

FREE

Phillip Island Vibe

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ISSUE 94, NOVEMBER 2017



Thanks to local photographer Renee De Bondt from Unearthed Designs for this stunning scenic shot capturing lots of island colours.

We've seen some large scale events lately with San Remo hosting the Blessing of the Bikes and the annual Motorcycle Grand Prix on the Island. Once again the locals should be congratulated for their ambassadorial role and for their pride in the island that they share with others.

November is once again a busy month with the Artists Society Cup Weekend exhibition and sale, Phillip Island Food and Wine Festival, Soulful Living Mind, Body and Soul Expo, Jazz Festival, Island Story Gatherers Dinner with Nick Riewoldt and the start of the market season kicking off with the Rhyll twilight market.

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New Senior School to Open 2018



Newhaven College is gearing up to celebrate the opening of the new Senior School and Art, Science and Technology Wing in 2018.

Originally purchased in 2004, the 82 acres that is now the Phillip Island Road Campus has undergone a planned staged development to transform from farm land into the state-of-the-art independent school that we see today.

The original vision of Newhaven College's founders to provide a comprehensive ecumenical education built on Christian values holds true to this day. This will continue in the future thanks to the leadership of the Board of Directors and College Principal, Gea Lovell, who dedicate countless hours to ensure Newhaven College is the best it can be.

Your child's future starts here

Newhaven College grows the heart and mind of each child with diverse, creative and stimulating opportunities that inspire a love of learning. The College ethos of mutual respect between teacher and student is embedded in everything students do. High social and academic standards are actively encouraged.

Strengthening self-esteem and instilling a sense of community equips each individual with the qualities required for good citizenship and the confidence to contribute. At Newhaven, individual differences are catered for and great importance is placed on each child being known.

One Choice from Prep to Year 12

Enrolments are invited for every year level, with the main points of entry to the College being Prep and Year 7. The primary levels have two small classes at each year level which increases to four classes from Year 7 onwards.

Places are currently available in Years 1, 2 and 3 in 2018 with a few places remaining at some other year levels across the College.

For enrolment enquiries contact **Belinda Manning** on **5956 7505** or visit www.newhavencol.vic.edu.au.

Year 1-3 places available in 2018

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November in Western Port Bay generally mean two things, a four-day weekend for the Melbourne Cup and the start of the fishing season. Reports increase significantly but so does the amount of people fishing so it makes sense that they should improve. What also happens is more areas become fishable because of the improved weather conditions and we see plenty of species being reported. The season started off slowly with the weather playing a huge part through the late winter and into spring staying cold and very windy. Since then the conditions are obviously not perfect every day but when the weather gets warmer it is a lot easier to put up with a bit of wind, so plenty of boats have been heading out to their favourite spots. It has been the same on the land as well with many of the serious snapper and gummy fishermen sitting on the jetty all night, which is much more comfortable with a bit of warmth in the air.

The jetties started off a month later than last year but there has been a steady flow of reports since. Cowes jetty has been better after dark on a high tide change while Newhaven jetty has been all over the place with mid tide on the run in or the very last of the run out, after dark of evening slightly better than the day time. Both jetties, whole pilchards or large strip of squid on a running sinker rig with a long leader.

For the boaters it's a bit of sheep action with everyone following everyone else which only seems to work for the first few there then after than not a lot of action. While the normal, Spit and Temby points then back towards Corinella have all produced there has been some very good reports from the deeper water at Rhyll and Elizabeth island, then with the warmer days and the low midday tides the shallower areas have started to fire. The quality reports we are receiving have come from those who do a bit of thinking for themselves and use their sounders to find the fish and work that area. Spend 5 minutes with your GPS and 25 minutes with your sounder. After you learn how to use it and the results will be very different than the other way around.

Whiting have been a long and patient wait with it being almost impossible to fish for them over much of the early spring period because of the winds but more of a nuisance has been the number of couta on the whiting grounds. The numbers like last season haven't been all that special but they have lost nothing in quality with plenty of fish over 40cm being reported. Although numbers are a bit light on with 10 or under the normal report, it's where they are being caught. The reports coming in are from everywhere, all the usual weed areas around San Remo, Rhyll, Cowes and Coronet Bay.

Not many of the deeper areas but most of the shallow spots and the other pleasing thing is they seem to be more consistent than last season with reports of people catching their six or so in the one spot without moving around. Still not a lot of reports from the land of whiting and we usually find the reports increase over the Christmas period as more people fish from the land without necessarily targeting any species. The land based whiting reports have come in from the rocks on the low tide at Smiths beach and Sunderland with a few pinkies and trevally as a by-catch. Nothing is standing out as the best bait with pippies, mussels, pilchard and fresh calamari all mentioned.

Calamari were very disappointing over the winter and the quietest for some time. That is continuing into the spring but slowly improving. While the consistency of reports hasn't been there, we have still had some very good reports. Picking the best time of day or tide has been difficult and confusing and just when you think you have it right the next day it changes. There doesn't seem to be any reason for it and nothing to indicate less squid around because sighting of schools of squid are still coming in. It could be as simple as we have had tenfold the numbers of couta around in the bay with many reports telling us that not only can you see the large schools on your sounder but can see them by looking over the side of the boat. Try fishing closer to the weed and almost in the thick weeded areas where the calamari will have a bit of cover from a large couta.



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What's Cooking?

