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Issue 76, April-May, 2016



RachelMusgrove@Phillipislandimages

Picture Perfect on Churchill Island.

Now that the weather starts to cool and the crowds have pretty much gone for a few months, it's time to settle back and enjoy Island life.

Welcome to our new regular contributor, **FinancePath**. In this issue they share some excellent advice on managing credit cards (page 3).

Autumn sees **The Time Poor Gardner** going a little potty, while **Let's Cook** offers a great takeaway alternative. Meanwhile **Leon** begins a new crime series looking at famous celebrity murders throughout history, and **The Game Over Man** ponders a philosophical game.

And don't forget **World Penguin Week**; **Phillip Island Nature Parks** has lots of great activities and events for everyone (pages 10-11). Enjoy the last glimpses of mild weather and see you all next month.

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Next Issue Deadline For All Advertising - Wednesday 11th May, 2016

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Junior School goes Under The Sea!

Pre-school aged children can be underwater adventurers for a day at the Junior School's 'Under the Sea' program of special activities. Treasure maps will guide intrepid explorers around the school to meet teachers, have their faces painted, enjoy story time, have some bubbly fun at the library, bounce on the jumping castle and lots more.

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Newhaven College students build self-confidence and team spirit through an extensive range of co-curricular opportunities that encourage individuals to pursue their passions, and they will all be on display at Open Day:

- *Music*
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- *House Competitions*
- *Interschool Sport*
- *Cultural Events*
- *Duke of Edinburgh & Compass*
- *Public Speaking and Debating*
- *Language Studies*
- *International Tours*

The Phillip Island Road Campus will be open from 10.00am to 2.00pm on Saturday 7 May. For enrolment enquiries please contact Belinda Manning, on 5956 7505.

Visit www.newhavencol.vic.edu.au/events



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3 Big Mistakes To Avoid When Using A Credit Card

How to be smarter with your credit cards

Almost all of us have one (or maybe two or three), and we reach for them daily.

Credit cards are easy to use online and in person, and can provide a buffer for those unexpected purchases.

Plus, now with 'tap-and-go' technology credit cards are more convenient than ever before.

But many of us don't give much thought to exactly how we use credit cards, and more importantly whether we have the right card for our needs and lifestyle in the first place.

For tips on how to avoid these common credit card pitfalls, read on.

Tip 1 – Don't use a credit card that's not right for you

There are many different cards on the market, with different combinations of interest rates, fees, charges, benefits and rewards. To figure out which card best suits **you**, look closely at how you use your card. The most important thing to note is whether you are a:

- *Transactor*: you pay off your balance each month; or a
- *Revolver*: you roll most of the balance from one month to the next without paying it off.

If you're a transactor, you'll probably be best with a card that has a low annual fee and a rewards program.

Alternatively, if you're a revolver, a low interest rate may suit you better than a card with lots of features. Or, you could ditch your credit card altogether and take up a Visa debit or MasterCard debit card. These cards give the convenience of a credit card, but as you only access your own funds, you don't pay interest or accumulate debt.

Tip 2 – Avoid using credit cards as a source of funds

While it can be handy to have funds available for unexpected expenses, credit cards are not a good way to fund major purchases. For example, a family of four might

have the bad luck of their fridge and TV dying in short succession. They need \$2000 to replace them both. But using credit cards could create problems because:

1. Interest rates on credit cards are much higher than other sources of funds. For example, using a typical credit card (at 20%pa) to replace the items would mean the interest is \$33 a month, equivalent to \$400 a year.
2. There's no regulation to force the family to repay the \$2000 quickly. If they just make the minimum interest only payments, the debt hangs around for months and they end up owing more than planned.

Instead, consider these options:

Take out a personal loan – this has a lower interest rate than using your credit card and set repayments, so your debt is paid off sooner.

Re-draw from a home loan – this option provides access to funds at a low interest rate. But unless you put extra funds into your home loan to cover the re-drawn amount, you'll be paying for your fridge and washing machine for the next 20 years, costing thousands in interest!

Get a layby – this costs nothing in interest, but would mean borrowing an old fridge and TV from friends or family to see you through in the short term until you can afford the products outright.

(Continued on page 4)



(Continued from page 3)

No matter what strategy you choose, exploring all of your financial options could be the difference between being better off, and making a decision you'll regret.

Tip 3 – Never borrow without planning how you'll pay back what you owe

It's no secret that banks woo us with generous offers to switch, such as low or no interest on balances we transfer across. This is because they know most people who take up these offers don't pay back the debt before the low or free interest period ends. The debt then rolls on to a high interest rate and before you know it you're back where you started – sometimes with more debt and an even higher interest rate.

