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Issue 74, February 24, 2016



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Last *Vibe* for summer! As the pace starts to slow a little, *The Vibe* will now be coming to you every month instead of fortnightly - you can read more about that on page 11.

In this issue, **Widget** shares some important tips and advice to help you keep your personal information secure online. Meanwhile, **Dean** is back **Striking a Chord** with his fantastic guitar lessons, while **Leon** explores some history about London's Old Bailey.

What's Cooking shares a letter from one of our favourite readers, while **The Time Poor Gardener** reflects on nature, neglect and inspiration.

And finally, we are thrilled to have the **Game Over Man** back on board giving us his unique spin on video games.

See you all in Autumn - *The Vibe's* favourite season.

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How Secure Is Your Personal Information?

We thought this week we would cover a couple of very hot topics that can cause many of us headaches. Internet or online security has become a major issue not only for businesses but increasingly for individuals. There are various technical terms out there but in short, the volume of identity theft and fraud using your information online is staggering.

Not only is it growing but it is rapidly becoming out of control. The once would be hacker is now organised, financed and emerging from countries with little or no control over the activity. Companies and individuals are constantly being blackmailed for their



own information or data. Governments worldwide have brought in legislation which has pushed the sole responsibility of management of the information back on the company or individual with fines and penalties being applied for the loss of consumer data.

So as an individual or business what are some simple things you can do to stop this happening to you?

Start with passwords – make them complex. Any password you create needs a combination of upper case, lower case, numbers and symbols. Even if the system you are entering doesn't need a complex password - create one any way.

Antivirus/Antispyware – don't be fooled by free software. You will always need a good reputable

Great Ideas Made Real

Ruby Turner & Campbell Vance from e-commerce company **Widget** share practical solutions to tech troubles to help you get your business firing.

Antivirus or Antispyware software. Pay for it, and remember to keep scanning your system and checking for updates of that software.

No matter what anyone tells you do not keep images of passports, credit cards or signatures on your PC. It is asking for trouble.

Ordering online – If there is a Paypal payment option take it. Paypal has a payment purchase guarantee when using Paypal which protects the full purchase price of your transaction (see the PayPal buyer protection policy). Over the years we have had to deal with Paypal for the connection of E-Commerce sites and for transaction issues and have found them to be great. They operate quite differently to the main banks and really have the online consumer's interests at heart.

When buying online do some simple checks before completing the transaction. Check the company's Facebook site. See if there is any negative feedback, and quickly check their address, company and contact information. Make sure they are real before finalising the transaction.

Also check their Terms and Conditions and Returns Policy. These are the key policies they will refer you to should something go wrong with the product or transaction.

If you receive an e-mail and it looks strange, no matter how it is arranged, don't open attachments. Delete it and clear it from your mail – this could be a virus.

We hope these pointers help protect you from online fraud. Obviously these are just a few of the many tactics you can employ to protect your personal data. We run with the saying "if it looks too good to be true - don't do it".

If you need any help with Data Protection and are concerned about losing customer data, we at Widget have just launched a Software product from the United Kingdom called **Cubeitz**. It is the first 1 million bit encryption service available for consumers (see it at www.cubeitz.com.au) which means your data is far more secure than at the bank.

Want more information? Contact us at
Widget, 156 Thompson Ave Cowes,
T: 5952 237 or email us at:
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STRIKING A CHORD

For seasoned guitar players, or those of you who enjoy a casual strum, local guitar teacher **Dean Luke**, shares tips, advice and news about all things guitar.