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LYNNE'S THAI CHICKEN GREEN CURRY

WHAT YOU NEED:

- 1 tsp oil
- 500g sliced chicken fillet
- 3 tsp green curry paste
- 400ml tin coconut cream
- 2 tbsp. fish sauce
- 1 cup Chopped pumpkin
- 1 cup green beans
- 1 cup basil leaves, chopped
- 2 Kaffir lime leaves
- 2 tsp sugar

WHAT YOU DO:

Stir fry curry paste in oil over low heat until fragrant. Add chicken and pumpkin and stir fry over medium heat for a few minutes. Add remaining ingredients, lower heat and bring to the boil. Simmer gently for 35 minutes. Serve with fragrant steamed rice.

CLASSIC CUP CAKES

WHAT YOU NEED:

- 2 cups SR flour
- 1/4 teaspoon salt
- 3/4 Cup Caster sugar
- 1 teaspoon vanilla essence
- 2 eggs
- 3/4 Cup milk
- 125 butter, softened

WHAT YOU DO:

Have all ingredients at room temperature. Sift flour, salt and sugar into a mixing bowl. Add butter, eggs, milk and vanilla essence. With a mixer, beat slowly for one minute and increase speed and beat for a further two minutes.

Place paper cases into patty tins and two thirds fill with the mixture. Bake in a hot oven for 12-15 minutes.



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*Meet a local
community volunteer*



Sue Waterton is a volunteer with the Phillip Island Fire Brigade
Hello Sue, welcome to the Phillip Island Vibe

How long have you been volunteering with the Phillip Island Fire Brigade: For 17 years.

What is your role here? I am a firefighter, secretary, treasurer, peer and Firesafe kids presenter.

What do you like to do when you're not volunteering? Walking on the beach and playing with the grandchildren.

What is the best part about your job? Giving back to the community, riding in the trucks and being part of an awesome group of people. They are my "other family".

What did you do in your working life before becoming a volunteer? I was store manager at the Salvos Store on Phillip Island and worked in Customer Service at the Phillip Island Nature Park for nine and a half years. I also worked as a Visitor Services Officer at the Bass Coast Shire Info Centre at Newhaven for four years.

Can you tell us one thing about yourself that your colleagues might not know? I love knitting and reading and I also have a secret desire to drive the "big red trucks".

Is there anything else that you would like to tell the Vibe readers? I love being a volunteer with the Phillip Island Fire Brigade. They are an amazing group of guys (and a few girls) and despite being a female I have never felt that I have been treated any differently. I am a different person since I joined the CFA and that is due to the support, encouragement and enjoyment I have received and continue to receive from my fellow members at the Brigade and the CFA family as a whole.

If you're interested in volunteering for the Phillip Island Fire Brigade contact Robert Spencer, Recruitment Officer, Phillip Island Volunteer Fire Brigade. Phone 0418 802326.

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OLSS Building Taking Shape

Our Lady Star of the Sea Catholic primary school, Cowes is certainly making its presence known with both the new building and the temporary demountable starting to take shape.

The school will begin on the first day of the school year in 2018, catering for years Prep- Yr 6. The school will offer specialist subjects of Languages, Science, Art, Technology, Drama and Music as well as a syllabus based on the new Victorian Curriculum and its learning progressions.

Building resilience, confidence and mental toughness will be a major component embedded in our curriculum for all our students as we know that these qualities help students develop a high sense of self belief and a positive approach to the challenges that life presents.

The natural environment and the design of the buildings are the inspiration for a strong emphasis on the environment, sustainability and science helping the children appreciate the responsibility they have in caring for and protecting their surroundings.

Our transition program for preps will occur during November and December with children having the chance to experience the different specialist subjects and meet some of the teachers who will be working with them in 2018.

Prep interviews will also give us a chance to get know the children's strengths, their readiness for learning, any needs they may have to access the curriculum and how the school can prepare for their learning journey.

With everyone being new to the school we will all have ownership and input into the many aspects of school life. This is a very exciting time for us at Our Lady Star of the Sea as well as for the Cowes community.

Catholic and non-Catholic families are welcome to apply for enrolment. If you would like to learn more about Our Lady Star of the Sea, please contact the school on 59511700 or the principal on 0407862941. Please ask about our affordable fee and levy structure.



The construction of Our Lady Star of the Sea is well underway.

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Phillip Island Walkabout

This edition we are up to walking Churchill Island. Someone once commented that Phillip Island is an Island off an Island, with it's own Island. And this little Island is well worth the visit. Now you could just drive your car onto Churchill Island, park and do the 3km track that borders the island, this in itself is a very picturesque walk but I have another way to do it. On a highish tide, I like to park my car at the end of Churchill Road (opposite the Vietnam Vets Museum). I advise a highish tide as this is a mangrove area and not very attractive when at low tide.



Walk to the right around the coastline of the inner bay and take in the view of Churchill Island. You pass the back of farmland and properties but you will eventually come to the Parks gateway that leads into the tail end of the Scenic Estate Conservation Reserve. This area overlooks the world heritage Ramsar wetlands and provides a home for native wildlife and many species of birds including six threatened species.

There are many boards explaining the significance of the area to the Aboriginal people as it is a highly regarded area. It's full of endangered grasslands and indigenous wetlands. Follow the boardwalks to the bridge that crosses over to Churchill Island. Make sure to lunch at the Islands Visitor Centre as the food is yummy and on nice days it is just lovely to sit out on the balcony or laze about on the grass in the sun.

If you are really well organized you could time it on a Farmers Market morning where local fresh produce is readily available.

Anybody can drive onto Churchill Island but why not walk, you see so much more that you just miss in the car whizzing around. Soak up the farm life and all the animals and don't forget to visit the Clydesdale out in the paddocks.



