

# PHILLIP ISLAND VIBE

Free

phillipislandvibe@outlook.com

P: 0407 266 271

www.phillipislandvibe.com.au



October 2024



The Qatar Airways Australian Motorcycle Grand Prix 2024 will be held on Phillip Island October 18th - 20th.

Tickets are available now at [motogp.com.au](http://motogp.com.au)

**RICK NORTH**  
 PH: 03 5678 5190  
 FAX: 03 5678 5191  
 office@picra.com.au  
 AU22840




**COMMERCIAL & DOMESTIC SERVICE, INSTALLATION, MAINTENANCE AND SALES**

**PHILLIP ISLAND GALLERY**

**Now OPEN**

The Phillip Island Gallery is now open in our new forever home

**119 Settlement Road Cowes**  
 Thursday, Friday, Saturday & Sunday  
 11.00am – 3.00pm

*Original Art & Craft Works by Local People*

**Sorohan Plumbing**

Your plumbing maintenance specialists



Phone Dave  
 0487 921113

[sorohanplumbing@iinet.net.au](mailto:sorohanplumbing@iinet.net.au)



35 Coghlan Road, Cowes Ph 0409 817 209  
Monday to Friday 9am - 5.30pm and Saturday and Sunday 9am - 4pm



Supply and Installation of a  
1 x 7Kw Panasonic Reverse Cycle  
Inverter Split System,  
Fully installed for only \$2,750\*

*\*Plus Gst conditions apply*

Always Cool Air-Conditioning Pty Ltd is a local family business in San Remo, Kirk the director of Always Cool Air-Conditioning has been an air conditioning mechanic since 1996 – present.

The company was established in 2003 to provide installations, repairs, maintenance and overall expert advice.

We service both domestic & commercial buildings, we install from your less expensive builds or renovations to high end new builds.

We install & service all makes & models. We are the warranty agent for Panasonic.

The quality of our services costs are reasonable and competitive and below most other Air-Conditioning Companies.

**ALWAYS COOL**  
AIR CONDITIONING  
HEATING & COOLING SPECIALISTS  
1800 931 631





Come along to our

# College Tour

**WEDNESDAY 16 OCT 2024**

## Prep Info Session - 9.00am

If you're contemplating where to send your child to school in 2026 or beyond, come along to our special information morning. Learn about our unique educational programs and gain a deeper understanding of the wonderful opportunities offered to students at Newhaven College. This will be covered in a tailored presentation specifically designed for future Prep enrolments.

## Whole School Tour - 9.30am

Join us for an opportunity to meet our principal and let our students guide you on a tour of our incredible school, where excellence in education truly comes to life.

To find out more contact our Admissions Officer, Bec Anderson on 03 5956 7505 or email [admissions@newhavencol.vic.edu.au](mailto:admissions@newhavencol.vic.edu.au)



# NEWHAVEN COLLEGE







## A classic crime story from our esteemed crime writer, Leon Herbert

### The Turnaround Boys

It was early in the morning at the start of a new year and Leroy was sitting and relaxing in a comfortable chair in a coffee establishment inside a very fancy Melbourne Hotel. It had been a hectic but successful year for the part time sleuth and resident of Phillip Island, managing to solve homicides that had baffled the local constabulary. What made this morning more pleasurable was listening without interruption to a masterful story teller in the form of Steven Jones, former crook and client, and now a successful and respected stock-broker who, like Leroy, had embarked on another career.

This story is more a 'whydunit' than a 'whodunit'- so readers of The Vibe relax. There is no need to solve any mystery - rather sit back, have a coffee, like Leroy, and enjoy a good tale. Remember that early scientists tell us it's harder to fight temptation to lie, cheat or juggle the truth, so Steven's probity ought not to be in doubt!

'She worked it very neatly'.

Lord Pommeroy, a silver haired gentleman who had fifty odd million in real estate holdings, had just stepped out of one of the chrome and walnut elevators directly opposite where I was sitting. The woman must have been expecting him; either that or her timing was spot on. I hadn't noticed her hanging around the elevators. Pommeroy hadn't taken more than three steps when she walked right into him and almost knocked him down. She caught hold of his arm, brushed at his coat, and offered profuse apologies. Pommeroy bowed in a gallant way and said "it was quite right my dear". She got his wallet and the diamond stickpin from his tie and he neither felt nor suspected a thing. She then hurried off towards the hotel entrance sticking the goods in her purse as she went. I let my hand fall on her shoulder just hard enough to bring her up short. She looked at me as if I had crawled out from under one of the potted plants.

"I beg your pardon?" she said in a wintry voice.

"You and I need to chat," I replied with a quiet smile. Her beautiful eyes flashed angrily and her threats to call security dissipated when I revealed I was security as well as the hotel detective. Her long thin fingers toyed with the catch on her purse and her shoulders slumped.

"Yes," she whined between sobs, "I stole those things."

She removed the wallet and stickpin and handed them to me.

"Please understand I'm not really a thief but I suffer from Kleptomania and can't help myself. I'm having treatment and if my father finds out he'll put me in a sanatorium," she said with a quavering voice.

"Your father doesn't have to know. Lord Pommeroy will get his valuables back and the hotel will be spared embarrassment. You can go but don't return and see your doctor regularly," I said sternly but with obvious compassion. She left like a bat out of hell. I lit a cigarette and ordered a coffee.'

'I thought she was a pretty adept spontaneous liar. But then, so am I. After all, I had been working the hotel for a number of years and had made Lord Pommeroy my mark. Within fifteen seconds of dipping him myself and after putting down the Wall Street Journal this lady appeared out of nowhere. Wouldn't you say I was entitled to the swag?'

Leroy laughed and said: 'Of course my dear friend.'

## Phillip Island Seniors Citizens – Club News

Our Senior Citizens had a wonderful time at our monthly lunch on September 6th, 2024.

We were in celebration mood with acknowledging our Senior Citizen fathers, for 'Father's Day'.

We also celebrated the very special Birthday of Lorna Collins who reached the wonderful age of 100.

Lorna was made a Life Member of Phillip Island Senior Citizens.

Korser entertained us with his music which got us all singing our favourite songs from yesteryear.

Ray White Real Estate is our major Sponsor, and we would like to acknowledge their valued support for all our monthly lunches.

To the Phillip Island businesses that support our raffles every month, a very big thank you. Our members look forward to raffle time as they all enjoy your donations.

### IMPORTANT NOTICE TO OUR MEMBERS

As the roof of our hall is being replaced, we have moved our monthly lunches to the 'Anzac Room' at the R.S.L from October 2024. We will be there until further notice, probably February 2025. Same time of 12pm, lunch will consist of main and dessert at the same price \$20. The courtesy bus will still operate so if you require pick up and drop off, please ring Pauline Porter on 0419 777 807 to arrange this.

Thank you to the R.S.L for your support. Without your offer we would not be able to continue our monthly lunches and hence our Island Senior Citizens would miss out on this event which they all look forward to.

Raffles and entertainment will continue, the only change is the location.

So don't stay away, we are continuing, in beautiful surroundings at the Cowes R.S.L. New members are always welcomed and if you and your friends would like to join us, please ring Pauline Porter on the mobile number above.





## Health and Healing with Pip

### S is for SURRENDER

On the 8th of November 2020 I wrote this poem ...

Surrender is ...  
 letting go of the rope  
 nurturing yourself  
 breathing out  
 opening the fist clenched in wanting  
 inner strength  
 going with the flow  
 stepping back and pausing  
 self-reflection rather than judgement  
 allowing others to help you  
 accepting how life is  
 paddling downstream  
 the path of least resistance  
 handing it over to the Universe  
 Surrender is not ...  
 failure  
 weakness  
 allowing people to get away with dishonour, harm or disrespect  
 giving up hope  
 the end

(Pip Coleman - 8th Nov 2020)

This week I have been discussing how to surrender with my clients, and colleagues, and even the guy at the pizza place.

