

JANUARY 2023

Free

PHILLIP ISLAND VIBE

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Happy New Year to all and we hope everyone is enjoying a relaxing time with family and friends. Phillip Island Nature Parks have launched their Sharing our Shores campaign to create community collaboration to foster respect for Phillip Island's beaches and wildlife this summer. Read all about it on pages 17 and 20.

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IN QUIETNESS AND CONFIDENCE SHALL BE YOUR STRENGTH



Fishy Tales with Craig Edmonds from Jim's Bait and Tackle

BOATING IN S/E WESTERN PORT BAY - WHERE AND HOW-TO FISH AT CHRISTMAS TIME

To keep up with current reports just visit our Facebook page (www.facebook.com/JimsBaitAndTackle) where we will be listing reports as we get them.

There are a few things you need to be aware of to have an enjoyable day's fishing in Westernport Bay as it is quite different to Port Phillip Bay. In Western Port we have current and lots of it. You will need much bigger size sinkers than you are used to if you normally fish Port Phillip Bay. Also you need to change the size of sinker as the tide changes and even different size sinkers in different parts of the bay. As a general rule when you are fishing in the shallow areas of the bay use sinkers from 1/2oz to 3oz when you are chasing snapper or gummies. You will need 4oz to 8oz in the shallower spots and 8oz to 16oz in the deeper channels with all of the above dependant on the time of the tide.

The biggest advantage we have in Western Port is we have an island in the middle and although it can still get quite rough it is a short chop which can be navigated safely. It also means there is somewhere you can go to fish most of the time. The trick is to know what stage the tide is at and the wind direction as this will determine the safest place to be. Pick a spot in the bay where the tide and wind are going in the same direction as this will be the smoothest area to be, but be wary of tide changes as this can make a huge difference in a very short time.

Where to fish? I have listed some of the more popular spots in the bay which should give you a starting point for your days fishing. If you are in the shop, ask us for a map with GPS marks which will give you some areas to try.

Dickies Bay - located on the eastern side of the bridge behind the police station where there are plenty of weed and sand patches in about 1m to 2m of water. This is probably one of the most productive areas for whiting and garfish in the bay but if you are fishing in this area don't forget the squid jig as plenty are caught during the season as well. Size 6 long shank hook or a size 1/0 circle on either a running sinker or paternoster rig and enough lead to hold bottom. Size 12 long shank hook with silverfish or dough under a float for the garfish with a bread dough for burley. Move about 1km further ENE and you will come to Maggie Shoal and the Anderson peg - again a very popular spot for whiting and the same rig and baits apply but you won't find as many garfish as the water is slightly deeper. With a slightly different bottom you have a very good chance of finding a few rock flathead in this area as well as the odd grass whiting. Move another couple of km north and you will come to Reef Island another spot for whiting. The whiting in this area are generally smaller than Dickies Bay but there can be plenty of them but be careful of the island itself as the rocks can be just under the surface at high tide. As you head to Reef Island there are several spots along the way that can be very productive, especially over Christmas when the pinkie snapper move in and it's good area for calamari and rock flathead.

From the top of the main channel at San Remo you can head towards French island. North will take you to places like Corinella

and Elizabeth Island, Northwest will take you to Ram Island and Tortoise Head. All very good for bigger snapper and gummies, but you will be fishing in deeper water and this is where the 8oz to 12oz sinkers will come in useful. There are far too many fishing spots to mention in this report but generally you are fishing in either a deep hole or on the edge of the channel and it pays to spend a bit of time with your sounder to ensure you are fishing on a ledge or the bank on the channel. As well as your sinkers changing size you will need to change hook size and style with circles or octopus style hooks from 4/0 to 8/0 needed again dependant on the bait and rig used. Running sinker or paternoster rig is the angler's preference as we get enough reports to suggest one works as good as the other and as a rule the bigger hooks are used on a running sinker rig. Baits vary again to the angler's preference, but squid and pilchard would account for about 80% of our reports. From Elizabeth Island head SSW towards Rhyll and about ½ way you will come across the Corals about 6m deep, an area well known for snapper and gummies. This time of the year generally the fish are a bit smaller in size than the deeper areas but certainly a lot easier to fish as you can drop down to a 4oz or 6oz sinker. If you want to stay a bit closer to the Newhaven boat ramp or the wind is coming from the NW and you want somewhere calmer, head towards Cleeland Bight, west of the bridge. Stay to the correct side of the channel markers in the Bight as on your port side on the way down is a big sand bar. There are several places to fish in the bight and the edge of the sand bar can be very productive for flathead on the right day, just anchor on the side of the channel and fish back to the sand bar. The whiting can be very good further west towards the two green channel markers fishing in about 3 to 4m of water but fish on the Woolamai beach side. You can also pick up some reasonable size pinkies and gummies on the edge of the channel. Another good spot for whiting is further towards the entrance where you will see a big sand hill and fishing only a few 100m from the beach is where you need to be in about 2.5 to 3m of water. Like the rest of the bay shallower water smaller sinkers deeper water bigger sinkers and the rigs and baits remain the same. The bight is also a very good place for calamari and you will need to be in about 2.5m of water from the sand hill to the public mooring buoys. Anglers use either a baited jig under a float or an artificial jig and both methods work. Like all lure fishing the colour of the jig will depend on the day but as a general rule natural-coloured jigs work best with the better swimming more expensive ones much better.

The last place to mention is offshore and it is a place you should only head if you are confident in your ability as things can change very quickly. There is some good fishing to be had offshore, but I would suggest you drop in and see us at the shop for all the information you will need as it is very different to in the bay.

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PHILLIP ISLAND AND DISTRICT HISTORICAL SOCIETY

The Creation of the Phillip Island Cemetery By Pamela Rothfield

The account of how the Phillip Island Cemetery came to be is an illustrative example of the tenacity and ingenuity often ascribed to our country's pioneers.

It all started on April 1st, 1870 when a public meeting was called in Cowes to address concerns of the proposed location of the cemetery – which was to be in the heart of Cowes - on the corner of what are now called Church Street and Dunsmore Road, (which today form part of the Cowes Recreation Reserve, home of the Phillip Island Football Netball Club).

It was at this meeting, that the locals presented an alternative location, thought to have been to the west of Cowes. The Government representative present at the meeting Mr James McKean, President of the Board of Land & Works and Commissioner of Lands and Survey, disagreed with the alternative suggestion but gave his assurance to find a more suitable site.

This all happened on 1st April - perhaps that date should have been a portent of things to come.

Despite the commitment by Mr McKean, six days later the Government officially established the cemetery's location when it gazetted its first suggested site, in the heart of Cowes.

So, regardless of protestations from the locals, the Cemetery was to be located on the corner of Church Street and Dunsmore Road – or was it?

It was only twelve days later that a little girl named Mary Smith, from Rhyll, died from dysentery. Her father, George, sailed across to Hastings and then made his way to Schnapper Point (Mornington) on the day of her death, in order to officially register her passing.

Upon George's return to Phillip Island from Mornington, he and two other locals attended to Mary's burial – not on the land which the Government had set aside in the centre of Cowes, but rather at a different location about three kilometres away, on the top of a hill overlooking picturesque Western Port.

This land on top of the hill was, at the time, Crown land set aside for the town's future growth, but it was later subdivided into farming allotments.

For Mary's burial, George Smith along with other locals had 'nipped off' a neat rectangle of some 25 acres from what was earmarked as a 100-acre allotment. These 25 acres included 7 acres on top of a hill to create a cemetery; the remaining 18 acres were made up of low lying wetland and a track leading to the hill. It was two years after Mary's burial that the Crown land allotment became available for purchase, by then five more people had been laid to rest in the cemetery on the hill.

