

PHILLIP ISLAND VIBE

Free

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MARCH 2023



As summer slips away from our grasp it's nice to reflect on those warmer days that had the beaches heaving with visitors. Welcome to Autumn and the falling leaves as we gear up for Easter in the not too distant future. Happy reading.

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NEWHAVEN
COLLEGE

Open Day

Saturday 25 March
10am - 2pm

1770 Phillip Island Road
Phillip Island

 newhavencol.vic.edu.au

Newhaven College Open Day – Saturday 25 March

Newhaven College is excited to invite all future and prospective students and their families to explore the school campus at this year's Open Day.

College staff and student leaders will be offering visitors guided tours of the stunning school grounds and facilities. Activities will be held throughout the day in Junior, Middle and Senior Schools. Students and teachers will also be performing specific demonstrations in the science labs and specialty wing, music performances in the new Performing Arts Centre, art displays and hands-on exhibitions in the Trade Centre.

Newhaven College will also be running Alumni events for students who graduated in 1993, 2003, 2013 and 2018. Alumni are asked to book their intention of attendance at <https://www.trybooking.com/CFXLZ> or via QR code



Experience the school in action between 10am-2pm, Saturday 25th March.

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Book Reviews

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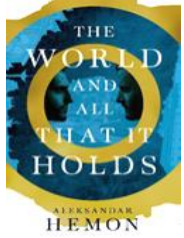
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**THE WORLD AND ALL THAT IT
HOLDS
BY ALEKSANDAR HEMON
Price: RRP \$34.99 (10% discount
to registered customers)**

'A staggering work of beauty and brutality' - Douglas Stuart

As the Archduke Franz Ferdinand arrives in Sarajevo one June day in 1914, Rafael Pinto is busy crushing herbs and grinding tablets behind the counter at the pharmacy he inherited from his father. It's not quite the life he had expected during his poetry-filled student days in libertine Vienna, but it's nothing a dash of laudanum, a summer stroll and idle fantasies can't put in perspective.

And then the world explodes. In the trenches in Galicia, fantasies fall flat. Heroism gets a man killed quickly. War devours all that they have known, and the only thing Pinto has to live for are the attentions of Osman, a fellow soldier, a man of action to complement Pinto's introspective, poetic soul; a charismatic storyteller and Pinto's protector and lover.

Together, Pinto and Osman will escape the trenches and find themselves entangled with spies and Bolsheviks. As they travel over mountains and across deserts, from one world to another, all the way to Shanghai, it is Pinto's love for Osman that will truly survive.

'This life-stuffed novel is Aleksandar Hemon's masterpiece' -

David Mitchell



**NINJA KID 11
BY ANH DO
Price: RRP \$15.99 (10% discount
to registered customers)**

Nelson and Kenny are back for the eleventh book in the bestselling Ninja Kid series by Anh Do, in a heroic new adventure – Ninja Artists! Nelson's class is having a cool Art Competition! But when Nelson and Kenny accidentally travel back in time, they find themselves battling mythical creatures instead of painting them! How on earth are our heroes going to get out of this one?!



**HEART BONES
BY COLLEEN HOOVER
Price: RRP \$24.99 (10% discount**

Beyah Grim has only ever known a life of poverty and neglect. After surviving by any means necessary, she finally has a hard-earned ticket out of Kentucky with a full ride to Penn State. Two short months before she's finally free, an unexpected death leaves her homeless and forced to spend the remainder of her summer on a peninsula in Texas with a father she barely knows. Begging the summer to go by quickly and hoping to remain as invisible as possible, Beyah wants nothing to do with Samson, the wealthy, brooding guy who lives next door to her father and who couldn't possibly understand where Beyah's coming from or what she's been through. But with an almost immediate connection too intense for them to deny, and futures leading them to opposite ends of the country, Beyah and Samson decide to stay in the shallow end of a summer fling, neither of them realizing that a rip current is about to drag both their hearts out to sea.



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DOLLARS AND SENSE BY DAVID WELLS

It's OK, My Business is My Superannuation...

Over the years I have discussed finance and investments with many self-employed tradies and small business owners and the most common theme they raise is that their business is their superannuation and when they retire, they'll sell the business and live on the proceeds. That's wonderful optimism indeed but is usually so far from reality that the outcomes are very painful financially.

In a small business it's usually the owner (and their partner) who does everything and is responsible for everything that happens or doesn't happen. There's not much in the way of goodwill that is built up apart from the list of regular customers. Even where there are some employees, there's still not much remaining after operating costs, and in many cases less than a real salary. Being self employed is not easy. For people who are after a particular life style it can be very rewarding but for those who want to retire in a very comfortable state if it stays a small business then there will only be a small retirement.

All a tradie has to sell really is their list of satisfied customers and maybe some stock on hand. If you work from home then would you really want to sell the home anyway? There is usually no unique asset that's worth a premium and so when it comes to retiring many small business owners end up just shutting the doors and walking away with very little or even less. When I mention superannuation many say there's no money for that. There's a choice all small business owners have to make – do I live now or do I enjoy a better future when I retire? In some trades that's not so far away – have you seen many 55 year old carpet layers without broken knees?

However, there are only two ways to guarantee a retirement on better than the poverty line, which is higher than the Age Pension. The first is to contribute to superannuation as you go and the other is to use funds to invest outside the business and grow wealth for retirement that way.

Superannuation is the most effective method as it's ongoing preferential tax treatment compounds the benefit over many years. Until recently tax-deductible contributions from self-employed were capped at a ridiculously low amounts but now

the normal contributions are allowed - \$27,500 tax deductible and up to \$110,000 non-deductible each year is allowed per person. Currently the Superannuation Guarantee Contribution rate is 10.5% of wages or salary in addition to wages and salary. A small business person or tradie may find an equivalent sum hard to find on a regular basis but any amount will be better than none. If a regular

contribution is established from the "get-go" then it just becomes a regular expense/investment which makes it much easier to maintain. Having to reduce expenditure to find this amount is much more difficult but just as important. In better months there is always the opportunity to contribute more. Bear in mind that if your small business is incorporated and you pay yourself a salary, you must pay the Super Guarantee anyway or face significant penalties.

There are many alternatives for super – industry funds, small APRA funds and self managed funds. Although it's generally thought that an SMSF needs to hold at least \$250,000 to be viable there are funds available that can be established for as low as \$20,000 with fees of \$262 rising to fees of \$494 on a balance of \$100,000 plus investment costs. It's not so difficult to outperform an industry fund with that.

In terms of external investments it's the same approach – put aside a certain amount every month, either a flat dollar amount or a percentage of revenue, to an investment account that will build up over the years to a good sum. I mean investments, too, not a bank savings account that will never keep up with inflation after tax. Use a good share fund that's cheap to add more as you go and has a good return over time. In the scheme of things there will be volatility so it's important to look for consistency in growth that (mostly) beats any benchmark. There are several Shaw and Partners Separately Managed Accounts (SMA) based on the top 100 listed companies which have done this since they were started seven years ago. There are no further contribution fees once an account is established and contributions can be as low as \$100 to existing accounts. These also have possibly the lowest ongoing cost structure for their type as well.

