

Phillip Island Vibe

FREE

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Rachel Musgrove@phillipislandimages

In this issue *The Vibe* spends some time in San Remo checking out two great new businesses: *The Nic Nak Shack*, a gorgeous boutique giftware store, and *Organature* who make and supply beautiful certified organic cotton bedroom products.

Meanwhile, the annual *Spring Cleanout Car Boot Sale* is on Sept 19 at St John's Church so make sure you don't miss out on booking a car space.

This week *Off Island* visits the WWI Centenary Exhibition at the Museum and brings us much food for thought, while Leon is back again with another courtroom drama to ponder.

The Cape Kitchen has some delicious corn cakes for you to whip up while Dean will get you strumming another classic *Nirvana* riff.

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THE "SHORT BLACK"
BY *Greg Hogan*

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STRIKING A CHORD

For seasoned guitar players, or those of you who enjoy a casual strum, local guitar teacher **Dean Luke**, shares tips, advice and news about all things guitar.

ANOTHER CLASSIC RIFF 'COME AS YOU ARE'

This week we will be taking a trip back to the 90's with yet another *Nirvana* classic, *Come As You Are*. So dust off your Fender Jag and Flannelette shirt and prepare to give the neighbours something to talk about :).

0-0-0-1-2 0-2-0-2-2-1-0-2 0-0-2-

This riff is played entirely on the low E and A string. It starts with 2 open low E strings, then we play the 1st fret on the low E then the 2nd fret on the low E. Next we'll play the open A string then the 2nd fret on the low E then repeat these two notes. Next we'll play the 2nd then 1st fret on the low E, then the open low E and then the 2nd fret on the A string. Then we'll finish with 2 open low E's then the 2nd fret on the A string. And there you have it :). All you need now is a drummer, bassist and a mildly reliable touring van!



If you have any questions about guitar playing then Dean would love to hear from you.
 Drop him an email and get his expert advice: dean_luke@hotmail.com

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Indigenous Traineeship Leads to Job as Nature Parks Environment Ranger

Phillip Island Nature Parks and AFL SportsReady recently joined forces to offer a traineeship within the Nature Parks' Environment department. Former trainee Shani Blyth has successfully completed her traineeship and has been offered a three year contract as an Environment Ranger with the Nature Parks.

Shani stated: 'The whole traineeship has been an incredible opportunity, but to be offered a role has been my greatest achievement to date. I love working in the outdoors and giving back to our beautiful environment.'

Shani commenced her first traineeship in 2010 in a bank but, as Shani points out: 'This made me see that I wasn't made to work in an office. Working at the Phillip Island Nature Parks made me realise that I am set for an outdoors career. The hands-on wildlife experience is where I see my future.'

'The recruitment of an Indigenous trainee is a key action in the Nature Parks' Reconciliation Action Plan and is an exciting step in our journey towards strong cross-cultural relationships,' Human Resource Manager for the park, Margie Woods said. 'Shani has proven to be a valuable member of our team and has contributed significantly in the time she has been here.'

Her current supervisor, Jarvis Weston, Ranger in Charge of Environment, is one of Shani's biggest



Shani with volunteers

supporters and is thrilled to see her stay on. Jarvis commented: 'What's been most rewarding has been seeing Shani develop in her field - watching her absorb everything she needs to know about the environment from identifying dog tracks and fox tracks, to watching her learn about environmental management.'

While completing her traineeship Shani studied a Certificate III in Conservation and Land Management which was a huge benefit to her. 'I was able to really learn and understand in depth about my role and the Australian environment. Now I have a greater



Shani & Jarvis Weston

understanding of Victoria's ecosystems and the wildlife native to our land.'

Shani went on to say: 'Traineeships are definitely worthwhile. It's been a great experience and I've been places that I never dreamed of going.'

A promotional graphic for Phillip Island Images. It features a central image of a camera lens with the logo and text "Philip Island Images" on it. To the right, there are two smaller images: one of a surfer riding a wave and one of a bird's head. Below the lens image, the text "Phillip Island Images" is written in a large, bold, sans-serif font. Underneath that, it says "Logo & surf images, wildlife, landscape & sports photographer & website image design." At the bottom, it provides the phone number "Phone 0432 554 297" and a Facebook icon followed by the website name "phillipislandimages".



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Recipes from *The Cape Kitchen* Basic Corn Cakes

When the days are cold and windy you can feast on these little gems to be reminded that Spring and Summer aren't too far away. Perfect for breakfast and a healthy addition to a lunchbox. If you enjoy these we recommend coming in and trying our new Zucchini Fritters for breakfast.