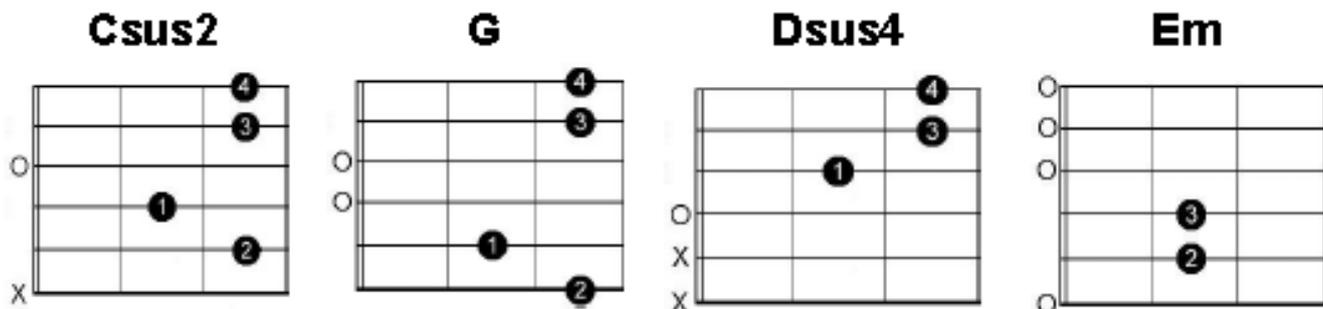
WE ARE NEVER EVER GETTING BACK TOGETHER

Today we will be looking at the song "We Are Never Ever Getting Back Together" by the country pop princess, miss T – Swizzle herself.

We will be starting with the intro. The intro uses a mixture of picking and strumming but we are just going to learn it with strumming to start with in order to get used to the chords.

The intro uses 4 chords, and if you're an avid *Vibe* collector you'll remember them from "Time Of Your Life" by Green Day!

The chords for the intro are as follows:



So you think you love your guitar...???



Chris "Fenderman" Black, guitarist for an ancient British rock group called the *Black Cats* was completely in love with his red

Fender Stratocaster guitar.

He spent so much time fine tuning and playing the guitar that his real life wife said to him in a fit of exasperation: "You're so in love with that thing

why don't you marry it?" So he did!

Chris and "Brenda" tied the knot in 1996 with a close friend officiating the church ceremony.

Black died earlier this year, and naturally, he took Brenda to the grave with him.

RE-RUN

For those of you who have only just joined The Vibe and realise that you've missed a whole bunch of Dean's magical guitar lessons - well, don't stress any longer!

In future issues of The Vibe we will be running some of Dean's earlier guitar lesson series again so you can catch up on some of his essential tips and techniques.

Video Game Reviews Brought To You By THE GAME OVER MAN



If the only games you play involve running and shooting or driving at a million miles an hour, then maybe this is not the game for you. While it's a much slower experience, you will take a lot more away from this game than you would from the average shooter.

In describing the game to others it occurred to me that at first glance the game really sounded boring. To begin with you never see any other people... well not up close. You don't see vehicles, you don't level up and it only lasts between four and five hours.

So armed with this fairly disappointing first glance let me tell you why you should play *Firewatch*. To begin with the game is really beautiful. Set in the Wyoming wilderness the game has a style that is painterly without feeling just like a cartoon. The internet is awash with images from the game that some people have even decided to print and frame. You play in the first person so you are mainly just looking at the forested wilderness



around you. The colours are vibrant without being lurid and the artists have made sure that you are often out during the magic hour at sunrise or sunset.

The second reason you should play the game is the emotion it will draw from the player. As we know video games are not famous for their ability to elicit deep

emotions. It is usually about an emotional rush or at best flopping between frustration and elation at completing something difficult. *Firewatch* goes much deeper than that. As you can guess from the title the main character Henry has signed up for the fire watch. A lonely job over summer where individuals man (person) remote towers looking for potential fires and radioing them in to head office if anything is noticed. The game immediately puts you in the correct frame of mind when they allow the player to emotionally participate directly in the tragedy that has led Henry to flee his life into the remote and isolated profession of the firewatcher.

If that was all there was then it all would sound way



too depressing but this is where it gets interesting. Henry isn't really alone, he has another firewatcher, Delilah, who he talks to on a walkie talkie. Over the course of the game you will learn about each other even if it is just voice to voice. And speaking of voices the acting and script are exceptional. The characters feel like real people in a real situation. The player can choose how they communicate with Delilah and she in turn will choose how she responds to Henry. So while you do have this person you can talk to it is the weirdness that starts happening around the watch tower that the game is all about.

