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ISSUE 110 MARCH 2019



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Welcome to the March edition. Enjoy our many regular columns including book reviews by Turn the Page Bookstore, fishing column by Jim's Bait and Tackle, Soulful Living by Trish, Leon's Out of Africa and Who Dunnit, Phillip Island Camera Club, Surf News by Pro Surf Coaching and Healthy and Healing with Pip. Thanks to Renee de Bondt Photography for another stunning front page photo.

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COMPOSITION – LEADING LINES

(Submitted by Phillip Island Camera Club)

A poorly composed photograph will leave the viewer confused about where to look and their attention might wander aimlessly around the scene without finding a clear focal point. Lines can be used to control the way people's eyes move around the picture.

When you look at a photo your eye is naturally drawn along lines. By thinking about placement of lines in your composition you can influence the way your image is viewed, pulling the eye into the picture towards the subject, or on a journey "through" the scene. There are many different types of lines - straight, diagonal, curvy, zigzag, radial or serpentine to name a few and each can be used to enhance the photo's composition.

Lines exist everywhere in the form of walls, fences, road, tracks, buildings and telephone wires. Converging lines give a sense of perspective and three dimensional depth drawing you into the image. Curved lines can lead you on a journey around the frame leading you to the focus point- your main subject.



Using fence as leading lines to Wallhalla Bandstand - the focal point.

Photo by Lynne Cook

BASIC PHOTOGRAPHY COURSE

The Phillip Island Camera Club will be running a Basic Photography Course on Monday, 25th March, Tuesday, 26th March and Thursday 28th March, 2019 from 6 – 9 pm at the Newhaven Yacht Squadron Clubrooms. Everyone welcome. For more information and to reserve a place phone Susan on 0408 386 717.

Ref: The 10 rules of photo composition By Digital Camera Magazine and 20 Composition Techniques That Will Improve Your Photos by BARRY O CARROLL



On the Farm. Using the hay bales to lead the eye into the tractor and rake – the focal point.

Photo by Lynne Cook

Phillip Island Senior Citizens Club

If you haven't been to the Phillip Island Club yet, you don't know what you're missing. We're not a bunch of old fuddy daddies. Hell no! We are vibrant men and women who love catching up over lunch once a week with great friends. And the raffle prizes are fabulous value for money too. Prizes include fresh fruit basket, mixed basket of munchies, bottles of wine and an RSL voucher. A 3 course roast lunch for only \$15 including tea, coffee and water is the best value going round for good quality food. We also cater to vegetarians and diabetics. And we have a byo licence if



you choose to have an adult beverage with lunch. Also open on lunch day is our own op shop with lots of great bargains. And don't think the fun stops when lunch is finished. Why not continue the great day out with a game or two of bowls! A reminder to our members that we have a courtesy bus that can pick you up and drop you back home. Bookings are a must so call us before any Thursday on 59522973 so we can set a place for you. Don't forget to check out our Facebook page <https://www.facebook.com/Phillipislandclub/>

And why not take the grandkids to see the train club that operates at the back of our club hall from 2pm - 4:30pm every Sunday. Enter through Melaluca carpark in Watchhorn St, Cowes.

We look forward to seeing you.



Healthy and Healing with Pip

I can't live with myself ...

Have you ever thought or said: "I can't live with myself" or "I don't like myself" or something similar?

I don't know many people who haven't at some point.

And as I listened to Oprah's conversation with Eckhart Tolle (on her Super Soul Sunday podcast) ... it intrigued me.

He asked us to consider ... Who is I? Who is myself?

I had never thought about it like this before.

We are talking to ourselves. Sure.

But what part of You is talking to what other part of You?

Eckhart says that the 'I' part is our Soul.

Our expanded, infinite, divine, whole consciousness.

And the 'myself' part is our Ego.

Our earth-focused, dramatic, fear-based, security-focused personality. Mind blown ... right?

I've been talking to my Soul and it's been responding all my life!?

How did I not know that? Did YOU know that?

Maybe you intuitively, kinda, sorta knew it ... I mean as much as I am saying I didn't know it ...

I believe my Soul knew it.

My point is we have access to a deeply connected and spiritual part of ourselves all the time.