Basic Corn Cakes

Ingredients

- 880gr corn kernel
- 4 eggs
- 5tbl arrowroot flour
- ½ cup fried shallots
- 6 eschallots, chopped
- 5 cloves garlic, crushed
- 1tsp salt

Place the corn kernels and seasonings in a thermomixer and blitz until paste forms. In a bowl combine the paste and remaining ingredients to form a batter.

Lightly oil a pan and slightly pan fry until golden brown turning once or deep fry in clean oil for extra crispness. We have left the seasonings out for you to choose for yourself. We recommend trying coriander, lime or chilli!



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FREAKY FACT The 1997 movie, *The Titanic*, won 11 Oscars but none of these were for acting.

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FREAKY FACT The World Championships of Mobile Phone Throwing will take place in 2017 in Finland.

Community Markets

Churchill Island Farmers' Market 4th Sat of month
8am-1pm. 246 Samuel Amess Dr, Churchill Island.

Cowes Island Craft Market 2nd Sat of month
Phillips Parish Hall Thompson Ave, Cowes.

Market on Chapel 4th Sat of month
Uniting Church cnr Chapel St & Warley Ave, Cowes.

Phillip Island Lions Club Steptoe's Emporium bric a brac, 2nd hand furniture. Sat/Sun, 10am-1pm, 59522140.

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What's New in San Remo...

The Nic Nak Shack, a gorgeous new boutique giftware store.

The Nic Nak Shack settled into San Remo five months ago with its incredible range of home and giftware.

Ceramics, heat activated ornate lanterns, indoor/outdoor statues, Daylesford soaps, children's and infant products, soft furnishings, handbags, scarves and a select range of jewellery are merely the beginning of what *The Nic Nak Shack* has to offer.

And despite the huge array of products on display, manager Renee Harrop, has done an awesome job in creating a labyrinth of beautiful objects which you can navigate through easily. *The Nic Nak Shack* is bright and breezy with plenty of room to wheel a pram.

As much as possible, the Nic Nak Shack tries to source Australian products and Renee works closely with her



crowds hit and let Renee help you pick that perfect gift. You never know, you might even find a special indulgence for yourself.



Melbourne suppliers to ensure that she only purchases items with minimum release numbers to ensure that her customers are getting quality products that you won't generally find in other gift shops.

Most products are designed in Melbourne with materials sourced over seas. Her floor lamps and hanging lanterns crafted from sea sponges are truly stunning. Likewise, her series of vases made from woven Abaca leaves with a highly glazed finish are wonderfully elegant.

Renee is also excited to announce the Spring arrival of Pelican Sani, a sixty centimetre statue which she has carefully designed in conjunction with her suppliers.

With only sixteen weeks shopping time left before Christmas why not head down to San Remo before the



The Nic Nak Shack is open Tues-Fri 9am-4pm & Sat 10am-3pm.

The
Nic Nak Shack

Shop 2 / 107 Marine Parade
San Remo, Victoria, 3925
P: 03 5678 5544
E: thenicnakshack@outlook.com



What's New in San Remo...

Organature, a Certified Organic Cotton store selling beautiful bedroom products.



Do you wake up feeling unrested, or just a little unwell? It could be because of your mattress or bedlinen. For people who are highly sensitive to multiple chemicals choosing natural products is an important part of their lives.

Organature in San Remo knows only too well that chemical free bedding is not only preferable, but an essential part of many people's lives. As one of Australia's only manufacturers of bedroom products

made from Certified Organic Cotton, *Organature* has been providing people throughout Australia and overseas with an alternative to conventionally grown cotton and dyed fabrics which have often been grown and treated with formaldehydes and many other chemicals.

Organature is a dedicated family business that began 14 years ago, originally as an online supplier. Prior to *Organature*, business owners Peter and Maureen Byl spent many years running a conventional, manufacturing and retail business. Over time, however, Peter became increasingly unwell and was eventually diagnosed with MCS (Multiple Chemical Sensitivity). Largely through trial and error, Peter discovered that he was hyper sensitive to many modern day products, including the cotton fabrics available on the market. At this point, Peter utilised his knowledge and experience with bedding techniques and linen production and started making his own bedroom soft furnishings from home. He quickly found that he wasn't alone in his chemical sensitivity which led to a steady clientele purely from word of mouth. As demand increased, Peter and Maureen set up commercial production from a shed on their property in Buffalo, employing several family members over the next 11 years.

Earlier this year, *Organature* underwent a restructure and Peter decided to open a shop front in San Remo, managed by daughter Genevieve and employing staff from the local area.

As you'd imagine, *Organature* is a calm, peaceful store cleverly hiding the rigorous and time consuming process of producing the beautiful cotton sheets and quilts that adorn the shelves.

Unfortunately the Australian climate does not lend itself to growing organic cotton in a viable and sustainable way, so *Organature* buys cotton from the World Market under the GOTS system (Global Organic Textile Standards), mostly from countries such as, Ethiopia and Turkey as both countries have climates conducive to growing pest free crops.