So to sum up the game it is about an unfolding mystery that it is shared between two people that have chosen to escape life and only communicate via radio. And it's all set in a wild and beautiful environment.





Get Growing

Ideas & tips from a
time poor gardener

The Nature of Neglect

We get so caught up in our day to day routines that it's often difficult to notice life changing. When you remove yourself for a period of time, that's when you can really distinguish between change and stagnation.

Having missed most of summer on the Island, I was keen to see what my garden got up to without me. On my return, I realised it had been a pretty crazy old time in the vegetable garden this summer.

The sudden and extreme heat during December and January after a long, cold winter left the veggies a bit perplexed. While we seem hell bent as a global society to interfere with Mother Nature's perfect machinations, our dogged and misguided attempts certainly get us no closer to controlling her. Plants are much smarter than us and realise this basic life principle from the moment they are born. That's why they wisely and submissively accommodate her whims and modify their growing habits according to what she dishes out.

So everything in my garden is a little topsy turvy right now. Not helped by my lengthy absence over summer which resulted in my absolute neglect, the garden is only just starting to accept me back with guarded invitation.



For the past five years, the veggie garden has erupted with a veritable resurrection of tomato seedlings which appear with Biblical regularity, regenerating from seeds from the original few seedlings I planted years ago. While I was away, just a few robust tomato plants popped up, yet they are still adorned with firm green orbs with the occasional red fruit being snapped up by more clever visitors to the garden; birds and

possums. No gorging on sweet fruits this year, no simmering sauces bottled away for winter dishes.

Likewise, when I left in early December, my fruit trees were laden with new fruits. Nectarines, peaches,

apricots, plums, apples and almonds were suggesting a Bacchanalian feast upon my return late January. To my huge disappointment, a few small fruit hung courageously to the branches, but most disappeared mysteriously. On closer investigation, a woody graveyard lay beneath the trees, scattered with skeleton pips; a riotous feast was had, just not by me. If I was a bird or possum I would have



done the same thing.

Unexpectedly, my citrus are doing pretty well. Despite the constant sabotage from possums over the years, the Tahitian Lime and Meyer Lemon have finally established themselves as welcome permanent residents in the garden. Up until now, my orange tree and the Australian Lime have not been '*at one with their wah*'. So I was surprised to see them both sporting lush green foliage and dotted with plenty of small fruits. First time!

Noticing small wonders can provide the source for immense pleasure. Never underestimate the inspiration that can be found in the garden, even if you're struggling to find it elsewhere.

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What's Cooking?

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Culinary Conflict

In the last issue of *The Vibe*, *What's Cooking* shared a favourite recipe and special thoughts about the pomegranate. One of our most regular and dear readers had a different opinion...

To the Editor. Dear Sir/Madam,
In reference to your article in *The Vibe*, Issue 73, in which you bestow unworthy praise upon the Pomegranate, please let me enlighten you that it was the oft overlooked Goji Berry that was named "Supermodel Fruit of the Year 2015". How dare you inflate the reputation of the meagre pomegranate at the expense of our small but even more sensuous friend!!?? This is an outrage!! And on behalf of all small fruits and berries, I put it to you that your "sexy and seeded" purple contender is no match for a true superfood!!! Next you'll be trying to pass off Puy Lentils as more super than Chia.

Merde!!

**Outraged,
East Malvern**



Pretty & Pendulous

Sad & Saggy

Dear Outraged,
Thank you for taking the time to share your interesting, yet highly contentious, point of view in regards to superfood naming rights.

While I cannot deny that the Goji berry is a tiny powerhouse of life enriching nutrition, I would hesitate to award it even close second place for "Supermodel Fruit of the Year". Have you taken a close look at a Goji berry recently? While they are no doubt cute and endearing in their ripened form, in their dried state, which is how we generally encounter them, they would be met with gasps of shock and horror if they ever sauntered down the catwalk; a cheeky verb I use loosely

and over generously in reference to such a wizened and mummified berry.