While directly held investments have a tax disadvantage when compared with super, they have the advantage that they can be used to help the business in times of poorer cash flow or if the owners are unable to operate it due to injury or illness (income protection insurance, anyone?). This is also a potential disadvantage against superannuation as that is protected against early access unless certain conditions are met.

When I first started working with superannuation, I was taught that the only question that needed to be answered was "Do you want to be rich now and poor later, or OK now and rich later?". Everything else follows from the answer to that question. That's especially true of self-employed tradies and small business people.

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CRYPTO ISLAND



THE FUTURE OF CRYPTO IN OUR LIVES

This article examines the potential for cryptocurrencies to advance our ability to live, work, and play in the world we inhabit. The issues below are by no means all-inclusive, and some are unique to Australia (Eg the subjects of taxation and the superannuation industry). Some of the major challenges that will affect how we live in the future are listed below:

- Politics is changing at every level
- Choke Point Capitalism
- Technology is forging ahead and leaving some people behind
- The Tax system in Australia needs a big overhaul
- The superannuation industry is gaining too much control over investment markets
- Covid has impacted all of us and working remotely can be a threat

Politics Is Changing

During the time this article was being written, there were riots in Peru, large-scale rallies in France, widespread instability in Russia, and quiet protests in China. Australia is attempting to comprehend what a Voice to Parliament means for our indigenous people while New Zealand has a new Prime Minister. As the nation experiences a time of uncertainty, the United States of America appears distinctly divided. Everyone in South Africa must contend with an inefficiently maintained electrical grid and frequent blackouts. A tragic reflection of global politics is the conflict in Ukraine, and China continues to be a destabilising force because of its desire to take over Taiwan. Is now the time to embrace a more inclusive and expansive version of socialism?

Global Capitalism

The growth of huge corporations that have an impact on our daily lives and some incredible success stories are both results of global capitalism. Consider Apple, Disney Company, Disney, Microsoft, and Google. These businesses are stifling competition while also making a small number of people very wealthy. At the wealthy section of town, the choking continues. When big business determines how much they may earn, musicians and artists, authors, and movie theatres all feel the strain. The Federal Treasurer, Dr. Jim Chalmers, asserts that he will reinvent capitalism in a document titled "Capitalism after the Crises" that was published at the end of January 2023. In order to fundamentally reimagine post-pandemic capitalism, he is promising further government engagement in the markets for energy, finance, labour, and social services. 'Choke Point Capitalism' is the title of a book written by Rebecca Giblin (a professor at Melbourne Law School) and Cory Doctorow (a bestselling author and activist). It was released in 2022.

Technology

New types of artificial intelligence, a more potent internet, and the widespread use of electric vehicles are all expected in the next years. The internet is often regarded as the most important technological advancement in the past twenty years or so. Almost every facet of how we learn, shop, and have fun has changed as a result. The most recent wave of internet-style advancements is called Web3. Included in this will be the function of cryptocurrencies as platforms for people to develop new goods and services. Artificial intelligence (AI) describes computer-based systems that collect information and monitor our online behaviour. Siri is an illustration of how artificial intelligence is influencing our daily lives. Virtual assistant Siri is part of Apple's audio operating system. Every year, electric vehicles improve. In five years, the batteries that are currently in use will likely be outmoded, and an electric car's range will likely expand. The requirement for more charging stations still necessitates significant infrastructural investments.

Electric vehicles are not popular with everyone, especially in rural areas.

Australian Taxation System Needs An Overhaul

Currently, there are more than 125 distinct taxes being collected by the federal, state, and local governments. Both small businesses and individual taxpayers have a significant cost from income tax. Only when an asset is sold must Capital Gains Tax be paid. When a transaction takes place, the Goods and Services Tax is paid, although there are too many exemptions and the tax rate is low when compared to other nations.

Taxation is frequently used to change consumer behaviour and possibly give some consumers incentives to spend (eg First Home Buyer incentives). Tax rates vary from year to year (eg Personal income tax) and some taxpayers get special concessions (eg Senior Australians and Age Pensioners). The end result of the tax concessions is that not everyone is treated equally. Applying GST to a far wider range of goods and services would allow the federal government to generate a sizable amount of additional income.

Increasing the GST rate is another option. The instant increase in revenue is a benefit of altering the GST regime.

Superannuation

Superannuation is highly complex and tightly regulated in Australia. There are calls for the system to be overhauled, and fees to be reduced. Some commentators believe that there is not enough flexibility to allow members to access their money in times of need.

The Australian Superannuation Industry is becoming dominated by large funds that control billions of dollars of members funds. As the big funds get bigger, they struggle to find investments in Australia, and increasingly they invest in overseas markets.

Large superannuation funds are facing difficulty when trying to engage with their members. One area that needs some creative thinking is in the Aged Care arena. Superannuation is a long-term investment, and the needs of the retired fund members should make investing in Aged Care facilities a priority for the big superfunds. Aged Care facilities might also give some funds a competitive advantage

Covid 19 Impact

We have all experienced the direct and indirect effects of Covid 19. We no longer travel as much, we may work remotely, and we frequently take the health advisories seriously. As the pandemic started, mental health issues have received much-needed attention, and more resources and expert services are being produced. Not all nations have successfully combatted the pandemic, and not all nations have been open about disclosing the number of cases they have seen. The incidence of vaccination varies greatly between nations, and it appears that some vaccines may not be as effective as others. World-wide differences in travel guidelines and regulations have an effect on the travel and education sectors. The work-from-home revolution will be remembered as having its roots in Covid 19. With the use of video links and platforms like result, workers must deal with threats of replacement coming from all over the world. Everywhere in the world, a worker can now be replaced by the lowest bidder.

How Is Crypto Going To Address Some Of These Issues?

- Platforms that provide faster money transfers
- Gen3 internet systems
- Removing banks from many transactions...eg international money transfers
- Better security arrangements
- Better regulation of money markets
- Government backed eCurrencies
- Artificial intelligence
- New investment options

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Fishy Tales with Craig Edmonds from Jim's Bait and Tackle

Mid-February marked 12 months since our move from the middle of town and for us, thanks to the support of our customers, it has been a successful one. It has enabled us to expand our stock range by around 25% and better serve our customer's needs. When we are at our busiest on the weekends, the rest of the shops up our end are closed giving plenty of access for our customers. During the week parking is a little less, but still much easier access than what is now a very busy town, especially if you are towing a boat. The bigger shop has allowed us to display our stock better and there is far more room for people to walk around and look at all the variety that we keep. We are not stopping there though and have many plans for the next 12 months and as we always mention - if you have stock you would like us to keep, just drop in and have a chat because while we can get what we think you will need by talking to us, we can learn exactly what you want.