Once harvested, the cotton is sent to a mill in India that satisfies organic cotton processing standards and Peter visits regularly to ensure quality never strays. This is a vital part of production as the cotton must be processed on machines free from chemically treated cottons to eliminate cross contamination. While there are some Australian processing factories that meet organic standards, there isn't one large enough to cope with the demands for Certified Organic Cotton here in Australia.

From India, the raw cotton is sent to Melbourne for making mattresses, quilts and pillows, while rolls of woven, dyed fabric arrives at San Remo before it is cut to size and sent to a production house in Leongatha where it is stitched into bedlinens. And of course, all manufacturing is processed to the strict requirements of Organic Cotton Certification.

Organature also makes hardwood products such as bed bases, bunks, desks, cots and bedside tables with all timber sourced from the Victorian Baw Baw region and made locally in Leongatha.

So who shops at *Organature*? Genevieve says that about 30% of her customers suffer from chemical sensitivity while other customers are simply committed to achieving as chemical free lives as possible for themselves and their families. She also finds a growing number of new parents shop at *Organature* keen to purchase chemical free bedding for their babies.

With such an incredibly arduous and exacting production process you'd think that the cost of linens at *Organature* would be high. However, you'll be amazed at the affordability of the products as Peter is committed to providing a chemical free bedding alternative to the community, especially those who are suffering from MCS and are on limited income.

Despite the complexity of the organic cotton production process, *Organature's* commitment to chemical free bedding is never compromised. And at the end of the day, that passion and dedication is woven into every stitch of every fabric to give you a blissful night's sleep.

***Organature* is open: Mon-Fri 9am-4pm, Sat 10am-1pm.**

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Off Island

As much as we all love our Island home, sometimes it's great to get away. Local writer **Wendy M Anderson** will help you to do just that.

An Exhibition that Changes Lives

Even if you've been living under a rock on The Rock, you're still likely to know that it is a hundred years since the beginning of World War 1—'the war to end all wars'. Back in April, in time for Anzac Day, the Melbourne Museum opened a 6-month travelling exhibition of hundreds of unique artefacts from the Imperial War Museums of Britain: *The WW1 Centenary Exhibition: The War that Changed the World*. With the exhibition closing on October 4, a friend and I decided it was time for a trip to the city, before another opportunity passed us by.

The exhibition took us about an hour to wander



through, and we were both deeply touched by what we saw and heard. It's very easy to navigate, and although there is a huge amount to take in,

the information is fed to visitors in manageable chunks. They're not always palatable. Of course not. War is brutal, but the stories that make up this experience are told in accessible, poignant, sometimes humorous, ways. And this is not just the story of Britain's role in the war. All involved nations are represented.

The entire exhibition is organised into ten discrete areas:

- the world in 1900 and why the war occurred
- the shock of war: how and why a million young men died in the first 6 months of open-warfare using these weapons of hand to hand combat
- feeding the war: providing food, uniforms and munitions for all
- the impact of industrialisation on WW1: including chilling reminders of gas warfare
- trench experience: personal stories, diaries and art
- the war in the air: including Baron von Richtofen (the Red Baron)
- the war at sea: including a look at the sinking of the civilian ship *Lusitania*
- the coming of Armistice
- after the war: honouring the dead and trying to restart 'normal' life

We hired the iPod-audio tour that provided extra

detail about some of the items and the curators' aims and comments about each of the display rooms, but the labels, introductions and explanations are thorough and clear. Unless you're a history buff or a museum-lover (like me) you don't really need to put your hand in your pocket for the extra cost. There was a school group viewing the exhibition at the same time as us, and they seemed to find plenty to read and comment on without the input of the guided tour.

Alongside/above and behind the static displays of objects and documents is an enormous amount of technology. As you wander through the various areas, movies play on huge screens that hang from the ceiling, mixing discordantly with soundscapes that all-but immerse visitors in the war experience.

Interactive touch screens provide yet deeper understanding of things such as how trenches functioned, and armies advanced. Chilling stuff.

I always like to seek out a small item that represents the power of an exhibition, and for me it was undoubtedly the revolver that belonged to the poet Siegfried Sassoon who spoke of the war as "The hell where youth and laughter go".

The 'OMG Really?' Award for the most gob-smacking object must surely go to the electrically heated under-jacket worn by pilots. They threw terminals attached by wires to the garment outside of their open-topped planes, and the speed of the wind powered the warmer-upper. Too bad if you had to go into a hasty dive or a rapid swoop upwards, because that extra force could lead to burns. Youch!