So, before you borrow money or move your credit card or other debt anywhere, put together a repayment plan.

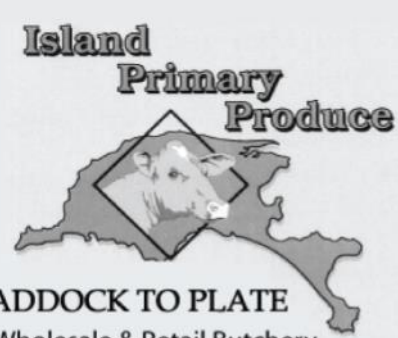
Your plan should be in writing and show how much you'll repay each week, month or fortnight. Plus, what the balance will be along the way and when you'll make your final repayment. And, most importantly, keep track of your progress. It's amazing how effective you can be at repaying what you've borrowed when you have a plan and stick to it.

*If you would like to meet with John for an informal chat about how FinancePath might be able to provide home lending solutions to support your financial journey, then contact him on:
 1300 780 440 or jlipscomb@financepath.com.au.*



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STRIKING A CHORD

For seasoned guitar players, or those of you who enjoy a casual strum, local guitar teacher **Dean Luke**, shares tips, advice and news about all things guitar.

BARRE CHORDS MADE EASY

Yes, I said it, barre chords!

Oh please don't cringe, they're really not that bad, at least they won't be after you learn these easy tips to turn these once dreaded chords into your new best friends :).

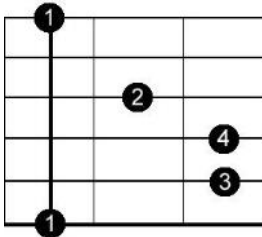
The key to easily playing barre chords lies in releasing the pressure from them.

Instead of holding on to a barre chord for dear life, release the pressure at the end of every bar (4 beats) and reapply it for each new bar.

When changing barre chords, a common mistake people make is not releasing the pressure of a previous barre chord before changing to the next.

The solution lies in this easy 4 step formula: Press, Release, Move, Press.

Lets apply this formula in context with a G, A, C chord progression using root 6 major barre chords.



Play this chord at the 3rd fret for G major, the 5th fret for A major, and the 8th fret for C major.

Press: Press down and play the barre chord, in this case a G major at the 3rd fret.

Release: Release the pressure of the barre chord.

Move: Keep your fingers in the same shape they were for the G major and move them to the 5th fret ready to play the A major.

Press: Press down and play the A major barre chord at the 5th fret.

Continue this formula on to the C major at the 8th fret then back to the G.

While you are becoming comfortable with this formula say; "press, release, move, press" out loud as you apply it.

Welcome to the beginning of a beautiful friendship.

In the next Vibe, Dean will be taking a look at "those beautiful chords". Stay Tuned!



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Get GROWing

Ideas & tips from a
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Going Potty

It can be easy for the garden to become a little overwhelming. Unless you have bundles of spare time to devote to wrangling the backyard, it's easy for matters to get out of hand. Even a mildly chaotic garden requires a degree of discipline.

Pots are a rewarding and manageable way of capturing a bit of nature without it looking like the dead hand of man. 'Potted colour' expertly delivers that 'in your face' instant gratification. Violas, petunias, pansies, marigolds - the list is endless; no matter what time of year there is always something colourful and in season to brighten up a sometimes bleak landscape.

Personally, I think the Mediterranean look with tiers of pots offering cascading tresses of blooms is hard to beat. I admit to keeping empty olive oil tins for some time with the never realised intention of potting up red geraniums.

A good friend of mine who lives in a leafy inner Melbourne suburb is truly the Queen of Pots. Every time I visit I'm stunned by the magical display of potted delights on her veranda. Last time I visited, she had a stunning array of zinnias which created a veritable habitat of happiness.

Every time I leave her place and start the trip back to the Island I'm determined to replicate the free spirited bliss that she creates. But every time, the same pattern inevitably emerges. Driving down the Bass Highway I'm keen as mustard, planning an entire palette of annuals to cheer up my backyard. The glimpse of sea as I hit Corinella is the perfect motivation. Not long till I'm back. But once I turn right at the Anderson roundabout I can literally feel the enthusiasm leaching out of my skin. Maybe I'm exhausted from the drive, maybe I'm thinking about everything that was placed on hold when I left. So the pots never eventuate.

