

# PHILLIP ISLAND VIBE

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FEBRUARY 2022



The Phillip Island Vibe is now a proud member of the Phillip Island Business Network. It's such an important time to band together, support each other and be kind while all businesses manage the individual challenges that Covid 19 and the large influx of visitors brings. If you're interested in joining the Business Network, check out their advertisement on page 14. Thanks to Destination Phillip Island for the front page pic.

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# Newhaven College



## Caring for our environment

Newhaven College has continued its journey working towards a carbon neutral future. Our student club The Green Team and Staff have introduced initiatives that have contributed to improvements at the College. These include:

740 solar panels were installed across 3 buildings making it the largest solar power installation on Phillip Island.

A large Protea garden was planted to attract birds and wildlife. 5000 plants were installed in the wetland area to act as water filters and to attract birds and wildlife.

Bins in classrooms and staff rooms were removed and new waste stations were installed around the school. Commercial worm farms were installed to compost food scraps.

Additional plants were installed in the wetlands. The College became a co-member of Totally Renewable Phillip Island. The new Performing Arts Wing will feature over 160 solar panels that are estimated to produce 50% more energy than they consume, making them beyond carbon neutral.



Virtual Tour

## Limited enrolment opportunities available for 2022

Please contact our Registrar Belinda Manning  
P: 5956 7505 E: [belinda.manning@newhavencol.vic.edu.au](mailto:belinda.manning@newhavencol.vic.edu.au)  
1770 Phillip Island Rd, Phillip Island [www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au)



**A classic crime story from  
our esteemed crime writer,  
Leon Herbert**

## The Locked Cottage Mystery



“Watch out for the poison ivy,” Inspector Flint shouted, pointing to the shiny, purple-tinged leaves along the side of the cottage. The man from Phillip Island Power & Gas glanced down at the dangerous weeds, then grabbed a pair of work gloves from his tool belt. “Thanks,” he shouted back. With the gloves on, he reached through the leaves to the main valve. “It’s all off,” he smiled as he called to Inspector Flint, whom he knew from sharing a few pints at the local footy club, as he turned the knob all the way. “You can go in.”

Just fifteen minutes earlier, an Aussie Post courier dropping off a parcel had smelled gas coming through the mail slot of Anna Karina’s little stone cottage. He immediately called the gas company and the police. Inspector Flint had been four blocks away, driving his mate and amateur sleuth, Leroy, to Pino’s for their weekly coffee and cake assignation.

“All the doors and windows are locked from the inside,” Flint observed, and Leroy nodded his agreement. Flint had a rock in his hand and now used it to smash a window by the front door. Reaching inside, he unlatched it. Leroy watched the adept and athletic detective from the porch as one by one the doors and windows of the cottage flew open, letting the poisonous gas escape.

Leroy was still on the front porch when a small sedan pulled up to the curb. A young woman, about 25 years old, sprang out and came toward him, fumbling through a key chain. She stopped as she saw the open door and Leroy standing beside it. “The police called me,” she said. “I’m Miss Karina’s niece. Is there something wrong?” Then she smelled the gas. “Oh, dear.” A second later she was running into the house. “Aunt Anna?”

It was five minutes later when a second car pulled up. The driver was a young man, about the same age as the niece. He, too, climbed up the porch steps, smelled the gas, and asked about his aunt.

“I don’t know if anyone was home.” Leroy tried to sound optimistic. “Maybe the house was empty.”

“Aunt Anna is always home”. The nephew scratched nervously at a rash on his forearms. “Excuse me sir,” he said, and disappeared into the cottage. Leroy checked his watch—he was already late for his coffee intake—then settled down on the steps. A little while later, the Inspector came out and sat down beside him. “Bad news.” His face was solemn. “I found the old lady in front of a gas fireplace, one of the kind that you need to light. My guess is that last night she must have settled in with her usual cup of cocoa and a book. She must have turned on the gas and forgotten to light it. Or else

“the fire blew out.”

Are her lips purple?” Leroy asked, trying to envision the scene. “Yes,” the Inspector said, looking curiously at his brilliant forensic friend who seldom asked questions without good reason. “Dead from asphyxiation. Her niece and nephew say they visit her now and then. They say her routine is always the same. An early dinner. Then she locks up the house, lights the fire, and sits down with her cocoa. It looks like a simple accident, except...” “Except what?” “Well, Ms. Karina had a lot of money in the bank. She had no children and that niece and nephew are her only heirs.” “You should have the lab analyse her cup of cocoa,” suggested Leroy. “Maybe one of them put sleeping pills in it.”

“That occurred to me, too,” Flint said, wanting to stay on the same page as his friend. “But even if they did... the house was locked from the inside. Bolts on the doors; latches on the windows. Miss Karina was alive and well when she locked up last night.” Leroy sat and thought. He wanted it to be an accident. Then he could finally get to having his coffee. “My friend,” he said reluctantly. “I know how one of them could have killed her.”

**Well Vibe readers. whether or not you enjoy a good cup of coffee like our sleuth, how could the murder have been committed? Whom does Leroy suspect ? Turn to page 26 for the answer.**



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**Surf news by Ed Amorim**  
**@prosurfcoaching\_**

### **The Soul Surfers**

Soul surfing is a philosophical and spiritual concept first developed and introduced in the 1960s to define the sport - or activity - in its purest form. As with many other sports, there is always an innate drive to seek and find the original and unadulterated values, virtues, and essence of something simultaneously special and fragile. The roots of surfing are rich and culturally significant. The practice of riding waves blends utility and pleasure, necessity and joy, and has been socially adopted by Polynesian and Peruvian societies for thousands of years.

So, when the sport of surfing became a commercial hit in the Southern California beach culture, some felt the need to detach themselves from the profit-oriented side that quickly emerged from it. Surfing's purists are often called soul surfers.

The expression "soul surfer" was first used to name a song by Johnny Fortune (1943-2006), a surf guitar hero from Warren, Ohio.

Soul surfers are the guardians of the ultimate joy of walking on water. They (aim to) represent the sport's counterculture; they're an informal army of unarmed soldiers or missionaries that remind us of what, in the end, surfing is all about.

"Never defined by tenets or principles, soul surfing nonetheless came into its own in the mid-and late-1970s as the catchall opposition philosophy to professional surfing, which encompassed not only prize money competition but much of the surf industry and surf media," notes Matt Warshaw, author of "The Encyclopedia of Surfing."

### **New Generation Soul Surfers**

Soul surfing wears many capes and, as Warshaw underlines, "some went much further with the concept than others." Some moved inland to live in abandoned country farmhouses, where they grew vegetables and shaped their surfboards. Others used intimidation and violence to keep their local surf spots free from strangers and outsiders - in other words, pure localism. As time passed, some first-generation professional surfers quit competition to embrace free surfing but kept their sponsorship deals intact. In 2000, Sam George wrote an article in which he advocates the over conceptualisation of the soul surfer concept.

"The perimeters of 'soul' in surfing have, for the past two generations, been stretched and shrunk and tugged like the rubber of an ill-fitting wetsuit," he noted.

"We're all soul surfers, and so there's no such thing as soul surfing." However, the 21st century brought new topics to the table. With the advent of social media, the pollution and degradation of the world's oceans, and the emergency of climate change, there's a new generation riding wooden fish surfboards and longboards. There are new stars keeping their talent away from heat scores and viral posts, and YouTube videos. So, what makes a soul surfer today? Here are a few hints.

### **The Surfer Who Doesn't Feel the Need to Compete**

For many surfers, competition represents the opposite of what



surfing should be as an outdoor activity. They have never competed in an amateur or professional event and believe that a competitive environment hinders real talent. Soul surfers are often free surfers who ride waves for themselves and for the pure joy of gliding across the surface of seawater without rules or any external constraints.

### **The Surfer Who Orders Custom-Made Surfboards From the Local Shaper**

For a soul surfer, the board is a unique vehicle that should be hand-shaped by an experienced craftsman.

A purist enjoys talking to the local surfboard shaper and exchanging ideas on how the watercraft should be brought to life. Surfboard shaping is an integral part of the concept of soul surfing.

### **The Surfer Who Feels the Need to Explore and Search for Uncharted Waves**

"(...)Seek, and you shall find; knock, and it shall be opened to you." The excerpt from The Bible is valid here. Soul surfers are explorers by Nature, and searching for the perfect wave is part of their ritual.

### **The Surfer Who Refuses to Wear or Buy Surfwear**

You won't easily find a soul surfer wearing t-shirts, boardshorts, and sandals with some of the world's most recognized surf brands stamped on them.

They might embrace local and niche companies producing environmentally-friendly clothing and footwear, but no more than that.

The commercialisation of the sport is precisely what a soul surfer condemns.

### **The Surfer Who Combines Meditation and Surfing**

This group have been slowly but steadily growing within the surfing community.

There's a considerable number of surfers who are now meditating before, during, and after their sessions and adding it to their training plans and routines.