2015 also marks the 50th anniversary of the revival of conscription in Australia and the transporting of freshly trained young diggers to fight in Vietnam. So if you don't think you're going to make it to Melbourne any time soon, pop in for a look-see at The Rock's very own National Vietnam Veterans Museum where, also until October, you can see some of the handknitted and crocheted tributes to Australian soldiers created for the enormously successful and powerful *5000 Poppies Project* that turned Melbourne's Federation Square into a Flanders Field.

I think these exhibitions should be mandatory viewing; I really do, because I believe that every war museum, photo or work of art is actually an anti-war statement. Lest we forget.



Read more of Wendy's writing at:
<http://wendyoftherock.blogspot.com.au>

CONSIDER YOUR VERDICT

Join Leon Herbert in the Courtroom

THE TRIAL OF THE BLACK WIDOW

For two months, the exclusive community of Cowes has been obsessed with a murder that many of its most influential citizens actually witnessed. You and your eleven colleagues of the jury feel lucky to sit here every day and weigh the evidence against this beautiful, and some might add, deadly woman of the world.

It was less than a year ago that Dawn Covert moved to Cowes on idyllic Phillip Island, renting a tastefully expensive beach house. A vivacious and stunning woman, Dawn quickly made friends with Cecil the next door neighbour and retired builder. They were engaged within two months married within three.



In his opening statement the Prosecutor Peter Bungle QC outlines the events of Cecil's final garden party of the season, his last garden party ever. The festivities were in full swing on that sunny afternoon when the host asked his wife to fetch him a

drink. Dawn had just sent the bartender off for more limes; so she made it herself, expertly mixing the gin and tonic and adding ice from an electric ice cooler plugged into an outlet in the gazebo. She tasted the drink, pronounced it delicious, and then handed the glass to Cecil, who used a paper napkin to wipe a red gash of lipstick off the rim before drinking.

That was the last contact that Dawn had with her husband. For the next half hour Cecil sipped his drink, munched on catered buffet of overpriced finger food, and chatted with his neighbours. At one point he borrowed a cigarette from his best friend and tennis partner Keith St.Clair, but smoked only half before stubbing it out.

When Cecil collapsed on the lawn clutching his throat, no one even imagined poison, except the poisoner of course. The local dentist and a dermatologist made vain attempts to revive him, all this while waiters were busy washing glasses and disposing of whatever evidence might have existed of the murder.

Dawn tried to arrange a quick cremation, but the local law required an autopsy. The result left no doubt: potassium cyanide guaranteed to give effective results within a matter of minutes.

The evidence adduced established that there were three refuse bags at the crime scene: one came from behind the buffet table and was used for the parsley, the other two from in the gazebo, one used to store drinks, and the other found inside the ice cooler, the latter having traces of cyanide as did a patch of dead grass where the deceased died. The cyanide was not found elsewhere. The caterer testified that Dawn wanted to do a lot of the preparation work herself like filling the ice-cooler and stocking the garnish bins with lemons and limes. Under cross-examination he conceded her behaviour was not abnormal and she might be an independent person who likes to do things for herself. Also in evidence was a videotape made by

a company hired to tape the party. It showed Cecil in the midst of friends nursing the last quarter of his drink, stubbing out his cigarette as Keith deposits a plate of half-eaten food on a table nearby and walks away. Cecil is seen eating absentmindedly from the plate.

PROSECUTION: 'The prosecution will show that last month Dawn drove to Wonthaggi to purchase an industrial metal cleaner clear liquid composed primarily of potassium cyanide. We will also show that this was not the first time Dawn, born Smart, and also known as Julie Wanton and Colleen Seagrove, has lost a husband under suspicious circumstances.

In at least two previous incidences she married wealthy men. In both these cases her husbands died within a year and in both cases their mortal remains were cremated. Dawn Covert is what crime literature calls a "black widow," someone who weds and kills with impunity.'

Puffing his chest out while clutching the front of his legal gown, Bungle QC stared at the accused malevolently and then solemnly at the jury as he concluded his address.

'Your job ladies and gentlemen of the jury is to see that her heinous crime spree stops here and that future husbands of this world are spared her predatory advances.'

The silence in the courtroom was palpable. As a juror you might be pardoned if at that point you nodded in agreement with the prosecutor. The case against this allegedly sinful woman seemed more than compelling.

Leroy Cunningsworth QC for the accused was cognisant of the heavy task that this character assassination of his client confronted him with and the need for a legal escape. His address was solemn and inwardly he prayed it was convincing.

'Ladies and gentleman, I do not seek to portray my client as a virtuous and saintly person. That's not my job. Frankly, it's the job of the Crown to prove beyond reasonable doubt the guilt of my client on solid and believable facts, not salacious and evil innuendo based on her alleged past relationships and fatalities. Proof by fact and not rumour. It is the Crown's task, and it has failed miserably in attempting to do so, to prove beyond all reasonable doubt my client murdered her husband. There is no evidence connecting my client to this crime. So she bought a metal cleaner. So she likes a clean house. As for opportunity... cyanide is a fast acting poison. And yet she and husband had no contact with each other for the last half hour of his life.