Abraham Hicks says that when we feel pain it is a 'Soul-response' to our Ego being mean to ourselves. They suggest that being kind and loving to yourself will take away the pain in your body and mind.

So, here is a quick way to help you connect with your Soul.

Find a quiet space to sit or lie down ... Breathe (three deep breaths) ... Then ask these two questions:

'What does my Soul want?' 'What does my Ego want?'

Listen ... Write it down ...

Post the answers on your mirror or the back of the toilet door to remind yourself.

I can tell you that my Soul wants me to laugh, teach, dance, play, write, create, love, be joyfully in the present and focus on my blessings.

And my Ego wants me to be careful, safe, practical, logical, and to focus on the future and the past.

Don't get me wrong, we need the Ego to survive. It does keep us safe.

And please remember you are not just a physical being.

You need more than safety.

You need passion, love, joy, magic, and much more ...

Pierre Teilhard de Chardin (French Philosopher and Poet) said we are a Soul living in a body, not a body with a Soul.

Dr. Christiane Northrop (author of Goddesses Never Age) says there is a place within you that's infinite, celebrate it and find your way back to you.

Let me know how you go.

Blessings Pip

I'm available for coaching sessions Thursday-Sunday, if you need help.

Call 0437 670 820 to book or discuss.

Website: www.consciouscoursesandtherapies.com

Facebook: @Consciouscoursesandtherapies

Instagram: @coleman_pip

References:

Oprah's Super Soul Sunday podcast ... every Monday she's talking to Eckhart Tolle about his book 'A New Earth'.

Christiane Northrop ... 'Goddesses Never Age'

Abraham Hicks ... 'Getting in the Vortex'

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Soulful Living



Monthly column by *Trish*
*Psychic/Medium, Intuitive Counsellor,
 Past Life Regressionist and Healer*

This month I'd like to talk about kindness

A simple topic you may think ,but did you realise how many humans don't understand this concept. It truly baffles me how one cannot simply be kind.

This comes in the form of many. It could be a smile at a stranger, helping someone in need or just being understanding and showing compassion instead of judgement. I believe we are all doing our best at this thing called life and, as you would know sometimes it can be pretty difficult. So why do we try and make something a lot harder than it actually needs to be does not make sense. We need to start seeing each other as equal, not as one being better or worst than another.

Everything carries energy and that includes the words you say, the words you write and even the words you think. What might seem to you just be a brief ranting of words, to another it can actually cause them a lot of hurt and they may carry this a lot longer than you think.


Look, I know at the end of the day we are human beings and of course we make mistakes and say things we might not mean but what I believe is that we need to really start putting our egos to the side. We need to start treating others with the same love, respect and acceptance that we crave our self.

Putting someone down, belittling someone, speaking untruth about someone is actually hurtful. Here is the truth bomb - it's actually about you and in fact nothing to do with the person you are speaking of. It's a reflection of you and you are projecting that by insulting the other.

It's time to stop this, it's not okay and never will be okay. Please just be kind - it costs you nothing, yet it's benefits are worth millions. Always be kind, it may just very well save someone's life.

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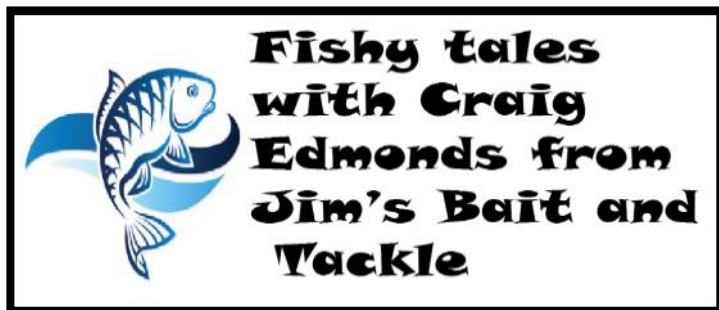
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Another month down but still a couple of long weekends to come with Labour day and Easter just around the corner.