And in response to your comments about Puy Lentils, I believe you are mixing your pulses with your seeds. Now that would be a superfood dish!

**What's Cooking,
The Vibe**

If you have any special requests or questions about hijinks in the kitchen, then why not drop us a line at: phillipislandvibe@gmail.com. We aim to please.



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Cowes Island Craft Market

2nd Sat of month St Phillips Parish Hall Thompson Ave, Cowes.

Market on Chapel

4th Sat of month Uniting Church cnr Chapel St & Warley Ave, Cowes.

Phillip Island Lions Club Steptoe's Emporium

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Coal Creek Farmers Market

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Grantville Market

4th Sunday of month, 8am-2pm, Grantville Recreation Reserve

Inverloch Community Farmers Market

Last Sunday of month, 8am-1pm, 'The Glade'.

Inverloch Farmers Market

3rd Sunday of month, 8am-1pm, 'The Glade'.

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SPECIAL OFFER

Tales from the Old Bailey

THE JURY IS STILL OUT

By Leon Herbert



Leroy Cunningworth, famed Barrister and part time private sleuth and for a long time a resident of idyllic Phillip Island, was responding to doubts raised by some of his mates who were gathered around the bar at the lovely Cowes Golf Club after a game. Keith, an ex-copper, and Cecil who claimed

to have spent some indoor time enlivened only by visits from Dawnie, later to become his gorgeous wife, were highly critical of the jury system, and jurors, more intent, they thought, on getting to the pub or a game of golf or the kids, than seeing that justice was done to a murder accused. While they sipped, Leroy eloquently expounded, almost without interruption, on his passion for the jury system especially what he had witnessed when appearing for a client in the Old Bailey.

“Near this Site”, (he quoted), “William Penn and William Mead were tried in 1670 for preaching to an unlawful assembly in Gracechurch Street. This tablet commemorates the courage and endurance of the jury. Thomas Vere, Edward Bushell and ten others who refused to give a verdict against them, although locked up without food for two nights and were fined for their final verdict of Not Guilty.”

‘This record appears on a marble tablet placed on a wall in one of the rooms of the famous London criminal court building known as the Old Bailey damaged during the blitz. The story of the Old Bailey, with all its tragedy, is really the story of the

ordinary people who have since the days of William the Conqueror shouldered the responsibility of trying their fellow citizens.’ Keith commented that Leroy had, unlike his memory of his score on a hole, a better memory for stuff written on marble than for a score card. Leroy smiled, ignored the remark and carried on determined however to pay closer attention to his score next time he was victorious on the course.

‘In a way it’s sad that the brilliant rhetoric of decades ago from eloquent barristers that were filled with invective and epigram and provided a glittering aura to the hearing, had largely gone out of fashion. Yes, such brilliance was sometimes to be seen and heard especially in celebrated trials like in the O.J. Simpson trial where a dream team of highly paid lawyers dazzled the jury and got O. J. acquitted of murdering his girlfriend, only for him to get pay back when another jury convicted him after a civil trial which led to the former sports icon being impoverished and publically humiliated.’

‘So often,’ the barrister continued, ‘he was privy to a nerve racking wait with the client, while the jury retired for their deliberations and verdict, punctuated by a lawyer or his clerk checking and returning with the nail-biting news that the jury was still out - unlike bowled out of the criminal system like some his friends wanted.

‘Guys, believe me, the jury is a vital component of every major criminal case,’ unlike say in his mother country South Africa, where it has had been



abrogated in the nineteen fifties as a result of most accused preferring in their infinite wisdom to be tried by a Judge.

‘Jury, men and women are today, I think, far more intelligent and much more conscious of their



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responsibilities. The priceless safeguard which every defendant at the Old Bailey had and enjoys in most other similar criminal court systems, is the fact that doubts of just one person out of twelve ordinary, decent men and women will beyond all doubt prevent his punishment.

