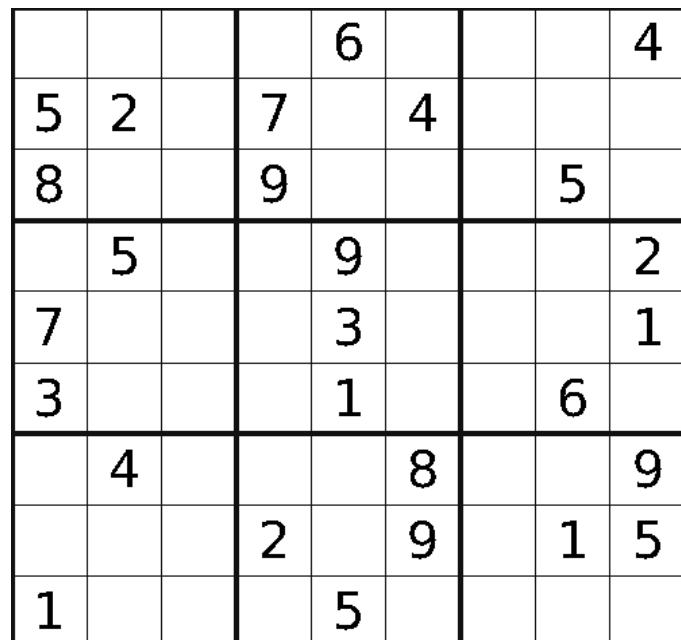
**Across**

- 1 Frightens (10)
- 7 Elegant (8)
- 8 Join (4)
- 9 Amend (4)
- 10 Widely separated (7)
- 12 Alleviated (11)
- 14 Space (7)
- 16 Dry (4)
- 19 Assist (4)
- 20 Bestows abundantly (8)
- 21 Condescends (10)

**Down**

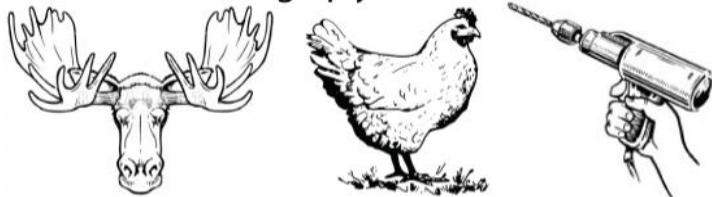
- 1 Brief (5)
- 2 Accept (7)
- 3 Fools (4)
- 4 Misleading (8)
- 5 Impish (5)
- 6 Rise (6)
- 11 Round (8)
- 12 Lessens (6)
- 13 Pushes (7)
- 15 Greek letter (5)
- 17 Lees (5)
- 18 Furnace (4)

**SHOWER THOUGHT** If there really was an elephant in your room you'd probably want to talk about it.



**Vibe Sudoku 71** Each row, column and sub-box must have the numbers 1-9 occurring just once.

Is there an  
old moose head, chicken, drill...etc  
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**Vibe Quiz 71**

- 1 Who was the male lead in the 1980's sizzling movie *9 1/2 Weeks*?
- 2 Is there actually any sound in deep space?
- 3 How many kings called George has England had?
- 4 What is the colour of the chair in *The Graham Norton Show* in which people risk being flung backwards if their story is sub par?
- 5 In the children's television show *Oakie Doke* what did the main character have for a head?
- 6 Who is actor Jon Voight's daughter?
- 7 What is often considered to be India's national sport?
- 8 Who is Stefani Germanotta better known as?
- 9 Which famous Hollywood film director played Richie Cunningham in the TV series *Happy Days*?
- 10 What famous diary was first published in 1947?

## Community Clubs & Groups

*If you're a not-for-profit club or organisation you can list your meeting times & contact details here. If you'd like to advertise a special event, or facilities & services for hire please email all enquiries to: [phillipislandvibe@gmail.com](mailto:phillipislandvibe@gmail.com).*

**Red Cross, Phillip Island Branch** meets every 2<sup>nd</sup> Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Rosie 59522752 or Sonya 59541437.

**Friends of the Library** book chat 1st Wed of every month at 2pm, commencing Feb 5 Phillip Island Library. Friends of Library meeting 10.30am 3rd Sat of every month. New members welcome. Call Celia 59521901. **Phillip Island Library** free wifi & kids programs. Story Time every Tue 11-11.30, Baby Rhyme Time every Thu 10.30-11. www.wgrlc.vic.gov.au or call 59522842.