We will be running our Good Friday Appeal fishing competition again this year and judging by the sponsorship already committed, it will be the biggest one yet. We are just finalising the entry forms and will have them out soon. Check our Facebook page for details. The list of giveaways is growing and we will have hourly lucky entrant draws over the weekend with the major lucky entry prize being a flight donated by Phillip Island Helicopters. Everybody that enters goes into these draws and you don't even need to catch a fish to win. We donate 100% of the entry fee to the appeal and we hope we can double last years \$2,000. The competition runs from Friday to Monday over the Easter weekend, but you need to be entered by 2pm on the Friday so we can get the donation included in the Good Friday appeal. We will be taking entries over the counter, online and over the phone.

The weather pattern in February certainly changed from what we enjoyed through January and instead of being able to fish every day it was a struggle at times to find a window to fish in. There were some good days, not necessarily at a good time for everyone, but those able to take advantage found some good quality fish. As the temperature in the bay started dropping the fishing reports starting to improve, especially in the shallower areas.

Whiting were one of those fish that seemed to be affected by the warm temperature and the reports early February were all from 6m to 8m of water but as the temperature dropped the reports were again coming from the normal 2m or so. There were a lot of reports from the shallows when the water was a bit warmer, but they were all small fish and it wasn't until the temperature dropped that we started getting reports from the shallows of big whiting. Although we were getting good reports and quality size fish, there was no pattern at all to where to catch them and no one spot better than the other with most of the usual spots worth a try. The only pattern, which applies almost all year, was that evening and early morning were best once the sun got up, unless it was a very overcast day and they switched off.

The pinkies also came back on with the drop in temperature and we started to see 100's of the little tiny ones, but if you were lucky enough, several around the 40cm or even better. It's always a challenge when these small pinkies come in and it can be frustrating as you will go through a bit of bait, which I think is a good thing, but persevere and the bigger ones eventually push their

way through.

Try up sizing your rigs and baits - large squid strips, whole pilchards or a cocktail of both. A lot of the pinkie reports coming in were from customers chasing whiting and most of the time if you found one you would come home with both. The reports were much like the whiting with them fishing better at the ends of the day or on very cloudy days.

We can look forward now, for the next couple of months, hopefully to some of the perfect autumn weather the area is known for and hopefully the fishing will remain and even get better well into May or even June.

If we do start to see the typical autumn weather, it's generally much easier to predict and you also find if it is calm in the morning it will still be calm in the evening and not the unsettled weather we see through summer. This is also a very good time of the year to head offshore if you haven't been there before. There will be some very good numbers of flathead and not too far from the entrance and the generally settled weather makes the trip a bit easier. If unsure, drop into the shop and we will help you out with the things to look for if heading out past the bay entrances.

Woolshed Spinners

Our group of eager and talented spinners meet every 2nd and 4th Thursday at PICAL, Church St, Cowes from 10am to 2pm.

Some members are new, others have been spinning for many years. The thing we all have in common is our passion of taking a raw product and turning it into a beautifully useful yarn. Like every craft there is excitement in the group when someone has learnt a new technique. It gets shared and many different products are produced.

This is a friendly group who welcome new members with or without experience as we all learn together. Bring your wheel, your knitting, weaving or other wood craft. Stay for a cuppa and chat, or for a couple of hours. Bring your own lunch, we have the tea/coffee sorted.

If you think this is the group for you or you're ready to learn something new, you are more than welcome to join us.

Enquiries or questions, ring Deb McCann 0428523706.



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A classic who-dunnit mystery series from our esteemed crime writer, Leon Herbert

THE STOLEN CLEOPATRA

The silent alarm announced a break-in at the home of Tony Contrario, the famous collector. When Leroy, the island's brilliant sleuth arrived, he found two men waiting for him in the backyard of Contrario's suburban home, standing by a broken window. Leroy's mate Inspector Jack Flint of the Cowes constabulary was in attendance, but anxious to leave to get to the local footy game in time. So much for justice, mused Leroy, aware of his friend's fidgeting stance.



"My name's Peter Bungle," the first man said. "Tony's next-door neighbour. I caught this man red-handed, breaking in and stealing the Cleopatra coin."

"I caught him red-handed," the other man countered. "I'm Mark Johnson, Tony's other neighbour."

"One at a time," Leroy said. "Mr. Bungle?"