But this time I'm determined it will be different.

When I got home I scurried around the backyard and salvaged an assortment of old neglected pots; some terracotta, some glazed. But I was short a couple, and I wanted to make a real statement, a testament to my commitment to change. So I slept on it.

The next morning, I decided to head over to the mainland to extend my quest, enlisting the help of my 18 year old son who needed to build up some driving hours anyway. Never too proud to sniff out a bargain, we headed to some of the more price challenged stores. Hiding away on

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a shelf, I found a couple of possible candidates. They were extruded, tawny coloured, plastic pots designed to imitate ancient stucco murals. While I was a little *iffy* at first, my Greekness quickly took over. I moved the pots around the store, testing out different angles and shades of light to see if their appearance would improve. At twenty bucks a pop I decided to take a chance. Racy times.

I put them in the back of the car, grabbed a last glance back before driving off and almost returned them. I asked my son whether he thought they were in fact the ugliest pots in the entire world and he said they probably were, but for \$20 each, once they were in the garden they would look authentically rustic. Given that one of my son's greatest attributes is his diplomacy, I thought I should probably pursue this a little further. So I took the pots out of the car and placed them in the bedraggled median strip in the shopping centre car park. While the scrubby specimens were doing their best to liven up the carpark, they did little to augment the appearance of the pots. But it was easier to put the pots back in the car rather than lug them back to the discount store and ask for a refund, so the decision was made for me.

Next stop was the local plant 'emporium' where I found some zesty orange and pink zinnias. I could get away with the ridiculousness of the pots, surely.

When I got home and finally placed the pots in situ they

revealed themselves to be truly hideous; way too Franco Cozzo, even for me. I potted up the zinnias anyway. It all looked so sad. I couldn't abandon the zinnias. And I'd come this far, there was no turning back.

Desperation generally sparks a light bulb moment. So I rummaged around in the garden shed for some paint to disguise the horror. As if by fate, I discovered an old sample pot labelled "Tall Ships", clearly the salvaged remains of some other half baked backyard project. But the Dionysian allusion was too strong to ignore. The ancestral call from my Ionian heritage was undeniable. So in the spirit of Ulysses I set out on an adventure of spirit and transformation.

Twenty minutes later and the pots looked wonderful. The zinnias now look beautiful and at home. My odyssey was complete. It only lasted a few moments rather than ten years, and I never physically left the Island, but when I sit outside with my dogs (who will never forget me), I can almost imagine a larger world.

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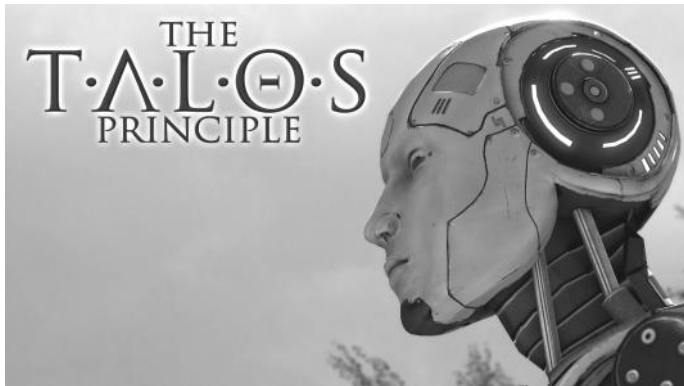
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Video Game Reviews Brought To You By THE GAME OVER MAN



The Talos Principle - A Philosophical Game

Sometimes in a video game player's life it becomes too much. The endless killing, the never ending high speed car chases and their inevitable fireball conclusion. The endless choice of weapon types. The flash suppressed 9mm carbine muzzle that lowers penetration or the sawn off muzzle that gives away your position but can stop a rhinoceros at 50 paces. Sometimes it all becomes meaningless and at this time you need to reach for *The Talos Principle*.



The Talos Principle is as far away from high speed pursuit as you can imagine. However I should say up front there is still a heavy cost for failure and your character will die and they will die endlessly. T.T.P as I'll now call it because of typing laziness has been referred to as a philosophical first-person puzzle game. Yes you read that right, a video game that has been referred to as philosophical. That should give you a hint to the type of game it is, that and the term puzzle game.

The game is set amongst beautifully realised ancient Greek ruins. It is summer; birds are singing you can hear the sound of water running and insects chirping in the background. A mysterious God like voice welcomes you and explains that all that you see has been created specifically for you. All you have to do is complete a series of ever increasingly complex puzzles.