The first purchaser of the allotment was James Lecky in 1872. Although the allotment was technically 100 acres in size, James was only able to use 75 of them. This did not appear to concern him. Subsequent buyers were also limited to using only 75 acres.

At the end of 1871, the Government appointed the first trustees of the Phillip Island Cemetery Trust. They were: James Forster, James Smith, Solomon West, Thomas Kinane and David Reid.

For many years the Cemetery Trust allowed farmers to graze their cattle in the low-lying area, preserving the top of the hill for burials. By 1875, the rate records duly recognised that the official size of this farming allotment was no longer 100 acres – but actually 75 acres. Documents from the State Government, however, maintained the erroneous information that the Cemetery was still situated on the corner of Church Street and Dunsmore Road, right in the middle of Cowes.

Then, in 1894, twenty-four years after little Mary Smith's burial, the Phillip Island Shire Council received a request from the Victorian Public Health Department for a report on the cemeteries in the shire.

A year later, in 1895, the report was completed and sent to the Victorian Public Health Department.

An extract from the Shire's report on 'Cemeteries in Phillip Island Shire', describes the cemetery at Cowes as, "... containing 7 acres situated 2 miles from the township of Cowes, which has a population of 140. Covered by grass brushwood and trees. Evergreens have been planted by the trustees & residents." The words '7 acres' are underlined in pencil.

It is probable that this report was the catalyst for bringing our de facto Cemetery site squarely to the attention of Government of the day. The discrepancy in the description, size and location of the Phillip Island Cemetery compared to what was originally reserved by Government – obviously raised a few red flags!

By March 1899 there was a flurry of correspondence inside the Department for Crown Lands & Survey, including a response to an application by citizens of Cowes to officially reserve the Cemetery on the hill.

Among the scribbles on the documents are notes questioning the use of the site, "I suppose the site (25 acres) is in use. Do we get returns regularly from the Trustees?" The written answer: "The site (25 acres) is in use. Returns have been received..." Other scribbled questions include, "Any Burials in the original site?" answer "No burials" and "What number of interments?" with the scribbled answer, "approximate number 100".

The final notation states, "The Board has no objection..." and with that note the Victorian Board of Public Health gave the people of Phillip Island their cemetery with its unanimous blessing.

Our forefathers were a rather ingenious lot. The original location for the Cemetery, chosen by the then-current government, was deemed unsuitable. The locals lodged a complaint and then took matters into their own hands by plundering 25 scenic acres from the Crown. And finally, over 30 years after the initial burial, they convinced the government to formally recognise their decision. That is the very definition of a pioneering spirit.

Today this neat rectangle of 25 acres is recognised as one of the finest rural cemeteries in Victoria. As you drive past the wetlands with its abundant birdlife, and along the track dotted with a wonderful stand of peppermint gum trees, passing through the post and rail fencing, the first memorial you will see is little Mary Smith's – the first burial in the Phillip Island Cemetery.

For the gift of this cemetery, we are eternally grateful to little Mary and her father George Smith.

Phillip Island Business Network

Phillip Island Graphic Design Beautiful Graphic Design Made Easy

Have you always wanted to publish a book?

This summer, the island is the perfect place to get your book out of your head, and into a manuscript.

Maja Wolnik, director of Phillip Island Graphic Design, shares her top tips on how to get started:

1. **Just start!** Write the first sentence, scribble down a list of chapters or type whatever comes to mind first - you don't have to write from the beginning to end.
2. **Make it a daily habit.** In her book, *The 20-minute Author*, Maja suggests you chip away at it for 20 minutes per day, at the same time, every single day. Block out all distractions, you'll have a full manuscript by the end of summer.
3. **Gather inspiration** but don't do it yourself. Your book needs to look professional, more so if you're self-published. Start a Pinterest board with examples of covers you like, then leave it to the professionals to create your masterpiece.

Let the team at **Phillip Island Graphic Design** help you launch your book in 2023 with our Book Publishing Bundles that include beautiful book cover design, author branding, book formatting and marketing assets for your launch event.

Contact Maja Wolnik on 0425 309 283, email phillipislandGD@gmail.com to get published. Discover all our Design Bundles at www.phillipislandgraphicdesign.com.au

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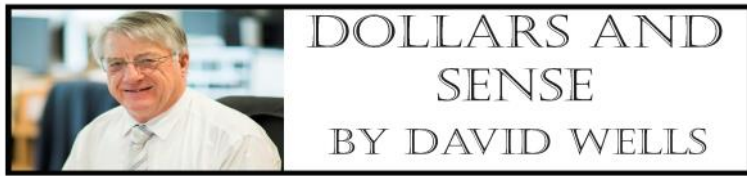
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DOLLARS AND SENSE BY DAVID WELLS

Budgeting for Rising Interest Rates

With interest rates climbing and inflation again rearing its head, many people are finding themselves in a different financial world than they envisaged just a year or two ago. Never mind that the RBA has admitted that their forecasting was inaccurate, we are now finding ourselves with 7 % inflation, the official rate (interbank) at 3.10% and the indicative Commonwealth Bank mortgage interest rate at 7.44%. It's at levels not seen for 7 years and more increases are forecast. While we're not at the highest levels by any means (mortgage rates of 17.5% anyone?) it's not good for many who have bought houses or funded lifestyle through debt.

There are many people who are about to come to the end of their fixed interest mortgages or interest only mortgages who now will have to start paying higher rates as well as principal and interest too. There will be challenging times ahead.

To cover these higher and necessary costs borrowers will need to make some changes to their spending habits or if they're able to simply cope then changes to their savings habits. This is where budgeting skills are essential. At the end of a hard week dining out may be unaffordable but is take-away feasible? Or is there any unnecessary spending that can be trimmed so that the good bits can be maintained? Unless people know exactly what they're spending their money on it's very hard to work out where to find the extra for the mortgage. Two cups of coffee each working day can be \$2,400 each year – that alone is about half of how much the average mortgage payment has risen so far.

We need to know what, where and how we're spending our money and we need to prioritise that spending. Whatever your situation, budgeting your expenses to fit with your income is a good thing. It's really just another form of planning and everything we do we'll do better if we're following a plan, or road map, or instruction manual. Taking things step by step and doing things in the right order makes

good sense, and apart from other things also instils a sense of discipline, which is necessary if we are to achieve our short and long-term goals.

Many readers will already follow a budget of greater or lesser complexity. Developing a budget is quite a simple process. It is simply a process of determining your income and establishing your estimated expenditure against that income, so you know what you will be able to spend or not, as the case may be.

Mostly you can determine your income fairly readily. As wage and salary earners or pensioners you can easily estimate what you'll get over the next week, month and year. In business or as an investor you can also make reasonable estimates. That's the first step, the easy one.

The hardest thing is to determine where the money goes. To do this you will need to assess where all your money is disappearing to – rent or mortgage, contracts, phones, rates etc and all the money you spend on a weekly and monthly basis will need to be accounted for. A good idea is to take a note book and write down everything you spend for a month, in detail, down to the last cent. Even the casual coffee needs to be counted.

Then categorise all your expenses and list each category by priority from "essential" to "optional" to "why are we spending on that?". This may seem extreme, but you'll be surprised at how much you spend on "non-essentials". It's in cutting these that we can find the extra mortgage repayments. If you take your details and count them across a full year you'll get a good picture of your annual cash flow. From this you can really take some constructive steps to address any problems.

Ask yourself, "Is this expense really necessary?" "Can I find the extra repayments without sacrificing too much?" The answers will help you take control of your money. You'll see whether you are overspending, but most importantly you'll also see where. If you know what the problem is you have taken the first and biggest step in fixing it. Maintaining the numbers on a regular basis will also help to keep you disciplined, and allow you to identify things early and take remedial steps or plan for future expenses in time.