"Tony's been away for a month," Peter explained. "He gave me house keys and the alarm code. Every five days, I go in to water the plants. I was just about to do that this afternoon. I was in the process of unlocking Tony's front door when I looked in. Mark was in the living room, taking a small plastic frame from the display cabinet. It was Tony's prized Cleopatra coin. Mark saw me and rushed out into the kitchen. I raced around the house and caught up with him in the backyard."

"That's a lie," Mark said. "I was in my second-floor office. When I heard the sound of breaking glass, I looked out. Peter was in Tony's yard, by the kitchen door. He must have just broken a windowpane. In his hand I could see the plastic holder for the Cleopatra coin. I raced downstairs and surprised him before he could leave the yard. He must have gotten in with his key, stolen the coin, and then faked the break-in to throw off suspicion."

Leroy entered Tony Contrario's house and found an empty spot in the display cabinet. By the doorway of the sunlit kitchen, he examined a potted plant. The soil was dry and the lush, long leaves were bent toward the darkened living room. Re-emerging into the yard, he found the morning rain had left muddy patches. Rows of brown footprints trailed across the flagstones.

Both men insisted on being searched, but Leroy urged restraint. "We don't need to search anyone. I know which one of you is lying. In my experience, which is considerable, things are not always what they appear to be and truth is often a moving target." The inspector's eyes gleamed. Perhaps he would make the game in time.

Well Vibe readers- any ideas who the liar is and where the coin reposes? Some imaginative sleuthing is needed. Remember- Deceit for personal gain is one of history's most recurring crimes - Noel Coward.



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The Zipper

by Bernard Clancy, Vietnam veteran

Following open heart surgery, our internal wiring goes a little haywire – and the results, surprisingly, can be absolutely hilarious!

Our heart objects to having been interfered with, stopped and bypassed for a period even, and quite mysteriously gives instructions to the mind to seek revenge! To stuff things around a little. “Do not,” surgeons warn their patients, “make any major decisions for quite some time after your operation because you’re NQR — Not Quite Right.”

In the retirement village Emerald Waters, a group of heart bypass patients in rehab are learning to deal with this. Bernard Clancy’s stunningly poignant and heartfelt play “The Zipper” tells their stories, from serious to downright hilarious and zany. One thing’s for sure, their closeted little world will never be the same again.

The last time playwright Bernard Clancy teamed up with the imitable director Wolf Heidecker for Clancy’s compellingly powerful play “Foxholes of the Mind” for performances at La Mama and on tour throughout Victoria in 2016 including the National Vietnam Veterans Museum, their work was highly acclaimed by critics and audiences alike for its edge-of-the-seat entertainment.



The Zipper performers are from left P. Zachariah, R. Johns, F. Waters, D. Macrae, P. Roberts, K. Bhatia, V. Teh and R. Romney. Photo by Natulie Moffatt

“The Zipper” is just as sharp. And the humour cuts like a heart surgeon’s scalpel!

Produced by WHAM - Written by Bernard Clancy - Directed by Wolf Heidecker

Featuring: Phil Roberts, Donna Barnard, David Macrae, Rosemary Johns, Vixey Teh, Rosalind Romney, Phil Zachariah and Karan Bhatia.

Set Design Sarah Yeung - LX/Designer+Op Richard Lyford-Pike – Production Assistant Natulie Moffatt, Stage Hand Ethan Moffatt

National Vietnam Veterans Museum
25 Veterans Drive, Newhaven, Phillip Island.
Ph: 03 5956 6400

Saturday, 23rd March 2019 at 7:30 pm
Tickets: \$40/\$35 concession – includes a light supper after the performance.

Online-Bookings only: <https://www.trybooking.com/ZOPU>

PRESENTS THE ZIPPER

They're recovering from open heart surgery. They're definitely N.Q.R. But why? This is their story, and it jumps from zany to downright hilarious!

By Vietnam Veteran Bernard Clancy, a WHAM production directed by Wolf Heidecker

WHERE: NATIONAL VIETNAM VETERANS MUSEUM
DATE: SATURDAY 23RD MARCH TIME: 7:30pm
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Tickets: \$40/\$35 concession - includes a light supper after the performance.