**Phillip Island Lions Club** Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: Steve Munro 59526461

**New Parents to Phillip Island Group** New parents with children aged 0-5yrs, make friendships, gain support and advice. Email [np2pi@live.com](mailto:np2pi@live.com), [www.facebook.com/NewParents2PhillipiIsland](http://www.facebook.com/NewParents2PhillipiIsland) or call 0459521490.

**Newhaven Indoor Bowling Club** meets every Tues at 12.30-3.45pm in air conditioned Newhaven Hall, Cleeland St Newhaven. Cost \$5.00 includes afternoon tea. New members welcome. Age group 60-90 yrs. Call Dagmar 5956 6965.

**Newhaven Yacht Squadron** invites you to go sailing FREE. We need males & females to crew our yachts. Very easy to learn. For more info call Craig on 0411187219.

**Phillip Island Bicycle Users Group** Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ron 59522549 or [ron1@bigpond.com](mailto:ron1@bigpond.com).

**Phillip Island Bridge Club** duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400815353.

**Phillip Island Girl Guides** Juniors 6-10yrs Mon 4-5.30pm, Seniors 9-14yrs Thurs 5-6.30pm. More info call Sue Viney 59521738 or email [sviney@guidesvic.org.au](mailto:sviney@guidesvic.org.au).

**Phillip Island Senior Citizens Club** snooker, carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Frid 12noon 3 course lunch \$14. 59522973 for more information.

**Phillip Island World Vision** 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group



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## GET ON BOARD!

of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members very welcome. Call Thelma 56785549.

**Phillip Island Community & Learning Centre (PICAL)** recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, [www.pical.org.au](http://www.pical.org.au) or pop in at 56-58 Church St Cowes.

**The Probus Club of San Remo** 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Neil Stewart 59566581 or [nsstewart@gmail.com](mailto:nsstewart@gmail.com).

**Rotary Club of Phillip Island & San Remo** "Fundraising for our community". New members welcome. Phone Keith Gregory 0439020996.

**Lions Club of San Remo & Newhaven** Bass Coast Health 2nd Tues/month, 4th Tues/month San Remo Hotel, 6.30pm. Contact Lois Balka 0413243159, 59566209 or Michael Newton 59567950.

**The Woolshed Spinners** beginners and skilled spinners welcome. Small group. PICAL, 56-58 Church St Cowes, 2nd & 4th Thurs of each month, 10-2 pm. Cost \$4 per meeting \$1 kitty. Contact John Stott 59523477 or [john.stott6@bigpond.com](mailto:john.stott6@bigpond.com).

**Men's Shed** meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438808428 or 59526955.

**Phillip Island TOWN Club Weight Loss Group** Thurs 9-11.00am, Ryhill Hall. Joining fee \$47.50, weekly fee \$5.00. Nutritional eating, weigh in and group therapy. New members welcome. Contact Rhonda on 59521563.

**Westernport Tennis Club (San Remo & Newhaven)** Men's comp Thurs nights, Women's comp Wed nights, Juniors Sat. For more info call David Egan 0468635067.

**Community Visitors Scheme - Friends for Older People** organises friendly visitors for socially isolated or lonely

## **Community Clubs & Groups (Continued from p13)**

residents in aged care homes. Volunteers welcome. For more info contact 0409287242, or cvsrecruitment@msaustralia.org.au.

**Phillip Island Croquet Club** new members welcome. Contact Ken 59568803 or David 59569047 or just come along to our club Frid 10am Blue Gum Reserve Dunsmore Rd, Cowes.

**The National Vietnam Veterans Museum** needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Lyn Duguid or Cheree Dyson, 59566400.

**Heart Support Australia** 1st Fri of month 1.30pm, San Remo Community Health Centre, Back Beach Rd, San Remo. Membership open to anyone with a cardiac problem and their carers. Contact Gerald 59521913.

**Islander Day Club** every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises guest speakers and outings. Transport can be arranged if necessary. For more info: Margaret Harrison 56785131.

**Phillip Island Day View Club** proudly supporting The Smith Family Feb-Dec, 4th Monday of month, 11am, Ramada Resort Cowes. New members welcome. For information contact Di 0488654030 or Irene 59523447.