Better Boating Victoria have announced that they are starting the planning, with council, for the upgrade to the Newhaven boat ramp. It is still in the very early stages of planning and there are no set designs drawn as yet, plenty of sketches though. I think we will all agree that what we want is a solution that will better help us retrieve and launch our boats, parking and fish cleaning. The best way to do this is not to attack it with let's see who we can blame for all the other ramps mistakes and yes there are plenty but that is another issue. Now it's about getting Newhaven right and learning from other mistakes. There will be a series of meetings coming up, apparently one already, with the next after the long weekend. Personally, the way I think these early meetings should go is to have a small group/committee working with the Council and Better Boating to get to a design stage then open to public consultation. The group/committee can be armed with ideas and thoughts from the users to come up with a plan to best suit everyone's needs based on what is actually possible. I fear though that they will just announce it to all and there will be 20 people standing around giving ideas and criticism and not a lot will be achieved. But that is up to those in charge I guess. I will be attending and more than happy to convey your ideas and thoughts. Simply drop into the shop and have a chat.

Although the crowds disappear during February, especially during the week, the reports keep coming in when the weekend weather is fine and the boat ramp resembles the busiest of times. This February the weather has been typical weather for this area. Yes we had a couple of wet or windy days but the rest of it was almost perfect. Warm days, light winds, exactly what we are used to for February. We have been getting plenty of tuna reports and trying to keep up with the best spot to chase them is a daily thing. The

majority of our reports have been outside the eastern entrance and east from shallow to deep, even as far out as Cody Banks. I could tell you exactly where they were caught, but it would mean nothing as it changes daily, if not morning and afternoon. Work that eastern area but don't stress too much looking for birds or bait, 80% of all reports we have had this season haven't found birds or bait until they land the first one, just blind trawling.

The other fishing offshore - flathead, gummies, snapper, has been good. The problem is though, when you stop to have a fish you gain a lot of friends trying to see if you are hooked up to a tuna. It's fine to have a look but keep your distance, if nothing else to give those on the boat room to fight the fish if they are actually hooked up. Some of the stories we are hearing are an accident waiting to happen. The best of the flathead have come from the area around the end of the lead line on your GPS, 30m to 50m with gummies and snapper from the hard bottom towards the powlett/windmills.

Back in the bay and it's whiting in the usual spots, just with a lot of smaller ones mixed in now and a little patience. Required. All the reports over the last few weeks have been the same. Yes, we got them where we expected or normally fish but it took a little while for them to come on and we moved around, not far, until we found them. Pinkies about the same, usual spots, but not with as many tiny ones as we have seen over the last few years. We have also started seeing some better size ones, with customers reporting a bag full of 40cm ones. Calamari have been very inconsistent this year but in fairness we haven't had a lot of people just going out for a full calamari session. Most of the calamari reports have come from those who just want a couple for baits and are then heading for somewhere else. We have however had a couple of reports from those fishing through the bay, even the deeper channels catching them on their snapper baits. Anywhere in the bay it pays to drop over a squid rig, heavy sinker paternoster rig then just check it every now and again.

Entries are available now for our Easter Good Friday Appeal fishing competition. Drop in, check our socials and web site or contact us and we can send one to you. Don't forget the kids show bags are for the first 50 paid up juniors or small fry to enter and there are also show bags for the first 50 ladies to enter thanks to the WIRF network.

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PHILLIP ISLAND AND DISTRICT HISTORICAL SOCIETY

My Poor Friend Burke By Pamela Rothfield

It was a pencilled note written in the top margin of page 5 of the 22nd January 1863 edition of the Melbourne newspaper The Herald, that caught the attention of the Phillip Island Historical Society's committee member, John Jansson. The note comprised four words: 'My poor friend Burke' and was signed by John Cleeland, an early Phillip Islander. The 'poor friend' he was talking about was none other than fellow countryman, Robert O'Hara Burke, who was from Galway, Ireland. Burke led the ill-fated Burke and Wills expedition – the first Europeans to cross our continent from Victoria northwards to the Gulf of Carpentaria.

Leaving Melbourne from Royal Park to great fanfare on 20 August 1860, the 19-man entourage set off, spending their first night on the edge of Melbourne – at Essendon. In December 1860, after four months of travel, a smaller party led by Burke, William John Wills (now second in command), and two other men, John King and Charles Gray separated from the main group at Cooper Creek, in Queensland to complete the trek to the Gulf of Carpentaria.



Robert O'Hara Burke

The group reached the Gulf on 11 February 1861. Tragically it was on the return journey at the end of June 1861 that Burke, Wills and Charles Gray, perished from starvation, having missed their pre-arranged rendezvous with the rest of the expedition party only by hours. It is generally accepted that confusion and poor organisation contributed to the deaths of the total of seven men in the expedition. This was also the conclusion drawn from a commission of enquiry held in Melbourne in November 1861– which noted it 'regretted the absence of a systematic plan of operation by the leader' of the expedition. The bodies of Burke and Wills were recovered and re-interred in Melbourne General Cemetery, where they were given Australia's first state funeral on 21 January 1863.

John Cleeland, author of the handwritten note atop of page 5, was a well-known identity and proprietor of the popular Albion Hotel in Bourke Street Melbourne (where David Jones store stands today) from 1859 until 1881. If you study a map of Melbourne you will find a little lane called Albion Lane, which once provided rear access to the hotel.

The Albion Hotel had distinctive arched façade. It was a three-storey building comprising sixty bedrooms conveniently located next door to the Cobb & Co. stagecoach office, for which the hotel acted as a terminus and depot.



In the 1850s Cleeland travelled extensively throughout the south sea islands and on to America, as the owner and captain of a trading vessel, the 'Harriett'. His love for America was quite evident in many aspects of his life, exemplified by the installation an American ice-cream soda fountain in the hotel foyer which was a novelty in Melbourne in the 1870s. He sold his interest in the hotel in the late 1881, when he moved permanently to his home Woolamai House in Newhaven. The hotel closed in 1912.

Phillip Island and District



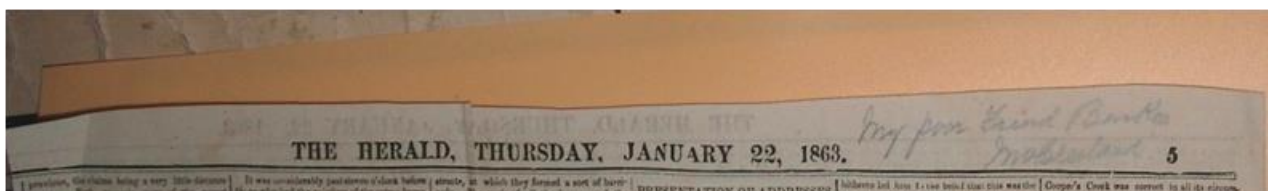
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Phillip Island & District Historical Society





Healthy and Healing with Pip

Do you lack creativity and inspiration?

I've found over the years, that my contemporary goddess clients come to me complaining of a lack of creative spark! They feel like their world is bland. Their life is monotone. Their days are filled with same-ness. They are going through the motions but not feeling inspired.

Do you feel like that?

Well, you are not alone.

You have NOT lost it my friends ... it is NOT gone.

The focus of your life has been on the material and all the earthly things. Right?

You've been making money, building a home, raising kids, tending to a relationship, becoming successful and doing all the things that society tells us to do. Yes?

Nothing wrong with that ... well until you start to feel there is something missing.

And I'm here to tell you that the thing that's missing is spirit ... inspiration ... it's bringing spirit INTO your life, in whatever way works for you, so that the colour and juice and magic returns.