### **The Surfer Who Thinks Surfing Is More a Religion Than a Sport**

**Continued on page 5**

**from page 4**

It's an old discussion and an interesting one. Is surfing a sport, a religion, or an art form?

It might probably be a mashup of everything, but for the purists, it is mainly a spiritual and (nearly) religious experience.

And before it is even considered a sport, it's an artistic creation similar to ballet.

**The Surfer Who Believes Surfing Heals the Soul**

There's an adage that says that "only a surfer knows the feeling." Although the statement is widely accepted by all who've experienced wave riding, it can be extrapolated and given new meanings.

The relationship between humans and water in motion often translates into a feeling of calmness, relaxation, and fulfillment.

**The Surfer Who Considers Himself a Thalassophile**

Soul surfers are often extremely attached to the ocean and surrounding sea-related activities.

The passion and indescribable attraction to ocean water drives a purist's life and, sometimes, career.

It's really hard to take a soul surfer away from its temple.

Whenever that happens, the outcome is rarely positive.

**The Surfer Who Believes Free Surfing Improves Skills**

Some people believe athletes perform better under pressure, but not all surfers think the same way.

Soul surfers feel that every time you paddle out for the love of the sport, you're freeing yourself from the competitive format that

leads to standardisation and score-driven mindsets.

For purists, free surfing allows us to explore our creativity and embrace trial-and-error processes as part of progress.

**The Surfer Who Puts Surfing on the Weekly Must-Do Routines**

If you're one of those who need a weekly dose of waves to balance your mind, and puts surfing on the agenda, then you're on your way to becoming a soul surfer.

You're making it part of your weekly routines because - consciously or unconsciously - you know it makes you feel good, happy, and healthy.

**The Surfer Who'd Rather Go Surfing Alone Than With Friends**

Although surfing is an individual sport - except for surfers have always enjoyed sharing sessions and waves with friends. It's part of the fun of being in the water.

But for some wave riders, surfing is a solitary or lonely outdoor activity that invites us to a journey of introspection and self-discovery as we wait for the next set to arrive.

**The Surfer Who Feels That Surfing Makes Him a Better Person**

Soul surfers believe in the healing power of Nature's ocean waves. They also think that the more you surf, the more you'll learn to put things into perspective and appreciate what life has for us during our brief passage on the planet.

Purists say that surfing soothes our minds and shapes our universal values to become more socially and environmentally aware and protective.

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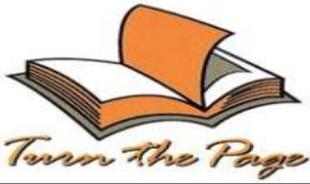
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# Book Reviews

**By Turn The Page Bookstore,  
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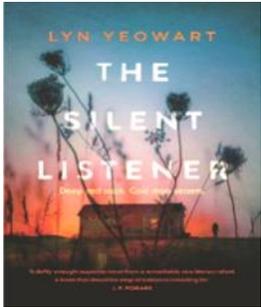
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Both of the books reviewed below were recently shortlisted for the Independent Booksellers awards. I really enjoyed *The Silent Listener*, a crime thriller with a surprise twist! An excellent debut from an Australian writer.



**The Silent Listener**  
By Lyn Yeowart  
**\$29.99**

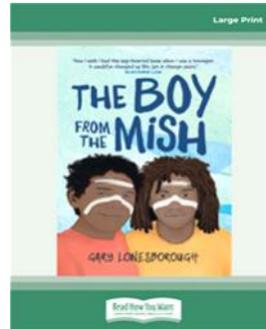
Propelling the reader back and forth between the 1940s, 1960s and 1980s, *The Silent Listener* is an unforgettable literary suspense novel set in the dark heart of rural Australia. In the cold, wet summer of 1960, 11-year-old Joy Henderson lives in constant fear of her father. She tries to make him happy but, as he keeps reminding her, she is nothing but a filthy sinner destined for Hell . . .

Yet, decades later, she returns to the family's farm to nurse him on his death bed. To her surprise, her 'perfect' sister Ruth is also there, whispering dark words, urging revenge.

Then the day after their father finally confesses to a despicable crime, Joy finds him dead - with a belt pulled tight around his neck.

For Senior Constable Alex Shepherd, investigating George's murder revives memories of an unsolved case still haunting him since that strange summer of 1960- the disappearance of nine-year-old Wendy Boscombe.

As seemingly impossible facts surface about the Henderson's - from the past and the present - Shepherd suspects that Joy is pulling him into an intricate web of lies and that Wendy's disappearance is the key to the bizarre truth.



**The Boy From  
The Mish**  
By Gary  
Lonesborough  
**\$19.99**

'I don't paint so much anymore,' I say, looking to my feet. 'Oh. Well, I got a boy who needs to do some art. You can help him out,' Aunty Pam says, like I have no say in the matter, like she didn't hear what I just said about not painting so much anymore.

'Jackson, this is Tomas. He's living with me for a little while.' It's a hot summer, and life's going all right for Jackson and his family on the Mish.

It's almost Christmas, school's out, and he's hanging with his mates, teasing the visiting tourists, avoiding the racist boys in town.

Just like every year, Jackson's Aunty and annoying little cousins visit from the city - but this time a mysterious boy with a troubled past comes with them.

As their friendship evolves, Jackson must confront the changing shapes of his relationships with his friends, family and community. And he must face his darkest secret - a secret he thought he'd locked away for good.



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## DOLLARS AND SENSE BY DAVID WELLS

### Can Your Children Afford Your Financial Legacy?

As our life evolves and changes over time, so does the consideration we need to have for matters that will affect our families long after we've gone. No, I'm not talking about having a will although we should all have one. I'm talking about needing to consider how to equitably distribute those assets that come after a lifetime of saving and investments – notably property.

One of the problems with property is the fact that in many cases the house and the holiday house form the majority of peoples' estate when they pass; another is that property of any description can be expensive to run and to maintain. While this article will ignore farms and businesses which may need a complex succession plan to preserve the family interest, there are some serious decisions that home owners need to make on behalf of the next generation.

I have recently had discussions with some friends and some clients about what they wanted to do with their property assets and what their children expected them to do. Not surprisingly the two expectations were different. Two of the families each owned a holiday house on the Mornington Peninsula, both bought or built many years ago and both these families have tackled the same issue but with different resolutions.

The first family has three children and those three children have grown up with that beach house as part of their family history. One daughter in particular has always had her heart set on inheriting it and for many years this seemed a possibility. However, with house prices over the last decade skyrocketing in that part of the world, this home now constitutes the majority of Dad's potential estate. Dad himself is living in a retirement village, Mum passed away a few years ago. With three children, leaving the beach house to one child only would/could be a disproportionate legacy and open to challenge, as it now forms over 50% of the value of the potential estate. Where families and loved assets are involved, challenges are never far away.

In the second instance the potential estate includes more property and a division would be easier, but both children have their hearts set on the beach house rather than the city apartments and the very stylish free standing home in South Yarra. Notwithstanding that there is sufficient in this potential estate to buy four beach houses and still have change, it is THIS beach house that both the children want. This situation is not about materiality – it's all about emotion.

Both houses have been estimated to cost upward of \$50,000 per year to maintain and operate and that's also a factor to be considered. In both cases it's unlikely that the children who want the property in each family could afford the upkeep of the property if they inherited it now.

In the first case Dad is teaming up with his neighbour and they are looking to sell both properties to a developer. It's estimated that the two properties combined would allow the developer to build up to 12 units worth potentially \$1 million each. If Dad took one of these units as part payment, he could leave that unit to his daughter but still have sufficient other investments to ensure that his three children would share his estate equally. As an extra, being a new unit, it should cost less to maintain and his daughter, without a mortgage should be able to afford that. As Dad has made the decision to remove the family home from the equation the siblings have no cause to argue among themselves, as the emotional attachment no longer exists.

In the second case the outcome is that the couple will create a trust that will own the beach house and be funded with sufficient capital to generate enough income and capital growth to maintain the house itself. Both children would be appointed joint trustees and would have access to the house for their family to use or to rent, at their agreed choice. This would mean that neither offspring (they're approaching 40 y.o. so aren't children anymore) would be required to fund any operating costs. At some point in the future if one wanted "out" the other would have the opportunity to buy them out. In the meantime, things could continue as they are now.

Both these solutions demonstrate different ways of approaching what is a common problem for property owners. It can be any type of property but if the emotional attachment felt by the generation inheriting the property is a major factor, then things need to be sorted out while the parents are alive and well and can explain the rationale.

These are not the only solutions of course and if you are in a similar situation make sure you get professional advice from both a financial and a legal aspect before making any commitments. In both above cases there are Capital Gains issues to be accounted for as well. Unlike cash or shares, property often carries an emotional attachment for one or all members of the family. Knowing that there will be no arguments after you've passed makes for a more peaceful life until that happens.

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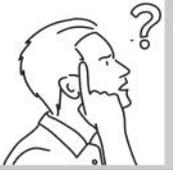
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## Have you ever wondered why?