What is it about this action that is so hard?

It's all about control, right?

We think we can control everything.

We can't.

Life is a constant flow of change.

That's how things work in nature.

And we forget that we are part of that nature.

Your relationships will change.

Your family will change.

Your job will change.

Your body will change.

If you try to control it, you will feel stressed and anxious. You will feel angry and frustrated. You will feel defeated and depressed.

So, my friends ... here it is. This is your point of power. This is the key.

Choose to allow the flow of life.

Like water in a river flows around and over the rocks. Be like water.

Like the wind blows through the trees. Be like wind.

Like the sand shifts with the tides. Be like sand.

Your mind can be trained to surrender. Surrendering will give you peace.

My number 1 tip is to take a moment every day to practice surrendering, by not engaging in a fight. Not controlling your child. Not trying to fix your partner. Not giving advice to your parents. Not punishing yourself for eating unhealthy food. Not judging your friends.

You have the power to choose.

Blessings Pip



### ALL TYPES OF CLEANING ALONG WITH A SERVICED LAUNDRY

- All laundry needs • Pick up and delivery • Doona, protector, pillow top protectors • Pet bedding & horse rugs • Air BNB linen
- Tea towels for restaurants - daily service if required

Phone 0417 150 566 [islandpremiumlaundry.com.au](http://islandpremiumlaundry.com.au)

Factory 3, 17-19 The Concourse, Cowes

## Security Doors & Fly Screens

The Island's Best Quality at the Lowest Price, Guaranteed...  
- Custom Made & Locally Repaired -

**LOCKSMITH - 5952 5552**

"Proudly Securing the Island Community Since 1996"

[www.phillipislandonline.com](http://www.phillipislandonline.com)





## DOLLARS AND SENSE BY DAVID WELLS

### Avoiding Some Estate Issues

Most people who have some wealth, even just a house, as they age become more sensitive as to what will happen with their estate when they pass. How will they leave it to their family or charity and how will they make sure that there's no fighting and that their estate wishes will be respected. They won't be there and their executor will have to make decisions on their behalf. I have written about wills in the past and this article is more about the asset ownership structures available to ensure that a benefactor's wishes will be met.

There are many archaic and arcane laws governing wills and intestacy and courts over the years have been forced to make some "unjust" decisions regarding the distribution of estates because of these so bear in mind that what is written in a will, is always subordinate to the law so use an expert to ensure that the provisions made are allowable and without capacity for challenge. There is an adage – where there's a will there's a fight and it's the estate that will pay.

In a recent survey, the majority of respondents thought that money in superannuation, where there was a binding death benefit nomination, was a practical way to ensure the effective distribution of an estate. Not so, as there are rules here too and superannuation is the most highly taxed inheritance.

Effectively, superannuation benefits, except for bequests to a spouse, a carer or dependants under 25, or disabled children over 35 who are being cared for on a permanent basis, will be taxed at 17% or 32% of the taxable proportion of the bequest. It's almost that superannuation contains an "estate tax" provision. As well, in certain circumstances the executor can override the nomination.

Also, transferring assets on death is not a Capital Gains Tax event so any unrealised capital gains tax liability is by default transferred to the beneficiary. Just think – an original issue Commonwealth Bank share transferred to a beneficiary now would see an amount of about \$68 fully taxable if a beneficiary were to sell it so that they could get any benefit.

Some people (usually those with large estates) may use trusts

or companies to hold their assets so that they only have to leave control of the company or trust to the next generation. This too has issues in that while the assets are not bequeathed there are complexities in the management and taxation of these entities and in many cases it's the management that leads to squabbles or worse. In smaller or moderate sized estates the costs may be a further issue. Never use a Public or State Trustee in these circumstances. The Murdochs have trusts controlling companies and the arguments

going on in that family are entertaining indeed for everyone not involved, but have broken the family apart.

Life Insurance policies can be used to avoid a lot of issues in that they are bought and owned by the benefactor and the policy is then paid to the nominated beneficiary tax free without becoming part of the estate when the benefactor dies.

Insurance Bonds are very useful in this regard as the new style Bonds can be very tax effective and the capital is always available to the owner up until the life insured dies, when the value automatically passes to the beneficiary. It never forms part of the estate. The newer bonds can be increased year on year and owners and beneficiaries can be changed from time to time if desired. Because these policies are outside any estate they are far more difficult to challenge. They don't lock funds away from being used, either, although there may be tax penalties for those on the highest marginal tax rates.

While personally I am not a great fan of excessive cash holdings, including term deposits, there is a time when they can be useful. Cash doesn't incur capital gains (it doesn't really incur any gain) but it is simple and straight forward. It is easily and valued and easily distributed. Its value or amount is incontestable (other than how the amount was derived) so there is little opportunity for argument other than to challenge the will itself. I believe that where there is a chance of any dispute after the death of the benefactor, it may be preferable to distribute assets well before death. Steps like cashing out superannuation, assisting one child in real terms and making any decisions about "emotional" assets - homes and holiday homes which may have emotional attachments for individual beneficiaries that cloud rational decision making while the owner still has control. Where it's desired that one beneficiary will receive more than an equal shares it's almost essential to achieve this while the benefactor is still alive. Any contentious bequest should be done before death and not as part of the estate. If superannuation is in pension mode cashing it will reset any CGT base to current prices, avoiding a sometimes, horrendous CGT bill for any beneficiaries.

In cases of estate planning it is advisable, no, essential, that you take professional advice before committing to any specific course of action. Even one wrong word in the wrong place can defeat all the best intentions. Keep will and estates as simple as possible and maybe get the benefit of seeing what the estate can achieve while you're still alive.

## Your local share broker and adviser

- Do you have Managed Funds either in or out of your Self Managed Super Funds?
- Do you want an investment for your children or grandchildren?

Available for appointments in Melbourne, Warragul or wherever you prefer. Call me to discuss investment alternatives that could really work for you.



**David Wells MSAA**  
Senior Investment Adviser

Shaw and Partners  
Level 36, 120 Collins Street  
Melbourne VIC 3000

Telephone: 03 9268 1157  
Mobile: 0414 234 770

[dwells@shawandpartners.com.au](mailto:dwells@shawandpartners.com.au)

Wealth Management | Global Investing | Portfolio Management | Investment Advice for SMSFs

Your partners in building and preserving wealth

[www.shawandpartners.com.au](http://www.shawandpartners.com.au)

AFSL 236048

**Shaw and Partners**  
Financial Services

## PHILLIP ISLAND AND DISTRICT HISTORICAL SOCIETY

### The Cowes Jetty and Goods Shed By Pamela Rothfield

Before the iconic jetty graced the shores of Cowes, arriving at Phillip Island was an adventure in itself. Imagine this: passengers, laden with hopes and belongings, found themselves with no proper landing platform upon reaching the island's main township. The local boatmen, ever resourceful, would hoist these travellers onto their backs, wading through the waters to ensure a safe passage to shore. It wasn't just people who faced a precarious journey; goods often bore the brunt of this challenging landing, arriving damp and damaged.

The residents of Phillip Island, recognising the dire need for a proper jetty, wasted no time in lobbying the government. Their efforts began in earnest shortly after the island was subdivided in late 1868. By early 1870, the government had identified the ideal site - what we now know as Erehwon Point, a location sheltered from the elements and blessed with deep water.

However, not everyone was on board with this plan. A fierce debate erupted among the locals, with some pushing for the jetty to be constructed at its current location, closer to their businesses. The disagreement grew so heated that even after tenders were called, the Commissioner of Public Works received a petition urging the government to reconsider.