Developing a budget is pointless if you don't keep it up-to-date so

take a few minutes every week and write things down and check your progress. In time, if you keep to it, your monetary discipline will become a habit and you'll find things are easier, or if not easier at least you'll know why.

Restricting your spending to fit with your budget isn't always an attractive task, but it is definitely necessary if you are to make any progress financially.

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A classic crime story from our esteemed crime writer, Leon Herbert

Hungover At Christmas

"A Christmas party. At work? With co-workers? I'd rather hang myself".

Anonymous



The death of notorious paedophile Jeffrey Epstein in his jail cell supposedly by his own hand and, of course, the aid of a rope and noose, called into question whether it was suicide or murder. Experts pointed to the difference between markings on the neck caused through strangulation post mortem and those caused from hanging yourself from a noose. But, I digress, maybe because of too many Christmas time hangovers. Just kidding, this story was written well before ... It's time maybe for a little cerebral rope exercise as part of your new year resolutions.

"Mr. Granger?" The secretary tried to speak calmly into the receiver. "This is Emily. Could you come down to the nineteenth floor? It's sort of an emergency."

Emily hung up. It was an emergency, all right. Archie Tatum, their chief financial officer, was in his office, hanging by a rope from an extremely strong light fixture. He had been like this when Hank, his assistant, came to work. Hank was used to seeing him in the office before anyone else, but not like this. Hank had waited for Emily to arrive. She'd know what to do.

Emily's reaction had been cool. "What a horrible thing—and on the last work day before Christmas! Call the police. I'll get Mr. Granger down here."

From the moment Gene Granger stepped out of the elevator, he was enmeshed in damage control. As president of Granger Productions, he had to break the news to the rest of the company and then deal with the press, the police, and Archie's family.

Granger didn't even think about returning to the twentieth floor until Emily reminded him at 5 pm. "The Christmas party upstairs, Mr. Granger. People won't stay long, but I think everyone could use a little comfort."

Several employees were already gathered as Granger unlocked the door of his private conference room. A Christmas tree was in the corner, with a colourful jumble of presents under its branches. Emily crossed to the bar and immediately began serving. Despite the alcohol, the mood remained sombre. Granger handed out a personally chosen gift to each worker, from the secretaries to the executive vice-president.

Hank was one of the last to leave. He took one final look at the empty floor under the tree, then turned to join his fiancée.

"What could have driven Archie to suicide?" his fiancée wondered.

"Emily says he'd been very worried about company finances. You don't suppose that maybe he was embezzling . . ."

"Archie didn't kill himself," Hank responded. He was murdered. And I know who did it."

WHODUNIT? AND HOW DID HANK KNOW? Leroy, the Island's resident sleuth Leroy declined an invitation to attend the party. Readers will have their own view and may not share Hank's confident assertion about knowing the identity of the culprit. For those curious to read the solution to this whodunit please turn to page 26.

In conclusion, the author of this whodunit wishes readers a very happy Christmas and new year but cautions readers in the workplace to be careful when choosing guests for their own Christmas office party!!



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CRYPTO ISLAND



BLOCKCHAINS ARE BUSINESSES

Blockchain is a new form of technology, and it underpins cryptocurrencies like Bitcoin and Ethereum. Investors should evaluate blockchains in the same way that they look at making an investment on the stock market.

The key questions that investors should research include:

1. How does the investment make money?
2. How do you know that the investment is profitable?
3. How fast is the investment growing and is it sustainable?
4. How can you assess the business risks?

The good news is that blockchains are transparent and anyone can see the numbers. The skill that researchers need is the ability to understand the numbers, the history, and the trends.

Investors typically look for a stream of reliable income, and this is a critical element that underpins investor confidence in cryptocurrency investments. If you look at the income earned by a particular cryptocurrency, traditional earnings metrics do not apply. The terminology does not line up with the metrics used in an accountancy textbook.

Income, in the context of a blockchain, is referred to as fees. People who use a blockchain pay fees that may be called 'gas fees' or transaction fees. If you want to complete a transaction on a blockchain, you need to buy space on the next block in the chain.

Blockchains are expensive to run due to the complex security issues. If the chain creates more revenues than expenses, then the result is a profit. Blockchain profitability can be increased by creating cheaper security systems and developing more transactions.

Useful Sources Of Information

The Bitcoin Market Journal is an online publication that is produced in Boston USA. They produce what are known as 'Blockchain Risk Scorecards'. Each scorecard rates the major blockchains in terms of the following areas of risk:

- Team Risk
- Financial Risk
- Regulatory Risk
- Smart Contract Risk
- Traction Risk
- Behavioural Risk

Other useful online publications include Bitcoin Magazine, Coindesk, Cryptocodex, and Bloomberg Crypto. These are free publications.

Risk and Reward go hand in hand

It is fair to say that crypto investments come with huge risks that all investors should be aware of. No crypto investments come with government backing in Australia and there is no compensation scheme for investors who lose their money. Investors can lose their money in the following ways:

- Their digital wallet being lost or stolen
- Fraud
- The collapse of a digital exchange
- Money laundering

An Alternative Way Of Investing In Crypto

Exchange Traded Funds (ETF's) are a form of managed investment listed on the Australian Stock Exchange or Cboe Australia. The Australian Stock Exchange operates in all States while Cboe Australia operates from Sydney only. There are currently six crypto ETF's trading in Australia and only two base their valuations using the Australian dollar. The remaining four funds base their valuations using the US dollar. The amount of money invested in Australian crypto ETF's is relatively small, and to-date the results have been less than exciting. Readers who wish to invest using an ETF will need to get advice from a stockbroker or a financial adviser.

Disclaimer—Cryptocurrency is Global, Volatile, Poorly Regulated, and Invisible. Owen Weeks, director & registered tax agent, Lifestyle Matters Pty Ltd, FIPA, Hon FASFA, and author of 'Invisible Investing - Taking the mystery out of cryptocurrency investing' which is available on Amazon eBooks.



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Healthy and Healing with Pip

Your Book of Wow!

It can be easy to just blow past the 1st of January, pedalling faster and faster, without really taking a moment to stop and celebrate the things you've achieved in the last 12 months.

So, I'd like to share with you this process to honour your achievements that will bring more pleasure, meaning, and hope into your life. Grab a journal – a nice one that you'd like to keep – this will be your BOOK OF WOW!

Ask yourself these questions:

What have I done in my life? (in a good way) What am I proud of from last year? What are the successes in my life, so far?

You can start from now and work backwards. Or start from "being born" ... and work forwards.

Learning to walk. Learning to talk. Learning to ride a bike. Learning to swim. Learning to read. Helping with siblings. Going to University.

Getting your first job. Falling in love. Breaking up with a partner (because the relationship no longer served us). Creating a business.

Travelling around Australia. Building a new house. Landing a big contract. Creating an amazing garden. Raising your children.

Exercising every day. Surrounding yourself with fabulous friends.

Working overseas. Etc. etc. Aim for 50 things, as a starting point!

I use this process with my Divine Alignment coaching clients. It's a game changer!

And I do this process for myself at the start of every new year.

Try it yourself ... "50 things that I am proud of in 2022."

You can ask a friend or family member to do it with you and help each other.

When you get stuck have them ask you "What else?"

Your brain will stop looking for things if you stop and say "I don't know."

Why is this important?

1. To remember and honour your achievements gives valuable perspective in tough times. We've been through some incredible challenges in the past 3 years, and it's easy to focus on all the stuff that went wrong. The fact is your focus of attention creates the quality of your life. So, let's shift that focus.