By Leon

**More juicy questions and possible answers from Leon in the excursion into our curious world.**

**Have you ever wondered why-**

### **Geese fly in the V formation?**

Any statement about what animals do what they do is, of course arguable, and in this case there appears to be two theories about why geese fly in the V formation.

The first is that the V formation allows each bird to take maximum advantage of disturbances in the air created by the flap of the bird in front. Such disturbances tend to be generated in an inverted V pattern, very similar to the formation flown by the geese. The second theory states that, because the bird's eyes are located on the sides of its head, the V formation provides each bird with the best simultaneous view of the flock leader in the direction of the flight.

Readers can decide for themselves which theory seems most plausible. Perhaps the real reason is a combination of both theories. Only the geese know for sure.

### **A woman who pays her own way on a date you said to be going Dutch?**

This expression originated in the 17th century when the Dutch and English were both business and military rivals. During that period the English held the Dutch in very low esteem and this was reflected in many of their expressions. A "Dutch bargain" was a one-sided deal, "Dutch courage" was courage gotten from a bottle, and the "Dutch Nightingale" was a frog. So, if a man asked a woman out and then let her pay her own way, the woman was said to be receiving a "Dutch treat" and the couple was said to be going Dutch.

### **The press is called the "fourth estate"?**

In the days of feudalism the word estate means any of three social classes having a great influence on political affairs. These classes were the church, the nobility, and the common people.

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In England around the 19 century, it came apparent that there was another state also exercising influence over public affairs, that Estate being at the press. In 1828 Thomas Macauley-referring to the reporters gallery in Parliament, wrote in the Edinburg Review, "the gallery in which the reporters sit has become a fourth state of the realm". Thus began the practice of referring to the press as the fourth estate.

### **A Jeep is called a "Jeep"?**

When this vehicle, a quarter ton- reconnaissance car, was first delivered to the army, it was called a "general-purpose" vehicle and had the letters "GP" painted on its side. This led to the vehicle's being called a "jeepie" and then a "jeep."

### **Stuffed eggs are called devilled eggs**

Because when stuffed eggs were first introduced, they were covered with pepper so hot that one bit brought to mind the fires of hell.

**And so end our journey, at least until the next publication of the Vibe.**



## **POSSUMS AND RATS**

By Ian Burns

The garden is under attack!

Nothing seems to be spared, fuschias, geranium, roses and parsley

The charge is being led by possums and rats What's next..... bats?

Stems eaten to the core, the poor roses don't stand a chance, leaves eaten, petals devoured

Possums and rats What's next.... bats?

Veggies too are not spared, beans peas and cauliflower took so long to grow, now have little to show

Possums and rats What's next... bats?

Solar lights bright and shiny, to deter the intruders Space station reported seeing them from up there This destruction is just too much to bear!

Possums and rats What's next.... bats?

## **DIRTY HARRY**

Dirty Harry is an Ibis

He never does appear to be quite clean My children call him Tip Bird

But I think, that's really a bit mean

A crow can fly high in the sky but Harry can go higher Gauky and awkward looking

Bit quite an accomplished flyer

Some say he's ugly, long sickle beak, bony black legs Those same people adore lorikeets

And say so smugly!

Harry doesn't care what people say

In his mind's eye he is a Flamingo, pink And quite honestly

Does not care what those people think



## Fishy tales with Craig Edmonds from Jim's Bait and Tackle

Jim's Bait and Tackle has a new home in Back Beach Road, San Remo - next to the library.

As we mentioned before Christmas, our current landlord had given us notice that they were going to be redeveloping the site we are on. With the exact timing of the works unknown it put us in a position where we either waited and chanced something would be available or we looked at what options were available now and an option has come up and we have taken it. The shop is twice the size of our current shop which means all the products we have in the storeroom that we can't display, as well as plenty more new products we will now be able to be kept in the shop. Parking for boats will be a little easier being able to do a loop around the block without getting caught in the traffic at this end of town. All our contact details will remain the same and we hope to make the changeover as painless and as short as possible for our customers. We have a lot of plans for the next 12 months to increase our stock range and some new ideas, but for now we need to get through the moving process. We will be in the current shop until 4pm Sunday the 13th of February when we will close for a short period during the week and re-open at the new shop with limited stock from the 16th, then fully stocked and open on Saturday the 19th of February.

Tuna everywhere, no it's not the northeast coast or even the southwest coast it's a very short drive into Bass Strait off Phillip Island. We have had 2 very good tuna seasons and its shaping like this one will be one of the best so far. When the tuna is so close that even the smaller boats can catch them, it's great for the local recreational fishery, especially when everything else is firing as well. What it has done though has almost created a desert in the bay with everybody heading offshore when the conditions allow. When the conditions allow is the big one and with some very persistent easterlies through January making fishing anywhere in a boat out of the question. Thankfully there were a few breaks and some very good reports from it.

Land based reports have also been good as they usually are over the holidays with the influx of visitors that don't have a boat. Things have been as normal with plenty of salmon from the open beaches, just quite small. Whiting have been showing up at the jetties but hooking them has been a challenge and we have had the odd report of pinkies and flathead. It's been the smaller fish that have by far been the most caught with all jetties producing plenty of mackerel and yakkas to fill up bait freezers.

We were getting so many tuna reports we couldn't keep up with them. They were coming from everywhere and anywhere. We were getting reports from as close in as between the green peg and the red peg in Cleeland Bight in shallow water to out past

Cody Banks. The majority of the reports came from shallow water, under 25m, right along the coast and they were taking anything, skirts, stick baits, poppers and in all colours.

Whiting in the bay were good but to catch the bigger ones you needed to be chasing them in the deeper waters with those catching them in the shallow water saying they were much smaller. The area off Rhyll was the best, line up Ram Island and the Rhyll channel and about ½ way in 12m of water one customer told us. You do need to fish a little differently with heavier sinkers and bigger hooks and you will find a cocktail of baits, squid and pilchard fillet of mussel better. You also have a chance of a gummy or snapper while in this area so don't forget the heavier rods as well.

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**Animal nutritionist Bill Wiadrowski will be in store on Saturday Feb 12th for FREE consultations. If your pet suffers from stomach upsets, digestive problems or itchy skin, book your consult now**



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# CRYPTO ISLAND



## THE CRYPTO ECONOMY IN 2022 – WHAT DO THE FUTURISTS EXPECT?

Before commenting on the year ahead, let's take a look at the year that has just gone.

Bitcoin calculated using US dollars, rose by around 30% in value, while Ethereum calculated using US Dollars rose by around 275% in value.

2021 started poorly for the Crypto markets, but things are starting to improve (slowly!).

Here is a selection of market predictions taken from well known authors and futurists. Predictions are never always correct, but they are often close to the mark. If only some of the following predictions are close to the mark, readers should consider doing their own research before making a modest investment.

**Market Capitalisation** – The market capitalisation of the crypto economy will rise from the high point of US\$3 trillion in 2021 to over US\$7.5 trillion at some point during the course of 2022.

**Crypto Asset Price** – The price of Ethereum will rise by around 500% during 2022 and the price of Bitcoin will rise by around 300%.

**Crypto Acceptance** – The adoption of crypto as legal tender by many countries will drive the worldwide number of businesses accepting crypto from over 18,000 in 2021 to over one million by the end of 2022. Crypto acceptance facilities are now offered by payment companies that include Visa, Mastercard and PayPal.

**Regulation and Enforcement** – 2022 will see a lot of strong enforcement moves and regulatory warning noises, led by the US. A number of crypto ventures will receive fines or sanctions, and some may even be closed down because of their marketing practices, lack of oversight and potentially illegal behaviour.

**Country Adoption** – As many as 50 countries will follow El Salvador's lead and allow one or more crypto assets to be

accepted as legal tender. Many countries (including Australia) are looking at developing a form of crypto currency. The Chinese are developing a Digital Yuan.

**Corporate Investing** – At least 20% of the Fortune 500, and the Financial Times 500 index of leading firms, will hold crypto assets on their balance sheets. The typical holdings will range from 1 – 5% of total cash balances.

**Institutional Investment Services** – Most of the major banks and wealth managers around the world will offer high net wealth investors access to crypto funds, direct investment in individual crypto assets and custody services. Globally, 10% of superannuation funds (known in some places as pension funds) will have crypto in their portfolios.

**Crypto Economy Jobs** – Many of the fastest growing occupations in 2022 will be in the crypto space. This will include the development of new ventures, existing corporates and government departments, and will focus on social media, gaming, product development, and services.

You can embrace the future by making a small investment and taking the time to understand the world of digital assets. We are living in the early stages of the 'invisible revolution' and it will transform our lives.

Historically, there have been five bursts of technological innovation that can be summarised as follows:

**The Industrial Revolution** (commenced 1771) that mechanised the cotton industry in Britain and then spread to the development of factories in a range of different industries.

**The Age of Steam & Railways** (commenced 1829) that saw the massive spread of railway infrastructure, ports, postal services and city gas supplies.