The drama didn't go unnoticed. The Melbourne press caught wind of the dispute, with *The Herald* cheekily reporting on September 1, 1870, that while some coastal communities were desperate for a jetty, it seemed the folks at Cowes were doing everything they could to avoid getting one. The paper even speculated that if the bickering continued, there might be no jetty at

all, with the allocated funds disappearing back into general revenue.

Thankfully, cooler heads prevailed, and the government eventually settled on the second site. The tender, accepted on September 23, 1870, went to Messrs Turnbull and Carter for £1,253. Construction of the jetty moved swiftly, and by early 1871, it was ready to welcome the paddle steamers Avon and Murray, which began their weekly visits to Cowes as early as October 1870.

But the story doesn't end there. In December 1871, a deputation led by Mr. Tommy Bent, MLA, visited Phillip Island with a pressing request: they urged the Commission for Public Works to complete the approach to the Cowes Jetty and erect a goods shed to protect the cargo being landed. The government responded by opening tenders for the goods shed on April 3, 1873. The lowest tender, submitted by John Holt for



THE ROSE SERIES, P. 657  
Copyright

COWES, FROM THE PIER, PHILLIP IS., VICTORIA



Loading and unloading goods from the Tasman on Cowes Beach  
Phillip Island & District Historical Society



£443, didn't quite hit the mark, leading the government to call for new tenders. On June 12, 1873, Robert Thornton emerged as the successful bidder with a tender of £349.

By the end of 1873, the goods shed was completed, featuring its distinctive bow roof - a design that has since become a local and state treasure. This shed, now one of the few remaining examples of a once-common nineteenth-century industrial building type, stands as a rare reminder of that era. Its significance is especially felt in our community, as it symbolises the time when all communication between Phillip Island and the mainland relied entirely on sea travel.

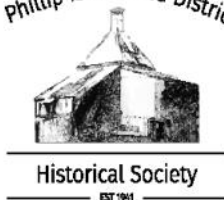
Fast forward to the 1930s, and the Cowes Jetty was once again at the centre of innovation. In August 1932, the Shire of Phillip Island threw its support behind the construction of a dock to accommodate a new vehicular ferry proposed by the Phillip Island and Western Port Steam Shipping Company. By 1933, ferry gantries from Sydney had been installed at both Cowes and Stony Point Jetties, paving the way for the vehicular ferry Killara to begin operations, marking yet another chapter in the storied history of Cowes Jetty.



THE ROSE SERIES, P. 672  
Copyright

THE PIER, COWES, PHILLIP ISLAND, VICTORIA

Phillip Island and District



Historical Society  
EST 1941

**Join us!**

We protect, promote and share local history.  
Annual Membership \$30

e: [history@waterfront.net.au](mailto:history@waterfront.net.au)  
Phillip Island & District Historical Society

**We have moved to Factory 8,  
16 Shorland Way, Cowes**

**Wesell2u**

**Lawn mower repairs,  
servicing and parts**

- Line trimmers, blowers, chainsaws and more
- Tools and household goods, both new and used

**WE BEAT OR MATCH ANY WRITTEN QUOTE**



**Open Monday & Friday  
10am-3.30pm**

**Ph or text BH  
only Michael  
0435 779 709**



**ISLAND  
PRIMARY  
PRODUCE**

**PADDOCK TO PLATE**

**TRADING HOURS**



**Monday - Friday  
8am - 5pm  
Saturday  
8am - 3pm  
Sunday  
8am - 2pm**

**Phone orders taken**

**Jake and Tania McStay**

**511 Ventnor Rd, Ventnor Ph 5956 8107**





## Time for a home loan health check!

With the current cost of living, there's never been a better time to review your home loan.

We'll look at your rate, term, repayments, and equity, giving your loan a full check-up to make sure it's still right for you and your current needs.

Pop into your nearest branch at San Remo, Cowes or Grantville or call Michael on 0427 568 232 or Tanya on 0415 526 810.

📍 Community Bank · Grantville & District 5678 8773 · San Remo District 5678 5833 · Cowes 5952 3383



\*Source: Roy Morgan Single Source Australia, May 2023. All loans are subject to the bank's normal lending criteria. Fees, charges, terms and conditions apply. Please consider your situation and read the Terms and Conditions, available online at [www.bendigobank.com.au](http://www.bendigobank.com.au) or upon request from any Bendigo Bank branch, before making a decision. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL 237679 A2045548 OUT\_40396980\_17/09/2024

## Vote 1 Tracey Bell



- Building community
- Youth engagement
- Sustainable development
- Responsible tourism

Come and have a cuppa with your local candidate  
 Saturday 12th October  
 9.30-12  
 behind St Philip's, cnr Thomson Ave & Church St, Cowes

**Island Ward Candidate  
 Bass Coast Shire Council**

Authorised by T. Bell, PO Box 1106, Cowes, Vic 3922



Get the most out of your system and book in a clean today for:

- Greater efficiency
- Increased longevity of your system
- Lower electricity bills
- Visual inspection of your system

**Call 0477 891 244**

Email: [matt@raysolarpanelcleaning.com.au](mailto:matt@raysolarpanelcleaning.com.au)

## RUSSELL BROADBENT

TRUST | REASON | COMMONSENSE

### FOLLOW ME ON:



TO KEEP  
 UPDATED  
 ON THE  
 LATEST  
 ISSUES

(03) 5623 2064

46C Albert St Warragul VIC 3820

[russell.broadbent.mp@aph.gov.au](mailto:russell.broadbent.mp@aph.gov.au)

Authorised by Russell Broadbent MP, Independent Federal Member for Monash, Warragul

[WWW.WILDLIFECOASTCRUISES.COM.AU](http://WWW.WILDLIFECOASTCRUISES.COM.AU)

## NEW ISLAND SUNSET CRUISE



**New Sunset Cruise Wednesdays & Saturdays**

- Live Music · 1 ¾ hours boat tour · Sunset over the bay
- Departs San Remo · Grazing box & upgrade options





## Fishy Tales with Craig Edmonds from Jim's Bait and Tackle

It feels like only a week ago we picked up the keys to our new business, Jim's Bait and Tackle, and started to build on what had been started a dozen years before by the original owner Jim. We are now heading into our 19th year, in a much bigger premises, carrying over twice the stock we used to, built a relationship with almost every company that sells tackle and a customer base from all types of fishing.

There have been a hundred challenges along the way, none the least Covid which sadly saw several businesses of this type close. There will be plenty of challenges to come in the future no doubt, but one thing smaller family owned shops like ours will always have is someone behind the counter that can give you the right advice for your fishing needs. Over the 18 years we have built a large, loyal customer base and we have finally

got our act together and created a loyalty program with special discounts, pricing and offers only available to loyalty customers. To find out more about the program drop into the shop and ask myself or Mel.

We are getting daily deliveries of new seasons stock and the shelves are filling up. We have put in more shelving and increased our range of some products. Mel has just come back from the national tackle show in Queensland where she met with new protentional suppliers for the future.

"I have caught more calamari in the last few weeks than I caught for the whole season last year." That is a statement we have been told several times already this season. The weather through September has been ordinary at best but a few have braved it and had success, especially from the land. Because of the weather, the water clarity has been all over the place and both baited and artificial jigs have worked at different stages. This time of the year when people ask, we normally would advise them straight to the baited jigs and although we have had a good start, I wouldn't put the baited jigs away just yet. Those asking about colours of artificial jigs we normally go to the white because of all the colours it's the most productive and probably still is, however this season we are seeing a definite trend back 10 years to the reds and pinks and working well.