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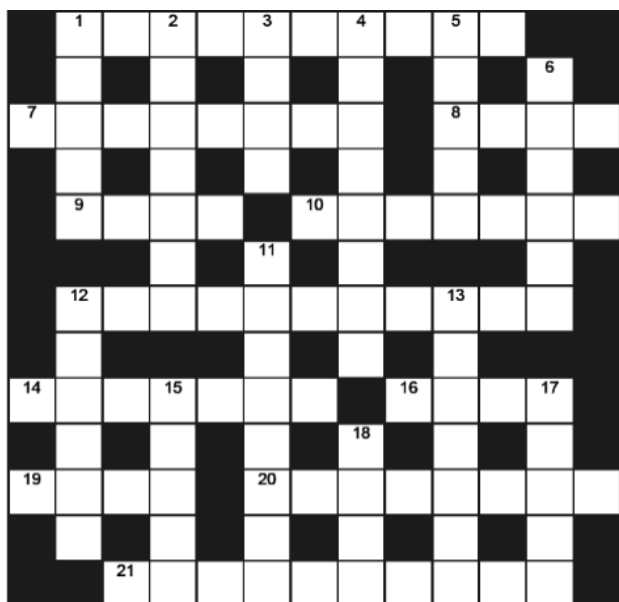
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Brain Food

Find all the answers & solutions to Puzzles & Quizzes on page 14 (No peeking!)



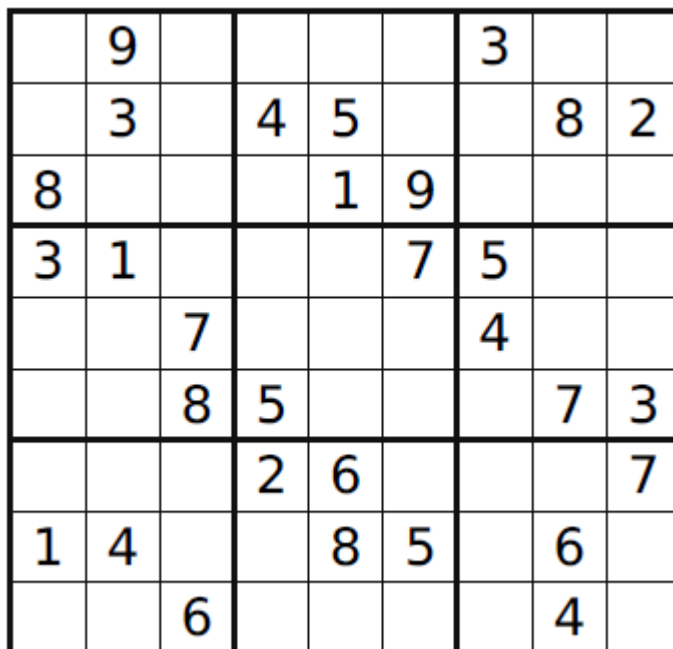
Vibe Quick Crossword 110

- | Across | Down |
|---------------------|------------------------|
| 1 By mistake(10) | 1 Regions(5) |
| 7 Goes backwards(8) | 2 Folds(7) |
| 8 Exhaust(4) | 3 Plate(4) |
| 9 Ribbon(4) | 4 Snuggling(8) |
| 10 Startled(7) | 5 Change(5) |
| 12 Displeased(11) | 6 Ally(6) |
| 14 Hits(7) | 11 Oozing(8) |
| 16 Ova(4) | 12 Productions(6) |
| 19 Mend(4) | 13 Fables(7) |
| 20 Madly(8) | 15 Of the moon(5) |
| 21 Advances(10) | 17 Seasons(5) |
| | 18 Short for island(4) |



TRIVIA

1. What is the meaning egregious?
2. Members of a "color guard" traditionally are responsible for which items?
3. Who was the first female U.S. Secretary of State?
4. Name the first manned space flight program.
5. According to a common phrase, if you are very sure of something, you can "bet your bottom" what?
6. In the original series of Nancy Drew books, what kind of car does Nancy usually drive?
7. What is the former African state of Nyasaland now called?
8. Before forming the band Captain & Tennille, Daryl Dragon was the keyboard player for what rock group?
9. The age of a horse is commonly determined by examining which part of its body?
10. What is the capital of Morocco?



Vibe Sudoku 110

Each row, column and sub-box must have the numbers 1-9 occurring just once.