**Barb Martin Bushbank Inc** Volunteers needed to learn how to propagate local native plants. Every Wed 9.30am-12noon & Thurs 10am-12noon. 1810 Phillip Island Rd (@ Koala Conservation Centre). No exp necessary, must wear covered in shoes & sun smart clothing. For further info 0407348807.

**Inner Wheel Club of Phillip Island** meets 1st Tues of month 6pm, The Fat Seagull (upstairs). A friendly group of women raising funds for local, national and international projects. New members always welcome. Call Dianne Barlow 59521021.

**The Probus Club of Phillip Island Inc** meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info David Harrison 56785131 or Ash Rizvi 59521604.

**Euchre at the RSL** Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Midge on 59525945.

**Bass Coast Health Heart Foundation Walking Groups** Meet weekly, including general, dog walking, pram walking and pole walking. Contact: Anita Leyden 56719200.

**Bass Coast Ballet School** Classes from 2yrs-adult. Ballet, contemporary, jazz, tap. Cowes & Wonthaggi. For more info 0408399853.

**Community Garden & Kitchen** PICAL is creating a welcoming, fun space for the community to grow and prepare local and organic produce. Email Communitykitchen@pical.org.au if you would like to volunteer or contribute.

**Phillip Island Camera Club** meets 1st Mon of month, Heritage Centre meeting room, 1.30-4pm. Contact Lyn

Young 0408555711 or phillipislandcameraclub.com.au. **Walk the Labyrinth** at San Remo, Back Beach Rd, 10.30am 1st Sat of month. More info: Lorraine Rodda, lgroddda@iprimus.com.au.

**Country Women's Association**, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

**Phillip Island Swim Club** must be competent in 3 out of 4 strokes looking to extend skills with qualified coaches Swimclub@waterfront.net.au

**Phillip Island & District Genealogical Society** discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418178343 or piadgs@gmail.com.

**Heart Foundation Walking Group San Remo** Wed 9.30am slow/medium pace, social way to stay active. Info: Robyn or Anita 567192000.

**Phillip Island Patchworkers** Newhaven Hall: Mon, 7.30pm, Cowes Cultural Centre: 89 Thompson Ave last Tues of month, 10.30am, Cape Info Centre, Newhaven: 1st Tues of month 10.30am. Contact: Michelle 0418356478.

**Meet & Eat** 55+ social group. Fortnightly dinners on the Island or locally. No joining fee, casual attendance is fine. Contact: Joy 59523497.

**Cowes AA Big Book Meeting**, 7pm Tues, St Phillips Church Cowes (opp Coles). Call 0428301871 or 0417317470.

**Bass Coast Strollers** weekly walks 8-12 km over varying terrain, within Bass Coast region. Monday 8.45am-lunchtime. Enjoy the outdoors and social functions as well. More info: Jan on 0419990313.

**Phillip Island Community Art & Craft Gallery** Open 7 days, 91-97 Thompson Ave (Cultural Centre), on display & for sale original art & craft works from locals. New Members welcome. Call Aleta 0419525609.

**Phillip Island Adult Riding Club** Social & HRCAV horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435552518 or email enquiries.piarc@gmail.com.

**Sing for Fun at Vocal Nosh** 1st Sun of month, 5-7pm, break for simple meal (\$5), St John's Uniting Church Hall, Chapel St Cowes. All ages & ability welcome. More info: Fay Magee frmagee@waterfront.net.au.

**Wildlife Rescue Phillip Island**, Rehabilitation, care, rescue & transport of all wildlife on the Island & surrounding areas. Kaylene 0412258396 or Colleen 0409428162.

**South Coast Speakers Toastmasters** meets every 2<sup>nd</sup> & 4<sup>th</sup> Wed of month, 7.30pm @ San Remo Hotel, San Remo. Develop oral communication & leadership skills. For more info: Brigitte Linder 0421812691.

**Friends of Scenic Estate Reserve (FOSER)** assists Council and the Nature Parks in managing the new Reserve. New volunteers most welcome. Contact John Eddy at cgrayden@waterfront.net.au or via PICS Facebook page.