We have also had reports from those using darker colours like black, greens and browns. The reports have been much the same from land or boat with the land best when we have the evening high tide. Boats have worked well in the popular calamari areas and use a bit of berley to help bring them to you. Something we hear often is customers fishing shallow skipping the jigs over the surface, which is ok in the very shallow areas or heavy

weed areas also when using baited jigs but for the most part with artificial jigs you need to get the jig down near the bottom where the calamari are. Let the tide be your friend and cast up current to allow the jig to sink as it goes past, give it a small flick, and let it sink again and don't forget to have that second rod ready to go to cast in behind because calamari will often be in pairs.

Snapper reports have started, although a little random and by no means in big numbers early in the month towards the end of the month it ramped up quickly. The majority of the reports had been coming from high up in the bay towards the fingers but towards the end of the month we have had reports from Rhyll, Elizabeth Island. We have seen a few snapper from the corals and the mud but really not that many as yet. It is early and we would expect the reports to spread out over the next month, which is still early and we can only hope that the fish last longer. The size of the snapper has been very varied as well and several genuine 20lb fish have been reported. Also plenty of smaller ones.

With winter over we are back open 7 days a week and opening a bit earlier, keep an eye on Facebook for up to date shop hours or specials. All of the freezers are back on and the reel and rod store room is almost full now and we are ready for the season.

## SLIDING DOOR REPAIRS

### Now servicing Bass Coast

Are your doors sticking, catching or just not sliding properly?

- Timber & aluminium sliding doors • Security doors • Bi fold doors • Track & Roller replacements • Screen replacements
- Cavity doors • New locks fitted
- Wardrobe doors and much, much more

**We fix your sliding doors!**

**Ph 0438 538 244 [info@asdrm.com.au](mailto:info@asdrm.com.au)**

[www.allslidingdoorrepairsmelbourne.com.au](http://www.allslidingdoorrepairsmelbourne.com.au)



ALL  
Sliding Door  
REPAIRS MELBOURNE



A FAMILY OWNED  
**AUSSIE**  
BUSINESS



## Ready to make a change?

Jason Crestani, your local Psychologist!

- Over 28 years experience • Local resident
- Children and adult appointments
- NDIS & Medicare • ASD, IQ & ADHD assessments



inspired **HONEY** Psychology

www.inspiredhoney.com Ph 0425 764733

## BURNSIE'S ORGANIC TOMATOES



Giant varieties fresh from Europe

- Croatian Giant • Big Pear • Oxheart
- Purple Cherokee • Syrian Giant

All with potential to reach 500g to 1kg

Potted seedlings available now. \$5 to \$10 ea  
Ph Ian (The Rhyll Gardener) 0458 277979

Let's get cooking

Simple and delicious recipes from  
Paul at Hill Top Butchers



## Korean Short Ribs

### WHAT YOU NEED:

- 4 short ribs
- Marinade**
- 1 pear
- 1 kiwi fruit
- 1/4 Cup soy sauce
- 1 tbs sesame oil
- 4 cloves garlic, chopped



### WHAT TO DO:

Place all ingredients for marinade into food processor and blend to make a paste.

Pour over short ribs and marinate over night.

Cook ribs for 3 minutes each side, turning on the BBQ until nice and charred.

Serve in lettuce cups with Spring Onions and Vietnamese Mint.



*Offshore*  
THEATRE INC.

## MY SISTER JILL

Patricia Cornelius

"Award winning community theatre, presenting contemporary Australian drama."

★★★★★



**NOV 1, 7, 8, 9**  
Berninnet, Millowl



## ANIMAL TALES PET SUPPLIES

Here at Animal Tales we focus on Australian owned and made products. Come check out our range of Australian foods, lotions, potions, harnesses, collars and toys



Shop 2, 148 Thompson Ave, Cowes Ph 5952 5516





# Book Reviews

**By Turn The Page Bookstore,  
40A Thompson Avenue,  
Cowes**

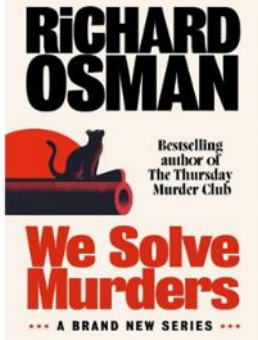
**Thank-you to our customers for their support. Brendan and Kylie.**

Telephone: 5952 1444

Facebook: Turn the Page Bookshop

Email: [info@turnthepagebookshop.com.au](mailto:info@turnthepagebookshop.com.au)

Website: <https://www.turnthepagebookshop.com.au/>



**We Solve Murders**

**By Richard Osman**

**Price: RRP \$34.99**

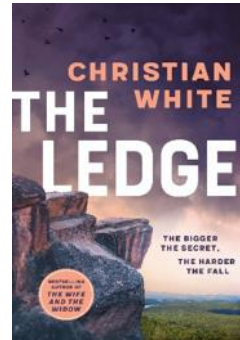
**(10% discount to registered customers)**

Combining the heart and humour of The Thursday Murder Club with a puzzling international mystery, welcome to the blockbusting new series from the biggest new fiction author of the decade, Richard Osman.

Steve Wheeler is enjoying retired life. He does the odd bit of investigation work, but he prefers his familiar habits and routines- the pub quiz, his favourite bench, his cat waiting for him when he comes home. His days of adventure are over- adrenaline is daughter-in-law Amy's business now.

Amy Wheeler thinks adrenaline is good for the soul. As a private security officer, she doesn't stay still long enough for habits or routines. She's currently on a remote island keeping world-famous author Rosie D'Antonio alive. Which was meant to be an easy job . Then a dead body, a bag of money and a killer with their sights on Amy have her sending an SOS to the only person she trusts. A breakneck race around the world begins, but can Amy and Steve stay one step ahead of a deadly enemy?

Richard Osman is an author, producer and television presenter. His first four novels, The Thursday Murder Club, The Man Who Died Twice and The Bullet That Missed were multi-million-copy record-breaking bestsellers around the world. We Solve Murders is the first book in a new series featuring a family detective duo. He lives in London with his wife, Ingrid, and their cat Liesl.



**The Ledge**

**By Christian White**

**Price: RRP \$34.99**

**(10% discount to registered customers)**

HUGE return from bestselling author Christian White, his twistiest thriller yet!

When human remains are discovered in a forest, police are baffled, the locals are shocked and one group of old friends starts to panic. Their long-held secret is about to be uncovered. It all began in 1999 when sixteen-year-old Aaron ran away from home, drawing his friends into an unforeseeable chain of events that no one escaped from unscathed.

In The Ledge, past and present run breathlessly parallel, leading to a climax that will change everything you thought you knew. This is a mind-bending new novel from the master of the unexpected.

Christian White is an Australian author and screenwriter whose credits include feature film Relic, Netflix series Clickbait and numerous other projects in the pipeline. His debut novel The Nowhere Child was one of Australia's bestselling debut novels ever, with rights sold in 17 international territories and a major screen deal. Christian's second book, The Wife and the Widow (2019), and third, Wild Place (2021), were instant bestsellers.

The Ledge is his fourth novel.

## ISLAND ELECTRICAL MAINTENANCE

Lights gone out? No power?

Safety switch tripping?

No hot water?