Remember when you were a child, and the world was FULL of colour?

Even if you had a difficult childhood, you can still probably remember times when there was lightness, a feeling of freedom, and the energy of magic.

One of my favourite things to do is the Draw Your Destiny exercise ... I do it as part of my Goddess & Creativity Workshop and it's included in my Divine Alignment 1:1 Coaching Program.

You are given coloured pens, pencils, crayons and a big piece of paper to begin to draw your destiny, tap into your Soul purpose, and get some clarity about the meaning of your existence in this life. Note: You don't need to be an artist ... just be open-hearted and curious.

You will experience a sense of re-awakening of your Goddess ... who is deeply nurturing and wise. She who gives you divine support when you feel lost and alone.

The profound part of this exercise is not that you remember your life's purpose (although that is very cool) ... it's that you allow yourself to be playful again.

A lot of the successful and high achieving woman that I coach tell me that there are few moments in their life where they give themselves permission to relax and play.

Brene Brown says that inspiration is a vital part of business and if you don't allow people to relax, chillout, be vulnerable, creative and open ... they won't be inspired, they won't innovate and they won't find the solutions to problems.

It's another reason why the 'only work hard to succeed' belief doesn't hold water.

And so, I encourage you to consider ways to add in creative moments to your day.

- Write about your day in a journal,

- Dance and sing to your favourite songs,
- Get out the crayons, paints, pens or pencils and draw,
- Colour in a mandala,
- Do some interior designing of your house,
- Learn how to build a bird house,
- Watch a YouTube video and bake a cake,
- Do some gardening or pot some indoor plants,
- Start a hard copy or digital scrapbook of photos for 2023,
- Create a visionboard of goals,
- Cook something new for dinner every night for a week,
- Learn to play a sport.
- Practise guided meditations to improve your visualisation skills.

Make a list of ten things that you could try this month ...

There's a billion creative things that you could add to your life that would balance out the practical ... you'll be so grateful you did.

Blessings Pip

p.s. If you'd like some help with your brainstorming, please reach out to me at www.pipcoleman.com – I'd love to support you in living a more inspired life. Plus, it's one of my FAVOURITE things to do!

OR

You can join me for the GODDESS & CREATIVITY WORKSHOP at Island Healing Day Spa, Phillip Island on 25th March @1-4pm. Details below.

Join me for this powerful 3-hour workshop, where you will be introduced to the Goddesses and connect with the energy of Divine Feminine, that is creative, inspiring, and deeply nurturing. You'll be given coloured pens, pencils, crayons and a big piece of paper to begin to draw your destiny, tap into your Soul purpose, and get some clarity about the meaning of your existence in this life.

NOTE - You don't need to be an artist ... just be open-hearted, curious and willing to be playful.

You will experience:

-A guided meditation to meet and gain wisdom from the Goddesses

-Draw Your Destiny – a fun life purpose automatic drawing process.

-Yummy snacks and delicious drinks.

-FREE DOOR PRIZE ... to win a Divine Self-Care package worth \$300!!

\$80 per person // \$120 for a double-ticket if you bring a friend or partner.

BOOK YOUR SPOT by sending an email to pipcoleman@yahoo.com.au before Thursday 23rd March at 10pm.

** This workshop is open to high vibe men and women **

Pip Coleman

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EASTER OPENING HOURS: Thurs April 6 - 8.30am-5pm

Good Friday April 7 - 8.30am-1pm

Saturday April 9 - 9am-4pm, Sunday April 10 - 10am-3pm

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24-26 Boys Home Road, Newhaven Ph 5956 7980

Phillip Island Business Network



Business of the month The Topsy Cowe

Introducing The Topsy Cowe - A Fresh Twist on Phillip Island's Dining Scene!

Phillip Island just got a whole lot more exciting with the arrival of The Topsy Cowe - a trendy, upbeat tapas bar and restaurant that's serving up something truly unique. We believe that dining out should be an experience to remember, which is why we've put our own spin on traditional share plates, using only the freshest, locally sourced ingredients. Every dish is carefully crafted to tantalise your taste buds and leave you wanting more.

At our bar, our bartenders are shaking things up with their signature cocktails, served up perfectly every time thanks to our state-of-the-art drink dispenser and its bottoms-up system.

The Topsy Cowe, is also a hub for diverse events, featuring the most talented drag performers from all over Victoria. Whether you're in the mood for a night of entertainment or just a relaxed evening with friends, there's always something happening at our place.

Phillip Island was missing a spot like The Topsy Cowe, and we're thrilled to be filling that gap. Come join us and see what everyone's talking about. We promise you won't be disappointed! Get ready for a night of unforgettable flavours and drinks served with a side of excitement.

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the Phillip Island Business Directory:
www.pibn.com.au/directory

 <https://www.facebook.com/phillipislandbusinessnetwork>



Phillip Island Camera Club— "Mist Photo Opportunities"



Just like that, it's autumn already. Where did those first couple of months of 2023 go? I've been out and about finding and photographing the first autumn leaves, capturing the beautiful red, orange and yellow hues. But autumn for photographers is more than taking images of colourful autumn leaves. Autumn is also a great time of the year for photographing sea mists and fog. A landscape or seascape can be transformed by mist and fog.

Here's a few pointers for capturing mists. First, you need to get up early to find mists, as unlike fog, mist tends to disperse when the sun rises. Mist forms because of the difference in night time and day time temperatures. Second, you'll need to know the spots where mists usually form at Phillip Island – but usually it's around water; the sea, dams, rivers or lakes (such as Swan Lake). Hilltops are another great place to find mists, with the added bonus of vistas of lower-lying land below.

You do need to think about the composition and how the mist interacts with the landscape, seascape, wildlife or other features you wish to capture. Shooting with fog around you can provide wonderful, eerie effects. It can also obscure distracting elements to give you a minimalist effect.

Whilst the lighting effects you can achieve when shooting in mist and fog can be awesome, a long exposure and tripod may be needed to capture dimly lit objects. On the other hand, if you want a moody silhouette against the mist, you'll need to meter for the mist, rather than the object to be silhouetted. Finally, use a fast shutter speed if you wish to freeze the movement of fog, otherwise, use a slower shutter speed to smooth it out for a more amorphous look.



Recently, one of the members of the Phillip Island Camera Club, Ken Anderson received a Highly Commended Award in the Wilderness Photographer of the Year for his image 'Misty Morning Cliffs'. Wilderness Photographer of the Year is presented by Southern Ocean Walk. His image beautifully captures the sea mist around the cliffs looking out over Pyramid Rock. Ken used a Canon 5DSR camera (on a tripod) with a Canon 16-35 F/4 lens shot at about 28mm f/8 1/8th second exposure to capture the image.

'Misty Morning Cliffs' by PICC member, Ken Anderson, gained a Highly Commended Award in the Wilderness Photographer of the Year. Image is copyright of the photographer.




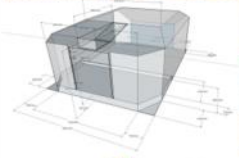


If you found this article of interest and would like to find out more go to <http://www.phillipislandcameraclub.com.au/>

For more information about the Phillip Island Camera Club phone Jenny on 0408355130.