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OUR NATURAL WORLD
this month
featuring the Warthog



The first warthog was a handsome pig according to African folklore and my introduction to this warty beast must be treated as part fiction, part cute. Be mindful that despite being prey to the big guys and diving into aardvark holes to escape them, he has survived much longer than the advent of homo sapiens.

According to African folklore, so much did the warthog believe in his beauty that he strode the bush in a contemptuous manner insulting all the other animals.

He eventually took things too far by insulting a very large mean lion and he had to escape by diving into an aardvark hole (Vibe readers may recall my story on the aardvark several publications ago) . He landed on a porcupine and as there was no one to help him pull out the quills in his face he plucked them out himself and so became disfigured in a pugsy sort of way.

Not that this catastrophe obstructed a stellar acting career. Who can forget his performance in the blockbuster production of The Lion King as Pumbaa in which he plays a sort of comical sergeant major in the company of his wisecracking friend played by a meerkat.

It can't be easy having to bear the name of warthog. Still he gets by and his warts are not really witchy warts but bony protuberances. Visitors to the African bush delight in seeing him turning on the charm as he struts about in a jaunty way sniffing for possible lady warthogs, seeking sleep or refuge in aardvark holes or better still for our boar, a kiss and a tickle!

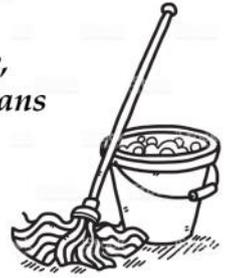
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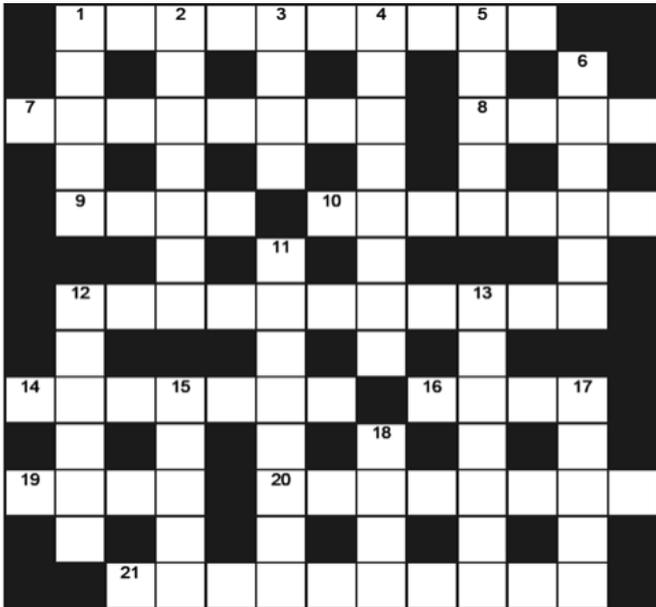
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Brain Food

Find all the answers & solutions to Puzzles & Quizzes on page 14 (No peeking!)



Vibe Quick Crossword 94

Across

- 1 Hungrily (10)
7 Leaves hurriedly (8)
8 Yeasty drink (4)
9 Tardy (4)
10 Halted (7)
12 Immature (11)
14 Praise enthusiastically (7)
16 Email junk (4)
19 Unkind (4)
20 Igloo (8)
21 Illuminated (10)

Down

- 1 Revolutionary (5)
2 Emptied (7)
3 Zero (4)
4 Alarm (8)
5 Tag (5)
6 Rely (6)
11 Keeping away from (8)
12 Relatives (6)
13 Savoury snack (7)
15 Of the moon (5)
17 Pondered (5)
18 Twisted (4)

		1	7				8	6
7	4					1		
							2	
9	6	3			1		4	8
			8	9	5			
8	5		6			2	9	1
	1							
		2					1	3
4	3				8	6		

Vibe Sudoku 94

Each row, column and sub-box must have the numbers 1-9 occurring just once.

Who am I?

I was born on the 12th of July 1907 in Victoria.

I was the second of two children.

My parents were called James and Alice.

I attended Benalla High School.

I started an apprenticeship in Pharmacy when I finished school.

I moved to Melbourne in 1927.

I graduated from university in 1934.

I took up rugby union commencing as a fourth grade player.

I made my national representative debut against the All Blacks at the Sydney cricket ground in 1932.

In June 2008 I was honoured in the third set of inductees into the Australian Rugby Union Hall of Fame.

Pre-war, I had been a school cadet and did my part time service in the army till 1929.

During World War II, I was appointed to medical headquarters in the Middle East where I developed a mobile surgical unit.

Because of my leadership skills, I was placed in charge of prisoner of war camps in Java.

My dedication and heroism became a legend amongst prisoners.

After the war, I devoted myself to health and welfare of former prisoners of war and their families.

I received many honours and awards throughout my life

I am known as the surgeon who was renowned for his leadership while being held prisoner by the Japanese during World War II.

My nickname means 'tired.'

My First name starts with E.

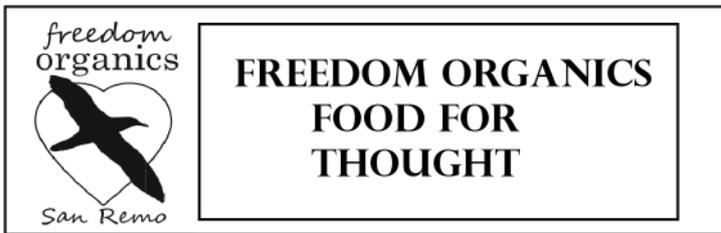
My second name starts with D.

Who am I?