2. Being proud of yourself increases self-love and self-esteem. Many of us have been told that being proud of yourself is not allowed. Particularly in Australia - with the 'tall poppy syndrome' – if anyone says that they've had a success, there is a fear that others will be disparaging. The fact is, when you have a balanced and healthy pride that is the essence of self-confidence.

3. You have yin and yang elements (not all good or all bad) like nature. Consider that you are part of nature and so you have all aspects within you ... dark and light, loud and soft, hot and cold, right and wrong, happy and sad, as well as wins and losses. No-one is all good, all right, all happy, all light. We are perfect in our imperfections. Embracing all of ourselves is the way to self-acceptance.

You probably focus more on your failures than your successes, which dims your light, disconnects you from your Soul, and that can make you unhappy, resentful, and even depressed.

This process will create a tangible reminder of all the things that you've done well in this life. Shout it from the rooftops! Be loud and proud.

Minimum - take the time to acknowledge and celebrate yourself.

Then keep adding items as you achieve more life goals.

Read this journal for 30 days and then every time you feel you

need a boost of confidence.

If you need any support or coaching, now is the perfect time - please reach out to me. The Divine Alignment Coaching Program was specifically created to serve Contemporary Goddesses when you're feeling off your path, lost, frustrated, hopeless or disconnected from your true Self. I will help you to RE-ALIGN with the DIVINE in practical ways by accessing my Divine Alignment Code. You'll reconnect with your higher self, angels, animal spirit guides, departed loved ones, past lives, goddesses, and ascended masters, so that you'll feel more confidence, meaning, certainty, peace, and joy. When you begin to ask the seeker questions, the answers come in magical ways. You can check it out: <https://pipcoleman.com/the-divine-alignment-coaching-program/>

Book a Divine Discovery phone call in my calendar or send me an email: pipcoleman@yahoo.com.au

Blessings, Pip

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- | | |
|-------------------|-------------------------|
| Your leftover Ham | 1/2 cup Brown Sugar |
| 1/2 cup Honey | 1 jar Red Currant Jelly |
| 1/2 cup Water | 1 tbs Memphis Rub |

WHAT TO DO:

Cut ham into chunks place in a foil tray. Mix all ingredients together and rub over ham. Place in a BBQ and cook on high for 60 mins. Remove ham from tray and wrap in foil to keep warm. Simmer the remaining sauce until thickened and add ham back to tray and mix well. Enjoy! (You can use any left overs for this recipe).



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Phillip Island Camera Club—"Shooting the stars: astrophotography tips"



James used some lights to highlight the foreground in this astrophotography image. He was lucky enough to capture pink light from the aurora.

The night sky can be the ultimate canvas for a photographer, and Phillip Island provides some great spots for practising your astrophotography. Astrophotography refers to taking photos of astronomical objects (such as the moon), celestial events (eclipse) or areas of the night sky. There's something special about capturing the stars in our images.

Recently, Darryl Whitaker conducted a workshop for Phillip Island Camera Club members. He provided some advice and tips for astrophotography. A recently joined member of our club, James Millward, an experienced amateur photographer, participated and explained that it was the first time he had shot the night sky. He said that he learnt that it is important to find a suitable location, away from a town, with minimal light pollution, such as Kitty Miller Bay, where the workshop was held. There should be minimal or no clouds in the sky.

You also need to use the correct equipment. James used an Olympus OM-D-EM1-Mk2 Micro 4/3 Mirrorless Camera. The images shown here, were shot using a 7.5mm fisheye lens, which because of the micro 4/3 sensor format is the same as a 15mm equivalent of the 35mm format.



A cloudless night in a dark area, use of the right camera, camera settings and a tripod are necessary for successful astrophotography.

The aperture was set wide open, f2.8 and focused on infinity, the camera ISO was set at 3200 and exposure set for 33 seconds because he was shooting in low light. (Basically, the maximum exposure time without getting streaking of the stars is based on the 500 rule, i.e. divide 500 by the focal length of your lens, thus $500/15 = 33.3$ seconds.) The key to capturing the night sky is to mount your camera on a sturdy tripod, use a lens 24mm or wider preferably with an aperture of F2.8 or faster, have your camera set to manual mode, ISO 3200 - 6400, camera set to RAW, and preferably a remote camera trigger, or use the camera timer. Image stabilisation and noise reduction should also be turned off.

James also believes a head torch or handheld torch are also very handy, not only to help you see the camera controls, but also could be used for doing a bit of light painting to highlight the foreground. As images are captured in RAW format, you will need to post process them in a RAW editor, such as Lightroom or similar.

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It's also important to anchor your frame – have something such as rocks or trees in the foreground so that the image doesn't look like a scene from a space film.

So, if you have access to the right equipment, why not give astrophotography a try? Images copyright of James Millward and may not be copied or used without permission.

If you found this article of interest and would like to find out more go to <http://www.phillipislandcameraclub.com.au/>

For more information about the Phillip Island Camera Club phone Jenny on 0408 355130.

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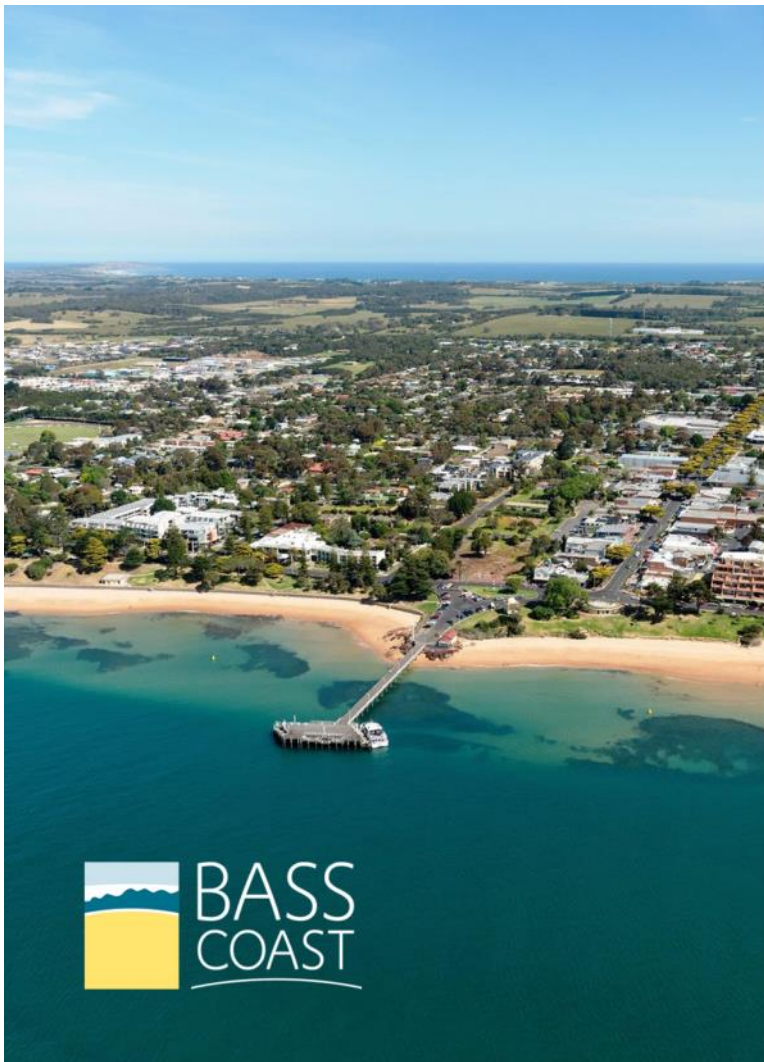
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- Keep dogs on a lead and cats safe at home
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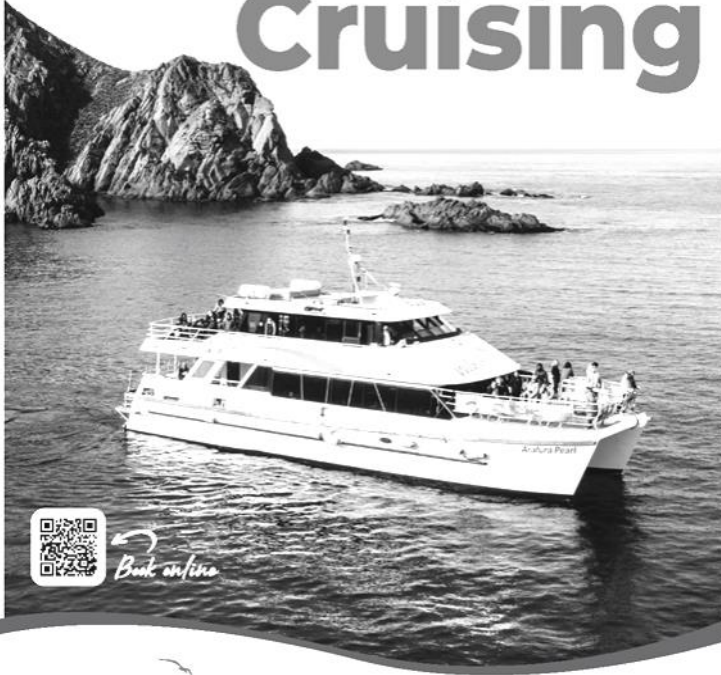
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EVERYONE ENCOURAGED TO SHARE OUR SHORES THIS SUMMER