Reference: Mist opportunities, Geoff Harris, Learning with the Experts, October 14, 2014 <https://www.learningwithexperts.com/photography/blog/mist-opportunities>.

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Authorised by Russell Broadbent MP, Liberal Party of Australia, 46C Albert Street, Warragul, VIC, 3820



Let's get cooking

Simple and delicious recipes from Paul at Hill Top Farm Butchers

Greek Style Steak and Chips



WHAT YOU NEED:

- 2 Steaks, sliced
- 4 Kipfler Potatoes, cut into wedges
- 1 tsp SPG Rub
- 1 tsp Souvlaki Rub
- 3 tbs Olive Oil

WHAT TO DO:

Place potatoes in pan of water and bring to the boil then simmer until cooked, but firm. Strain off water and sprinkle with 1/2 the oil and the tsp of SPG Rub then mix well and set aside.

In fry pan pour in remaining oil and Souvlaki rub and add steak.

Mix well and COOK for 3-4 minutes.

When brown add potatoes and mix well.

Cook for 2 minutes

leave to rest.

Serve with Greek Salad.



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WHY 2023 IS THE YEAR TO BUILD YOUR NEW DREAM HOME ON THE BASS COAST

The Bass Coast and surrounding areas have continued to see unprecedented levels of interest from new home buyers, making it the place to be for a unique tree or sea change.

Metricon, Australia's leading home builder, believes 2023 is a great time to build a brand-new home. The current market conditions mean that having complete control over your floorplan, with no hidden costly renovation surprises, and keeping your features and style at the forefront of your home design, makes building new very appealing.

The great thing about Metricon's extensive range of home designs, honed over 47 years of industry excellence and innovation, is that there's bound to be a floorplan design that appeals to everyone's lifestyle, goals, and budget considerations.

The friendly team at Metricon will make the process as easy as possible for you, and once you've settled on the right home design, you can fine-tune it to your heart's desire through the Studio M process, packed with exciting fixtures and finishing options. The real bonus of achieving your dream? A gleaming new home built to exacting standards and protected by Metricon's lifetime structural guarantee – the way you want it.

Modern lifestyle requirements have certainly evolved in recent years – the regional shift and desire for open plan living, multigenerational options, low maintenance and a strong demand for sustainable lower maintenance homes, are also factors stacked in building new favour. Metricon currently has two show-stopping homes on display in the bass coast region, including the Alto and the Merricks, displayed at Grantville and Cowes; these are two double-storey designs, both offer something different for buyers looking for inspiration to build a home that stands out on the street and realises their country and coastal living dreams.

Metricon's Gippsland Regional Manager Jason MacGregor commented, "we have had continued high levels of interest for these stunning designs in the Bass Coast region, the demand for new, well designed, sustainable homes in such idyllic coastal areas has continued to accelerate in 2023.

"Now is the time to take the next step and discover how to make your new home dreams come true. Our team are always here to help and advise the best course of action – whether it is knock down and rebuilding or looking at various house and land packages, we can help with all requirements", Jason concluded.

The Alto is located at 1 Walker Court, Grantville and the Merricks is located at 64 McKenzie Road, Cowes. To book an appointment at one of these display homes with a local New Home Advisor, or for more information about Metricon and its homes, visit www.metricon.com.au or call 1300 638 742.



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ALEX SCOTT AND STAFF EST. 1986

Offshore Theatre presents 'Australians All'

Offshore Theatre is proud to present this production of Jonathan Biggins' 'Australians All... by arrangement with David Spicer Productions.

Set in the seaside town of Coriole Shire, the local Australia Day committee meet to organize their Australia Day celebrations but all does not go to plan. In an era when Australia is in the midst of a cultural war with itself, this play may stand as one of the most important texts of its time. The political divide has never been wider as the Right and Left hammer their way into an uncertain future. Old values meet new in an hysterically funny, poignant and at times heart breaking portrayal of Australia in modern times. This play brings together a formidable cast and is an event not to be missed.

Directed by Amanda Price, Australians All stars local actors and is the first production to be held at the new Black Box Theatre at Newhaven College.

Group discounts are available for Opening Night – 23rd March - \$20 per ticket for groups of ten people. Other nights – \$25 for groups of ten. Single tickets are \$30 per ticket. Bookings are on line at [trybooking.com](https://www.trybooking.com).

Australians All season is 23rd March to 1st April. Matinees 2pm Sunday 26th March and 5pm Saturday 1st April.



A classic crime story from our esteemed crime writer, Leon Herbert

THE CASE OF THE PORTLY CORPSE

*Mary, Mary, quite contrary
How does your garden grow?
With silver bells, and cockle shells,
And pretty maids all in a row, maybe
not forgotten by an angry sow*



Leroy, the famous, although somewhat eccentric sleuth of Phillip Island, stood in front of a small suburban house in Cowes with a neatly trimmed lawn and beautiful flower beds.

He watched as the seat of the sedan in the driveway alongside a flowerbed was moved forward to remove the corpse wedged between the front and back seat. It was the portly body of Guy Edmunds- recently married, recently deceased. Shot in the head. Leroy knew of him and his reputation as a serial womaniser and a regular at the RSL pub with his beer swilling mates, regaling his exploits, particularly with some of the married ladies of the village. Well, clearly having stopped chasing women, overeating, and smoking- some at the same time- his funeral would be noteworthy for attendance by husbands keen to ensure he was safely buried- including the culprit.

Inside the house Inspector Jack Flint was questioning Guy's new bride, Mary. When Leroy entered, the inspector paused and summarised what he had learned so far. Guy's body was discovered in the back seat of his car that morning by Joseph the postman. Mary said she and her husband had had an argument the previous night around 11 o'clock. She claimed Guy had left in a huff and had not returned.

"So, you went to bed and just found out about your husband's death this morning when the police came to the door?" Leroy asked the petite young lady who sat at the kitchen table sobbing and wringing her hands.

Leroy could not help but feel sympathy for her and her failure to find a loving and faithful husband- anyway her married pain was short-lived in comparison to incarceration in gaol if she was the culprit. - something that needed immediate resolution and for which he had a premonition.

"No," she said, getting up to pour Leroy a cup of coffee. Standing, she was barely over five feet tall and could just reach the coffee cups in the cupboard. Her hands trembled as she set the cup on the table in front of Leroy. 'I was awake most of the night listening to music and worrying about Guy,' she said.

Leroy raised his eyebrows wondering who apart from Guy's mother could worry about him. Still he must be careful not to lose his objectivity when evaluating the attractive widow.

"Had he left in a huff before? Leroy asked. "Yes, he doesn't talk things out. He just drives around, I think, and settles down. He's usually back in an hour or so. We both apologise, and the spat is forgotten."

"Did you hear the car drive in?" Flint asked believing there was only one suspect here and it was the grieving wife who had cause to have more spite than spat.

"No, the music,' she said.

"I'm afraid, Mrs Edmunds....." Inspector Flint began.

"That someone killed your husband, drove his car home, and left it here with his body in the back seat, and that someone isn't you.

"Leroy said, finishing Flint's sentence with probably a different conclusion. Flint looked at his friend in amazement. "Come on Leroy, let's not rush to judgement."