1. The period of European history that lasted from the 14th to the 17th century is known as what? 2.

The ancient Greek statue Aphrodite of Milos, better known as Venus de Milo, is currently on display in what museum? 3. Which bird is often associated with delivering babies? 4. What is the highest number of Michelin stars a restaurant can receive? 5. On the hit show Seinfeld, what was Kramer's first name? 6. How many chambers are there in a dogs heart? 7. Europe is separated from Asia by which mountain range? 8. Paella, a famous rice dish originated in what country? 9. What is the third most abundant gas in Earth's atmosphere? 10. Which Teenage Mutant Ninja Turtle always wears red bandanas?



The Power of Crystals

Crystals are known as "wisdom keepers" because they hold thousands or even millions of years of the earth's history within them. Ancient civilizations have worked with the energy of the earth since the beginning of time, using them for guidance.

Today, crystals are not only used by yogis and the down-to-earth alternative types, they have become very mainstream, infused in beauty products, displayed in homes and yoga studios and crafted into beautiful jewellery because of their healing energy.

How to have the right crystal work for you.

1. Pick the right crystal

You may have the "this is it" feeling the minute you lay eyes on a certain crystal or it may take you a bit longer to connect with one. Each crystal is unique and has different properties. Focus on the colour, shape and size rather than its healing properties. More often than not, the crystal you are drawn to visually possess' the energy you need. If you're able to shop in person rather than on the Internet be sure to hold the crystal in your hands for a few moments so you can truly feel its energetic effect on you.

2. Cleanse your new crystal

When you first get a crystal or if they have been left sitting around somewhere, they will have absorbed a range of different energies. You will want to cleanse them as soon as you obtain them and on a regular basis depending on use, however, you may have been given a crystal as a gift from someone who may have programmed it for you with specific energies. In this case the stone may not need this initial cleansing.

This cleansing process isn't a physical cleaning with soap and water but it is to cleanse the stone of its stored energies, both good and bad, which can be released again by the stone at any time once it becomes loaded with energy. Crystals used specifically for healing should be cleansed before and after use.

Some methods are:

Salt Water Cleansing—This is considered as one of the best and most thorough ways to cleanse crystals but this method must be avoided for certain crystals as it can have an adverse effect on them and even change their appearance and properties e.g. crystals that are porous, contain metal or have a water content. To cleanse your crystal using salt: half-fill a glass bowl with seawater or salted water and soak your crystal for 1-24 hours. You can also bury crystals directly into salt and leave for several days. Your crystals should then be rinsed thoroughly under cool running water to remove any remaining salt. After use, the salt must be thrown away and never re-used as it will have absorbed negative and unwanted energies.

Smudging - Another popular method of cleansing crystals is by 'Smudging'. This involves burning either sage or incense sticks and holding the crystals in the smoke for 20-30 seconds to cleanse the stored energies.

3. Energise your crystal. Once the crystal has been cleansed it needs to be energised again. Some popular methods are below:

Water Energising - Place your crystal in a mesh bag and place under a natural running river or water source for 10-20 minutes. Running water can also cleanse as well as energise the stones at the same time. Again, check that your crystal is suitable to be soaked in

water before using this method.

Full Moon and Sunshine. You can energise your crystals when there is a full moon, even if it is a cloudy night. You have three days to use the moons energy; the night prior to the full moon, the night of and the night after. Place your crystal outside or in a place where the moonlight would reach e.g. the window sill.

To use the suns energy place your crystals out either at sunrise or sunset and the power of the sun can make some crystals fade.

4. Programme your Crystal. To program a crystal for specific use or with specific energies, find a quiet place to sit and take some deep breaths. Clear your mind and hold the crystal just above eye level. Focus on the crystal and think about the purpose you want. Out loud or in your head say 'I program this crystal for (state the purpose)'. That's it!

A few of our favourite crystals

Crystals are used for many different reasons and different crystals have different healing properties. Here are some crystals to guide you through every day life:

Quartz: Clears the mind. Quartz crystal is made of silica, the most abundant element on the earth. It also makes up the human body, on a cellular level. When quartz crystal touches your skin a merging of energy occurs, which is believed to encourage optimal health and healing. Ancient civilizations utilized quartz to balance the body and clear the mind. It's a powerful crystal that transmutes negativity and amplifies energy to raise your vibration and help you align with light and clarity.

Rose quartz: Opens and heals the heart. It encourages the forgiveness of others and of yourself. The secret to finding true love is to love yourself. Rose quartz emits vibrations of love, beauty and compassion. It's a feel-good stone that nurtures, supports and allows you to feel the most powerful energy in the universe.

Smoky quartz: Helps you to let go. Smoky quartz transmutes negative energy and acts as a protective shield against unwanted energy. It helps you to let go of old patterns and belief systems that are holding you back. It releases all blocked, old and stagnant energy in the body.

Citrine: Live in the 'now'. Citrine is a crystal of light and happiness. It doesn't hold any negative energy and emits large amounts of positive energy. It serves as a friendly reminder to be present and in the now, because in this moment, you can create miracles. Citrine is a manifestation stone that encourages you to dream big, maintain a positive state of mind and attract everything you want in your life.

Amethyst: Healing and cleansing. Amethyst alleviates sadness and grief and it dissolves negativity. It relieves stresses, balances mood swings, relieves insomnia and protects the wearer from all types of harm.

Fluorite: Increases focus. Fluorite raises your focus and concentration and brings clarity. It helps to clear confusion and relieve stress.

Calcite: Great for students. Calcite can enhance your learning abilities so it is great if you are studying or learning a new skill. It is also a good crystal if you are looking for a change in your life or when you need a fresh start as it helps with mental expansion.