**The Age of Steel, Electricity and Heavy Engineering** (commenced in 1875) that saw the introduction of worldwide shipping, transcontinental railways, the telephone and electrical networks.

**The Age of Oil, Automobiles and Mass Production** (commenced 1908) that saw the development of mass-produced cars, tractors, aeroplanes, household electrical appliances and analogue telecommunications.

**The Age of Information & Digital Communications** (Commenced 1971) that saw the development of the internet, and the information revolution.

Each of the abovementioned revolutions required large investments in infra-structure. Cryptocurrency is the latest exciting development and it also involves large infra-structure investments.

**Disclaimer:** Remember that cryptocurrency investments are invisible, unregulated and volatile.

Owen Weeks, director & registered tax agent, Lifestyle Matters Pty Ltd, FIPA, Hon FASFA, and author of 'Invisible Investing - Taking the mystery out of cryptocurrency investing.' which is available on Amazon eBooks.



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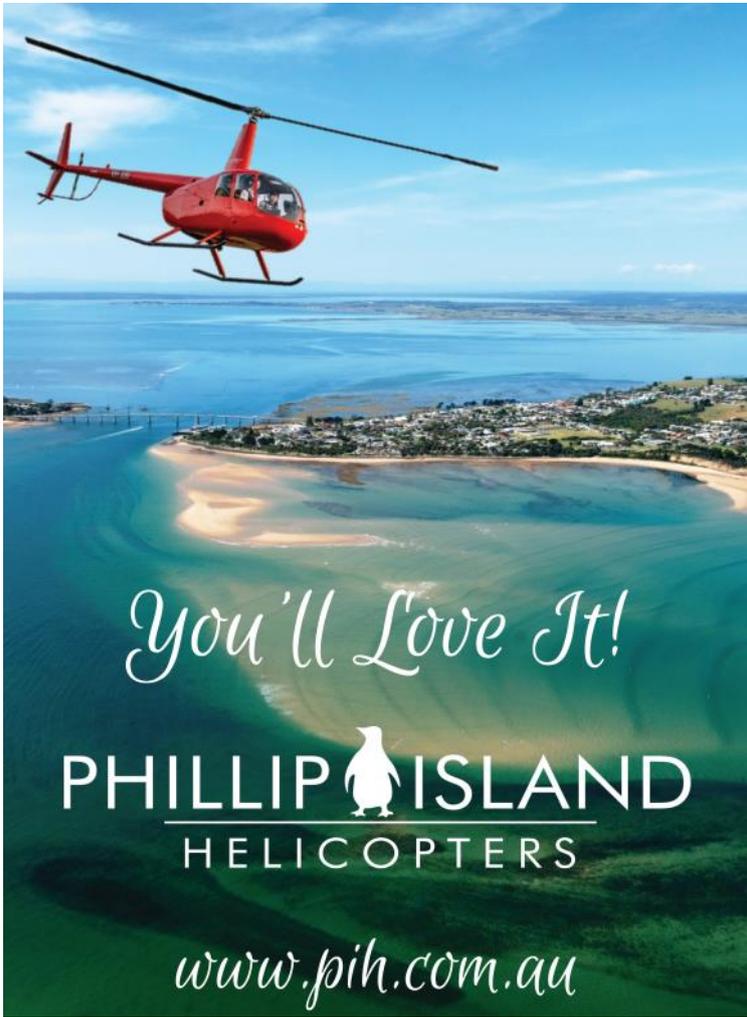
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*Dignity Matters Support Service is passionate about fostering empowerment, respecting confidentiality and excelling in everything we do.*



**Kerryn Pascoe - Service Manager**

Member ACWA, CIDESCO

Mobile: 0488 0987827



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# NO ONE'S UNSINKABLE

To all those Unsinkable Guys out there –

You might think it's safe to have a few drinks around water, skip the lifejacket when you're out on the boat or go for a swim without checking the conditions.

But statistics prove that 4 out of 5 drownings are men.

Just remember that no one's unsinkable.

Q UNSINKABLE GUY

**RETHINK  
TAKING RISKS  
AROUND  
WATER**





## Let's get cooking

Simple and delicious recipes from Paul at Hill Top Farm Butchers

### Lamb curry with onion Bhaji



#### WHAT YOU NEED AND WHAT TO DO:

1 kg diced leg lamb  
 2 tablespoons Hilltop Farm curry powder  
 1 onion chopped      2 cloves garlic chopped  
 1 tablespoon ginger chopped  
 Oil to fry      Lamb stock or vegetable stock  
 Fry lamb in 1/2 the oil until brown and remove from pan. Add remaining oil and fry all dry ingredients until onions are brown. Add meat and stock simmer for 2 hours. Remove lid and thicken sauce.

#### Onion bhaji

2 onions sliced      Bunch coriander chopped  
 1 pkt Hilltop Farm Bhaji mix  
 1 cup chick pea flour      Salt to taste  
 1/2 Cup water

Mix all ingredients in large bowl until it forms a thick batter. Remove a large spoonful of onion mixture. Add to deep fryer. Fry until golden brown and floats to the top. Remove and drain well.



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## Looking forward to supporting our business members & community in 2022

OUR PURPOSE: To initiate and facilitate connection and collaboration in supporting businesses that will enhance the sustainability of the Phillip Island economy and community

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A Maze'N Things Holiday Park	Phillip Island Glamping
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Anything Goes	Phillip Island Golf Club
Abicor Southern	Phillip Island Holiday Homes
Baden's Art Caravan	Pino's Trattoria
Barefoot Potential	Pioneer Kayaking
Bass Coast Paintball	Poppy in the Willows
Bass Coast Shire	Priceline Pharmacy
Bassine Speciality Cheeses	Purple Hen Wines
Betty's Glass	Phillip Island Chocolate Factory
Cheeky Goose	Phillip Island Community and Learning Centre - PICAL
Coastal View Financial Services	Phillip Island Getaway
Connection Accounting	Phillip Island Helicopters
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Hilltop Apartments	The Islander
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Kaloha Resort	Tropicana Motor Inn
Leonards & Associates	Videre Consulting Pty Ltd
MAS Training	Warook Farm
National Vietnam Veterans Museum	Westernport Water
North Pier	Wildlife Coast Cruises
Offshore Design	Wild Food Farm
P.I Art & Craft Community Gallery	Willow's Pantry
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## Phillip Island Camera Club "Making Photography Fun - Have you tried Black and white photography?"

You may think that shooting in black and white is totally forgotten and under-appreciated. Our world is dominated by colour and vibrancy, however black and white images can make stark, dramatic and powerful statements, even in the 21st century. Black and white images have been described as 'timeless'. Some have gone so far as to call it the purest form of photography, simply because it doesn't allow the viewer to get distracted by multiple shades of different colours. If you always shoot in colour you should consider trying black and white shots. You'll learn some new approaches as well as to appreciate techniques that you don't really have the chance to do with colour photography.

With monochrome, the viewer simply gets to focus on the most fundamental building blocks of a highly engrossing shot: shape, texture, pattern, tonal contrast, form and of course, lighting.

Below are a few tips from the experts that you can follow when shooting black and white or monochrome images:

- Shoot in RAW (rather than JPEG format)
- Find or create a wider range of midtones
- Watch out for lines, shapes, textures, and patterns
- Review your shots to make sure you have 'pure' black and white along with a range of greys
- Capture landscapes and seascapes – long exposure shots can work really well in monochrome photography, especially where there's moving water or clouds.
- Use lens filters i.e. graduated neutral density (ND grad) and polarizing filters.
- Look for contrast
- Improve your framing
- Prioritise subject placement

One of the most important points to remember in black and white photography is to use contrast so the elements just pop right off the picture. To avoid a 'muddy' image, where just shades of grey are prevalent, ensure your images have 'clean' or pure blacks and whites that are not diluted with shades of grey.

Shooting a scene or subject in black and white can make your images appear more dramatic and emotive. Viewers appreciate the sense of nostalgia in black and white photography, while others appreciate the minimalist beauty of these photos as it does away with the distraction of colour, leaving you to focus on the most important parts of the image. Monochromes may not easily grab attention in the same way that coloured images do—but that's exactly the point. With black and white photos, the goal is not to grab the viewer's attention, but to make them wonder and contemplate. And to achieve this, the photographer must make the photo all the more compelling. So, how about giving black and white a shot?

References: How to take breathtaking monochrome images like a master | Contrastly  
<https://contrastly.com/monochrome-photography/>

Monochrome Photography: 10 tips for compelling black & white photos - 42 West, the Adorama Learning Centre

<https://www.adorama.com/alc/monochrome-photography-10-tips-for-compelling-black-white-photos/>  
 Petapixel

<https://petapixel.com/2014/11/24/6-black-white-photography-tips-monochrome-enthusiasts/>  
 If you found this article of interest and would like to find out more go to <http://www.phillipislandcameraclub.com.au/> For more information on Phillip Island Camera Club phone Jenny on 0408 355130.