Other suspects abound. The housekeeper Margi Deneen had been the deceased's mistress for years before he threw her over for the defendant. The deceased's best friend Keith St.Clair may have been less than saintly in his acknowledged ardent and unsuccessful pursuit of my client's affections before her marriage. Both Margi and Keith had motives just as compelling as my client's and even greater opportunity.

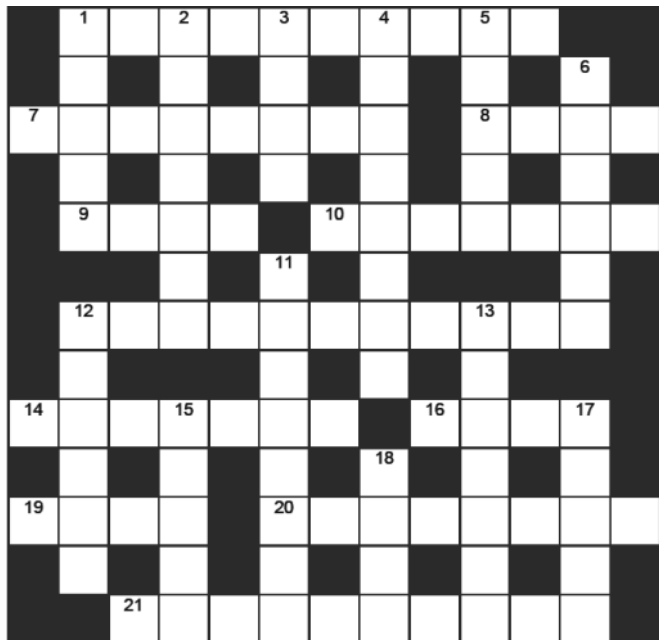
Well readers of The Vibe, you get the sinking feeling that no matter who poisoned Cecil, there may not be enough evidence to prove it.

Still the question remains who killed Cecil? And how? And can one ignore the predations of the accused in her past life, now come back to haunt and maybe incriminate her by association?

(See what the jury decides on Page 15).

BRAIN FOOD

Find all the answers and solutions to Puzzles & Quizzes on page 15 (No peeking!)



Vibe Quick Crossword 64

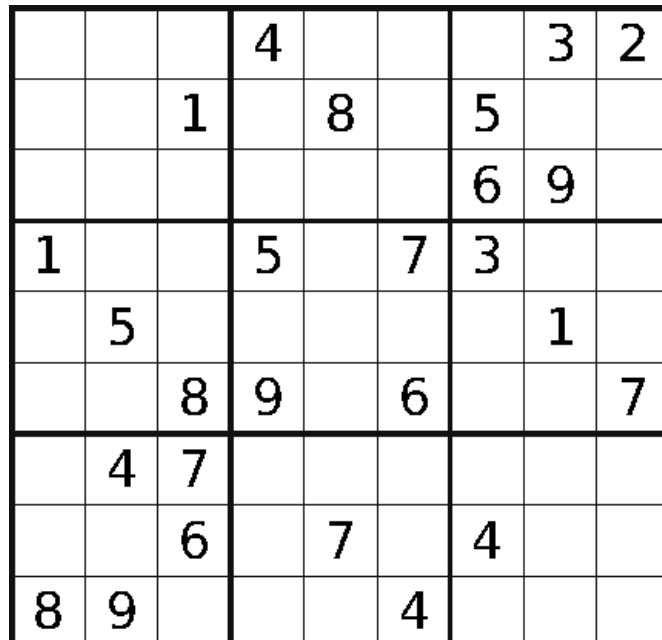
Across

- 1 Stockrooms (10)
- 7 Rural (8)
- 8 Possesses (4)
- 9 Score (4)
- 10 Antiquated (7)
- 12 Approval (11)
- 14 Beetroot soup (7)
- 16 Jokes (4)
- 19 Ale (4)
- 20 Disappears (8)
- 21 Anchorman (10)

Down




- 1 Bet (5)
- 2 Baked (7)
- 3 Acclaim (4)
- 4 Unsettles (8)
- 5 Period of history (5)
- 6 Join up (6)
- 11 Stores (8)
- 12 Wears away (6)
- 13 Passed (7)
- 15 Wait (5)
- 17 Cuss (5)
- 18 Leg joint (4)

FREAKY FACT Some varieties of oysters change their genders based on environmental, nutritional and physiological stresses and I suspect sometimes just for fun.



Vibe Sudoku 64 Each row, column and sub-box must have the numbers 1-9 occurring just once.