Atlantisite: Emotional assistance. Atlantisite carries the properties of both Serpentine and Stichtite. Serpentine assists to soothe the emotional body, release fear of change and hardship and helps us to look to the future with a positive outlook. Stichtite emits the vibration of love and forgiveness. It promotes compassion, unity and cooperation. It offers protection from negativity by generating a bubble of light energy to shield the wearer.

Tourmaline: Brings strength. Tourmaline has many different healing qualities and comes in many different colours. Tourmaline can help bring strength and courage when needed. It can also help overcome fear and bring positivity.



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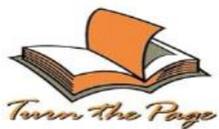
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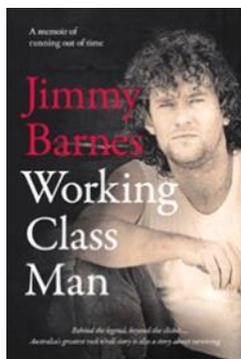
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Book Reviews

By Turn The Page Bookstore, 40A Thompson Avenue, Cowes.

Phone 59521444



“Working Class Man”

by Jimmy Barnes

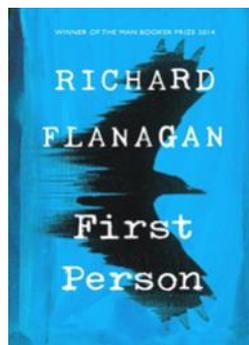
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THE SEQUEL TO THE NUMBER 1 BESTSELLER WORKING CLASS BOY

It's a life too big and a story too extraordinary for just one book. Jimmy Barnes has lived many lives - from Glaswegian migrant kid to iconic front man, from solo superstar to proud father of his own musical clan. In this hugely anticipated sequel to his critically acclaimed bestseller, Working Class Boy, Jimmy picks up the story of his life as he leaves Adelaide in the back of an old truck with a then unknown band called Cold Chisel.

A spellbinding and searingly honest reflection on success, fame and addiction; this self-penned memoir reveals how Jimmy Barnes used the fuel of childhood trauma to ignite and propel Australia's greatest rock'n'roll story. But beyond the combustible merry-go-round of fame, drugs and rehab, across the Cold Chisel, solo and soul years - this is a story about how it's never too late to try and put things right.

Many of us grew up with Jimmy and Cold Chisel without being aware of the back story to his life. This is your chance to get to know the man behind the music and learn of his extraordinary achievements.



“First Person”

by Richard Flanagan

RRP \$39.99

A young and penniless writer, Kif Kehlmann, is rung in the middle of the night by the notorious con man and corporate criminal, Siegfried Heidl. About to go to trial for defrauding the banks of \$700 million, Heidl proposes a deal- \$10,000 for Kehlmann to ghost write his memoir in six weeks. But as the writing gets under way, Kehlmann begins to fear that he is being corrupted by Heidl. As the deadline draws closer, he becomes ever more unsure if he is ghost writing a memoir, or if Heidl is rewriting him-his life, his future.

Everything that was certain grows uncertain as he begins to wonder- who is Siegfried Heidl-and who is Kif Kehlmann? First Person is compelling, comic, and chilling,. It is a haunting journey into the heart of our age.

As a young, struggling author Richard was contacted by one of Australia's most notorious con-men to ghost-write his story in what became three strange and deeply disturbing weeks. In his latest work of fiction, art returns to imitate this chapter in Richard's life in a highly fantastical retelling of this formative time in Richard's development into the award winning author we have today.

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Vibe Crossword Solution 94

2	9	1	7	5	3	4	8	6
7	4	6	9	8	2	1	3	5
3	8	5	1	4	6	7	2	9
9	6	3	2	7	1	5	4	8
1	2	4	8	9	5	3	6	7
8	5	7	6	3	4	2	9	1
6	1	8	3	2	7	9	5	4
5	7	2	4	6	9	8	1	3
4	3	9	5	1	8	6	7	2

Vibe Sudoku Solution 94

Community Markets

- Churchill Island Farmers' Market** 4th Sat of month 8am-1pm. 246 Samuel Amess Dr, Churchill Island.
- The Cowes Night Market** 2018 Dates: January 13 & 27, February 17, March 10 & 31. All 5-9pm at Erehwon Pt, Cowes
- Cowes Island Craft Market** 2nd Sat of month St Phillips Parish Hall Thompson Ave, Cowes.
- Market on Chapel** 4th Sat of month Uniting Church Cnr Chapel St & Warley Ave, Cowes.
- Phillip Island Lions Club Steptoe's Emporium** Bric a Brac, 2nd hand furniture. Sat/Sun, 10am-1pm, 59522140.
- Rhyll 2017 Twilight Markets** on Fridays, 4pm. November 10th, December 1st, 8th and 22nd.
- Coal Creek Farmers Market** 2nd Sat or each month, 8am-12.30pm, Coal Creek Community Park
- Grantville Market** 4th Sunday of month, 8am-2pm, Grantville Recreation Reserve

Puzzle Solutions

Quiz Solution 94 1. The Renaissance 2. The Louvre in Paris 3. Stork 4. Three 5. Cosmo 6. Four 7. Ural Mountains 8. Spain 9. Argon 10. Raphael

Who am I solution? Sir Edward 'Weary' Dunlop

La Porchetta Phillip Island Opens for the Summer Season

After months of construction and preparation, La Porchetta Phillip Island opened for business last week, in time for the busy summer season.

Following a launch function on Wednesday October 4th for invited guests, the restaurant opened to the public on Thursday October 5th.