*Just Us 2 by PICC member, Brenda Berry. The image of the two pelicans which have been carefully framed in this image, includes contrasts of pure black, white and greys. Brenda gained a 'highly commended' evaluation for this image. Image is copyright of the photographer.*



*Churchill Road by PICC member, Brenda Berry. The lighting captured in this seascape image and the silhouette of the tree provide a very dramatic effect. Brenda gained a 'highly commended' evaluation for this image in the PICC monthly judging. Image is copyright of the photographer.*

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## SUMMERLAND PENINSULA NAMED IN NEW YORK TIMES ICONIC LIST OF 52 PLACES TO VISIT

Phillip Island Nature Parks is delighted that the Summerland Peninsula has been listed in this year's New York Times list of 52 places to visit, but the entire community should feel proud.

"We've always known how special this area is, but to be recognised on such a global scale alongside other spectacular destinations is really exciting," said Phillip Island Nature Parks CEO, Catherine Basterfield.

This year, the annual New York Times '52 Places' list focuses on destinations where visitors can be part of the solution to problems such as climate change and over-tourism.

Ms Basterfield said the recognition is testament to the remarkable conservation efforts that have protected Phillip Island's little penguins from potential local extinction to become the thriving and much-loved colony we see today.

"We have such an important and ground-breaking conservation story to share and the more people we can share it with, the better," Ms Basterfield said.

"Our little penguins rose to global fame when Live Penguin TV livestream launched in 2020, capturing the hearts of more than 25 million viewers – and their international stardom is showing no sign of slowing down!"

The Nature Parks looks forward to another year of making people smile while they share in protecting the penguins and their environment.



Don't travel to high risk areas on **Extreme Fire Danger Rating** days.

If you plan to travel through Victoria, during fire season, it's important to check the Fire Danger Rating every day. If the rating is Extreme or above, avoid travelling to high risk areas, including to cities and towns.

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# Preparing for, managing and avoiding COVID-19

Bass Coast Health and Bass Coast Shire Council have joined together to provide information to help you prepare for isolation, to manage COVID-19 if infected and how to have the best chance of avoiding the virus.

## Prepare

- **Food and supplies:** Ensure you have a week's worth of food and supplies on hand such as frozen meals, paracetamol, tissues, surgical face masks and sanitiser if you don't live alone in case you need to isolate
- **Organise:** Someone to shop for you or create an online account with local supermarkets that deliver
- **Isolation:** If you don't live alone consider where an infected member of your household can isolate away from other members
- **Entertainment:** Consider entertainment for your isolation period – books, movies, creative projects



## Manage

- If you test positive, you will need to isolate at home for 7 days
- You will be contacted by someone from the Gippsland Region Public Health Unit who help you work out whether you can self-manage or whether you need assistance and monitoring
- Most people with COVID-19 can treat their symptoms at home - treat it like a cold and drink plenty of water, have paracetamol regularly and rest
- Inform your contacts that you have been infected
- If you are unable to have food delivered, contact the Coronavirus hotline on 1800 675 398 (and select Option 5) to enquire about emergency relief packages. Alternatively visit [www.askizy.org.au/food](http://www.askizy.org.au/food), a free and anonymous website to find a food charity near you
- Keep in touch with family, friends and neighbours while you isolate to aid your mental health

## Avoid

- Wear a surgical face mask when out and about
- Sanitise your hands often
- Stay 1.5m apart from others and avoid crowds
- Gather outside where possible and if inside, open doors and windows to allow ventilation
- Avoid touching surfaces in public places, such as handrails, and sanitise your hands if you do



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## Healthy and Healing with Pip

### Things to appreciate about a pandemic

I feel that it's about time to reframe this world-wide situation.

How can you appreciate a pandemic?

Well grab a cuppa and indulge me.

There's always many ways to see a situation. You've probably experienced this with siblings who grow up in the same family, sometimes see their upbringing in very different ways, and it really affects their experience of life. They do say 'perspective is everything.'

So, here are some ways that I have come to appreciate and even be grateful in the past 2 years:

I've appreciated shopping locally ... I don't miss big stores and shopping centres. Thank you COVID19!

I've appreciated connecting with friends and family via zoom and Facebook. I live alone so I've had to make more effort to stay in touch. Thank you COVID19!

I've appreciated pivoting my business from a hands-on massage focus to an online coaching focus. It's more profitable now. Thank you COVID19!

I've appreciated conversations about core values, beliefs, emotions and mental health ... we are not just physical beings ... it is essential to understand and take care of these aspects. Thank you COVID19!

I've appreciated letting go of people who don't resonate with me ... and haven't for many years, in truth. Thank you COVID19!

I've appreciated the people who have alternative views to the mainstream media narrative, for keeping our minds open, our leaders accountable and reminding us that integrity and transparency are important. Thank you COVID19!

I've appreciated the food delivery companies and takeaway cafes that allowed me to still get my favourite treats and morning chai latte. Thank you COVID19!

I've appreciated the government's financial support of my business, that allowed me to stay open, adapt and still serve my clients. Thank you COVID19!

I've really appreciated my island home ... this space has felt safe - while other places in the world seemed to be messy and chaotic. I'm grateful I stayed here. Thank you COVID19!

I've really appreciated my tribe of healers and like-minded friends, who stayed open, kind and compassionate and helped me take care of myself throughout this intensely stressful time in history. Thank you COVID19!

It's not just me having these big shifts in perspective and aha moments ... I'm hearing it a lot.

I've heard people say that we are creating a "new world order". And I say Yes! One that focuses less on what we can gain from others and more on how we can support others.

It's a world with more transparency.

A world that is more sustainable.

A world that is refocused on local.

A world that cares about each other.

I'd love to hear about what you appreciate about the pandemic.

Please send me an email or jump on Facebook and share your thoughts.

Blessings Pip

Pip Coleman

*Author, Reiki Master Coach, Speaker, Intuitive Interviews, Bowen Therapist (ISBT), Advanced Angel Intuitive, Meditation & Psychic Development Teacher.*

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## PHILLIP ISLAND AND DISTRICT HISTORICAL SOCIETY

### The Tale of Two Bridges Written by Pamela Rothfield Part I – The First Island Bridge

I have heard people say that the best view of Marvellous Melbourne is from the rear-view mirror on your journey back to Phillip Island. Whilst this may be a little harsh, it does prompt the exploration of that taken-for-granted car journey that we all make from time to time.

In the early days of European settlement on Phillip Island, sailing vessels and steam ships were the mainstay in the transportation of supplies and passengers into Western Port. Horses and cattle were moved on to and off the Island by swimming them across the 'Narrows' – that waterway between San Remo and Newhaven – behind a boat being rowed, when the tidal influence was at its weakest intensity. This process was nevertheless incredibly dangerous and arduous. Sheep and cattle were moved by punt, towed behind a ferry which proved to be a very slow and onerous process.

There were various ferry services which served the Island's population and visitors well dating back to 1872. Visitors to the Island and locals would arrive in Cowes by ferry from Hastings on the Mornington Peninsular having been transported there by horse drawn coach from Melbourne - but the motor car was to change the dominance of the passage to the Island by sea.

As ownership of automobiles grew exponentially, changes to the landscape were also beginning to take place. Roads were being improved and by 1916 'convenient' kerbside petrol pumps were replacing the need to purchase your four-gallon tin of petrol from the grocers or hardware shop. Safety concerns with the kerbside pumps saw the introduction of the drive-in service station starting in 1926.

It was also in 1926 that the Frankston & Somerville Standard reported that the Island had seen exponential growth in visitation from 13,000 holiday makers in the summer of 1923 to almost double in 1926 with 25,000. Visitors arrived at Stony Point either by train or by automobile and then the ferries s.s. Genista or s.s. Alvina would complete the journey.



In 1928 a two-car punt was introduced to allow automobiles to cross to the Island between San Remo and Newhaven and also

served to transport stock for farmers. The following year a six-car punt was introduced in the same location.

The backdrop to this hive of activity of getting automobiles on to Phillip Island was the running of the first motorcar road race comprising 26 competitors racing over a distance of 100 miles. Scheduled to run on the Sunday – but postponed due to heavy rain until the following day, Monday March 26, 1928 – it attracted 1,000 people – reportedly the largest crowd ever to visit the island in one day - flocking to Phillip Island to witness the first Grand Prix held on Australian soil.

The demand for easier transport for automobile access on the Island was very evident and although a number of ferries were able to offer vehicular transport, with the vehicle being hoisted by crane on to the deck, the capacity was limited and the process slow. In 1931 the roll-on/roll-off vehicular ferry Killara, capable of carrying 36 cars and 600 passengers, made its last trip on Sydney Harbour. It was later purchased by Mr. A.T.K. Sambell of Phillip Island for the Western Port service.

By 1932 the Shire of Phillip Island supported the construction of a dock at Cowes for a roll-on/roll-off vehicular ferry operation and by the end of 1933 the Killara, after a major refit, commenced work on the Stony Point to Cowes vehicular ferry service.