School children are being encouraged to showcase their artistic flair as part of a creative community collaboration to foster respect for the Phillip Island's beaches and wildlife this summer. Phillip Island Nature Parks, supported by the Bass Coast Dog Owners Association, have launched the Sharing Our Shores campaign, encouraging all residents and visitors to be mindful of protecting local wildlife, amid the peak holiday season. As part of the campaign, there will be an art competition where students can create a poster that communicates the importance of harmonious relationships between residents, visitors and the island to support local conservation efforts. Phillip Island Nature Parks Jessica McKelson, Conservation Manager, said it was a joint community responsibility by all beachgoers to help safeguard local wildlife.

"Phillip Island is home to some of the most incredible and endangered wildlife in Australia and it is incumbent on everyone who enjoys the island to ensure these birds and animals are kept safe," Jess said.

"The highly threatened hooded plover shorebirds nest along the high tide line and in sand dunes during spring and summer, with their eggs and chicks easily stepped on because they are difficult to see.

"In addition, the migratory short-tailed shearwaters breed in sand dune burrows from September to May and fly north in winter.

"Keeping to the designated paths and having your dog on a lead, away from signed nesting areas, helps to ensure the survival of these birds."

Dog owners can check local signage or the Phillip Island Nature Parks website relating to dogs as regulations varied depending on the beach locations and the summer periods.

For more information, visit <https://penguins.org.au/about/local-community/news/sharingourshores>.



Hooded Plovers along the shoreline at Cape Woolamai. Pic credit: Kylie Willow

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Get ready to enjoy Phillip Island

Escape to Phillip Island. A unique surf experience that's but a day trip from Melbourne. The Phillip Island surf experience is something that's truly unique to the Land Down Under. From beginner breaks for those looking to get their feet wet for the first time to expert ledges, there's something for every surfer on Phillip Island. A National Surfing Reserve, it's also the ancestral home of the aboriginal Boonwurrung people. If the surf's not doing it when the sun starts to slip behind the horizon, check out the march of the little penguins at Summerland Beach. The penguins come ashore at sunset and it's a big to-do for out-of-towners. And if you're feeling the need for speed, the Phillip Island Circuit is a well-known track for motorcycle and car racing. Like we said, Phillip Island is a unique escape and well worth a trip.

Let's learn a bit about Cat Bay

Cat Bay has two great reef setups. From the parking lot located in the middle of the big, sweeping bay, you can look out over Shelley Beach to the west, Right Point directly in front of you, and Flynn's Reef in the distance to the east, with the latter two being the premier options.

Cat Bay is worth checking out when large SW swells are able to push around the western tip of Phillip Island (the home of the local seal population, and with it, a good number of sharks). When these swells are accompanied by a wind from the south or south-east, Cat Bay comes into its own.

Shelley Beach is perfect for beginners and longboarders – long slow swells roll gently into this flat, reef-bottomed left and right peak.

Right Point is an excellent left-hand reef, one of the best lefts in Victoria, and is best on an incoming, mid tide. A nasty, sharp reef means you should choose your exit and entry points carefully! It's a sucky walling take off with a couple of rippable sections down the line. When it gets too full, a smaller wave can break closer into shore over the covered reef.

Flynn's Reef is a fun right-hand reef that, like Right Point, is best up to around five feet and rarely gets much bigger than this. It's an easy paddle, out, and a simple wave to ride, one that provides a short, fun section and a chance to hone your cutbacks.

Woolamai is our surfers paradise

Some of the best beach breaks in Victoria are found along this golden stretch of beach. From Magic Lands at the eastern end along to Anzacs at the west, take your pick from a selection of several A-frame peaks. On a good day, you'll see hollow peaks breaking left and right all the way along this eight-kilometre stretch. The beach continues further west past Ocean Reach and Forrest Caves, and if you're prepared to look around and walk a little, you should be able to avoid the crowd.

Two sealed car parks, a surf club and a toilet block provide the infrastructure on land, but it's the handful of reefs below the waterline that surfers are most thankful for. These reefs provide stability for the sand – meaning the chunky southern swells that

buffet this coastline don't wash away the banks after every storm. This place picks up a fair bit of swell, and in summer months the standard of surfing is high. Mid-week, in the cooler months, it's still possible to get world class waves with only a handful of people around.

Surf Hazards

It's Australia, so there's about a million animals that can kill you. No, not really. But surfing Phillip Island does mean paying attention to the changing tides and currents, as well as all the usual suspects in the water (sharks, jellies, etc).

Keep it Safe

Because it's an offshore island and National Surfing Reserve, the water quality around Phillip Island is generally pretty good. If you do end up surfing here, respect the environment and make sure you leave no traces. And like most surf spots around the world, be mindful of water quality at creeks and river mouths after periods of heavy rain.

Your first barrel

Putting yourself in a good barrel position has a lot to do with the set up you did. Wave selection, approach, equipment you choose, the line you track on the wave, commitment and risk taking and a bunch of other things you need to line up to make moments turn into forever memories. You also need luck to have someone on the other side registering your actions so you can share with others.

Get ready for surfing well

Outside the water, dry training is so important, or even more important than the training you do in the water. Repetitions, corrections, adjustments and muscle memory are some of the benefits you can get from it. Your progress curve will be vertical and with solid fundamentals to keep it with you for a long time. Part of our surf training on land, mind set preparation before the session, combining with local knowledge and a safety briefing, make the experience much more positive and complete.