**Parkrun** - free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island ([www.parkrun.com.au/phillipisland/](http://www.parkrun.com.au/phillipisland/))

**SOLUTION: ANYONE FOR POKER?**

The patrolman ushered the daughter and the younger son into the house, while Leroy stood on the brick path and smiled benignly at the victim's oldest child.

'Does your house have a fireplace, Tony?'

'As a matter of fact, it doesn't. But Dawn's got one. And I think there's one in Cecil's apartment.'

'Is that why you chose a poker as the murder weapon? We can trace where you bought it, you know.'

'What are you talking about?' Tony's voice rose in anger. 'Are you accusing me of stabbing my father?'

'I am. How do you know he was stabbed?'

Tony stopped and looked confused. 'The poker. You said he was killed with a poker.'

'That's right. And if I told a dozen people that a man had been killed with a poker, I expect the full dozen would assume he'd been hit – bludgeoned, if you will. It's by far the easier, more common way to use the instrument. And yet, you somehow knew he'd been stabbed.' The handcuffs followed soon after the immediate acceptance and confession.

Well readers of *The Vibe*, I hope you have enjoyed my stories this past year as much as I have writing them and staying in touch with the Island this way from far away in Cape Town. Have a great Christmas and let's make contact again early next year!!

## How Do I Get The Vibe??

Most places on the Island and San Remo now stock *Vibes* so you can take your very own copy home with you. Try some of these places: supermarkets, general stores, cafés, petrol stations, takeaway food outlets, tourist info centres, bakeries, caravan parks. And if you know someone on the mainland who's after a copy they can pick one up at the Shott Café in Wonthaggi.



Vibe Crossword Solution 71

9	1	7	3	6	5	2	8	4
5	2	6	7	8	4	1	9	3
8	3	4	9	2	1	7	5	6
4	5	1	8	9	6	3	7	2
7	6	8	5	3	2	9	4	1
3	9	2	4	1	7	5	6	8
2	4	5	1	7	8	6	3	9
6	7	3	2	4	9	8	1	5
1	8	9	6	5	3	4	2	7

Vibe Sudoku Solution 71

**Quiz Solution 77**

1 Mickey Rourke 2 No 3 Six 4 Red 5 An acorn 6 Angelina Jolie 7 Hockey 8 Lady Gaga 9 Ron Howard 10 *The Diary of Anne Frank*

**If you want to contact us about The Philip Island Vibe or Vibe Printing you can reach us here:**  
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 The Vibe is also available online @ [phillipislandvibe.com.au](http://phillipislandvibe.com.au) if you miss out on a hard copy. You can also catch up on old Vibes through our online archive. You can even like us on Facebook.

# COWES INDOOR GOLF CENTRE

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# Surfing Academy

**The Newhaven College Surfing Academy is the first of its kind in any Victorian School. The Academy is open to all students.**



#### **It gives students the opportunity to:**

- increase knowledge, safety and skills in the ocean
- gain employment in the surfing industry
- strive for elite performance in surfing

#### **Divided into three educational streams:**

- 1 Providing experience, exposure and safety awareness of the ocean and environment
- 2 VCE VET (Vocational Education Training) Sport and Recreation Program, offering career pathways into the surfing and sports industries
- 3 High Performance Squad, professional coaching, intensive gym and after school training

#### **Investment in the Program:**

Newhaven College has invested in resources and staffing to ensure the success and growth of the Academy. A dedicated room for lessons, meetings, specialised coaching and guest speakers has been set up to offer a unique learning opportunity for the students.

#### **Newhaven College boasts a strong surfing pedigree with a long history of state and national surfing champions:**

- Rip Curl Shield winners, Victorian Schools Team Title: 2006-2008, 2011
- Four times MR Shield winners, Australian Schools Pairs Title
- 2011 Australian Schools Champion and World #3 Junior Nikki van Dijk
- 2011 U/19 Victorian Champion Brock Jeffrey-Warren
- 2013 ASP Junior World Champion Nikki van Dijk
- 2013 Victorian & Australian U/16 Champion Joe van Dijk
- 2013 Australian Schools Senior Pairs MR Shield Runners Up
- 2014 'Girlsurf' Team Winners
- 2015 U/16 Victorian Champion Sophie Fletcher
- 2015 U/19 Victorian Champion Joe van Dijk

**For enrolment enquiries  
telephone 5956 7505 or visit  
[www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au)**