Well, readers of the Vibe- has our resident sleuth in reaching this conclusion been beguiled by the charms of Mary and his dislike for Guy- surely Mary had all the motive and opportunity to rid herself of her beastly husband and focus on her garden? What do you think?

Vibe readers should turn to page 22 for Leroy's solution.



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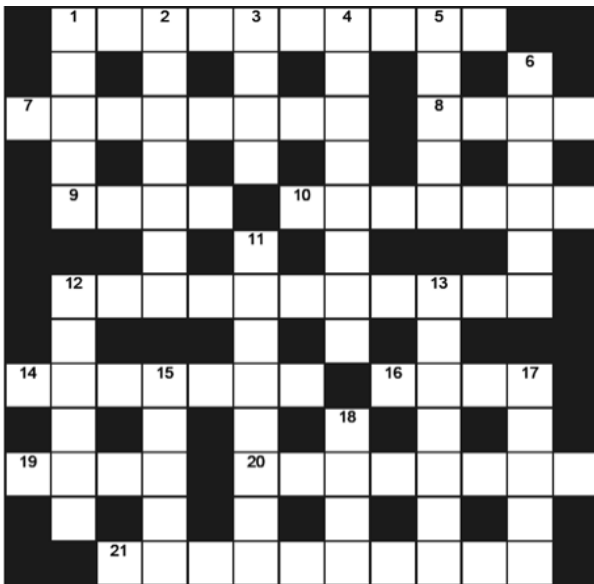
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- Renovations • Additions • Decks
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Brain Food

Find all the answers & solutions to Puzzles
& Quiz on page 22 (No peeking!)



Vibe Quick Crossword

Across

- 1 Without shoes (10)
7 Feeling troubled (8)
8 Become wide open (4)
9 Twelve months (4)
10 Heavenly (7)
12 Eating places (11)
14 Without direction (7)
16 Mark (4)
19 Oven (4)
20 Wedding (8)
21 Found fault (10)

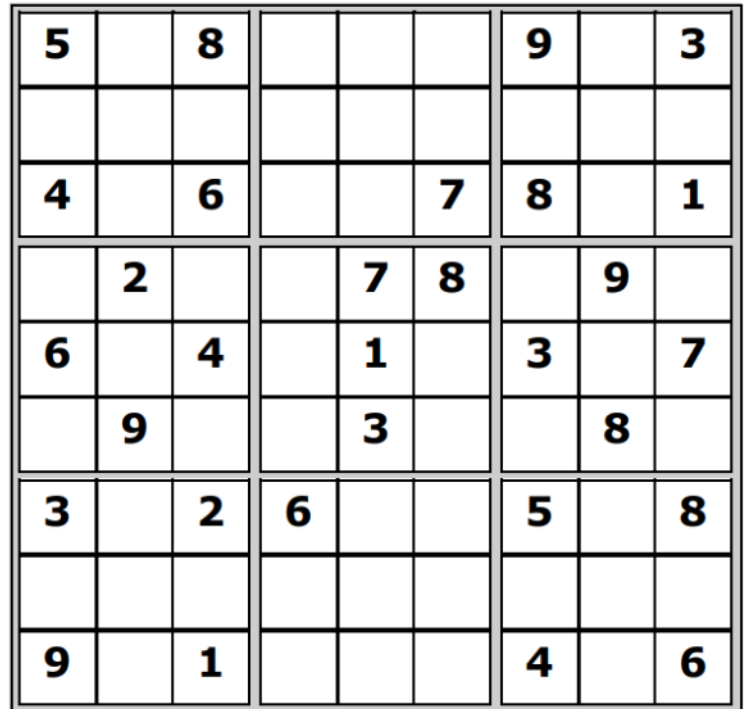
Down

- 1 Loose fitting (5)
2 Customs (7)
3 Destiny (4)
4 Normal (8)
5 Bird of prey (5)
6 Tiny insects (6)
11 Baby's bed (8)
12 Dried grape (6)
13 Serviettes (7)
15 Of the moon (5)
17 Covered in baked clay pieces (5)
18 A long poem steeped in heroics (4)

TRIVIA QUIZ

1. Which flower is associated with WW1? 2. How long is an Olympic swimming pool? 3. What geometric shape is generally used for stop signs? 4. What is Cynophobia? 5.

What punctuation mark ends an imperative sentence? 6. What is the name of the biggest technology company in South Korea? 7. Which animal can be seen on the Porsche logo? 8. Worship of Krishna is observed by which religious faith? 9. What is the name of the world's largest ocean? 10. What is the common name for dried plums? 11. What was the first feature length animated movie ever released? 12. Havana is the capital city of which country?



Vibe Sudoku Each row, column and sub-box must have the numbers 1-9 occurring just once.

PHILLIP ISLAND SENIOR CITIZENS MONTHLY UPDATE

If you thought you heard the pipes a calling last month, you weren't mistaken. We had an absolute blast with the Victorian Police Pipe Band who played for us in February.

And that was just the start. We have something booked for each of our monthly lunches to come. More musical acts and the gadget lady are among some of the exciting times we have coming up through to the end of the year.

We'd like to say a very special happy 90th birthday to our beautiful long time member Marg Drake who turns 90 years young this month.

We'd also like to welcome back with open arms our cook Melva Smith. We are so very lucky and grateful to have had very talented cooks over the past few years but it's definitely great to have Melva back on board with us again.

Don't forget we have many other great activities apart from lunch.

There's ballroom dancing on a Monday night - call Jean Pierre on 0433 114373. We also have carpet bowls - call Dominic on 0419 831180. And there's the train club open most Sunday afternoons between 2pm - 4pm at the back of 6 Lions Court, Cowes. And if you'd like to come to our lunches, remember it's only \$20 for a 3 course roast meal.

Our lunch dates are as follows:

April 14; May 5th; June 2; July 7th; August 4th; September 1st; October 6th; November 3rd and December 1st. Bookings are essential by calling our secretary Liza on 0431 867 058. And don't forget we have great prizes to win with our raffle tickets on the day. We look forward to seeing you for lunch soon.



Surf news by Ed Amorim
@prosurfcoaching_

We Need a Future!

We live our best times on the beach, we will enjoy the beach forever. So much to give back so please respect what our beaches mean to us all and our lives. Take care of our environment and make it your responsibility to collect 3 pieces of rubbish that you can find and deposit it into to the closest bin.

Check out this amazing idea— The Founding of Take 3

“HOW CAN WE STOP PLASTIC POLLUTION FROM KILLING WILDLIFE AND SUFFOCATING OUR PLANET?”

In 2009, two friends set about answering this question. Marine ecologist, Roberta Dixon-Valk and youth educator, Amanda Marechal developed Take 3 – an idea where a simple action could produce profound consequences. Joining forces with environmentalist Tim Silverwood, the trio publicly launched Take 3 as an organisation in 2010.

Their message was simple: Take 3 pieces of rubbish with you when you leave the beach, waterway or...anywhere, and you have made a difference.