'The public may sometimes think that a jury is too tender hearted and is too prone to give a prisoner the benefit of the doubt. If there is anything in this belief it does not mean that there has been any miscarriage of justice. It is possible that there can be a wrongful conviction and there is the Court of Criminal Appeal to remedy this and yes it can be expensive and yes there are instances where a man or woman has served a long jail sentence only to be released as new evidence especially in the improved field of DNA surfaces. There can however never be a wrongful acquittal. You doubters out there must remember that the jury is not asked to convince itself of an accused person's innocence but to be certain of his guilt.

'The public, or some might well feel that the prisoner they have watched in the criminal dock is innocent, but that must not prevent them believing that the prosecution has failed to prove his guilt and that therefore he is entitled to go free.

'Finally my dear friends remember that Justice of our Courts stands, eyes open and impartial, as testimony to the incorruptibility of twelve ordinary citizens who, by twist of fate, have been brought together to share the responsibility of deciding the fate of another; between freedom and punishment, life and death.'

Keith and Cecil and others like Rob and fellow beer drinkers as well as the barman looked at Leroy with disbelief in their eyes born of the same eyes that had read fiction books like John Grisham's *Runaway Jury* and movies like *Twelve Angry Men* with the sadly now departed Jack Lemmon that clearly displayed and in an obviously credible way how jury tampering, like bribery in sport, was rampant and on the up and up and how the naivety of their barrister friend deserved at least the offer of another Red!

Well readers of *The Vibe*, are they right or is the jury still out on this one?

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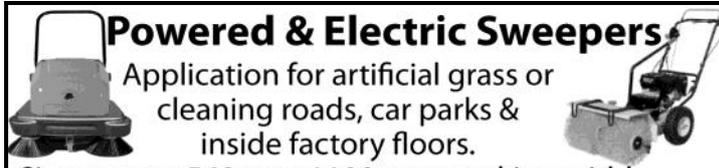
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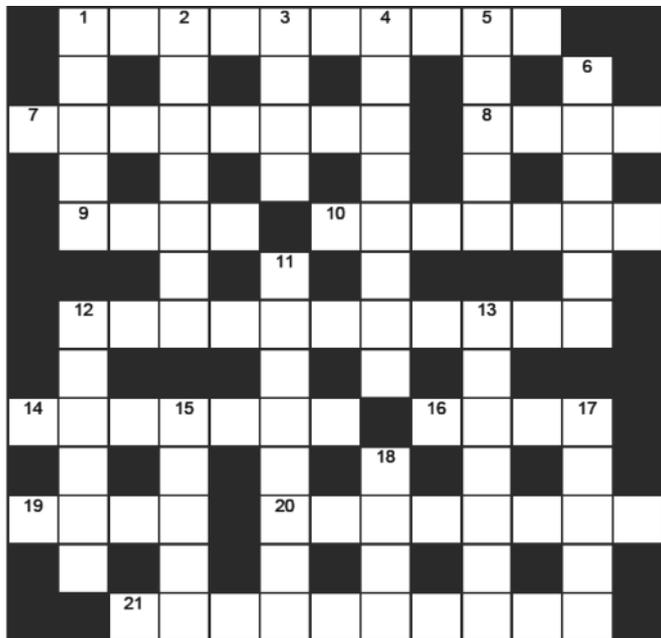
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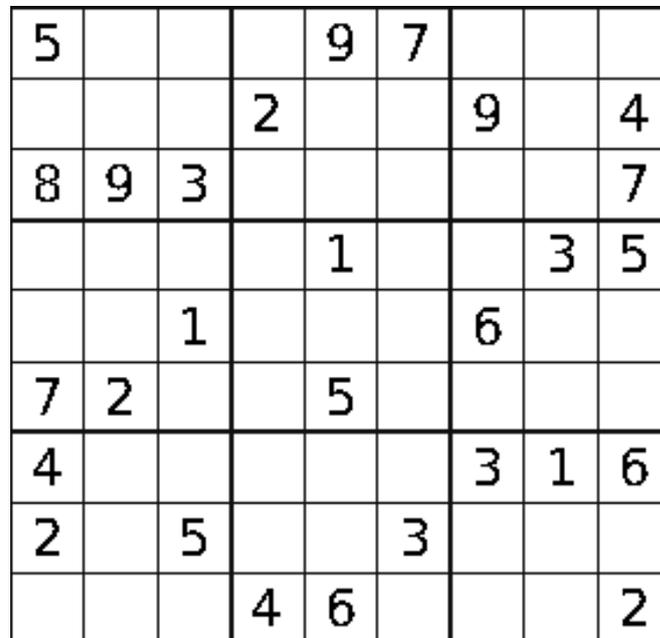
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BRAIN FOOD