La Porchetta Phillip Island offers traditional favourites including pizzas, pastas and risottos alongside contemporary Italian dishes such as regional pizzas. There is also a range of steak, chicken and seafood, chicken parmigiana, salads, desserts and local seasonal specials.

With its contemporary, retro feel, the restaurant seats over 150 and includes indoor and outdoor dining. There is also take-away and home delivery available.

Around 25 new jobs will be created at La Porchetta Phillip Island. La Porchetta Phillip Island is located at 68-80 Thompson Avenue, Cowes, next to ALDI and just a short walk from the beach. For further information go to www.laporchetta.com

The Combined Churches of Phillip Island

Phillip Island Baptist Church

Cnr Settelement & Dunsmore Rds, Cowes. Worship time: 10am Sunday. Good Friday and Christmas day at 9am Ph 59523408 Website: islandbaptist.org.au Facebook @phillipislandbaptistchurch

St John's Uniting Church

Cnr Chapel St and Warley Ave, Cowes. Worship time: 10am Sunday. Good Friday and Christmas day at 9am Ph 59522083 Website: cowesunitingchurch.org.au Facebook @cowescommunitymeal

St Philip's Anglican Church

Cnr Thompson Ave and Church St, Cowes. Sunday Worship: St Philip's, Cowes 9am, St Augustine's, San Remo 10.30am and St Paul's, Bass 12.30pm. Ph 59522608 Website: anglicanparishbassphillipisland.com

Hope Church

At Newhaven Primary School, 12-22 School Avenue, Newhaven. Worship time: 3.30pm Sunday Website: islandhopechurch.com PO Box 348, Cowes. 3922.

St Mary's Catholic Church

6 Rhyll Rd, Cowes. Mass at Cowes Sunday 9am, St Mary's Star of the Sea, San Remo Saturday 6pm, St Joseph's Bass Sunday 11am Ph 59425418



Phillip Island Historical News

S.S. GENISTA

March 31, 1898

The children of Phillip Island and San Remo had their fourth annual picnic at Cowes on March 25th. The day was proclaimed a school holiday by the Board of Advice. The weather was all that could be devised for such an occasion. By the courtesy of the proprietors of the Genista all the children from San Remo, Newhaven, and Rhyll were conveyed to Cowes free of charge. The approach of the Genista at Cowes Jetty – with all her flags flying and her crew and guests all brightly dressed created an exciting image as she pulled in.

January 28, 1909

Mr. and Mrs. Smith and their new motorcars have been responsible for somewhat of a sensation at Cowes, where they have a seaside residence. Mr. and Mrs. Smith brought out with them from England two new cars, and intended to use one of them on the popular and picturesque island. The first proceeding was to get the car there, but this was not such an easy

matter although the steamer Genista which was running between Stony Point and Cowes was chiefly owned by Mr. Smith. The smallness of the steamer and the largeness of the car blocked the transit for days, and it was only after five daily failures, to the accompaniment of loud protests from tourist-passengers, that the monster was successfully shipped and taken across. But this was only the beginning of the end for the island is a great place for horses and ponies, who had never see anything like a petrol monster and consequently shared with the humans the sensation caused by the arrival of the new-comer. Mr. Smith therefore sent invitations for a horse parade to all the animals which it might concern to come to the Isle of Wight Hotel and make a "familiarising inspection" of the horseless carriage. Humans and equines did so, with the gratifying result that the Smith Motor Car is now careering over the level roads of the favourite seaside resort without causing alarm or accident.

January 19, 1926

The Genista struck a rock in the channel between San Remo and Rhyll about 5.45pm on Friday and heaved over on her side. This made it necessary to have the pumps in action to keep the water out. The tide was very low at the time, and with the rising tide the vessel received a couple of knocks but eventually floated off and reached San Remo safely.



The S. S. GENISTA or better known as 'GINNY' was the Phillip Island ferry between 1889 and 1930. She gave the public over forty years of reliable service. S. S. Genista sunk off Cowes 19 July 1930 while under-tow to Melbourne and was not re-floated.

BRIAN PAYNTER MP
YOUR LOCAL MEMBER OF STATE PARLIAMENT

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Authorised & Edited by Brian Paynter MP 9 McBride Avenue Wonthaggi 3995.
Tel 03 9673 4755 Email brian.paynter@parliament.vic.gov.au www.brianpaynter.com.au
Funded from Parliament's Electorate Office and Communications Budget.

On your own Christmas Day? Monday December 25th, 2017

The Phillip Island Community Services Group is hosting their 7th annual Christmas Day Community Lunch at St Philip's Hall, Cnr Church St and Thompson Ave, Cowes.

This alcohol-free community lunch is for people who might be on their own or not able to have a Christmas lunch at home and would like to enjoy the day in the company of others. Volunteers will co-ordinate and host the day with goods and funds donated by the local community. There is a charge of \$5 per person to help with costs which must be paid when booking. Bookings open from November 13 to December 15. Please contact PICAL reception Mon-Frid 9am-3pm



COMMUNITY NOTICEBOARD

If you're a not for profit club or organisation, you can list your meeting times and contact details here free of charge. If you're not listed and would like to be email us at: phillipislandvibe@outlook.com

Red Cross, Phillip Island Branch meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Ron Hateley 59522549 or Averil Roberts 59522602.

Phillip Island Lions Club Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: Steve Munro 59526461

Phillip Island Bicycle Users Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ruth Scott 59566567 or Ron Hately 59522549.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400815353.

Phillip Island Girl Guides Multi age group from 5 years, Thursdays 5-6.30pm. More info contact Sue Viney sviney@guidesvic.org.au

Phillip Island Senior Citizens Club Carpet bowls, cards, ball-room dancing, craft. Membership \$15 per year. Frid 12noon 3 course lunch \$15. Island Celebration Centre Hall for hire. 59522973 for more information.