Plastic pollution is devastating oceans, killing wildlife, changing our climate and threatening the health of our planet. Plastic is a material designed to last forever that we often use only once. Poorly managed plastic ends up in the sea because the ocean is downhill from everywhere. Take 3 is working to create a world where the over-use and mismanagement of plastics is not tolerated. We aim to shape public opinion, influence decision makers and nurture intergenerational communities to take personal responsibility for protecting the oceans from plastic pollution.



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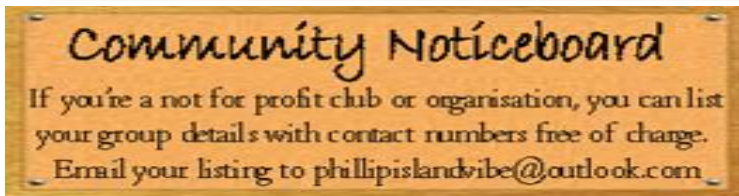
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Phillip Island Lions Club - Trash and treasure market. Sat and Sun. 9.30 -12.30. Dunsmore rd. Cowes (next to transfer / recycling station). Volunteers welcome. Ph.59002896 f/b page: Phillip island lions

Phillip Island Bicycle User Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Trevor Hayes 0408 574360.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400 815353.

Phillip Island Girl Guides Girls and volunteers both welcome. Girls aged 7-14 on Thursday night from 5pm to 6.30pm at Scout Hall, Dunsmore Road, Cowes. Contact Chris Oliver 0428 644397 or email: chris.oliver@guidesvic.org.au

Phillip Island Club (Senior Citizens) Carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Fridays 12noon, 3 course lunch \$20. Island Celebration Centre Hall for hire. Ph 5900 2921 or 0431 867058 for more information.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Dianne Glanz 0417 610 611 or probussanremo@gmail.com

Phillip Island Scout Group – Cubs: Wed 6.30pm-8pm, **Scouts:** Thur 7pm-9pm, **Venturers:** Mon 7pm-9pm. Located at Bluegum Reserve, Dunmore Road Cowes. New members welcome. Email: gl.phillipisland@scoutsvictoria.com.au

Phillip Island World Vision Club 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members welcome. Call Thelma 56785549.

IAA Island Astronomy Association Inc. Our Club meets on the first Wednesday of each month, 7.15pm start. New members are very welcome. To find out more details please contact Eden White edendwhite22@gmail.com

Phillip Island Masonic Lodge - meets every 2nd Wednesday of the Month at 7.30pm (opposite Coles supermarket) New members and visiting brethren welcome. Hall for hire - contact Ian Samuel 0413157284.

Phillip Island and District Railway Modellers is a model train club that meets every Sunday to run trains at the Cowes Senior Citizens Club (back door) from 1:00pm to 4:30pm. Visitors are welcome, new members more welcome. More details Geoff N on 0419 357 097 or Geoff B on 0429 419 011. Or email to piadrm@gmail.com

Home Library Service For information on applying for our home library service or volunteering, please speak to library staff on 5644 3320 or visit our website www.myli.org.au/about/volunteers

The Phillip Island Miniature Light Railway Inc. Secretary, Bev Munro, 0417 578 435 or Facebook. New members welcome.

Lions Club of San Remo & Newhaven 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Secretary Andrew Page 0410 785081, 56780162 or sanremo.newhavenlions@gmail.com

PIRSL Community Men's Shed meets at the rear of the RSL every Tues, Wed & Thurs mornings 9am-noon. Anyone most welcome to join us. Contact Tony Ashton 0499 996237.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhll Hall. Joining fee \$60, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414 709066

Phillip Island Croquet Club New members welcome to come and try Thursday and Friday mornings 10am-12pm. Please phone before coming to the club. Secretary 0493 614265 John 0409 858985. Blue Gum Reserve, Dunsmore Rd, Cowes.

National Vietnam Veterans Museum needs volunteers interested in gardening on our site and cleaners keen to keep our displays sparkling. Contact Julie on 5956 6400 or apply online via our website www.vietnamvetmuseum.org.

Phillip Island RSL Day Club Mondays, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises, guest speakers and outings. Transport can be arranged if necessary. Ph: PIRSL Reception on 5952 1004.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Bob Hee 0418 173388.

Phillip Island Camera Club meets 1st Monday of the month, Newhaven Yacht Squadron Clubrooms, 1:30 - 4pm. Contact Jenny on 0408355130 or email phillipislandcameraclub@gmail.com. For more information go to www.phillipislandcameraclub.com.au

Phillip Island Swim Club must be competent in 3 out of 4 strokes and looking to extend skills with qualified coaches. Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418 178343 or piadgs@gmail.com

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact us via email: phillipislandadultridingclub.com.au

Cape Woolamai Coast Action is a volunteer group who meet on the second Saturday Monthly from February to November. We undertake general maintenance and plantings along the Cleeland Bight foreshore. Meeting at Cottlesloe Ave 8.00am to 10.00am followed by morning tea. Ph: Marg 0419007758 Email: capewoolamaica@gmail.com

The Probus Club of Phillip Island Inc meet 4th Wed of month 10am, Anzac Room, Phillip Island RSL, New Members most welcome. Further info Chris Cannin 0434 489011 or Ash Rizvi 59521604.

Cowes Branch Country Women's Association (CWA) 1st Thursday of the month February-November. currently meeting at Rotary Shed-Dunsmore Rd 1pm More info: Felicity 0414 507 420 Penny 0437 042 084 Cowes CWA Shop Thompson Ave Cowes Tues-Sat 10-2 cwaofviccowes@gmail.com

Country Women's Association Victoria Inc. Phillip Island Twilight Branch invite you to join us for "Sharing, Fun and Friendship". We are a vibrant group of women who are engaged in social issues, learning new skills and fundraising for women and children. We meet the 2nd Wednesday of the month at St John's Hall, Chapel Street, Cowes at 7 pm. Contact Sally Matthews 0409521825 and Rosie Brewin 0409792245

Phillip Island Day View Club proudly supporting The Smith Family. Feb-Dec - 4th Monday of the month at 11am, Rusty Waters Brewery, Cowes. Bookings essential. New members welcome. For information contact Ann Finger 0439 399829.

Phillip Island & District Historical Society 56 Chapel Street Cowes, Contact: Pamela Rothfield 0418 368 607

Phillip Island Library is closed for the redevelopment of the Cowes Cultural centre the new library facilities. Our Click & Collect and returns location is Phillip Island Community and Learning Centre 56/58 Church St., Cowes. Library items may be returned outside the office at PICAL 24hrs and pick-up of holds is available on the following days: Tues 1.00-4.30pm : Wed 9.30-2pm : Thursday 9.30-1pm.

Friends of the Library Call Celia 59521901.

Bass Coast Toastmasters Meetings in San Remo. Contact Patricia Jamieson 0412339795 basscoasttoastmasters@gmail.com

San Remo Bowls Club Social Bowls 12pm for a 12.30pm start. Stick draw. New bowlers and visitors most welcome. April to September - Tuesday's and alternate Saturday's. October to March - Wednesday's. 1a Wynne Road San Remo, next to the Primary School. Ring 0493237913 for details.