Find all the answers and solutions to Puzzles & Quizzes on page 15 (No peeking!)



Vibe Quick Crossword 74



Vibe Sudoku 74 Each row, column and sub-box must have the numbers 1-9 occurring just once.

Across

- 1 By mistake(10)
- 7 Goes backwards(8)
- 8 Exhaust(4)
- 9 Ribbon(4)
- 10 Startled(7)
- 12 Displeased(11)
- 14 Hits(7)
- 16 Ova(4)
- 19 Mend(4)
- 20 Madly(8)
- 21 Advances(10)

Down

- 1 Regions(5)
- 2 Folds(7)
- 3 Plate(4)
- 4 Snuggling(8)
- 5 Change(5)
- 6 Ally(6)
- 11 Oozing(8)
- 12 Productions(6)
- 13 Fables(7)
- 15 Of the moon(5)
- 17 Seasons(5)
- 18 Short for island(4)

Is there an old moose head, chicken, drill...etc cluttering up your house?





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Vibe Quiz 74

Q. 

A. 

- 1 Which number does L represent in Roman Numerals?
- 2 In *The Hitchhiker's Guide to the Galaxy*, what is the answer to the "Ultimate Question of Life, the Universe and Everything"?
- 3 What would you do with prosecco?
- 4 What was the name of the sheep that was the first mammal ever to have been successfully cloned?
- 5 Are we currently experiencing a leap year?
- 6 What is the capital of Finland?
- 7 Where did *Cirque du Soleil* start?
- 8 In which embassy in London is Julian Assange currently living?
- 9 When he's not busy fraternizing with American movie stars about pooch quarantine regulations, who is Australia's newly appointed Deputy Prime Minister?
- 10 Name the character David Duchovny plays in *The X Files*?

Community Clubs & Groups

If you're a not-for-profit club or organisation you can list your meeting times & contact details here. If you'd like to advertise a special event, or facilities & services for hire please email all enquiries to: phillipislandvibe@gmail.com.

SOS (survivors of suicide) meet 2nd Tues of month, Surf Room, Newhaven Secondary College Newhaven, 7pm. A safe, friendly, caring environment for anyone touched by suicide. Contact Lyndall 0408592778.

Red Cross, Phillip Island Branch meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Ron Hateley 59522549 or Sally Matthews 59521825.

Friends of the Library book chat 1st Wed of every month at 2pm, commencing Feb 5 Phillip Island Library. Friends of Library meeting 10.30am 3rd Sat of every month. New members welcome. Call Celia 59521901.

Phillip Island Library free wifi & kids programs. Story Time every Tue 11-11.30, Baby Rhyme Time every Thu 10.30-11. www.wgrlc.vic.gov.au or call 59522842.

Phillip Island Lions Club Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: Steve Munro 59526461

New Parents to Phillip Island Group New parents with children aged 0-5yrs, make friendships, gain support and advice. Email np2pi@live.com, www.facebook.com/NewParents2PhillipIsland or call 0459521490.

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in air conditioned Newhaven Hall, Cleeland St Newhaven. Cost \$5.00 includes afternoon tea. New members welcome. Age group 60-90 yrs. Call Dagmar 5956 6965.

Newhaven Yacht Squadron invites you to go sailing FREE. We need males & females to crew our yachts. Very easy to learn. For more info call Craig on 0411187219.