For prompt & reliable service

**Call Dave on 0409 435 207**

R.E.C. 20993



**Trading hours for  
Melbourne Cup  
weekend**

**Saturday November 2nd 9am - 4pm**

**Sunday November 3rd 10am - 3pm**

**Monday November 4th 9am - 4pm**

**MELBOURNE CUP DAY ON**

**TUESDAY - CLOSED**

**24-26 Boys Home Rd, Newhaven Ph 5956 7980**





# EXPECT NOTHING LESS

**F1**  
FORMULA 1  
AUSTRALIAN  
GRAND PRIX  
2025

**TICKETS ON SALE**  
**OCTOBER 8**

[GRANDPRIX.COM.AU](https://www.grandprix.com.au)

ALBERT PARK CIRCUIT | 13 - 16 MARCH 2025





## Phillip Island Camera Club - Photography walks for wellbeing

Photography Walks are beginning to be recognised as a way to enhance your wellbeing. A couple of members of our club recently learnt at a conference about these group walks being held in Melbourne by Craig Wetjen, author of 'Men and Their Sheds', award-winning photographer and advocate for mental wellbeing has created something truly unique. Call it physical fitness for the mind. He is a former photography lecturer at Swinburne University, but who now runs his own photography business. Research has shown exercise for at least 30 minutes a day improves and/or maintains overall good mental, physical health and gives a sense of purpose. Research has also shown walking with others turns your exercise into an enjoyable social occasion. Even better Craig has combined all these added benefits of exercise with using photography. Research has shown that combining exercise with photography one can experience self-care, team interaction and engaging the world around us with a difference, all of which can have a positive impact on personal wellbeing. Craig has been organising the walks once a month in Melbourne since October 2019 and since then, the number of participants has steadily grown to around 30.

The group of photographers meet at a designated place and are personally greeted by Craig who provides an introduction to the theme for the day. Possible themes could be Storytelling, Frame within a Frame, or even Open (any topic of your choosing). Participants are given one hour to walk either on their own, but preferably with others to photograph images that relate to the given theme. After an hour of shooting images, the group meets for a coffee and cake to share their experiences – which is a great way of getting to know others and how they approached the topic. Later, participants share their images on a Facebook site – usually around six or eight of their favourite images from the walk.

A few people, including residents of Phillip Island and surrounding areas who walk and photograph nearly every day think of these combined activities as their 'therapy', in the way that others take a swim, run, gym or yoga session for theirs. It gets you moving, helps connect you with your local environment, helps occupy your mind to take away life's stresses and gets you into a creative and inspirational space. A great combination to balance your physical and mental health! If going solo, you can choose your time, which could be early in the morning to capture the sunrise, dew on the grass or signs of the beginnings of the new day. Or if you go out late in the evening, you may catch a beautiful sunset or the soft evening light at the beach. You could choose your own theme or use a particular type of camera lens which will have a bearing on the type of images you'll capture. You may wish to experiment with aperture or shutter speed. Some have suggested that on your walk, take 100 steps and photograph something that captures your attention at that particular spot, then repeat.

To make your photo walk more interesting and meaningful you could look for something you find beautiful, that draws you in; have a sense of purpose by concentrating on a theme such as black and white photography or particular colours; tune in to your creativity by using different techniques, for example shooting from different angles or perspectives to capture things from different view points; be aware of your surroundings by close observation and vary your route to explore different possibilities for your photographs.

Most of all, whether your walk is solo or in a group, enjoy your Photo Walk images! When you get home, check which ones you like the most and perhaps edit them and share some on social media. Highlight the value they bring to your life in the hope that others will be inspired to do the same.

As one participant said of Photography Walks for Wellness:

'It's permission to shoot for the pure joy of creating. Noticing. Appreciating. Sharing. And seeing new views through the eyes of other photographers.' -Jade Wisely



*Capturing the beauty of the local environment during a Photo Walk: Highland cattle at Churchill Island photographed by Rhonda Buitenhuis*



*The rustic entrance to the Lavender Garden at Churchill Island by Rhonda Buitenhuis.*

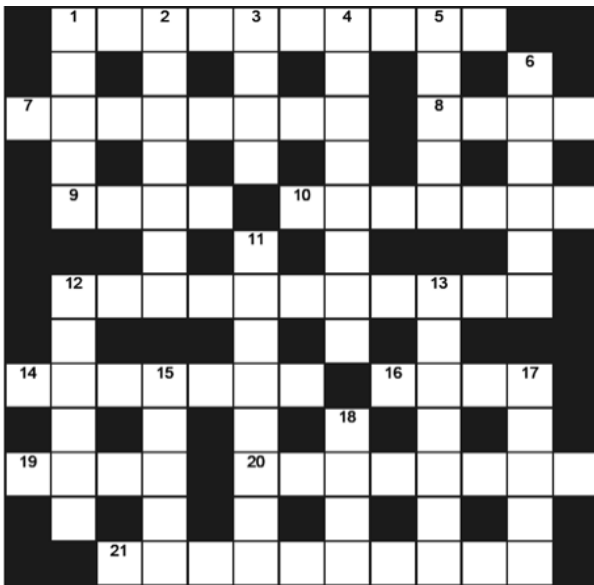
Images are copyright of Rhonda Buitenhuis.

For more information about Craig Wetjen go to <https://www.craigwetjen.com>

For more information about the Phillip Island Camera Club email Graeme [phillipislandcameraclub@gmail.com](mailto:phillipislandcameraclub@gmail.com) or phone 0407 092 352.

# Brain Food

Find all the answers & solutions to Puzzles  
& Quiz on page 18 (No peeking!)



**Vibe Quick Crossword**

## Across

- 1 Government Leader (10)  
7 Supplier (8)  
8 Slippery fish (4)  
9 Target (4)  
10 Dressed (7)  
12 Meanness (11)  
14 Scream (7)  
16 Region (4)  
19 Ant (4)  
20 Made use of (8)  
21 Steadfast (10)

## Down

- 1 Darn (5)  
2 Pithy (7)  
3 Slim (4)  
4 Impetus (8)  
5 Skilled (5)  
6 Outsiders (6)  
11 Finish (8)  
12 Empty (6)  
13 Before (7)  
15 Consumed (5)  
17 In front (5)  
18 Citrus (4)



## TRIVIA

1. What are you playing if you are standing behind the oche? 2. Who or what live in a holt? 3. What three colours appear on the Italian flag? 4. What is the technical term for the collarbone? 5. What fish is the source of caviar? 6. Which is the only planet not named after a Greek or Roman god? 7. What is a hen called in its first year? 8. What scientist studies butterflies and moths? 9. What are curling stones traditionally made from? 10. The green pigment in plants, essential for photosynthesis, is commonly known as?

				7	1	4	8	
		6			8	5		
	9							
		2						7
9			8		5			2
1			9			6		
							4	
		8	1			9		
	4	9	3	5				

**Vibe Sudoku** Each row, column and sub-box must have the numbers 1-9 occurring just once.

## Community to celebrate the first birthday of Berninnet

In exciting news - Berninnet will soon celebrate its first birthday on November 1.

This beautiful space that was created for the community will showcase a range of community arts for the week.

Kicking off the celebrations we are proud to host local award-winning theatre group Offshore Theatre who are presenting an exclusive preview of a brilliant piece of theatre "My Sister Jill" recently presented by the Melbourne Theatre Company. My Sister Jill is Patricia Cornelius' latest play with a semi-autobiographical storyline of Christine who idolises her father and is fascinated by his wartime experiences. The rest of the family do not share these sentiments...

"Patricia Cornelius is one of Australia's most significant theatre voices. Her semi-autobiographical My Sister Jill is a story for us and about us." Artsreview.com.au

Tickets are available at a subsidised birthday rate of \$15 and guests will receive a complimentary drink at the bar and celebratory nibbles.

Further celebrations are also happening including the creative ASPIR group who will be exhibiting in the community spaces.

"This is a really exciting celebration for Berninnet and for the residents of Cowes and surrounding areas. We have had many thousands of people enjoy the shows and cinema here since it began as well as exhibitions, art galleries, community activations and of course the beautiful MYLI library and historical museum. We are all really proud of the reviews that have been received and all the great work that everyone has put into this activating this space" said Greg Box, CEO, Bass Coast Shire Council.

"It is great that we can enjoy this first year with one of our local community theatre groups leading the celebrations and amplify the great work that all the artists involved are doing. I am sure this will bring great pride to all involved" he said.