Is there an old moose head, chicken, drill...etc cluttering up your house?

Get rid of it in The Vibe...

How much does it cost?
\$10 for a 20 word line ad
\$20 for a small box ad

Please send all enquiries to: phillipislandvibe@gmail.com

FREAKY FACT Mickey Mouse's dog Pluto was named after the planet. Not the other way round.

Vibe Quiz 64

1 What does an actuary work with? 2 What two dog breeds do you cross to get a Cockapoo? 3 Who appears on the Australian one hundred dollar note? 4 When did Queen Elizabeth II jump on the throne? 5 What happens at the La Tomatina Festival in Spain? 6 What colour is *Postman Pat's* mail van? 7 Where are the 2020 Summer Olympics being held? 8 What kind of animal is a Gila Monster? 9 What is tahini paste made from? 10 Who plays Mr Bean?

Community Clubs & Groups

If you're a not-for-profit club or organisation you can list your meeting times & contact details here. If you'd like to advertise a special event, or facilities & services for hire please email all enquiries to: phillipislandvibe@gmail.com.

Red Cross, Phillip Island Branch meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Rosie 59522752 or Sonya 59541437.

Friends of the Library book chat 1st Wed of every month at 2pm, commencing Feb 5 Phillip Island Library. Friends of Library meeting 10.30am 3rd Sat of every month. New members welcome. Call Celia 59521901.

Phillip Island Library free wifi & kids programs. Story Time every Tue 11-11.30, Baby Rhyme Time every Thu 10.30-11. www.wgrlc.vic.gov.au or call 59522842.

Phillip Island Lions Club Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: Steve Munro 59526461

New Parents to Phillip Island Group New parents with children aged 0-5yrs, make friendships, gain support and advice. Email np2pi@live.com, www.facebook.com/NewParents2PhillipIsland or call 0459521490.

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in air conditioned Newhaven Hall, Cleeland St Newhaven. Cost \$5.00 includes afternoon tea. New members welcome. Age group 60-90 yrs. Call Dagmar 5956 6965.

Newhaven Yacht Squadron invites you to go sailing FREE. We need males & females to crew our yachts. Very easy to learn. For more info call Craig on 0411187219.

Phillip Island Bicycle Users Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ron 59522549 or ron1@bigpond.com.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400815353.

Phillip Island Girl Guides Juniors 6-10yrs Mon 4-5.30pm, Seniors 9-14yrs Thurs 5-6.30pm. More info call Sue Viney 59521738 or email sviney@guidesvic.org.au.

Phillip Island Senior Citizens Club snooker, carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Frid 12noon 3 course lunch \$14. 59522973 for more information.

Phillip Island World Vision 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members very welcome. Call Thelma 56785549.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call

CONSCIOUS COURSES WITH PIP

- * Reiki Two course (starts 6th Sept)
- * Reiki One course (starts 7th Sept)
- * Psychic Development classes -
Newhaven & Wonthaggi
- * Meditation classes -
Monday night & Friday morning

Contact Pip for more details on 0437 670 820

59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Neil Stewart 59566581 or nsstewart@gmail.com.

Rotary Club of Phillip Island & San Remo "Fundraising for our community". New members welcome. Phone Keith Gregory 0439020996.

Lions Club of Sand Remo & Newhaven San Remo Hotel, 2nd & 4th Tues of each month 6.30pm for 7.00pm meeting. New members welcome. Contact Roma Caulfield 56785386 or romacaul@bigpond.com.

The Woolshed Spinners beginners and skilled spinners welcome. Small group. PICAL, 56-58 Church St Cowes, 2nd & 4th Thurs of each month, 10-2 pm. Cost \$4 per meeting \$1 kitty. Contact John Stott 59523477 or john.stott6@bigpond.com.

Men's Shed meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438808428 or 59526955.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.30am, Ryhill Hall. Joining fee \$40, weekly fee \$5.00. Nutritional eating, weigh in and group therapy. New members welcome. Contact Rhonda on 59521563.

Westernport Tennis Club (San Remo & Newhaven) Men's comp Thurs nights, Women's comp Wed nights, Juniors Sat. For more info call David Egan 0468635067.

Community Visitors Scheme - Friends for Older People organises friendly visitors for socially isolated or lonely residents in aged care homes. Volunteers welcome. For more info contact 0409287242, or cvsrecruitment@msaustralia.org.au.

Phillip Island Croquet Club new members welcome. Contact Ken 59568803 or David 59569047 or just come along to our club Frid 10am Blue Gum Reserve Dunsmore Rd, Cowes.

The National Vietnam Veterans Museum needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Lyn Duguid or Cheree Dyson, 59566400.