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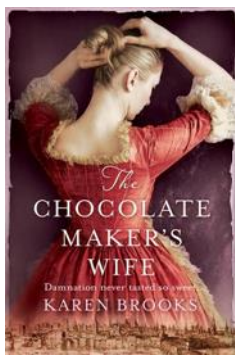
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Book Reviews



**The Chocolate
Maker's Wife**
By Karen Brooks
RRP \$32.99

Australian author Karen Brooks rewrites women back into history with this sweeping, breathtakingly researched tale of 17th century London.

Set against the backdrop of Restoration London, the plague and the Great Fire, this is a tale of cruelty, revenge, redemption, love and hope, and the sweet, sinister temptation of chocolate. When Rosamund Tomkins enters the world she is different, with her darkling eyes and strange laughter, that the midwives are afraid, believing her a changeling. Born into poverty, brutalised and ignored by her family, it is only when she is married off to a nobleman that her life undergoes a wondrous transformation, as he recognises that Rosamund infuses magic into everything she touches.

Rosamund soon becomes the darling of the haute ton, and presides over her luxurious chocolate house where the rich go to be seen and indulge in their favourite pastime, drinking the sweet and heady drink to which they've become oddly addicted. But Rosamund stands on the brink of losing all she has worked so hard to achieve and will be forced to make a choice: walk away from all she knows and has grown to love with her soul intact, or make a deal with the devil?

Wonderfully engrossing historical fiction.

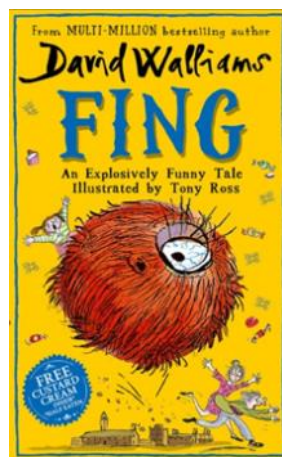
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Fing
By David Walliams
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The new children's book from No. 1 bestselling author David Walliams – a deliciously daft Tall Story of a child who had everything, but still wanted more. I

Illustrated by artistic genius, Tony Ross.

Meet the Meeks! Myrtle Meek has everything she could possibly want. But everything isn't enough. She wants more, more, MORE!

When Myrtle declares she wants a FING, there's only one problem... what is a FING? Mr and Mrs Meek will do anything to keep their darling daughter happy, even visit the spooky library vaults to delve into the dusty pages of the mysterious Monsterpedia.

Their desperate quest leads to the depths of the jungliest jungle where the rarest creatures can be found. But will they ever find a FING?

An explosively funny, totally surreal Tall Story about two perfectly nice parents and their unbelievably monstrous daughter from the phenomenal bestselling author David Walliams.



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Three of Africa's Mighty Little Five

Vibe readers, You're bound to have heard of the Big 5 — Africa's own superstars. The lion, leopard, rhino, elephant, and buffalo were originally called the Big 5 because they were the most dangerous African animals to hunt on foot. As conservation overtook hunting, the name and prestige stuck with these creatures and they became the most sought after animals to see and photograph on safaris.

Most visitors to Africa dream of spotting these impressive celebrities and often forget that the continent holds so much more than these five animals. It was this very thing that prompted the creation of the Little Five !! Let's have a look at three of these formidable little fellows with big hearts and serious reputations. As space does not permit, the other two will feature next time!!

1. Leopard Tortoise

With a yellow and black spotted shell reminiscent of their namesake, the leopard tortoise is the biggest of the Little Five. Relatively common, the spots on their shells help them to blend into the surrounding savannah, just like the leopard itself. These tortoises can live for as long as 100 years.



2. Ant Lion



The smallest member of the Little Five is the ant lion — an animal that is actually a tiny larva. These predatory creatures grow into winged insects that (despite their appendages & dragonfly-like appearance) have trouble flying. The elusive ant lion traps its prey by digging holes in the sand and waiting at the bottom for the unsuspecting ants to fall in.

Sometimes referred to as 'doodlebugs', ant lions spend most of their time underground making them hard to spot.

3. Rhino Beetle



Large in size and with two horns on its head, it's not hard to see where the rhino beetle got its name from. The beetles mostly use their horns to dig for food, but they also come in handy when climbing and mating.