# PHILOSOPHICAL MUSINGS

## BY JOHN BUTTROSE



### What does it all mean?

We humans are a curious species. "Why?" is the first question we ask. "Time for bed, kiddo!" "Why?" "Because you need your beauty sleep." "Why?" Young children can ask a frustratingly endless series of "Why?" questions. We need to give meaning to our actions, and those of others, to natural phenomena, to our work, to our lives by asking the "Why?" questions. Discovering the answers has driven science, philosophy, religion ... the list goes on ... in order to make some sense of this wonderful, muddled, confusing world. We are always trying to find the reason, the purpose, the explanation. Is this what we intend when we say we are searching for meaning?

The stars have always drawn the human eye. What was this spectacular display of tiny shining lights? It was soon noticed that some of the stars formed a vaguely recognisable patterns of animals and figures from mythologies. A few stars seem to wander, while others remained fixed in their relative positions. This could not be random! What does it all mean? Could the movement of the planets (the wandering stars) be a message from the gods, messages which could give some certainty to lives? Venus being passing through the constellation of Scorpio ... that could not be a good thing.

The Christian church also explained phenomena in religious terms. This unpredictable world could be explained in terms of God's will. Voltaire, a true representative of the Enlightenment, raised a pertinent question. How could an all powerful, all knowing, all loving, benevolent god allow the Lisbon earthquake of 1755, a disaster which killed sixty-thousand people? Such a disaster could not be the will of such a god. With the diminishing influence of the church, scientific research and thought developed quickly. It was discovered the stars, the wandering planets, earthquakes were the result of the laws of physics, and can be explained by mathematics ... there was no meaning behind these phenomena beyond that. And biology? The recognition that species could change over time was being discussed, controversially, from the beginning of the nineteenth century, before Charles Darwin's clear, and widely accepted ideas, of the evolution of living things by means of natural selection were published. The book was shattering, and for many they understood that human existence was as meaningless as the universe. There was no grand plan, no purpose to our existence. We were just a product of a series of miraculous coincidences. This was difficult to accept for many. Surely, a creature as marvellous as ourselves ... there must be something more to it!

However, it is rather hard to get beyond the idea that human existence was merely a cumulation of a series of accidents and coincidences. A miracle of chance. But, maybe our existence is not so surprising given 13.7 billion years have passed since the formation of the universe. There maybe 2 trillion galaxies. Our own Milky

Way could consist of perhaps 100 billion stars. So far NASA has detected 3200 stars in our galaxy with a planetary system. While these numbers are not infinite, they are very large. The infinite monkey theorem states that a monkey, randomly hitting the keys of typewriter, will type any text, including the complete works of Shakespeare, given an infinite amount of time. Could be we are the fortunate beneficiaries of an infinite number of coincidences and lucky breaks in a very large universe.

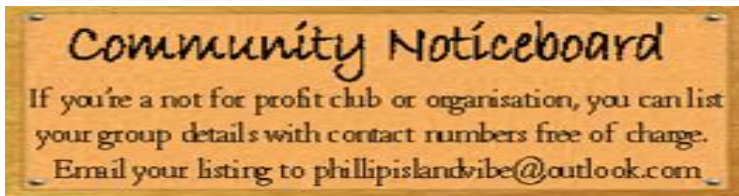
The beauty and the wonder of the earth around us, and our brilliant minds, could make this realisation is challenging to accept. But, those great big numbers render our place in the universe very small indeed. Our biological purpose is to reproduce and give our offspring the greatest chance of survival. This may be enough for some, but the essential meaningless and insignificance of our human lives can induce nausea, existential dread, angst, anxiety; feelings summed up in the painting by Edvard Munch, *The Scream*. Our existence is meaningless and absurd. This is terrifying. These are terms used by the existentialist school of philosophy.

Jean Paul Sartre, perhaps the most well known of this group, argued that, "existence precedes essence". By this he meant our essence, the essential me, is not determined at birth, but during our lifetime of learning and experiencing and, importantly, individually choosing who we are. Indeed, to be fully human, it is our responsibility to take this seriously. Albert Camus, another existentialist, wrote, "There is only one really serious philosophical problem, and that is suicide" Deciding whether or not life is worth living is to answer the fundamental question in philosophy. All other questions follow from that". And once the choice has been made to live, it is the individual's responsibility to consciously choose their life. Sartre argued this was total freedom, one can always choose. The circumstances in which you find yourself can severely affect your choices of course, but even in front of the firing squad, facing imminent death, you can choose to behave with dignity and courage, you can refuse the blind fold. Such actions are an active choice.

Sartre tells us that the choices we make can not be determined by social mores, religious dogma, family expectations and the like. Sartre gives the example of a waiter in his favourite cafe. He was the perfect waiter; attentive, polite, bustling about here and there. But his actions seemed forced. Sartre concluded he is playing at being a waiter to fit in with what he thinks is expected of a him in the role; he was not being true to himself. The waiter was acting in bad faith, he was not "authentic". Being truly authentic seems a hard road, and bound to render you very unpopular. (Read Camus' *The Stranger*) And what if you believe your authentic self to be a mass murderer?

According to the existentialists we must accept the absurdity of our all too brief lives, and our ultimate non-existence, in a vast, uncaring universe. We can, indeed we must, grasp the freedom to choose our authentic selves, live it in good faith and make it meaningful.

Join a philosophical discussion group. We meet on the first Thursday of the month at Wild Food Farm cafe in Rhyll to discuss the big questions about life, the universe and everything. Contact John Buttrose: [jbuttrose54@gmail.com](mailto:jbuttrose54@gmail.com)



**Phillip Island Lions Club** Trash and Treasure market. Sat & Sun 9.30-12.30. Dunsmore Rd, Cowes (next to transfer/recycling depot). Volunteers welcome. Text only 0433 191 654 f/b Phillip Island Lions.

**Phillip Island Bicycle User Group** Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Trevor Hayes 0408 574360.

**Phillip Island Bridge Club** duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400 815353.

**Phillip Island Girl Guides** Girls and volunteers both welcome. Girls aged 7-14 on Thursday night from 5pm to 6.30pm at Scout Hall, Dunsmore Road, Cowes. Contact Chris Oliver 0428 644397 or email: chris.oliver@guidesvic.org.au

**Phillip Island Club (Senior Citizens)** Carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Fridays 12noon, 3 course lunch \$20. Hall available for hire. Ph Pauline Porter for more on 0419 777807.

**Phillip Island Community & Learning Centre (PICAL)** recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 16 Warley Avenue, Cowes.

**The Probus Club of San Remo** 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more information contact Anja 0408 035 163 or email probussanremo@gmail.com

**Phillip Island Scout Group – Cubs:** Wed 6.30pm-8pm, **Scouts:** Thur 7pm-9pm, **Venturers:** Mon 7pm-9pm. Located at Bluegum Reserve, Dunmore Road Cowes. New members welcome. Email: gl.phillipisland@scoutsvictoria.com.au

**Phillip Island World Vision Club** meets on the second Monday of each month at 1:30pm in the conference room at the National Vietnam Veterans Museum, 25 Veterans Drive, Newhaven. We support children and communities here and overseas, as well as working to alleviate crises such as world hunger. We welcome new members. Please contact our Secretary: piworldvision@gmail.com

**Phillip Island Masonic Lodge** - meets every 2nd Wednesday of the month at 7.30pm (opp Coles) New members and visiting brethren welcome. Hall for hire - contact Ian Samuel 0413157284.

**Phillip Island and District Railway Modellers** is a model train club that meets every Sunday to run trains at the Cowes Senior Citizens Club (back door) from 1:00pm to 4:30pm. Visitors are welcome, new members more welcome. More details Geoff N on 0419 357 097 or Geoff B on 0429 419 011. Or email to piadrm@gmail.com

**Home Library Service** For information on applying for our home library service or volunteering, please speak to library staff on 5644 3320 or visit our website www.myli.org.au/about/volunteers

**PARKRUN**- free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

**The Probus Club of Phillip Island Inc** meet 4th Wed of month 10am, Anzac Room, Phillip Island RSL, New Members most welcome. Further info Chris Cannin 0434 489011 or Ash Rizvi 59521604.