Phillip Island World Vision Club 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members very welcome. Call Thelma 56785549.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Bob Andrews 0437526757 or probussanremo@gmail.com

Rotary Club of Phillip Island & San Remo "Fundraising for our community". New members welcome. Phone Keith Gregory 0439020996.

Lions Club of San Remo & Newhaven 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Secretary Andrew Page 0410 785081, 56780162 or sanremo.newhavenlions@gmail.com

Men's Shed meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438808428 or 59526955.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhll Hall. Joining fee \$48, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414709066

Phillip Island Croquet Club new members welcome. Contact Ken 59568803 or David 0412485913 or just come along to our club Frid 10am Blue Gum Reserve Dunsmore Rd, Cowes.

The National Vietnam Veterans Museum needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Lyn Duguid or Liz Fincher, 59566400.

Islander Day Club every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises guest speakers and outings. Transport can be arranged if necessary. For more info: Kaye Cannin 59522097.

The Probus Club of Phillip Island Inc meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info Chris Cannin 59522097 or Ash Rizvi 59521604.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Dorothy Young 59521532.

Phillip Island Camera Club meets 1st Mon of month, Heritage Centre meeting room, 1.30-4pm. Contact Sue Brereton 0408136717 or phillipislandccaspi@gmail.com

Country Women's Association, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

Phillip Island Swim Club must be competent in 3 out of 4 strokes looking to extend skills with qualified coaches Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418178343 or piadgs@gmail.com

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435552518 or email enquiries.piarc@gmail.com

Wildlife Rescue Phillip Island, Rehabilitation, care, rescue & transport of all wildlife on the Island & surrounding areas. Kaylene 0412258396 or Colleen 0409428162.

Phillip Island Squares (square dancing) Thursdays 7.30-10pm Bass Valley Community Hall, Bass School Rd, Bass, Contact Carol 59525875.

Phillip Island Day View Club proudly supporting The Smith Family, Feb-Dec, 4th Monday of month, 11am, Ramada Resort, Cowes. Bookings essential. New members welcome. For information contact Irene 59523447.

Phillip Island & District Historical Society. Cowes Heritage Centre, contact Secretary Christine Grayden 5956 501. Check out our History on pidhs.org.au.

Phillip Island Library, free wifi and kids programs, Story time every Tues 11-11.30, Baby Rhyme time every Thursd 10.30-11am, Lego Club every Tues 4-5pm. www.wgrlc.vic.gov.au or call 59522842.

Friends of the Library book chat 1st Wed of every month at 2pm, Feb-Nov. Phillip Island Library. Friends of Library meeting 10.30am, 3rd Sat of every month. New members welcome. Call Celia 59521901.

South Coast Speakers Toastmasters meets every 2nd and 4th Wed of month, 7.30pm at San Remo Hotel. Develop oral communication and leadership skills. More information Brigitte Linder 0421 812691

San Remo Bowls Club Summer rollup in Mufti every Wednesday afternoon starting at 12.30pm. New members and visitors will be made most welcome 1a Wynne Road, San Remo. For further information please contact Robyn on 0411 549 380 or Tony 0474 205 369.

Phillip Island Patchworkers Newhaven Hall: Mon, 7.30pm, Cowes Cultural Centre: 89 Thompson Ave last Tues of month, 10.30am, Cape Info Centre, Newhaven: 1st Tues of month 10.30am. Contact: Michelle 0418356478.

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Ag group 60-90 years. Call Dagmar 59566965.

"Bee Crafty" New Community Craft Group is meeting every 2nd & 4th Wednesday of the month at St Phillips Church Hall Thompson Avenue Cowes (opposite Coles) All are welcome. For further details Desma Maxworth 0409 136 620

Parkrun - free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

Barb Martin Bushbank, next to Koala Conservation Centre. Only Indigenous plant nursery on the island. Open 9.30 to 3.30 Wed/Thurs and the first Sat of the month. Phone 0407 348807

Phillip Island University of the Third Age (U3A) provides learning and social activities such as choir, creative writing, stagecraft, Spanish, canasta and many more. For retirees and semi-retirees. Most activities are ran at 56-58 Church Street, Cowes. For further info call 5952 1131 or 5952 6461

MS Community Visitors Scheme in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email volunteer@ms.org.au

Phillip Island Community Meal operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St and Warley Ave, Cowes. Facebook [@cowescommunitymeal](https://www.facebook.com/cowescommunitymeal)

Woolshed Spinners meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact John Stott 5952 3477.

Bass Coast Strollers Inc. Walks every Monday; generally 8-12km and graded Easy or Easy-Medium; bush tracks to coastal paths to town walks; a shorter 4km walk option is often offered. \$35 subs. Contact Liz 5678 0346, Chris 0400 346 078, info@basscoaststrollers.org

First Friday Philosophy. Series of lunch time discussions of some big intellectual questions. First Friday of each month. Next lunch is Friday December 1st. Discussion topic is "Is it OK to lie to your children about Father Christmas?" Harry's on the Esplanade. \$35 includes lunch. Book by emailing gurdies@australiaonline.net.au by November 24th.

Paul's Table Community Café open every Saturday and Sunday 10am -2pm, Bass Hall, serving quality food and coffee.

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A classic whodunnit mystery from our esteemed off-shore crime writer, Leon Herbert

A STRANGE MURDER CASE OR TWO

Leroy was chatting to his Phillip Island mates. The Vibe's resident barrister loved to recount famous old trials at the Old Bailey, the venue for some of his own finest successes at the criminal bar. This was the story he recounted while they enjoyed pizzas at Pino's.