Heart Support Australia 1st Fri of month 1.30pm, San Remo Community Health Centre, Back Beach Rd, San Remo. Membership open to anyone with a cardiac problem and their carers. Contact Gerald 59521913.

Islander Day Club every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises guest speakers and

Community Clubs & Groups

outings. Transport can be arranged if necessary. For more info: Margaret Harrison 56785131.

Phillip Island Day View Club proudly supporting The Smith Family Feb-Dec, 4th Monday of month, 11am, Ramada Resort Cowes. New members welcome. For information contact Di 0488654030 or Irene 59523447.

Barb Martin Bushbank Inc Volunteers needed to learn how to propagate local native plants. Every Wed 9.30am-12noon & Thurs 10am-12noon. 1810 Phillip Island Rd (@ Koala Conservation Centre). No exp necessary, must wear covered in shoes & sun smart clothing. For further info 0407348807.

Inner Wheel Club of Phillip Island meets 1st Tues of month 6pm, The Fat Seagull (upstairs). A friendly group of women raising funds for local, national and international projects. New members always welcome. Call Dianne Barlow 59521021.

The Probus Club of Phillip Island Inc meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info David Harrison 56785131 or Ash Rizvi 59521604.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Midge on 59525945.

Bass Coast Health Heart Foundation Walking Groups Meet weekly, including general, dog walking, pram walking and pole walking. Contact: Anita Leyden 56719200.

Bass Coast Ballet School Classes from 2yrs-adult. Ballet, contemporary, jazz, tap. Cowes & Wonthaggi. For more info 0408399853.

Community Garden & Kitchen PICAL is creating a welcoming, fun space for the community to grow and prepare local and organic produce. Email Communitykitchen@pical.org.au if you would like to volunteer or contribute.

Phillip Island Camera Club meets 1st Mon of month, Heritage Centre meeting room, 1.30-4pm. Contact Lyn Young 0408555711 or phillipislandcameraclub.com.au.

Walk the Labyrinth at San Remo, Back Beach Rd, 10.30am 1st Sat of month. More info: Lorraine Rodda, lgrodda@iprimus.com.au.

Country Women's Association, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

Phillip Island Swim Club must be competent in 3 out of 4 strokes looking to extend skills with qualified coaches Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418178343 or piadgs@gmail.com.

Heart Foundation Walking Group San Remo Wed 9.30am slow/medium pace, social way to stay active. Info: Robyn or Anita 567192000.

Phillip Island Patchworkers Newhaven Hall: Mon, 7.30pm, Cowes Cultural Centre: 89 Thompson Ave last Tues of month, 10.30am, Cape Info Centre, Newhaven: 1st Tues of

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- Garages / Crossovers
- Pattern / Stencil Paving
- Plain / Colour Concrete
- Exposed Aggregate
- Bob Cat / Tip Truck Hire
- Excavator - 3 Tonne

Phillip Island
BARBER SHOP
Mens & Ladies Cuts
Hair products and accessories
Call Peter 0439 388 887

month 10.30am. Contact: Michelle 0418356478.

Meet & Eat 55+ social group. Fortnightly dinners on the Island or locally. No joining fee, casual attendance is fine. Contact: Joy 59523497.

Cowes AA Big Book Meeting, 7pm Tues, St Phillips Church Cowes (opp Coles). Call 0428301871 or 0417317470.

Bass Coast Strollers weekly walks 8-12 km over varying terrain, within Bass Coast region. Monday 8.45am-lunchtime. Enjoy the outdoors and social functions as well. More info: Jan on 0419990313.

Women's Social Netball Wed 11am-12noon, YMCA Stadium 10-14 Church St, Cowes. Info: 0408144536 or sarahkeys.mail@gmail.com.

Phillip Island Community Art & Craft Gallery Open 7 days, 91-97 Thompson Ave (Cultural Centre), on display & for sale original art & craft works from locals. New Members welcome. Call Aleta 0419525609.

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435552518 or email enquiries.piarc@gmail.com.

Sing for Fun at Vocal Nosh 1st Sun of month, 5-7pm, break for simple meal (\$5), St John's Uniting Church Hall, Chapel St Cowes. All ages & ability welcome. More info: Fay Magee frmagee@waterfront.net.au.

Wildlife Rescue Phillip Island, Rehabilitation, care, rescue & transport of all wildlife on the Island & surrounding areas. Kaylene 0412258396 or Colleen 0409428162.

South Coast Speakers Toastmasters meets every 2nd & 4th Wed of month, 7.30pm @ San Remo Hotel, San Remo. Develop oral communication & leadership skills. For more info: Brigitte Linder 0421812691.