Although it is understood that local resident, Richard Grayden harboured dreams of a Phillip Island bridge for many years prior, it was in 1936 when holding the position of President of the local branch of the Country Party, who were in Government at that time, that practical moves to investigate the possibility of a bridge linking the Island to the mainland took hold.

One imagines that Richard Grayden, upon seeing the wheels of bureaucracy turning at a glacial speed, was prompted to form the 'Bridge League' in 1937, an association committed to accelerating the progress of the bridge. This group, which soon boasted some 300 members, proved to be strong and continued to lobby the Government of the day as to the economic and social merits of building a bridge.

However, it may also have been the violent northerly gale which smashed the jetty ramp in Cowes rendering it unusable for the car ferry, Killara to dock on Easter Sunday in April 1938 that was the catalyst for an accelerated decision by the Government of the day. The damage left some 400 passengers stranded. Six months later during a weekend visit to Phillip Island in November 1938 the Premier Albert Dunstan announced that the Phillip Island bridge would be built at a cost of £ 30,000.

The very next day, engineers from the Country Roads Board surveyed the site and the first pile was driven in April 1939.



With limited funds, the engineers faced the challenges of bridging the raging tidal waters between San Remo and Phillip Island. The bridge also had to be of a height allowing for the clearance of commercial fishing and other vessels to pass underneath without interference. Consequently, it was decided that the construction of a suspension bridge spanning almost 1,800 feet (approx. 540m) in length and 18 feet (approx. 5.5m) wide which would cater for loads up to six tons would be built. There was no provision for a pedestrian footpath, but there were six refuges dotted along the length of the bridge, which pedestrians could use as protection from traffic when crossing the bridge.

Due to the restrictive budget, much of the materials used for the bridge were second hand. The main cables were from the North Shore Bridge in Sydney and the suspender cables running vertically, which supported the wooden roadway, were from the cable car system in Melbourne.

The first Phillip Island bridge costing £ 62,000, twice what was originally anticipated, was opened by Premier Dunstan on Friday 29 November 1940, which was declared a public holiday on Phillip Island. This beautiful suspension bridge served the local community for almost 30 years.



The Bridge, San Remo, Vic

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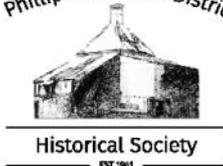
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Phillip Island and District



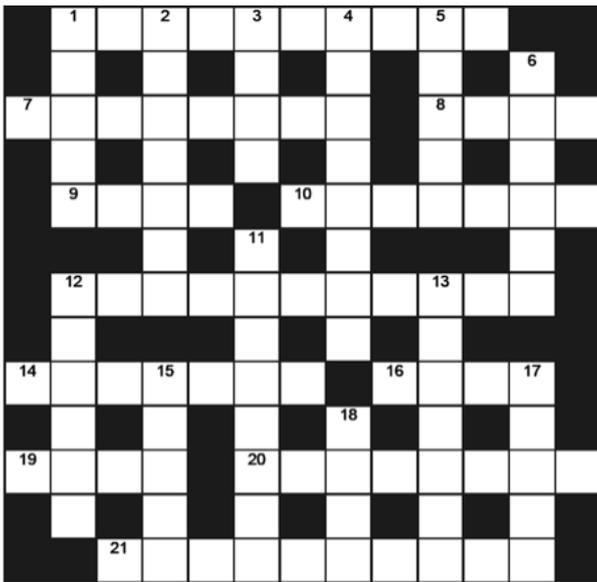
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Phillip Island & District Historical Society

# Brain Food

Find all the answers & solutions to Puzzles  
& Quiz on page 26 (No peeking!)



## Vibe Quick Crossword

### Across

- 1 Greeting (10)  
7 Cardigan (8)  
8 Test (4)  
9 Stalk (4)  
10 Receives (7)  
12 Stop (11)  
14 Groups (7)  
16 Feral (4)  
19 Cut (4)  
20 Fantasised (8)  
21 Large animal (10)

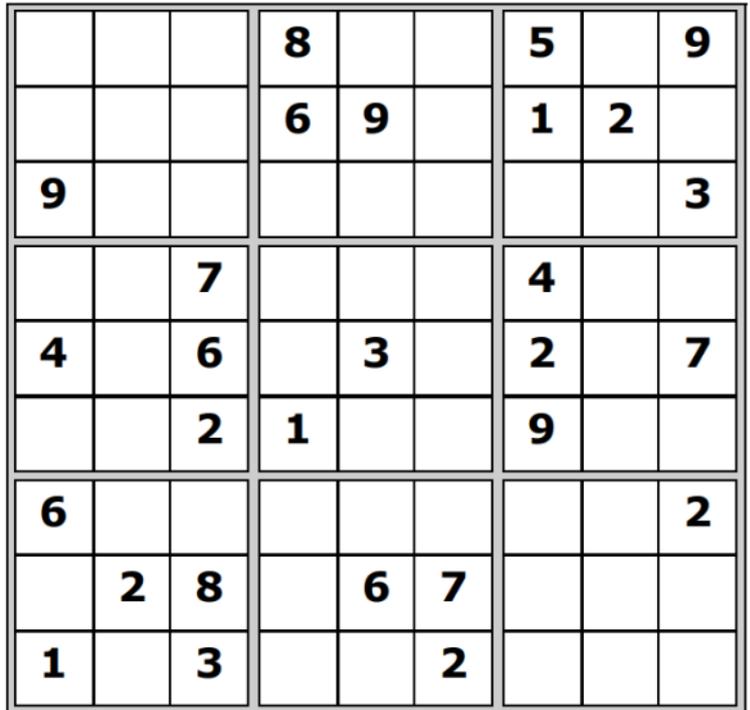
### Down

- 1 Dodgy ventures (5)  
2 Climbing tools (7)  
3 Pulls (4)  
4 Perseverance (8)  
5 Very overweight (5)  
6 Fight (6)  
11 Unity (8)  
12 Lovingly (6)  
13 Louder (7)  
15 Trap (5)  
17 Arranged fights (5)  
18 Powder (4)

## TRIVIA QUIZ



1. Which is the second most populous city in Germany? 2. "Walking through the high dry grass" is the opening line of which Midnight Oil song? 3. Chronomentrophobia is a fear of what? 4. What creatures are the Canary Island named after? 5. The Japanese drink sake is made from what? 6. In which religion is Divali or Diwali a festival? 7. In the phonetic alphabet, what does the letter "O" stand for? 8. Where on a bird would you find its nares? 9. The radius and what other bone are in your forearm? 10. The Galapagos Islands belong to which country? 11. What is a butter making machine called? 12. Used by horse riders, what is a quilt?



**Vibe Sudoku** Each row, column and sub-box must have the numbers 1-9 occurring just once.

## WHO AM I?

- I was born on the 3rd of October 1969.
- I was named after a stewardess from the 1968 novel 'Airport'.
- My father Dennis worked as a Yamaha marketing executive and my mother Patti worked as an accountant.
- My eldest brother Eric was a keyboardist and invited me to join his band before he left to pursue a career in animation on The Simpsons.
- In 2002 I married the British musician Gavin Rossdale, who is famous for being the lead singer and guitarist for the band Bush.
- In 1986 the ska band Eric asked me to join as the vocalist, was called No Doubt.
- Our third album, Tragic Kingdom was hugely successful. I left college for a semester to tour this album but the tour lasted two and a half years so I never returned to college.
- The album Tragic Kingdom included hits such as, Spiderwebs, Just a Girl and Don't Speak.
- I have won three Grammy awards throughout my career, two with No Doubt and one for my solo work. In 2015 I started dating Blake Shelton who co-starred with me on The Voice.
- My surname is Stefani and my first name starts with a G.

## ENSURING BASS COAST IS FIRE READY FOR SUMMER

As the fire season approaches, Bass Coast agencies have been working hard to ensure the region is prepared while locals and visitors are being invited learn more about fire safety.

The Fire Danger Period for Bass Coast has been declared from 10 January to 1 May 2022.

Bass Coast's Fire Risk Working Group makes sure our region is fire ready through the Municipal Fire Management Plan, which identifies different levels of bushfire risk for different localities and identifies how to reduce the risk.

Members include the CFA, Victoria Police, Parks Victoria, the Department of Environment, Land, Water and Planning (DELWP), Phillip Island Nature Parks, Bass Coast Shire Council and VicRoads. The agencies work together with AusNet Services, Westernport Water and South Gippsland Water to plan for potential bushfire emergencies in Bass Coast.

Phillip Island Nature Parks Ranger in Charge Ben Thomas said the Nature Parks was busy preparing for the fire season with rangers undergoing firefighter training, a new dedicated fire unit introduced, and extra resourcing brought in for slashing and widening fire breaks. "Our primary prevention activities include vegetation management and slashing of strategic fuel breaks near residential areas, along with education, ranger patrols and enforcing park regulations," Mr Thomas said.