Males are sometimes aggressive, but rhino beetles are completely harmless.

Due to their size, sometimes elusive nature, and interesting names, spotting one of these little critters is just as impressive as spying one of the Big 5 — and often a lot harder! Whether you're a seasoned traveller who's returning to your African home-away-from-home, an eager new-comer, a safari dreamer, or an African yourself, you may want to add these creatures to your wildlife check-list.

I hope you enjoyed checking out these fascinating little fellows. Remember big is not always better!!

The Combined Churches of Phillip Island

Phillip Island Baptist Church

Cnr Settelement & Dunsmore Rds, Cowes. Worship time: 10am Sunday. Good Friday and Christmas day at 9am
Ph 59523408 Website: islandbaptist.org.au
Facebook @phillipislandbaptistchurch

St John's Uniting Church

Cnr Chapel St and Warley Ave, Cowes. Worship time: 10am Sunday. Good Friday and Christmas day at 9am
Ph 59522083 Website: cowesunitingchurch.org.au
Facebook @cowescommunitymeal

St Philip's Anglican Church

Cnr Thompson Ave and Church St, Cowes. Sunday Worship: St Philip's, Cowes 9am, St Augustine's, San Remo 10.30am and St Paul's, Bass 12.30pm. Ph 59522608 Website: anglicanparishbassphillipisland.com

Hope Church

At Meeting Room, Phillip Island Visitor Information Centre, 895 Phillip Island Tourist Road, Newhaven. Worship time: 4.30pm Sunday Website: islandhopechurch.com
PO Box 348, Cowes. 3922.

St Mary's Catholic Church

6 Rhyll Rd, Cowes. Mass at Cowes Sunday 9am, St Mary's Star of the Sea, San Remo Saturday 6pm, St Joseph's Bass Sunday 11am
Ph 59425418



Meet a local community volunteer



Tina Burns volunteers with the Phillip Island Seniors Citizens Club.

How long have you been volunteering with the Phillip Island Senior Citizens Club? For approximately 5 years now.

What is your role here? Committee Vice President.

What do you do when you're not volunteering? My life outside the club includes running the Euchra club at the RSL in Cowes. I'm also a member of the Day Club. And when I'm at home I like to spend time with my dog Tilly and my husband and family.

What is the best part about your job? What I love about volunteering at The Phillip Island Club is meeting people from all walks of life. I love hearing their stories and learning from all the knowledge our collective members have. I have made many close friends since joining the club.

What did you do in your working life before becoming a volunteer? I used to work as a Veterinarian Nurse and a dog groomer.

Can you think of a funny story relating to your volunteering that you would like to share with the readers? A funny story I love to remember is one Friday our courtesy bus was parked in the club car park. All members were off the bus and heading inside for lunch. All of a sudden an elderly lady came rushing over from next door and got onto the bus. We asked her what she was doing inside the bus and asked if she needed any help getting out. She said 'no I'm good'. We asked her if she was coming inside for lunch and she said 'no, isn't this the bus that takes you shopping?' We told her no, helped her out of the bus, walked her back home and told the nurses in charge. This story still brings a smile to my face.

Can you tell us one thing about yourself that your colleagues might not know?

Most people know I'm an animal lover, and recently got to cuddle a tiger cub. But something people might not know about me is that I have a passion for berries. All berries. strawberries, raspberries, blueberries, blackberries. All the berries!

Is there anything else you would like to tell the Vibe readers? Lastly, I just love living on Phillip Island and never ever want to leave. Not even just to go to Melbourne for a trip. Just very happy living here.

Phillip Island Senior Citizens Club Carpet bowls, cards, ball-room dancing, craft. Membership \$15 per year. Frid 12noon 3 course lunch \$15. Island Celebration Centre Hall for hire. 59522973 for more information.