Phillip Island Bicycle Users Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ron 59522549 or ron1@bigpond.com.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400815353.

Phillip Island Girl Guides Juniors 5-9yrs Mon 4-5.30pm, Seniors 9-14yrs Tues 5-6.30pm. More info call Belinda Egan 0408460888 or email began@guidesvic.org.au.

Phillip Island Senior Citizens Club snooker, carpet bowls, cards, ballroom dancing, craft. Membership \$15 per



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year. Frid 12noon 3 course lunch \$14. 59522973 for more information.

Phillip Island World Vision 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members very welcome. Call Thelma 56785549.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Neil Stewart 59566581 or nsstewart@gmail.com.

Rotary Club of Phillip Island & San Remo "Fundraising for our community". New members welcome. Phone Keith Gregory 0439020996.

Lions Club of San Remo & Newhaven Bass Coast Health 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Lois Balka 0413243159, 59566209 or Michael Newton 59567950.

The Woolshed Spinners beginners and skilled spinners welcome. Small group. PICAL, 56-58 Church St Cowes, 2nd & 4th Thurs of each month, 10-2 pm. Cost \$4 per meeting \$1 kitty. Contact John Stott 59523477 or john.stott6@bigpond.com.

Men's Shed meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438808428 or 59526955.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhll Hall. Joining fee \$47.50, weekly fee \$5.00. Nutritional eating, weigh in and group therapy. New members welcome. Contact Rhonda on 59521563.

Westernport Tennis Club (San Remo & Newhaven) Men's comp Thurs nights, Women's comp Wed nights, Juniors

Community Clubs & Groups (Continued from p13)

Sat. For more info call David Egan 0468635067.

Community Visitors Scheme - Friends for Older People organises friendly visitors for socially isolated or lonely residents in aged care homes. Volunteers welcome. For more info contact 0409287242, or cvsrecruitment@msaustralia.org.au.

Phillip Island Croquet Club new members welcome. Contact Ken 59568803 or David 59569047 or just come along to our club Frid 10am Blue Gum Reserve Dunsmore Rd, Cowes.

The National Vietnam Veterans Museum needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Lyn Duguid or Cheree Dyson, 59566400.

Heart Support Australia 1st Fri of month 1.30pm, San Remo Community Health Centre, Back Beach Rd, San Remo. Membership open to anyone with a cardiac problem and their carers. Contact Gerald 59521913.

Islander Day Club every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises guest speakers and outings. Transport can be arranged if necessary. For more info: Margaret Harrison 56785131.

Phillip Island Day View Club proudly supporting The Smith Family Feb-Dec, 4th Monday of month, 11am, Ramada Resort Cowes. New members welcome. For information contact Di 0488654030 or Irene 59523447.

Barb Martin Bushbank Inc Volunteers needed to learn how to propagate local native plants. Every Wed 9.30am-12noon & Thurs 10am-12noon. 1810 Phillip Island Rd (@ Koala Conservation Centre). No exp necessary, must wear covered in shoes & sun smart clothing. For further info 0407348807.

Inner Wheel Club of Phillip Island meets 2nd Thurs of month 6pm, The Fat Seagull (upstairs). A friendly group of women raising funds for local, national and international projects. New members always welcome. Call Dianne Barlow 59521021.

The Probus Club of Phillip Island Inc meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info David Harrison 56785131 or Ash Rizvi 59521604.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Midge on 59525945.

Bass Coast Health Heart Foundation Walking Groups Meet weekly, including general, dog walking, pram walking and pole walking. Contact: Anita Leyden 56719200.

Bass Coast Ballet School Classes from 2yrs-adult. Ballet, contemporary, jazz, tap. Cowes & Wonthaggi. For more info 0408399853.

Community Garden & Kitchen PICAL is creating a welcoming, fun space for the community to grow and prepare local and organic produce. Email Communitykitchen@pical.org.au if you would like to volunteer or contribute.