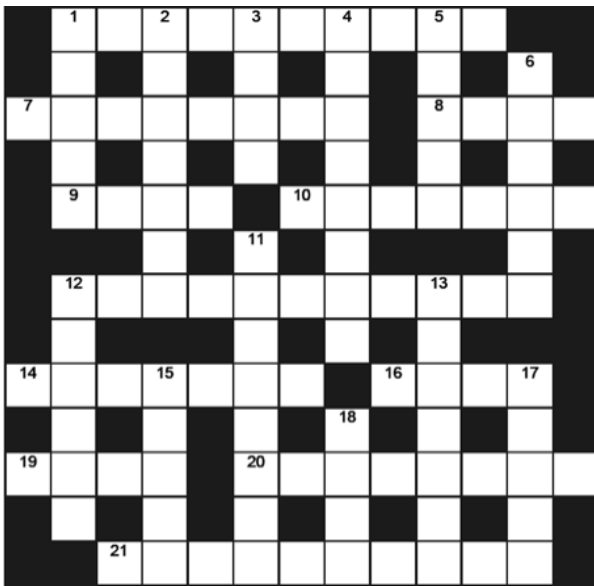
A big congratulations to Darren, Rick, Luke and Dave for representing our group of Australian surf students at @prosurfcoaching_ last surf camp @kanduiresort in Mentawai. Our surf camps in 2023 will be in March, August and November. For more enquires: info@prosurfcoaching.com.

Happy new year and a top 2023 to everyone.



Brain Food

Find all the answers & solutions to Puzzles
& Quiz on page 26 (No peeking!)



Vibe Quick Crossword

- | Across | Down |
|----------------------------|---------------------------------|
| 1 Artificial sweetener(10) | 1 Gristle (5) |
| 7 Studies logically (8) | 2 Soothing (7) |
| 8 Salary (4) | 3 Rubber pipe (4) |
| 9 Remain in readiness (4) | 4 Remaining (8) |
| 10 Loving (7) | 5 More recent (5) |
| 12 Annoying (11) | 6 Christmas drink (6) |
| 14 Circus performer (7) | 11 In good proportion (8) |
| 16 Reject rudely (4) | 12 Stress (6) |
| 19 Leg joint (4) | 13 Disregards intentionally (7) |
| 20 Units of energy (8) | 15 Plainly apparent (5) |
| 21 Assiduously (10) | 17 Hefty (5) |
| | 18 As well as (4) |

DOGGY TRIVIA QUIZ



- What breed of dog was the late Queen Elizabeth famous for owning?
- Sunny and Bo are the dogs of which former US President?
- Balto was a hard-running dog that helped deliver much needed medicine to Nome in Alaska. What type of dog was Balto?
- What breed of dog is Scooby Doo?
- What is the name of the Simpsons pet dog?
- Odie is the dog of which comic strip pet?
- From which country does the Rottweiler originate?
- What is the only breed of dog that doesn't bark?
- The Labrador Retriever comes in three colours—what are they known as?
- How do dogs sweat?
- What is a dog's most highly developed sense?
- True or false: Dalmatian puppies are born with spots?

3								4
					3		7	5
	7	1					6	
					3	5	4	9
	3				2		6	5
	9	2			7	4		
					3			5
								1
6	8				9			
2								7

Vibe Sudoku Each row, column and sub-box must have the numbers 1-9 occurring just once.

PHILLIP ISLAND SENIOR CITIZENS CLUB MONTHLY REPORT

Happy New Year everyone. Hope 2023 brings you love, laughter, joy, happiness, good health, time with friends and family and everything good.

For those couple of people in town who haven't yet heard about my giant pre Christmas party trick. I had a fall and broke my left hip in 4 places and fractured my left arm. You know if you do a job, do it well I say!! The doctors at Dandenong hospital screwed my hip back together and shipped me off to Casey hospital for rehabilitation. Can I just say on a personal note, everyone at Casey hospital that I've come across is so beautiful and lovely and is making my stay here very enjoyable.

Anyway back to work. Everyone who attended our Xmas lunch had the absolute time of their lives. The food was outstanding, the entertainment had people singing and dancing and the raffle prizes were like getting something fabulous from Santa. Speaking of Santa, we would like to make special mention to Ladasha Jewellers who donated a pair of earrings valued at \$200. And the winner of the earnings, Diane Barker felt over the moon with joy.

We would just like to show our appreciation once again to ALL our supporters listed below. You made all our members feel loved and appreciated and part of our community. So thank you once again to all listed below:

Phil and Konnie and all staff at IGA, Ladasha Jewellers, Aaron and Jareth at The Topsy Cowe, RSL, Penny Lane, Nats rustic fish and chips Bean'd, The Lazy Wave, Coles, Woolies, Rohan at Heard of Cowes Butcher, Paul Joseph and Simon at Hill Top Farm Meats, David Cassells and all staff at Cowes vets, Priceline, Terry White, Chris and Richard at Anerie, BP, Waterboy Café, G'day Tiger, Island Foods, Grazing Phillip Island, Ocean reach Brewery, Pika Sushi, Panny's Chocolate Factory, Vicki at the Vibe, Joy Sherriff for buying wine for raffles, Turn the Page bookshop, Hayley at H-bomb Barber, Bass Strait Direct - Kelly, Aussie Outdoor Emporium, Christine Slavin at Bassine Cheeses, Bakers Delight, Cafe Di Ictable, One Stop Discount Shop and Anything Goes

Stay safe everyone and enjoy summer (if and when it ever arrives).



Book Reviews

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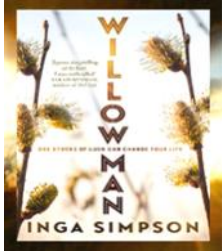
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Willowman

By Inga Simpson

Price: RRP \$32.99

(10% discount to registered customers)

From the critically acclaimed author of Mr Wigg comes an enthralling literary novel about a batmaker and a gifted young cricketer, set around the time the game began changing. For fans of Chad Harbach's *The Art of Fielding* and Joseph O'Neill's *Netherland*. Cricket has a willow heart. Bat makers around the world have tried everything, crafting bats from birch, maple, ash, even poplars. After two hundred years, cricket bat making is still beholden to a single species: *Salix alba caerulea* - or white willow. Reader Cricket Bats, one of the last traditional bat makers back in England, has a contemporary home in the Antipodes, with Allan Reader keeping the family business alive in a small workshop in Melbourne. When Todd Harrow, a gifted young batter, catches Allan's eye, a spark is lit and Allan decides to make a Reader bat for him, selecting the best piece of willow he's harvested in years to do so. As Harrow charts a meteoric rise to the highest echelons of the sport, leaving his equally talented sister's dreams in his wake, Allan's magical bat takes centre stage as well, awakening something in him. But can Allan's fledgling renaissance - hanging as it does on the magic of that bat - carry on after Harrow is stricken by injury and a strained personal life? Set as the new short form of the game began to gain prominence, *Willowman* is a love letter to the art and beauty of cricket and a meditation on the inner lives of certain kinds of men and women, for whom it is a way of life.



Colours, Colours Everywhere By Julia Donaldson Price: RRP \$29.99 (10% discount to registered customers)

A rich and beautiful exploration of colours and painting full of beautiful landscapes and gorgeous animals, with shaped pages, flaps and fold-outs.

Follow a little girl as she paints her own adventure with her bright blue tree frog companion. With luscious green trees to climb and red hot air balloons to sail away in, children will delight in the rhyming text and vibrant artwork while learning about different colours. A truly beautiful gift, this is an absolute must for the family bookshelf.

Julia Donaldson is the author of some of the world's best-loved children's books, including modern classics *The Gruffalo* and *The Gruffalo's Child*, which together have sold over 17 million copies worldwide. Julia also writes fiction, including the *Princess Mirror-Belle* books illustrated by Lydia Monks, as well as poems, plays and songs - and her brilliant live shows are always in demand. She was Children's Laureate 2011-13 and has been honoured with an MBE for Services to Literature. Julia and her husband Malcolm divide their time between West Sussex and Edinburgh. Sharon King-Chai is an enormously talented designer and illustrator. Having grown up in Australia, she moved to London in 2003 and since then has brought her style and eye for beautiful design to album covers, book covers, stationery and her books including *Starbird* and the award-winning *Animalphabet*, a collaboration with Julia Donaldson. Sharon has a passion for innovation, and her artwork and clever use of paper engineering encourage the reader to think differently about the pages they hold in their hands.