**Issue 64 - Jury Deliberation & Verdict:
The Trial of the Black Widow**

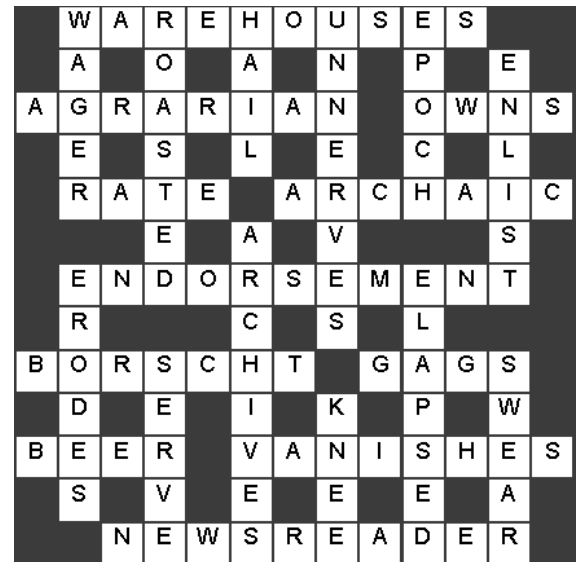
YOU HAVE NO CHOICE ON THE EVIDENCE BEFORE THE COURT TO FIND THE ACCUSED NOT GUILTY. Conjecture is not enough. The Judge in his instructions and the defence barrister made this clear. There had to be no room for doubt and unfortunately perhaps there was no tangible irrefutable proof of guilt. You wonder how you poison someone at a garden party. Was it a random act of buffet terrorism? Or had the poison been intended for someone else? You quickly put these thoughts aside. You are here to evaluate the innocence or guilt of one person, Dawn Covert. The only hard evidence is the trace of cyanide found in the plastic storage bag and on the grass. You agreed there was no tangible evidence to connect possible lovers or would be suitors to the crime, hence the housekeeper and the best friend, but they only served to divert attention from the accused and cast suspicion elsewhere, a reasonable ploy for the defence, like a defence B as seen in courtroom movies.

But during the two days of jury deliberation various scenarios of how Cecil came to be murdered by poisoning were sketched by some of you. Perhaps the most persuasive one was from the university science graduate who was also an avid CSI fan and excellent cook. She had figured out what she regarded as the recipe for the crime possibly conceived by our femme fatale.

The RECIPE she figured was as follows:

Fill the tray one third full of water. While it freezes boil a pan of marbles or other small objects. Remove ice tray from freezer and place a hot marble in the centre of each cube, just long enough to create a depression in the cube. Drain off melted water, then quickly fill the depression in the cube. Freeze the mixture, then fill the rest of ice tray with water and return to freezer. Keep in a cold, safe place until ready for use.

Our aspiring jury sleuth then reckoned on the day of the party, Dawn could have filled a plastic bag with the poisoned cubes and stored it in the bottom of the electric cooler, beneath a load of real ice. Having herself arranged the supply of limes, she could have conveniently sent the bartender off for more, then mixed Cecil's drink, adding her own special ice cubes. She would make sure to taste the drink in front of witnesses, then stay far away from Cecil until the ice cubes melted and the cyanide was released. The dead grass could have been caused by Cecil spilling the last of his poisoned drink. Since Dawn wouldn't have had the chance to clean up after herself, she would have had to trust to fate. Remember, this was before anyone suspected murder. A person cleaning out the cooler would simply have tossed out the remaining ice and disposed of the bag. There is a low murmur of approval



Vibe Crossword Solution 64

6	7	5	4	9	1	8	3	2
9	2	1	6	8	3	5	7	4
3	8	4	7	5	2	6	9	1
1	6	9	5	2	7	3	4	8
7	5	2	3	4	8	9	1	6
4	3	8	9	1	6	2	5	7
2	4	7	8	3	5	1	6	9
5	1	6	2	7	9	4	8	3
8	9	3	1	6	4	7	2	5

Vibe Sudoku Solution 64

Quiz Solution 64
 1 Statistics 2 Cocker Spaniel & Poodle 3 Dame Nellie Melba & Sir John Monash 4 1952 5 Thousands of people throw tomatoes at each other 6 Red 7 Tokyo, Japan 8 Lizard 9 Sesame seeds 10 Rowan Atkinson

from you for this brilliant scenario but also an acknowledgment that there was no actual proof to convict. Maybe, just maybe, this time justice got iced up in the cooler!

If you want to contact us about The Philip Island Vibe or Vibe Printing you can reach us here:
 phillipislandvibe@gmail.com, Tel 59522807 , PO Box 120, Cowes, 3922.

Most places on the Island and San Remo now stock Vibes so you can take your very own copy home with you. Try some of these places: supermarkets, general stores, cafés, petrol stations, takeaway food outlets, tourist info centres, bakeries, caravan parks. And if you know someone on the mainland who's after a copy they can pick one up at the Shott Café in Wonthaggi.



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