Tim Bessell-Browne, Parks Victoria, Ranger in Charge - Fire and Emergency (South Gippsland District) said Parks Victoria was also well prepared.

"Parks Victoria is well prepared for the upcoming fire season with our seasonal Project Fire Fighter staff recruited, trained and ready to respond with the wider Parks team in the event of fire. Parks Victoria works as part of Forest Fire Management Victoria and other partners, including the Country Fire Authority, to respond to fires across private and public land," he said.

"The recent spring season has seen an amazing grass growing period. If we have a dry spell in the area, this grass will dry out and pose a higher risk of fast moving grass fires. Our team are working hard to keep this grass down by slashing fuel breaks and access trails."

Bass Coast Shire Council Mayor, Cr Michael Whelan, says it's important to be

vigilant about fuel loads.

"It's fair to say that we've been distracted by the pandemic for the last two years but we shouldn't forget the horrors of the Black Summer bushfires in late 2019 and early 2020.

"These were devastating for so many Gippsland communities as well as our tourism businesses.

"We all have a part to play to keep our fuel loads down and minimise the risk of anything like this happening again.

"Fast-moving grass fires are the biggest risk in Bass Coast and can catch people off-guard. We are used to the green countryside and may not notice that the fire danger has increased significantly after a few hot and windy days.

"As of 1 January, under the Local Laws, we'll be issuing a \$300 infringement to property owners within the townships with reported grass over 30cm long.

"Council Fire Prevention Officers have also been inspecting blocks and issuing a Notice to Comply to property owners with long grass and they then have 21 days to cut it or Council organises a contractor to do it, with the property owner bearing the cost.

"We're keen to have a safe summer season that's enjoyable for everyone and don't forget to download the VicEmergency app."

"If you are a local or a visitor to Bass Coast, you must have a Plan of what you and your family will do on those high risk fire danger days. It's important to have a plan for those Fire Danger Rating days of Severe, Extreme and Code Red to not be around areas of high risk and look at alternative activities for the day."

Victoria Police will be conducting targeted patrols during the Fire Danger Period. Anyone detected lighting fires or using illegal fireworks during the Fire Danger Period will be prosecuted.

Anyone who sees anything suspicious is encouraged to contact Police on 000 or Crime Stoppers on 1800 333 000.



*Ben Thomas, Phillip Island Nature Parks; Brian Martin, Parks Victoria; Joseph Alexander, Department of Environment, Land, Water and Planning; Scott Morrison, Acting Senior Sergeant Bass Coast; Joe Myall, 3rd Lieutenant of the Phillip Island Fire Brigade; and Corin Spencer, Bass Coast Shire Council.*



# COMMUNITY NOTICEBOARD

If you're a not for profit club or organisation, you can list your meeting times and contact details here free of charge. If you're not listed and would like to be email us at: [phillipislandvibe@outlook.com](mailto:phillipislandvibe@outlook.com)

**Red Cross, Phillip Island Branch** meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Ron Hateley 59522549 or Averil Roberts 59522602.

**Phillip Island Lions Club** - Steptoos Emporium - Outdoor Trash and Treasure market every Sat and Sun 9.30 - 12.30pm. Dunsmore Rd, Cowes. (Next to Transfer station.) Ph. 59002896 or email - [lionsclubphillipisland@gmail.com](mailto:lionsclubphillipisland@gmail.com)

**Phillip Island Bicycle User Group** Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Trevor Hayes 0408 574360.

**Phillip Island Bridge Club** duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400 815353.

**Phillip Island Girl Guides** Girls and volunteers both welcome. Girls aged 7-14 on Tuesdays 7-8pm. Contact Emma Hadrian 0432 349335 or email: [emma.hadrian@guidesvic.org.au](mailto:emma.hadrian@guidesvic.org.au)

**Phillip Island Club (Senior Citizens)** Carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Fridays 12noon, 3 course lunch \$15. Island Celebration Centre Hall for hire. Phone 5900 2921 or 0431 867058 for more information.

**Phillip Island Community & Learning Centre (PICAL)** recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, [www.pical.org.au](http://www.pical.org.au) or pop in at 56-58 Church St Cowes.

**The Probus Club of San Remo** 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Dianne Glanz 0417 610 611 or [probussanremo@gmail.com](mailto:probussanremo@gmail.com)

**Phillip Island Scout Group – Cubs:** Wed 6.30pm-8pm, **Scouts:** Thur 7pm-9pm, **Venturers:** Mon 7pm-9pm. Located at Bluegum Reserve, Dunmore Road Cowes. New members welcome. Email: [gl.phillipisland@scoutsvictoria.com.au](mailto:gl.phillipisland@scoutsvictoria.com.au)

**Phillip Island World Vision Club** 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members welcome. Call Thelma 56785549.

**IAA Island Astronomy Association Inc.** Our Club meets on the second Monday night of each month at 7.15 start. New members are very welcome. To find out more details please contact Eden White [edendwhite74@gmail.com](mailto:edendwhite74@gmail.com)

**Phillip Island Masonic Lodge** - meets every 2nd Wednesday of the Month at 7.30pm (opposite Coles supermarket) New members and visiting brethren welcome. Hall for hire - contact Ian Samuel 0413157284.

**Lions Club of San Remo & Newhaven** 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Secretary Andrew Page 0410 785081, 56780162 or [sanremo.newhavenlions@gmail.com](mailto:sanremo.newhavenlions@gmail.com)

**PIRSL Community Men's Shed** meets at the rear of the RSL every Tues, Wed & Thurs mornings 9am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438 808428 or 59526955.

**Phillip Island TOWN Club Weight Loss Group** Thurs 9-11.00am, Ryhll Hall. Joining fee \$48, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414 709066

**Phillip Island Croquet Club** new members welcome. Contact Ken 59568803 or David 0412485913, Blue Gum Reserve Dunsmore Rd, Cowes.

**The National Vietnam Veterans Museum** needs volunteers to work in the front of house sales area, particularly on weekends. Contact Julie on 5956 6400 if you are interested in joining our fantastic team.

**Phillip Island RSL Day Club** every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises, guest speakers and outings. Transport can be arranged if necessary. Ph: PIRSL Reception on 5952 1004.

**Euchre at the RSL** Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Bob Hee 0418 173388.

**Phillip Island Camera Club** meets 1st Monday of the month, Newhaven Yacht Squadron Clubrooms, 1:30 - 4pm. Contact Jenny on 0408355130 or email [phillipislandcameraclub@gmail.com](mailto:phillipislandcameraclub@gmail.com). For more information go to [www.phillipislandcameraclub.com.au](http://www.phillipislandcameraclub.com.au)

**Country Women's Association**, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

**Phillip Island Swim Club** must be competent in 3 out of 4 strokes and looking to extend skills with qualified coaches. [Swimclub@waterfront.net.au](mailto:Swimclub@waterfront.net.au)

**Phillip Island & District Genealogical Society** discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418 178343 or [piadgs@gmail.com](mailto:piadgs@gmail.com)

**Phillip Island Adult Riding Club Social & HRCav** horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact us via email: [phillipislandadultridingclub.com.au](mailto:phillipislandadultridingclub.com.au)

**Cape Woolamai Coast Action** is a volunteer group who meet on the second Saturday Monthly from February to November. We undertake general maintenance and plantings along the Cleeland Bight foreshore. Meeting at Cottlesloe Ave 8.00am to 10.00am followed by morning tea. Ph: Marg 0419007758  
Email: [capewoolamaica@gmail.com](mailto:capewoolamaica@gmail.com)

**Phillip Island-San Remo-Bass Coast Vegan Community** Sharing and promoting what's vegan & plant based. Everyone welcome. [phillipislandbasscoastvegans@gmail.com](mailto:phillipislandbasscoastvegans@gmail.com)

**The Probus Club of Phillip Island Inc** meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info Chris Cannin 0434 489011 or Ash Rizvi 59521604.

**Phillip Island Medical and Health Action Group** PIMHAG Meets the second last Thursday of the month 5pm-6.30pm PIRSL New members welcome Contact Sec Linda Marston 0428 344 726

**Phillip Island Day View Club** proudly supporting The Smith Family. Feb-Dec - 4th Monday of the month at 11am, Phillip Island Golf Club, Cowes. Bookings essential. New members welcome. For information contact Ann Finger 0439 399829.

**Phillip Island & District Historical Society.** Cowes Heritage Centre, contact Secretary Christine Grayden 0400 900612. Check out our History on pidhs.org.au.

**Phillip Island Library** is closed for the redevelopment of the Cowes Cultural centre the new library facilities. Our Click&Collect and returns location is Phillip Island Community and Learning Centre 56/58 Church St., Cowes. Library items may be returned outside the office at PICAL 24hrs and pick-up of holds is available on the following days: Tues 1.00-4.30pm : Wed 9.30-2pm : Thursday 9.30-1pm.

**Friends of the Library** book chat 1st Wed of every month at 2pm, Feb-Nov. Phillip Island Library. Friends of Library meeting 10.30am, 3rd Sat of every month. New members welcome. Call Celia 59521901.