To be tried twice for murder at the Old Bailey, London's famous criminal court, or for that matter anywhere- acquitted once and condemned once- was the unique record of Frederick Herbert Field, whose two trials were undoubtedly quite remarkable on a capital charge.

The strangeness was enhanced so that no one had the slightest personal doubt that he was guilty of the first crime despite the legal necessity of returning a verdict of "Not Guilty", and then the second trial created the tremendous legal interest because there seemed to be a distinct possibility that the prisoner's cunning might give him his freedom a second time.

Field was in the classic tradition of born killers in that he was blessed - or cursed - with considerable charm, was good looking, vain and intelligent. The factual record of his personal life suggested he was happily married, with a good wife and pretty little daughter.

But beneath this very normal exterior were secret emotional currents which branded him a degenerate. One or two details of his activities immediately prior to his murders were hinted at in Court and indicated that Field was the slave of monstrous lusts.

The first crime for which he entered the Old Bailey dock occurred in September 1937, when a young prostitute who was known in Soho as Norma Laverick, but was in fact Nora Upchurch was found strangled. She haunted the streets of Soho and took her clients to her room in Pimlico. Well known to the police, she disappeared from the streets towards the end of September.

On the morning of October 2, two decorators who had the keys of an empty shop in Shaftesbury Avenue went to the premises to tidy up and do some painting. One of them was Frederick Field. His superior led the way into the murky interior and seeing a figure lying on the ground, stabbed it with his umbrella saying "We'll have to shift these old wax models."

It was, as readers of the Vibe will readily conclude, no wax model but the corpse of Nora Upchurch. She had been strangled but not sexually violated, and in the opinion of the medical expert, had been dead for about three days.

At the inquest profound suspicions fell on Field because it was shown he had possession of a key to the shop and was unable to give a completely satisfactory explanation of what had happened to it. Nevertheless, when a verdict of "murder against a

person or persons unknown" was returned no move was made to arrest Field.

The world trade depression was on, Field lost his job, months went by and then Field walked into the offices of a National newspaper and handed in a neatly written confession of his murder of Nora Upchurch. The editor knew Field as there had been a tentative arrangement in place to pay for his defense if he should be charged with murder. The briefest perusal of his detailed confession indicated this was no crank's vapourings but an authentic description of a terrible crime.

Scotland Yard was informed and after the usual warning and cross-examination found his story credible. But Field was clever over a number of points- for example, he said he had throttled the girl with his bare hands, but the mark of some material on the skin of the neck proved beyond all doubt that a belt or cord had been used. He was also insistent- he said he had never met the girl, whereas many witnesses could testify that Nora had gone around in fear of her life for weeks before she was killed.

In due course he was committed for trial at the Old Bailey. When the date was set he withdrew his confession. The prosecution was faced with the impossible task of proving a case on which there was no evidence against Fields beyond that of his own confession. The judge had no choice except to stop the case and direct the jury to return a verdict of Not Guilty.

Field, with a very smug expression walked out of the dock to freedom. His new attitude to the faked confession was that he was compelled to make it so that the cloud of suspicion over him could be dispelled. In fact he believed he had hit upon a scheme of murdering without the risk of punishment, for his second crime was similar to the first in every detail but one - the final scenes of the trial.

Three years passed. Field's second victim was Beatrice Sutton, a prostitute. At the time he was a deserter from the R.A.F. and he was being sought by the service police. He went almost straight into the arms of the police after he had strangled the woman, and he immediately followed the plan which had worked so successfully in the previous crime.

Instead of some deliberate errors, he gave an authentic account which no one who had not been in the room of death could have known. He again withdrew his confession when the date of trial was set but it hardly mattered. The police evidence confirmed with cold hard facts item after item in his confession. Field was quickly found guilty and condemned to death.

It was, said Leroy in conclusion, as his rapt friends were finishing their meals, perhaps merely by the kindest twist of fate that ensured Field's killings amounted to two. The vanity which made him boast of his crimes must be thanked. His murders were so motiveless by all normal standards and so cunningly carried out that he would have stood a very good chance of going unpunished. There was no evidence of robbery or rape or deviant sexual behaviour. But he was too vain. He had to see the world's reaction to his story and that trait led him to the gallows.

Leroy smiled as his friends Peter, Tony, Bill and Cecil got up from the table, obviously content with the story; also in the knowledge that their appetites had been well and truly sated and that for the time being their own necks remained intact!

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3 Grandview Grove
Cowes 3922
P: 5951 1860 (24 hrs)

sr San Remo
Medical Clinic

www.sanremomedicalclinic.com.au
123 Marine Parade
Cowes 3925
P: 5678 5402 (24 hrs)

sg South Gippsland
Family Medicine

www.southgippslandfm.com.au
Shop 4-6, 1 Billson Street
Wonthaggi 3995
P: 5672 4111 (24 hrs)

cm Cowes
Medical Centre

www.cowesmedicalcentre.com.au
164 Thompson Avenue
Cowes 3922
P: 5951 1800 (24 hrs)

ls Long Street
Family Medicine

www.longstreetfm.com.au
1 Long Street
Leongatha 3953
P: 5662 4455 (24 hrs)

ll Lang Lang
Community Family Medicine

www.langlangcfm.com.au
5 Whitstable Street
Lang Lang 3984
P: 5997 5799 (24 hrs)



Bulk Billing ALL Medicare Card Holders*

MACG
Medical & Aged Care Group

* Grandview Family Clinic & Cowes Medical Centre are mixed billing.