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PUZZLE SOLUTIONS

4	9	5	8	7	2	3	1	6
7	3	1	4	5	6	9	8	2
8	6	2	3	1	9	7	5	4
3	1	4	6	2	7	5	9	8
6	5	7	9	3	8	4	2	1
9	2	8	5	4	1	6	7	3
5	8	9	2	6	4	1	3	7
1	4	3	7	8	5	2	6	9
2	7	6	1	9	3	8	4	5

Vibe Sudoku Solution 110

SOLUTION TO THE STOLEN CLEOPATRA
 The fact that both men wanted to be searched meant that the thief no longer had the coin on him. Since neither man had left the premises after the theft, the coin must still be there, hidden somewhere. Leroy noticed that the plants had not been watered. He also noticed that the potted plant was leaning toward the darkened living room instead of the sunny kitchen windows. Since plants naturally lean toward sunlight, Leroy knew that someone had recently moved it. Sure enough, the ancient coin was hidden under the pot. The inspector took Mark Johnson in for questioning. In Mark's statement, he said that Peter was holding the coin after leaving the house. This was obviously a lie. Q.E.D

	A	C	C	I	D	E	N	T	A	L				
	R		R		I		E		L		F			
R	E	V	E	R	S	E	S		T	I	R	E		
	A		A		H		T		E		I			
	S	A	S	H		A	L	A	R	M	E	D		
		E		D		I					N			
	D	I	S	G	R	U	N	T	L	E	D			
	R				I		G			E				
W	A	L	L	O	P	S		E	G	G	S			
	M		U		P		I		E		A			
D	A	R	N		I	N	S	A	N	E	L	Y		
	S		A		N		L		D		T			
					P	R	O	G	R	E	S	S	E	S

Vibe Crossword Solution 110

Surf News by Ed Amorim (prosurfcoaching_) Around the Island..

Presentation Night

After the recent Surfing Teams Challenge in February everyone met at the Phillip Island Boardriders Club for Presentation Night. Top prizes and \$\$\$ were on offer. This year's winners of the Dave Fincher Memorial Trophy were Team Crushers! Congratulations. Second was Island and Spoonbills were third. And then the party started with Dave Prideaux and his guitar and you only see it once a year!!

Music Festival at the PIBC .

PIBC lays claim to the oldest continuous running boardriders club in Australia. Built from the ground by a group of local PI boys. In the 70's it was, and still is the perfect location to crack one or a few open, strap up your boards and come listen to some wholesome music and have fun. On Saturday March 16 the Phillip Island Boardriders Club invite you to join Grewsum Tewaum and celebrate the good summer at this event. The Phillip Island Boardriders Club respectfully acknowledge the Traditional Owners of the land upon which the event is held. We pay our respects to the Wurundjeri people of the Kulin Nations and their Elders past and present. We recognise the continuing connection of all Aboriginal and Torres Strait Islander peoples to their Country. More info: www.pibc.com.au

Save the Bight

Lots of surfers and environmentalists are protesting against the governments intentions to open offshore oil drilling on the sea bed of the Great Australian Bight on the South Ocean. There are concerns of a possibility of an accident there. It will compromise 50% of the countries coast line. It could be drastically forever damaged. And guess what? No more surf for us. So support the cause. Sending photos or comments on social media helps and next Sunday March 10 at 10 am we will paddle out to protest at Smiths Beach. Every one is welcome. Get out there protect what you love the most. More info Prosurfcoaching_ with Ed Amorim.

Surf Coach on a mission

Our principal mission is to combine safety and fun. For that we commit to high competency level coaching course with Surfing Australia (skills, Life Save Bronze Medals, First Aid level 2, children police check.) We also provide top, new equipment and full insurance.

Surf Lesson?

If you're curious about riding your first wave, or want to tick off your bucket list, we highly recommend a Surf Lesson. Not just for the surf aspect but for all the benefits. Enjoy the beach elements, get fit, meet cool people, travel around hunting waves and so much more.

Quiz Solution 110 1. Outstandingly bad 2. Flags 3. Madeline Albright 4. Vostok 5. Dollar 6. Blue Roadster 7. Malawi 8. The Beach Boys 9. Teeth 10. Rabat

We start with a Safety briefing, howto relax and get more confident, surf knowledge introduction so you know how to deal with different situations, surf technique, demonstrations and training using skating, surf gym and yoga postures. All this prepare you for an awesome surf in a environment that suits your skills level. Plus you will get a good feedback Surf analysis so you don't practice wrong and equipment consultation to see what suits you better. You can also visit the Surf Experience Museum for comprehensive history and to be part of group photos and films. Transport available on request.

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