**South Coast Speakers Toastmasters** meets every 2nd and 4th Wed of month, 7.30pm at San Remo Hotel. Develop oral communication and leadership skills. More information Brigitte Linder 0421 812691

**San Remo Bowls Club** Summer. Every Wednesday 12.30pm for 1pm start. Stick draw. New bowlers and visitors most welcome. 1a Wynne Road, San Remo, next to Recreation Centre. Ph 56785558.

**Phillip Island Patchworkers** We meet Monday Nights at 7.30 p.m. The first, second and last Tuesday of the month at 10.30 a.m. also first and third Friday of the month at 10.00 a.m. and Corinella Crafties second and fourth Wednesday of the month 10.30 a.m. For more information please contact Gayle Rowden 0400634282 or Lyn Arnold 0429481875.

**Newhaven Indoor Bowling Club** meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Age group 60-90 years. Call Dagmar 59566965.

**"Bee Crafty" Community Craft** Group is meeting fortnightly on Wednesdays at St Phillips Church Hall , Thompson Avenue, Cowes (opposite Coles). All are welcome. For further details Desma Maxworth 0409 136 620.

**Boomerang Bags Phillip Island and San Remo** Volunteers sew re-usable bags to supply local shops and reduce plastic. Sewing bee every Wednesday 10am-4pm Garden Room 2, PICAL 56-58 Church St Cowes. Everyone welcome (no sewing experience necessary).

**PARKRUN**- free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island ([www.parkrun.com.au/phillipisland/](http://www.parkrun.com.au/phillipisland/))

**The Phillip Island Miniature Light Railway Inc.** Secretary, Bev Munro, 0417 578 435 or Facebook. New members welcome.

**SES San Remo Unit** trains every Thursday at 6:30 pm at 14 Davis Point Road, San Remo. Come and meet our friendly group, see what we do. We have a role for everyone. For information email [sanremo@ses.vic.gov.au](mailto:sanremo@ses.vic.gov.au)

**Rotary Club of Phillip Island and San Remo** Our friendly Club helps care for & brings our Community together through fund raising & community activities, including running our Cowes Op Shop. New members & volunteers are always warmly welcomed. Please call President, Judy Lawrence for more info: 0418 325 055.

**MS Community Visitors Scheme** in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email [volunteer@ms.org.au](mailto:volunteer@ms.org.au)

**Phillip Island Community Meal** operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St and Warley Ave, Cowes. Facebook

@cowescommunitymeal

**The Artists' Society of Phillip Island, ASPI**, is for a wide range of artistic expression from the field of Visual arts through to writers and poets. There is a program of regular activities including Textile Arts, Portraits, Life Drawing, Appraise & Connect, Come & Create, and the Ibis Writers group. Workshops held throughout the year. New members are very welcome. For further information contact [aspicommittee@gmail.com](mailto:aspicommittee@gmail.com) or Miranda 0400 927 076 .

**First Friday Philosophy Lunch** We meet once a month over lunch at the Wild Food Farm, on the Rhyll Newhaven Road at Rhyll. We discuss some of the big questions about life, the universe and everything. Newcomers are very welcome. \$35 (including a two course lunch). Bookings or enquiries to John Buttrose: [jbuttrose54@gmail.com](mailto:jbuttrose54@gmail.com)

**Narcotics Anonymous** meets weekly Sundays 5-6pm, St Phillips Anglican Church, 102 Thompson Ave, Cowes. New members welcome. For more information contact 03 9525 2833 or [na.org.au](http://na.org.au)

**The Phillip Island Medical and Health Action Group (PIMHAG)** advocates for improved medical and health services for Phillip Island and San Remo. PIMHAG welcomes new members. Please contact Secretary [linda@marston.com.au](mailto:linda@marston.com.au) or 0428 344 726 for more information.

**Woolshed Spinners** meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact Robyn Holman 0429 700 492.

**Phillip Island Health Hub Auxiliary** meets 1st Wednesday of every month at 1.30pm at the PI Health Hub in Cowes. We fundraise to purchase much needed equipment for specialists and medical staff offering services at the Health Hub. New members very welcome. For more info – Wendy 0417 245 692.

**Phillip Island Bowls Club** 40 Dunsmore Rd, Cowes. New members welcome, open to all ages. Social bowls every Thursday at 12noon and barefoot bowls over Christmas holidays. Corporate bowls from January till March. Free coaching available. Come and give it a try - contact George Mol on 0407 851065.

**Phillip Island Community Art & Craft Gallery** Contact Secretary Aleta Groves 0419 525 609 or email-[info@phillipislandgallery.com.au](mailto:info@phillipislandgallery.com.au)

**Ibis Writers** is a group of local writers who meet once a month to support and encourage one another, share writing opportunities and offer each other feedback on work in progress. All writers, beginners or experienced, poetry, fiction or non-fiction, are welcome to join. Contact Lorrie Read 0425 858 067 or Ian Robinson 0407 240 024 for more information, meeting dates, etc

**Rotary Op Shop, Cowes** Run and staffed by Volunteers from all walks of life, including Rotary Club members, our Op Shop is a wonderful, fun place to volunteer, help the community & meet new people! New volunteers always welcome, please call Rotary Op Shop Coordinator, Diane for more info: 0417 577 082

**Cowes AA Big Book/Steps Meeting**, 7pm Tues nights, St. Phillips Anglican Church. Corner Thompson Ave & Church St.(opp. Coles) Ph. 0417 317470

**Island Voice Meets** last Wed of the month 5.30- 7pm PIRSL New members welcome Contact Sec. Linda Marston 0428 344 726.

# PUZZLE SOLUTIONS

WHO AM I SOLUTION: GWEN STEFANI



2	6	1	8	4	3	5	7	9
7	3	4	6	9	5	1	2	8
9	8	5	7	2	1	6	4	3
3	9	7	2	8	6	4	1	5
4	1	6	5	3	9	2	8	7
8	5	2	1	7	4	9	3	6
6	4	9	3	1	8	7	5	2
5	2	8	4	6	7	3	9	1
1	7	3	9	5	2	8	6	4

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**ANSWERS TO TRIVA QUESTIONS** 1. Hamburg 2. King of The Mountain 3. Clocks 4. Dogs 5. Italy 6. Rice 7. Oscar 8. On its beak (two little holes on top) 9. Ulna 10. Ecuador 11. A Churn 12. A whip

### Whodunit Solution to the Locked Cottage Mystery

Inspector Flint looked at Leroy. "If it turns out to be murder, I'll shout you coffee and cake and maybe you can have the bigger slice! "Good" said Leroy. I think the nephew killed her. He must've come by last night for dinner. That's when he drugged her cocoa mix." "Okay then clever boy" And how did he come to lock up the house from the inside, huh?"

"He didn't. He left and Ms. Karina did her regular routine. She locked up, sat in front of the fire, drank her cocoa, and went to sleep. But the nephew was waiting outside. He went to the gas valve on the side of the house and turned it off. That made the fire go out. A minute later, he turned the gas back on." Inspector Flint smiled. That's very clever. With any luck, we'll be able to lift his prints from the gas valve. But what makes you say it's the nephew and not the niece?" "Because the nephew was scratching his arms. It looks like poison ivy—from the poison ivy bush right next to the valve." Flint acknowledged his friend's genius with a smile and a nod and got ready to make the arrest.

### PHILLIP ISLAND SENIOR CITIZENS MONTHLY UPDATE

Thank you to our table holders and everyone who visited our recent garage sale. You are all beautiful people who helped our club greatly. Thank you. And thank you too for complying with current covid rules and showing your vaccination certificates and wearing masks indoors. It shows just how much you care about our club and our elderly members health and for that we are very grateful.

Our lunches this year will be on the first Friday of every month and you can call to book anytime for the month ahead. But don't leave it too long as we might fill up quickly depending on covid allowances for hospitality, which we come under when serving lunch. Our phone numbers are 5900 2921 or 0431 867 058. Our secretary Liza is always very happy to take your call.

Living on the island at the moment can cause you to feel a little anxious with no access to a testing tent or current access to RAT tests, especially if you can't get to Wonthaggi. Below is a service you can call to get someone out to give you a covid test.

The Call-to-Test service is for people who have COVID-19 symptoms and cannot leave home due to injury, mobility or other eligible reasons. The Call-to-Test service is available to:

- people with an injury, chronic health issue, or frailty affecting mobility
- people with moderate to severe physical or psychosocial disability
- people with moderate to severe mental health or behavioural issues not otherwise classified as a psychosocial disability
- carers for a person with moderate to severe disability.

You must be over five years of age to access this service. Close contacts without symptoms can use the Call-to-Test service if they have been told by the Department of Health to get tested and meet any of the criteria listed above. Call the Corona Virus Hotline on 1800 675 398 and select option 6, then option 5 to find out if you are eligible for this service. Stay safe and enjoy the sunshine.

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