Phillip Island Camera Club meets 1st Mon of month, Heritage Centre meeting room, 1.30-4pm. Contact Sue Brereton 0408136717 or phillipislandcameraclub.com.au.

Walk the Labyrinth at San Remo, Back Beach Rd, 10.30am 1st Sat of month. More info: Lorraine Rodda, lgrodda@iprimus.com.au.

Country Women's Association, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

Phillip Island Swim Club must be competent in 3 out of 4 strokes looking to extend skills with qualified coaches Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418178343 or piadgs@gmail.com.

Heart Foundation Walking Group San Remo Wed 9.30am slow/medium pace, social way to stay active. Info: Robyn or Anita 567192000.

Phillip Island Patchworkers Newhaven Hall: Mon, 7.30pm, Cowes Cultural Centre: 89 Thompson Ave last Tues of month, 10.30am, Cape Info Centre, Newhaven: 1st Tues of month 10.30am. Contact: Michelle 0418356478.

Cowes AA Big Book Meeting, 7pm Tues, St Phillips Church Cowes (opp Coles). Call 0428301871 or 0417317470.

Bass Coast Strollers weekly walks 8-12 km over varying terrain, within Bass Coast region. Monday 8.45am-lunchtime. Enjoy the outdoors and social functions as well. More info: Jan on 0419990313.

Phillip Island Community Art & Craft Gallery Open 7 days, 91-97 Thompson Ave (Cultural Centre), on display & for sale original art & craft works from locals. New Members welcome. Call Aleta 0419525609.

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435552518 or email enquiries.piarc@gmail.com.

Sing for Fun at Vocal Nosh 1st Sun of month, 5-7pm, break for simple meal (\$5), St John's Uniting Church Hall, Chapel St Cowes. All ages & ability welcome. More info: Fay Magee frmagee@waterfront.net.au.

Wildlife Rescue Phillip Island, Rehabilitation, care, rescue & transport of all wildlife on the Island & surrounding areas. Kaylene 0412258396 or Colleen 0409428162.

South Coast Speakers Toastmasters meets every 2nd & 4th Wed of month, 7.30pm @ San Remo Hotel, San Remo. Develop oral communication & leadership skills. For more info: Brigitte Linder 0421812691.

Friends of Scenic Estate Reserve (FOSER) assists Council and the Nature Parks in managing the new Reserve. New volunteers most welcome. Contact John Eddy at cgrayden@waterfront.net.au or via PICS Facebook page.

Parkrun - free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

Phillip Island & District Historical Society Thurs & Sat 10am -12 noon. More info: Christine Grayden 59568501 or 0400900612.

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Vibe Crossword Solution 74

5	4	2	8	9	7	1	6	3
6	1	7	2	3	5	9	8	4
8	9	3	6	4	1	5	2	7
9	8	4	7	1	6	2	3	5
3	5	1	9	2	4	6	7	8
7	2	6	3	5	8	4	9	1
4	7	9	5	8	2	3	1	6
2	6	5	1	7	3	8	4	9
1	3	8	4	6	9	7	5	2

Vibe Sudoku Solution 74

How Do I Get The Vibe??

Most places on the Island and San Remo now stock *Vibes* so you can take your very own copy home with you. Try some of these places: supermarkets, general stores, Cafés, petrol stations, takeaway food outlets, tourist info centres, bakeries, Caravan parks.

You can also read current and back issues at: www.phillipislandvibe.com.au and you can even like us on Facebook.

Quiz Solution 74

1 50 2 42 3 Drink it - it's a delicious Italian wine 4 Dolly
5 Yes 6 Helsinki 7 Canada 8 Ecuadorian 9 Barnaby Joyce
10 Fox Mulder

If you want to contact us about The Philip Island Vibe or Vibe Printing you can reach us here: phillipislandvibe@gmail.com, Tel 59522807 , PO Box 120, Cowes, 3922. ABN: 99675910122. The Vibe is also available online @ phillipislandvibe.com.au if you miss out on a hard copy. You can also catch up on old Vibes through our online archive. You can even like us on Facebook.



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