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The puzzles are mainly to do with moving, blocking and reflecting type turrets to stop things that could kill you so you can reach a piece of the puzzle. It is in the same vein as *Portal* with slightly less humour but way more mystery. You pick up objects in the environment in the first person and carry them around in first person view so the game is very immersive in that respect. I was concerned that this method of solving puzzles would slow it down but the game moves at a brisk pace and is never dull.

While you are moving about the landscape solving puzzles you will come across many voice recordings or computer terminals that will give you hints as to your purpose and existence. It is through these bits of information that the philosophy comes in. The game questions the very nature of our consciousness and of human existence.

I thoroughly recommend giving T.T.P a go as the puzzles are well designed and it will give your brain a mental workout. You will have to use logic and at the same time ponder some of the bigger questions of the universe. When you tire of this cerebral work you can always go back to shooting stuff but I think you should have balance in everything... That's my philosophy.





What's Cooking?

Simple, delicious recipes.
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Prawn Laksa

This is my completely inauthentic version of a Laksa. Embarrassingly reliant on pre-packaged foods it barely ranks as a recipe. However, it is my go to meal when the rest of the family are having 'take-away' on a Friday night.

Ingredients: (this is a one person serve)

A handful of raw prawns (I keep a bag in the freezer for such occasions)

1 cup of bean sprouts

1 bundle of thin rice noodles

3/4 cup coconut milk

Fresh mint or coriander (depending what I've got in the garden)

Laksa paste - experiment - there are lots on the shelves. Use about 1 tablespoon per person.

Fish sauce - a splash for saltiness & umami

Method:

In a saucepan bring the laksa paste & coconut milk to a simmer. You might need to add a splash of boiling water if you want it a bit soupier.

Add the noodles & prawns. Have a taste - this is when you might want to add a splash of fish sauce.

When noodles & prawns are cooked add the beansprouts just to stir through.

Serve with fresh, chopped coriander or mint.

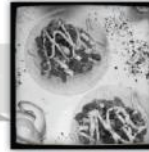
Enjoy with a sav blanc in front of Netflix.

If you have any special requests or questions about hijinks in the kitchen, then why not drop us a line at: phillipislandvibe@gmail.com. We aim to please.



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SHOWER THOUGHT All dogs essentially have Stockholm Syndrome.

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SHOWER THOUGHT If you randomly find food on the ground in a video game it gives you health, but if you ate food off the ground in real life it would more than likely make you quite sick.

What's on for World Penguin Weekend

Phillip Island Nature Parks and The Penguin Foundation are celebrating World Penguin Day this year with a couple of days filled with fun and educational activities on Phillip Island over the Anzac Day Long Weekend. Nature Parks' researchers and education rangers will be joined by an Antarctic adventurer to lead these activities, designed especially with families and children in mind.

Head out to the Nobbies and find out what it takes to be a Junior Penguin Researcher or a Carer in a Wildlife Clinic. Perhaps you'd like to learn about Marine Debris or hear about ice-diving with the penguins in Antarctica, and then join in the Q&A session afterwards. Even if you can't make it on the day, you can join in the Q&A sessions by tweeting your questions through to @phillipislandnp with the hashtags #penguindaypi and #WWFAntarcticJourney.

For the artistically inclined, the Crafty Critters activities at the Penguin Parade are sure to be a big hit with plenty of help and inspiration on hand.

See the full program below, or for more information please visit www.penguins.org.au.

JUNIOR PENGUIN RESEARCHER with PROFESSOR I.N. VESTIGATE

Have you got what it takes to be a penguin researcher? Begin your investigations by weighing, measuring and scanning a toy penguin, and then get closer to the real thing by examining a taxidermy penguin. Go undercover and dress up in a penguin suit to detect some penguin adaptations. Uncover some of the threats facing little penguins, and find out what you can do at home to help protect our marine environment. Your reward will be your own copy of a "What animal am I?" book to take home.

Recommended age group: 4+ years
When: Saturday, 23 April – 10.30am
Where: Nobbies Centre, Phillip Island
Cost: Free entry



MARINE DEBRIS – WHAT A LOAD OF RUBBISH!

Join researcher Dr Bec McIntosh in the WWF Antarctic Journey Lab and learn how marine debris affects wildlife and our environment. See first-hand what sort of rubbish ends up in the ocean and the devastating impacts it can have. Join in the Q&A session, or tweet your questions to @phillipislandnp with the hashtags #penguindaypi and #WWFAntarcticJourney. Take home a WWF gift and then go and immerse yourselves in the spectacular Antarctic Journey attraction.