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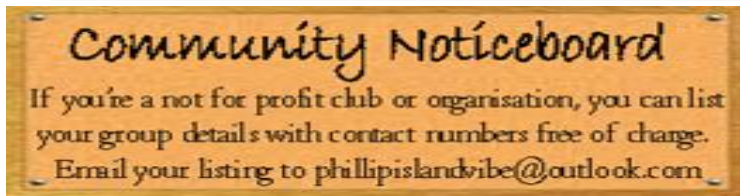
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Phillip Island Lions Club - Trash and treasure market. Sat and Sun. 9.30 -12.30. Dunsmore rd. Cowes (next to transfer / recycling station). Volunteers welcome. Ph.59002896 f/b page: Phillip island lions

Phillip Island Bicycle User Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Trevor Hayes 0408 574360.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400 815353.

Phillip Island Girl Guides Girls and volunteers both welcome. Girls aged 7-14 on Thursday night from 5pm to 6.30pm at Scout Hall, Dunsmore Road, Cowes. Contact Chris Oliver 0428 644397 or email: chris.oliver@guidesvic.org.au

Phillip Island Club (Senior Citizens) Carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Fridays 12noon, 3 course lunch \$20. Island Celebration Centre Hall for hire. Ph 5900 2921 or 0431 867058 for more information.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Dianne Glanz 0417 610 611 or probussanremo@gmail.com

Phillip Island Scout Group – Cubs: Wed 6.30pm-8pm, **Scouts:** Thur 7pm-9pm, **Venturers:** Mon 7pm-9pm. Located at Bluegum Reserve, Dunmore Road Cowes. New members welcome. Email: gl.phillipisland@scoutsvictoria.com.au

Phillip Island World Vision Club 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members welcome. Call Thelma 56785549.

IAA Island Astronomy Association Inc. Our Club meets on the first Wednesday of each month, 7.15pm start. New members are very welcome. To find out more details please contact Eden White edendwhite22@gmail.com

Phillip Island Masonic Lodge - meets every 2nd Wednesday of the Month at 7.30pm (opposite Coles supermarket) New members and visiting brethren welcome. Hall for hire - contact Ian Samuel 0413157284.

Phillip Island and District Railway Modellers is a model train club that meets every Sunday to run trains at the Cowes Senior Citizens Club (back door) from 1:00pm to 4:30pm. Visitors are welcome, new members more welcome. More details Geoff N on 0419 357 097 or Geoff B on 0429 419 011. Or email to piadrm@gmail.com

Home Library Service For information on applying for our home library service or volunteering, please speak to library staff on 5644 3320 or visit our website www.myli.org.au/about/volunteers

The Phillip Island Miniature Light Railway Inc. Secretary, Bev Munro, 0417 578 435 or Facebook. New members welcome.

Lions Club of San Remo & Newhaven 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Secretary Andrew Page 0410 785081, 56780162 or sanremo.newhavenlions@gmail.com

PIRSL Community Men's Shed meets at the rear of the RSL every Tues, Wed & Thurs mornings 9am-noon. Anyone most welcome to join us. Contact Tony Ashton 0499 996237.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhill Hall. Joining fee \$60, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414 709066

Phillip Island Croquet Club New members welcome to come and try Thursday and Friday mornings 10am-12pm. Please phone before coming to the club. Claire 0403 690237 or John 0409 858985. Blue Gum Reserve, Dunsmore Rd, Cowes.

National Vietnam Veterans Museum needs volunteers interested in gardening on our site and cleaners keen to keep our displays sparkling. Contact Julie on 5956 6400 or apply online via our website www.vietnamvetmuseum.org.

Phillip Island RSL Day Club Mondays, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises, guest speakers and outings. Transport can be arranged if necessary. Ph: PIRSL Reception on 5952 1004.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Bob Hee 0418 173388.

Phillip Island Camera Club meets 1st Monday of the month, Newhaven Yacht Squadron Clubrooms, 1:30 - 4pm. Contact Jenny on 0408355130 or email phillipislandcameraclub@gmail.com. For more information go to www.phillipislandcameraclub.com.au

Phillip Island Swim Club must be competent in 3 out of 4 strokes and looking to extend skills with qualified coaches. Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418 178343 or piadgs@gmail.com

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact us via email: phillipislandadultridingclub.com.au

Cape Woolamai Coast Action is a volunteer group who meet on the second Saturday Monthly from February to November. We undertake general maintenance and plantings along the Cleeland Bight foreshore. Meeting at Cottlesloe Ave 8.00am to 10.00am followed by morning tea. Ph: Marg 0419007758 Email: capewoolamaica@gmail.com

The Probus Club of Phillip Island Inc meet 4th Wed of month 10am, Anzac Room, Phillip Island RSL, New Members most welcome. Further info Chris Cannin 0434 489011 or Ash Rizvi 59521604.

Cowes Branch Country Women's Association (CWA) 1st Thursday of the month February-November. currently meeting at Rotary Shed-Dunsmore Rd 1pm More info: Felicity 0414 507 420 Penny 0437 042 084 Cowes CWA Shop Thompson Ave Cowes Tues-Sat 10-2 cwaofviccowes@gmail.com

Country Women's Association Victoria Inc. Phillip Island Twilight Branch invite you to join us for "Sharing, Fun and Friendship". We are a vibrant group of women who are engaged in social issues, learning new skills and fundraising for women and children. We meet the 2nd Wednesday of the month at St John's Hall, Chapel Street, Cowes at 7 pm. Contact Sally Matthews 0409521825 and Rosie Brewin 0409792245

Phillip Island Day View Club proudly supporting The Smith Family. Feb-Dec - 4th Monday of the month at 11am, Rusty Waters Brewery, Cowes. Bookings essential. New members welcome. For information contact Ann Finger 0439 399829.

Phillip Island & District Historical Society 56 Chapel Street Cowes, Contact: Pamela Rothfield 0418 368 607

Phillip Island Library is closed for the redevelopment of the Cowes Cultural centre the new library facilities. Our Click & Collect and returns location is Phillip Island Community and Learning Centre 56/58 Church St., Cowes. Library items may be returned outside the office at PICAL 24hrs and pick-up of holds is available on the following days: Tues 1.00-4.30pm : Wed 9.30-2pm : Thursday 9.30-1pm.

Friends of the Library Call Celia 59521901.

South Coast Speakers Toastmasters meets every 2nd and 4th Wed of month, 7.30pm at San Remo Hotel. Develop oral communication and leadership skills. More information Brigitte Linder 0421 812691

San Remo Bowls Club Social Bowls 12pm for a 12.30pm start. Stick draw. New bowlers and visitors most welcome. April to September - Tuesday's and alternate Saturday's. October to March - Wednesday's. 1a Wynne Road San Remo, next to the Primary School. Ring 0493237913 for details.

Phillip Island Patchworkers Inc. We not only do Patchwork but all other varieties of Craft such as Embroidery, Beading and Knitting. We meet Monday Nights 7.30p.m. to 9.30p.m. The first, second and last Tuesday of the Month 10.30a.m. to 2.30p.m. At Wonthaggi first and third Friday of the Month 10.a.m. 2.30p.m. Corinella Crafties second and fourth Wednesday of the Month 10.30a.m. to 2.30p.m. For more information please contact President Gayle Rowden 0400634282 or Secretary Lyn Arnold 0429481875

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Age group 60-90 years. Call Dagmar 59566965.

"Bee Crafty" Community Craft Group is meeting fortnightly on Wednesdays at St Phillips Church Hall, Thompson Avenue, Cowes (opposite Coles). All are welcome. For further details Desma Maxworth 0409 136 620.