**Tough Guy Book Club Phillip Island chapter** meets first Wednesday of the month at 7:00 p.m. New Venue, Ocean Reach Brewing 47 Thompson Ave, Cowes. For more information see www.toughguybookclub.com

**PIRSL Community Men's Shed** meets at the rear of the RSL every Tues, Wed & Thurs mornings 9am-noon. Anyone welcome. Contact Brian Walmesley at the Phillip Island RSL Community Mens Shed on email mensshed@pirsl.com.au Leave details and Brian will respond. **Phillip Island TOWN Club Weight Loss Group** Thurs 9-11.00am, Ryhill Hall. Joining fee \$60, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414 709066

**Phillip Island Croquet Club** New members welcome to come and try Thursday and Friday mornings 10am-12pm. Please phone before coming to the club. Secretary 0493 614265. Blue Gum Reserve, Dunsmore Rd, Cowes.

**National Vietnam Veterans Museum** needs volunteers for gardening and cleaning. Contact Julie on 5956 6400 or apply online via our website www.vietnamvetmuseum.org.

**Phillip Island RSL Day Club** Mondays, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises, guest speakers and outings. Transport can be arranged if necessary. Ph: PIRSL Reception on 5952 1004.

**Euchre at the RSL** Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Bob Hee 0418 173388.

**Phillip Island Camera Club** meets 1st Monday of the month (except November, when meeting will be held on 13th) at the Newhaven Yacht Squadron Clubrooms, 1:30 - 4pm. Contact Graeme on 0407 092 352 or email phillipislandcameraclub@gmail.com.

**Phillip Island Swim Club** must be competent in 3 out of 4 strokes and looking to extend skills with qualified coaches. Swimclub@waterfront.net.au

**Phillip Island & District Genealogical Society** discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418 178343 or piadgs@gmail.com

**Phillip Island Adult Riding Club Social & HRCav** horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Email: phillipislandadultridingclub.com.au

**Cape Woolamai Coast Action** Volunteer group who meet on the second Sat monthly from February to November. We undertake maintenance and plantings along the Cleeland Bight foreshore. Meeting at Cottlesloe Ave 8.00am to 10.00am followed by morning tea. Ph: Marg 0419007758 Email: capewoolamaica@gmail.com

**Cowes Branch Country Women's Association (CWA)** 1st Thursday of the month February-November. Currently meeting at CWA Shop, 94 Thompson Ave. Cowes. 1pm Ph Penny 0437 042 084 Cowes CWA Tues-Sat 10-2 cwaofviccowes@gmail.com

**Country Women's Association Victoria Inc. Phillip Island Twilight Branch** Join us for "Sharing, Fun and Friendship". We are a group of women who are engaged in social issues, learning new skills and fundraising for women and children. We meet the 2nd Wednesday of the month at St John's Hall, Chapel Street, Cowes at 7 pm. Contact Sally Matthews 0409521825 and Rosie Brewin 0409792245

**The Phillip Island Miniature Light Railway Inc.** Secretary, Bev Munro, 0417 578 435 or Facebook. New members welcome.

**The Phillip Island & Districts Dart League** P.I.D.D.L. is a community-based organisation that organises a competitive Darts comp for players of all skill levels. Weekly round-robin format. New players welcome. Contact Scott Lethbridge 0407543154; scott@glpc.com.au

**IAA Island Astronomy Association Inc.** Our Club meets on the first Wednesday of each month at 7.15 pm at the Croquet Club. New members are very welcome. To find out more details please contact Bob Wolstenholme at bobwolstenh@yahoo.com.au

**Inner Wheel Club of Phillip Island** is part of a worldwide women's organisation engendering friendship and service to the local community and beyond. Dinner meetings are held on the second Thursday of the month and newcomers are very welcome. For information call Christine Wickes on 0439 906 026



**Phillip Island View Club** builds friendships and connections for local women. Raises funds to support 5 children through the Smith Family. Meets on the 4th Monday of the month at 11.00am at The San Remo Hotel, San Remo. New members welcome! call Chris Sproson on 0406 469 824

**Phillip Island & District Historical Society** 56 Chapel Street, Cowes. Contact: Pamela Rothfield 0418 368 607

**Phillip Island Library, Myli Libraries** is open at 91-97 Thompson Avenue, Cowes. Opening hours are Mon, Tues, Thurs and Frid 9.30am - 5pm, Wed 9.30am - 6.30pm and Sat 10am - 1.30pm

**San Remo Library, Myli Library** 92 Back Beach Road, San Remo. Hours Mon - 10am-5.30pm, Tues closed, Wed 10am - 1pm, Thurs closed, Frid 10am - 1pm and Sat 9.30—1pm. Phone 5644 3320

**Bass Coast Toastmasters** Meetings in San Remo. Contact Patricia Jamieson 0412339795 basscoasttoastmasters@gmail.com

**San Remo Bowls Club** Social Bowls 12pm for a 12.30pm start. Stick draw. New bowlers and visitors most welcome. April to September - Tuesday's and alternate Saturday's. October to March - Wednesday's. 1a Wynne Road San Remo, next to the Primary School. Ring 0493237913 for details.

**Phillip Island Patchworkers Inc.** All varieties of craft such as Embroidery, Beading and Knitting. Monday Nights 7.30p.m. to 9.30p.m. The first, second and last Tuesday of the month 10.30a.m. to 2.30p.m. At Wonthaggi first and third Friday of the Month 10.a.m. 2.30p.m. Corinella Crafties second and fourth Wednesday of the Month 10.30a.m. to 2.30p.m. Please contact President Gayle Rowden 0400634282 or Secretary Lyn Arnold 0429481875

**Newhaven Indoor Bowling Club** meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Age group 60-90 years. Call Dagmar 59566965.

**"Bee Crafty" Community Craft** Group is meeting fortnightly on Wednesdays at St Phillips Church Hall, Thompson Avenue, Cowes (opposite Coles). All are welcome. For further details Desma Maxworth 0409 136 620.

**Boomerang Bags Phillip Island and San Remo** Volunteers sew re-useable bags to supply PICAL pantry and local shops thereby eliminating single use plastic in the community. For more information contact Boomerang Bags Phillip Island facebook page or Vi Pittorino on violetepittorino@hotmail.com and we will get back to you.

**SES San Remo Unit** trains every Thursday at 6:30 pm at 14 Davis Point Road, San Remo. Come and meet our friendly group, see what we do. We have a role for everyone. For information email sanremo@ses.vic.gov.au

**Rotary Club of Phillip Island and San Remo** Our enthusiastic members are all committed to having fun and building friendships whilst providing humanitarian community service to our local community, Australia wide and internationally. A cornerstone of our fund raising is our Cowes Op Shop. Enquiries, new members and volunteers always welcome. Call President Gea Lovell 0438 002 181, or Tim Mullen (Op Shop) 0412 399 140

**MS Community Visitors Scheme** in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email volunteer@ms.org.au

**The Probus Club of Cowes**-3rd Monday of each month at 10:00 a.m. at The Phillip Island Senior Citizens Hall Cowes. For enquiries call Sue on 0438 304 082 or email probuscowes2@gmail.com

**Phillip Island-San Remo-Bass Coast Vegan Community** Sharing and promoting what's vegan & plant based. Everyone welcome. phillipislandbasscoastvegans@gmail.com

**Island Voice** Meets last Wed of the month 5.30- 7pm PIRSL New members welcome Contact Sec. Linda Marston 0428 344 726.