Phillip Island Patchworkers Inc. We not only do Patchwork but all other varieties of Craft such as Embroidery, Beading and Knitting. We meet Monday Nights 7.30p.m. to 9.30p.m. The first, second and last Tuesday of the Month 10.30a.m. to 2.30p.m. At Wonthaggi first and third Friday of the Month 10.a.m. 2.30p.m. Corinella Crafties second and fourth Wednesday of the Month 10.30a.m. to 2.30p.m. For more information please contact President Gayle Rowden 0400634282 or Secretary Lyn Arnold 0429481875

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Age group 60-90 years. Call Dagmar 59566965.

"Bee Crafty" Community Craft Group is meeting fortnightly on Wednesdays at St Phillips Church Hall, Thompson Avenue, Cowes (opposite Coles). All are welcome. For further details Desma Maxworth 0409 136 620.

Boomerang Bags Phillip Island and San Remo Volunteers sew re-usable bags to supply local shops and reduce plastic. Sewing bee every Wednesday 10am-4pm Garden Room 2, PICAL 56-58 Church St Cowes. Everyone welcome (no sewing experience necessary).

PARKRUN- free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

SES San Remo Unit trains every Thursday at 6:30 pm at 14 Davis Point Road, San Remo. Come and meet our friendly group, see what we do. We have a role for everyone. For information email sanremo@ses.vic.gov.au

Rotary Club of Phillip Island and San Remo Our friendly Club helps care for & brings our Community together through fund raising & community activities, including running our Cowes Op Shop. New members & volunteers are always warmly welcomed. Please call President, Judy Lawrence for more info: 0418 325 055.

MS Community Visitors Scheme in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email volunteer@ms.org.au

The Probus Club of Cowes-3rd Monday of each month at 10:00 a.m. at The Phillip Island Senior Citizens Hall Cowes. For enquiries call Sue on 0438 304 082 or email probuscowes2@gmail.com

Phillip Island-San Remo-Bass Coast Vegan Community Sharing and promoting what's vegan & plant based. Everyone welcome. phillipislandbasscoastvegans@gmail.com

Island Voice Meets last Wed of the month 5.30- 7pm PIRSL New members welcome Contact Sec. Linda Marston 0428 344 726.

Phillip Island Community Meal operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St & Warley Ave, Cowes. Facebook @cowescommunitymeal
The Artists' Society of Phillip Island, ASPI, is for a wide range of artistic expression from the field of Visual arts through to writers and poets. There is a program of regular activities including Textile Arts, Portraits, Life Drawing, Appraise & Connect, Come & Create, and the Ibis Writers group. Workshops held throughout the year. New members are very welcome. For further information contact aspicommittee@gmail.com or Miranda 0400 927 076 .

First Friday Philosophy Lunch We meet once a month over lunch at the Wild Food Farm, on the Rhyll Newhaven Road at Rhyll. We discuss some of the big questions about life, the universe and everything. Newcomers are very welcome. \$35 (including a two course lunch). Bookings or enquiries to John Buttrose: jbuttrose54@gmail.com

Narcotics Anonymous meets weekly Sundays 5-6pm, St Phillips Anglican Church, 102 Thompson Ave, Cowes. New members welcome. For more information contact 03 9525 2833 or na.org.au

The Phillip Island Medical and Health Action Group (PIMHAG) advocates for improved medical and health services for Phillip Island and San Remo. PIMHAG welcomes new members. Please contact Secretary linda@marston.com.au or 0428 344 726.

Woolshed Spinners meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact Robyn Holman 0429 700 492.

Phillip Island Health Hub Auxiliary meets 1st Wednesday of every month at 1.30pm at the PI Health Hub in Cowes. We fundraise to purchase much needed equipment for specialists and medical staff offering services at the Health Hub. New members very welcome. For more info – Wendy 0417 245 692.

Phillip Island Bowls Club 40 Dunsmore Rd, Cowes. New members welcome, open to all ages. Social bowls every Thursday at 12noon and barefoot bowls over Christmas holidays. Corporate bowls from January till March. Free coaching available. Come and give it a try - contact George Mol on 0407 851065.

Phillip Island Community Art & Craft Gallery Contact Secretary Aleta Groves 0419525 609, email info@phillipislandgallery.com.au

Ibis Writers is a group of local writers who meet once a month to support and encourage one another, share writing opportunities and offer each other feedback on work in progress. All writers, beginners or experienced, poetry, fiction or non-fiction, are welcome to join. Contact Lorrie Read 0425 858 067 or Ian Robinson 0407 240 024 for more information, meeting dates, etc

Rotary Op Shop, Cowes Run and staffed by Volunteers from all walks of life, including Rotary Club members, our Op Shop is a wonderful, fun place to volunteer, help the community & meet new people! New volunteers always welcome, please call Rotary Op Shop Coordinator, Diane for more info: 0417 577 082

Cowes AA Big Book/Steps Meeting, 7pm Tues nights, St. Phillips Anglican Church. Corner Thompson Ave & Church St.(opp. Coles) Ph. 0417 317470

Ventnor Coast Care Association Inc is a volunteer group, working to conserve, enhance and maintain the Ventnor coastal foreshore between Anchorage Rd and Devon Ave. We meet monthly at 9.30am, for a 2 hour working bee, from February to November, followed by a cuppa. We welcome new members! Please contact Cathie or Trish at: ventnorcoastcare@gmail.com.'

The Newhaven Residents Group Association Inc. We are a not for profit organisation advocate for communication and residents concerns. Phone 0413 623 052.

Solution to the “The State of the Portly corpse” whodunit

Leroy did not rush to judgement- He had noticed the car seat had to be moved forward to remove the body. By deduction someone had put the body in the back and then moved the seat back, wedging the body in between the seats.

Being only five feet tall, our Mary would have moved the seat forward. It was also doubtful of course, that such a petite woman would have been able to lift the portly body of a full-grown man in the first place- no it was more likely to be the action of a very disgruntled husband of a deflowered wife.

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5	7	8	1	2	4	9	6	3
2	1	9	8	6	3	7	4	5
4	3	6	9	5	7	8	2	1
1	2	3	5	7	8	6	9	4
6	8	4	2	1	9	3	5	7
7	9	5	4	3	6	1	8	2
3	4	2	6	9	1	5	7	8
8	6	7	3	4	5	2	1	9
9	5	1	7	8	2	4	3	6

ANSWERS TO TRIVA QUESTIONS

1. Poppy
2. 50 metres
3. Octagon
4. Fear of dogs
5. A full stop or an exclamation mark
6. Samsung
7. Horse
8. Hinduism
9. Pacific Ocean
10. Prunes
11. Snow White and the Seven Dwarfs
12. Cuba

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DIMPLES LOUNGE BAR

MARCH GIG GUIDE

FRIDAY 3RD Dan Lunn	SATURDAY 4TH The Tuxedos	SUNDAY 5TH Todd Cook
FRIDAY 10TH The Corz	SATURDAY 11TH Cover Council	SUNDAY 12TH *Private Function*
FRIDAY 17TH Ollie & Scuzzi	SATURDAY 18TH Ian Duchesne	SUNDAY 19TH Esta Christensen
FRIDAY 24TH Kier Stevens	SATURDAY 25TH Millie Clifton	SUNDAY 26TH Rennie



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