Boomerang Bags Phillip Island and San Remo Volunteers sew re-usable bags to supply local shops and reduce plastic. Sewing bee every Wednesday 10am-4pm Garden Room 2, PICAL 56-58 Church St Cowes. Everyone welcome (no sewing experience necessary).

PARKRUN- free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

SES San Remo Unit trains every Thursday at 6:30 pm at 14 Davis Point Road, San Remo. Come and meet our friendly group, see what we do. We have a role for everyone. For information email sanremo@ses.vic.gov.au

Rotary Club of Phillip Island and San Remo Our friendly Club helps care for & brings our Community together through fund raising & community activities, including running our Cowes Op Shop. New members & volunteers are always warmly welcomed. Please call President, Judy Lawrence for more info: 0418 325 055.

MS Community Visitors Scheme in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email volunteer@ms.org.au

The Probus Club of Cowes-3rd Monday of each month at 10:00 a.m. at The Phillip Island Senior Citizens Hall Cowes. For enquiries call Sue on 0438 304 082 or email probuscowes2@gmail.com

Phillip Island-San Remo-Bass Coast Vegan Community Sharing and promoting what's vegan & plant based. Everyone welcome. phillipislandbasscoastvegans@gmail.com

Island Voice Meets last Wed of the month 5.30- 7pm PIRSL New members welcome Contact Sec. Linda Marston 0428 344 726.

Phillip Island Community Meal operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St & Warley Ave, Cowes. Facebook @cowescommunitymeal
The Artists' Society of Phillip Island, ASPI, is for a wide range of artistic expression from the field of Visual arts through to writers and poets. There is a program of regular activities including Textile Arts, Portraits, Life Drawing, Appraise & Connect, Come & Create, and the Ibis Writers group. Workshops held throughout the year. New members are very welcome. For further information contact aspicommittee@gmail.com or Miranda 0400 927 076 .

First Friday Philosophy Lunch We meet once a month over lunch at the Wild Food Farm, on the Rhyll Newhaven Road at Rhyll. We discuss some of the big questions about life, the universe and everything. Newcomers are very welcome. \$35 (including a two course lunch). Bookings or enquiries to John Buttrose: jbuttrose54@gmail.com

Narcotics Anonymous meets weekly Sundays 5-6pm, St Phillips Anglican Church, 102 Thompson Ave, Cowes. New members welcome. For more information contact 03 9525 2833 or na.org.au

The Phillip Island Medical and Health Action Group (PIMHAG) advocates for improved medical and health services for Phillip Island and San Remo. PIMHAG welcomes new members. Please contact Secretary linda@marston.com.au or 0428 344 726.

Woolshed Spinners meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact Robyn Holman 0429 700 492.

Phillip Island Health Hub Auxiliary meets 1st Wednesday of every month at 1.30pm at the PI Health Hub in Cowes. We fundraise to purchase much needed equipment for specialists and medical staff offering services at the Health Hub. New members very welcome. For more info – Wendy 0417 245 692.

Phillip Island Bowls Club 40 Dunsmore Rd, Cowes. New members welcome, open to all ages. Social bowls every Thursday at 12noon and barefoot bowls over Christmas holidays. Corporate bowls from January till March. Free coaching available. Come and give it a try - contact George Mol on 0407 851065.

Phillip Island Community Art & Craft Gallery Contact Secretary Aleta Groves 0419525 609, email info@phillipislandgallery.com.au

Ibis Writers is a group of local writers who meet once a month to support and encourage one another, share writing opportunities and offer each other feedback on work in progress. All writers, beginners or experienced, poetry, fiction or non-fiction, are welcome to join. Contact Lorrie Read 0425 858 067 or Ian Robinson 0407 240 024 for more information, meeting dates, etc

Rotary Op Shop, Cowes Run and staffed by Volunteers from all walks of life, including Rotary Club members, our Op Shop is a wonderful, fun place to volunteer, help the community & meet new people! New volunteers always welcome, please call Rotary Op Shop Coordinator, Diane for more info: 0417 577 082

Cowes AA Big Book/Steps Meeting, 7pm Tues nights, St. Phillips Anglican Church. Corner Thompson Ave & Church St.(opp. Coles) Ph. 0417 317470

Ventnor Coast Care Association Inc is a volunteer group, working to conserve, enhance and maintain the Ventnor coastal foreshore between Anchorage Rd and Devon Ave. We meet monthly at 9.30am, for a 2 hour working bee, from February to November, followed by a cuppa. We welcome new members! Please contact Cathie or Trish at: ventnorcoastcare@gmail.com.

The Newhaven Residents Group Association Inc. We are a not for profit organisation advocate for communication and residents concerns. Phone 0413 623 052.



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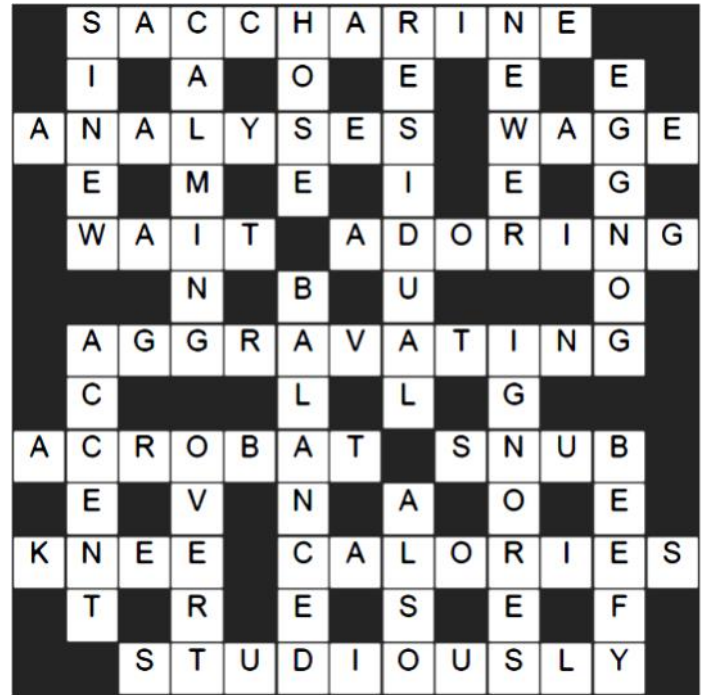
ANSWERS TO TRIVA QUESTIONS

1. Corgis 2. Barak Obama 3. Husky 4. Great Dane 5. Santa's Little Helper 6. Garfield 7. Germany 8. Basenji 9. Golden (yellow), Chocolate (brown), and Black 10. Through sweat glands in their pads 11. Smell 12. False

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PUZZLE SOLUTIONS



3	5	6	1	7	8	9	2	4
9	2	8	4	6	3	1	7	5
4	7	1	5	2	9	6	3	8
1	6	7	8	3	5	4	9	2
8	3	4	2	9	6	7	5	1
5	9	2	7	4	1	3	8	6
7	4	3	6	8	2	5	1	9
6	8	5	9	1	7	2	4	3
2	1	9	3	5	4	8	6	7

Solution to the "Hungover at Christmas" whodunit

Hank, who fancied himself as an astute amateur sleuth, proceeded to expand upon his identity of the alleged killer. There is no doubt that he possessed strong forensic skills. "Gene Granger supposedly did not hear about the suicide until he arrived on the nineteenth floor. And yet, when Granger unlocked the door to his conference room, there was no Christmas present waiting under the tree for Archie. Granger had personally selected presents for all of his employees—all except the man he killed, the man he knew would be dead. There was no other way to explain the oversight" Hank proceeded to notify the police, who soon uncovered Granger's massive embezzlement.

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