**Bass Coast Kinship Support Group** We meet at the Ventnor Recreation Reserve on the Second Tuesday of each month from 10am to 12pm. All Kinship Carers are welcome! Contact Anita 0475 740 927

**Phillip Island Community Art & Craft Gallery Inc** 119 Settlement Rd, Cowes (Next to the SES) Open Thurs – Sun 11am-3pm. Secretary Aleta Groves 0466 361 086. Email: info@phillipislandgallery.com.au

**Phillip Island Community Meal** operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St & Warley Ave, Cowes. Facebook @cowescommunitymeal

**The Artists' Society of Phillip Island, ASPI**, is for a wide range of artistic expression from the field of Visual arts through to writers and poets. There is a program of regular activities including Textile Arts, Portraits, Life Drawing, Appraise & Connect, Come & Create, and the Ibis Writers group. Workshops held throughout the year. New members are very welcome. For further information contact aspicommittee@gmail.com or Miranda 0400 927 076 .

**Philosophy Lunch** We meet on the first Thursday of each month over lunch at the Wild Food Farm, on the Rhyll Newhaven Road at Rhyll. We discuss some of the big questions about life, the universe and everything. Newcomers are very welcome. \$37 (including a two course lunch). Bookings or enquiries to John Buttrose: jbuttrose54@gmail.com

**Narcotics Anonymous** meets weekly Sundays 5-6pm, St Phillips Anglican Church, 102 Thompson Ave, Cowes. New members welcome. For more information contact 03 9525 2833 or na.org.au

**The Phillip Island Medical and Health Action Group (PIMHAG)** advocates for improved medical and health services for Phillip Island and San Remo. PIMHAG welcomes new members. Please contact Secretary linda@marston.com.au or 0428 344 726.

**Woolshed Spinners** meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact Robyn Holman 0429 700 492.

**Phillip Island Health Hub Auxiliary** We now meet the 1st Wednesday of the month at the Rotary Rooms, 101 Dunsmore Rd., Cowes. for more information - Lyn 0400126435 or Gill 0431672777. We fundraise to purchase much needed equipment for specialists and medical staff offering services at the Health Hub. New members very welcome.

**Phillip Island Bowls Club** 40 Dunsmore Rd, Cowes. New members welcome, open to all ages. Social bowls every Thursday at 12noon and barefoot bowls over Christmas holidays. Corporate bowls from January till March. Free coaching available. Come and give it a try - contact the Club on 5952 2337.

**Ibis Writers** is a group of local writers who meet once a month to support and encourage one another, share writing opportunities and offer each other feedback on work in progress. All writers, beginners or experienced, poetry, fiction or non-fiction, are welcome to join. Contact Lorrie Read 0425 858 067 or Ian Robinson 0407 240 024 for more information, meeting dates, etc

**Rotary Op Shop, Cowes** Run and staffed by Volunteers from all walks of life, including Rotary Club members, our Op Shop is a wonderful, fun place to volunteer, help the community & meet new people! New volunteers always welcome, please call Rotary Op Shop Coordinator, Diane for more info: 0417 577 082

**Cowes AA Big Book/Steps Meeting**, 7pm Tues nights, St. Phillips Anglican Church. Corner Thompson Ave & Church St.(opp. Coles) Ph. 0417 317470

**Ventnor Coast Care Association Inc** is a volunteer group, working to conserve, enhance and maintain the Ventnor coastal foreshore between Anchorage Rd and Devon Ave. We meet monthly at 9.30am, for a 2 hour working bee, from February to November, followed by a cuppa. We welcome new members! Please contact Cathie or Trish at: ventnorcoastcare@gmail.com.'

**The Newhaven Residents Group Association Inc.** We are a not for profit organisation advocate for communication and residents concerns. Phone 0413 623 052.

**Phillip Island Auto Racing Club** want to get close to the motor racing action at the MotoGP circuit? Then join us as a volunteer marshal! All training provided; New members most welcome - please email: info@piarc.com.au



## Offshore Theatre present My Sister Jill

Multi-award-winning local theatre company, Offshore Theatre Inc., will present their latest play, My Sister Jill as part of the 1st anniversary celebrations of Berninnet - Millowl this November. The company was thrilled to be invited to the newly built cultural centre for the birthday celebrations on Friday the 1st of November. The opening of My Sister Jill will run alongside the ASPIR group who will be exhibiting in the community spaces of Berninnet over the cup weekend. The production will then run Thursday the 7th - Saturday the 9th. Remi D'Agostin, the president of Offshore remarked that "Berninnet has been such an asset to our community in this past year. It is a beautiful community space and a bit of a dream for us, a local community theatre group, to be performing in such a lovely space."

Written by one of "Australia's most significant theatre voices" (artsreview), Patricia Cornelius', My Sister Jill was adapted from her own novel and premiered at Melbourne Theatre Company in 2023, directed by Susie Dee. The choice to produce the show on the Island came about when Remi took some of her Drama students to see the MTC production last year. "It was such a great story, the language was poetic and each of the characters had the space to share their experiences. I bought the script that day and took it back to our little group to read."

It was there that director Melissa McMillan (2:20am Offshore's second production in 2023) also fell in love with the script and the group began preparations for their November show.

Patricia's story revolves around an Australian family in the 50's -70's and sensitively explores the topics of World War 2, The Vietnam War and the inescapable reverberations and effect on the individual members of the family. Christine, the youngest of five, idolises her father and is fascinated by his wartime experiences. The rest of the family however does not share these sentiments, each of them complex and battling with their own lives, in their own deeply personal way.

My Sister Jill will make you laugh and make you cry with its universal themes of family, personal struggle and love. It is a familiar story that we can all find deep connection to.

Tickets are on sale now through Trybooking and basscoastculturalvenues. Don't miss this opportunity to support local theatre, in a venue made for the local community.

### SESSION TIMES

Exclusive Preview event - 1st November for Berninnet's 1st birthday celebrations

Thursday 7th Nov at 7.30pm

Friday 8th Nov at 7.30pm

Saturday 9th Nov at 2pm

## PUZZLE SOLUTIONS



3	2	5	6	7	1	4	8	9
4	1	6	2	9	8	5	7	3
8	9	7	5	3	4	2	6	1
5	6	2	4	1	3	8	9	7
9	7	4	8	6	5	1	3	2
1	8	3	9	2	7	6	5	4
2	5	1	7	8	9	3	4	6
7	3	8	1	4	6	9	2	5
6	4	9	3	5	2	7	1	8

### ANSWERS TO TRIVA QUESTIONS

1. Darts
2. Otters
3. Green, white and red
4. Clavicle
5. Sturgeon
6. Earth
7. Pullet
8. Lepidopterist
9. Granite
10. Chlorophyll

Copyright © 2024 Phillip Island Vibe.

This edition is copyright. Apart from any use permitted under the Copyright Act 1968, no part may be reproduced by any process, nor may any other exclusive right be exercised, without the permission of Phillip Island Vibe, PO Box 239, Cowes. 3922.

phillipislandvibe@outlook.com ABN: 609444475



# Phillip Island is *springing to life*

Welcome new life on the island at the **Penguin Parade**, **Koala Conservation Reserve** and all the farm excitement on **Churchill Island**.

**SAVE with a 3 Parks Pass**



Phillip Island  
**NATURE  
PARKS**

**BOOK NOW**  
[penguins.org.au](https://penguins.org.au)  
03 5951 2830





**QATAR**  
AIRWAYS

**QATAR AIRWAYS**  
**AUSTRALIAN MOTORCYCLE**  
**GRAND PRIX 2024**

# THE ROAR OF THE ISLAND

**PHILLIP ISLAND** | 18-20 OCT '24



**TICKETS**  
**AVAILABLE NOW**  
[motogp.com.au](https://motogp.com.au)