Recommended age group: 6+ years
When: Saturday, 23 April – 12.00pm
Where: WWF Antarctic Journey Discovery Theatre, Nobbies Centre, Phillip Island
Cost: Antarctic Journey entry ticket – Adult \$18, Child (4-15) \$9, Family (2A2C) \$45



CRAFTY CRITTERS

Get your craft on and design your own marine animal creation for World Penguin weekend. Our rangers will be there to guide you through a host of penguin themed art and craft programs. There will even be some taxidermied animals on display to give you some inspiration. Come and join the fun out on the lawn in front of the Penguin Parade visitor centre.

Recommended age group: Open

When: Saturday, 23 April and Sunday, 24 April – 4.00pm

Where: Penguin Parade Visitor Centre Lawn Area, Phillip Island

Cost: Free entry



KIDS' WILDLIFE CLINIC with DR P.N. GWIN

Calling all junior vets and wildlife carers! Come along to the Kids' Wildlife Clinic and learn how we care for sick and injured wildlife on the island. You can bring your own teddy or toy to be your patient or you can practice with one of our toy penguins. Find out how we use special penguin jumpers and learn how to put one on your very own patient.

Recommended age group: 4+ years

When: Sunday, 24 April – 10.30am

Where: Nobbies Centre, Phillip Island

Cost: Free entry

ICE-DIVING AMONG THE PENGUINS with ANTARCTIC ADVENTURER 'DIVER MATT'

What lives beneath the Antarctic sea ice? Diver Matt shares his underwater stories and images of Adelie penguins and Weddell seals, and the diversity of marine life beneath this extreme continent. Matt's simple experiments engage and explain why it's so different to what we find on the Victorian coast. Join in the Q&A session, or tweet your question to @phillipislandnp with the hashtags #penguindaypi and #WWFAntarcticJourney. Take home a WWF gift and then go and immerse yourselves in the spectacular Antarctic Journey attraction.

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When: Sunday, 24 April – 12.00pm

Where: WWF Antarctic Journey Discovery Theatre, Nobbies Centre, Phillip Island

Cost: Antarctic Journey entry ticket – Adult \$18, Child (4-15) \$9, Family (2A2C) \$45



Around the Island this Month

Celebrate ANZAC Day 2016 in Cowes



Dawn Service - from 5.30am, Cowes Cenotaph

Gunfire Breakfast - from 6.45am, Jetty Triangle
(egg & bacon muffins, tea/coffee gold coin donation)

ANZAC Day March - Cowes Cultural Centre (cuppa & sausage sizzle before the March from 10am. Provided by Phillip Island Rotary; free for veterans wearing medals on left lapel.)

Muster - 10.50am step off from Thompson Ave to Jetty Triangle

11am Service - Cowes Cenotaph

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Celebrity Murders

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Leon Herbert

The Murder of JFK



Who knows? "Oh, what a deadly web we weave when we practice to deceive."

Jim Garrison : Who killed the President?

Without doubt, the assassination of John Fitzgerald Kennedy is the crime of the 20th Century. In many ways it seemed the gate-opening event that set the decade of the 1960's in the USA and beyond on a perilous course—through the assassinations, the riots, the war and the anti-war and changed the lives and lifestyles of more than one generation. My research, included studying stories told by respected crime journalists, into what I perceive to be the top ten *unsolved* celebrity murders in modern times, places this story on the top of my 'best seller' list.

A spell bounding and enduring tale of mystery, the murder of the President, is as perfect as anything in history. Every theory has a flaw and every flaw could spawn another. Never in peacetime had America been so divided along ideological lines. There were Kennedy lovers and Kennedy haters; two uncompromising camps.

The man who led the America in these turbulent times was seen in many quarters as the finest example the country could offer. JFK was young - the second youngest president ever - handsome, brilliantly intelligent, articulate and rich. He was a war hero and a writer who had won a Pulitzer Prize. All this plus a beautiful wife and a beautiful family. To this date John F. Kennedy wins straw votes as the most popular president in American history.

With cruel irony, the story of this glittering figure did not end when his head was blown apart by gunshots on 22 November 1963. The story went on, and in it we



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discovered he was flawed; driven to lust and clouded judgment. Even worse, within that context he was in company with the scumbags who inhabit the *underbelly* of America. (Readers will no doubt be familiar with tales of Melbourne's underbelly and its equally seedy characters.) These violently desperate undesirables, crooks and killers, malcontents, fanatics and double agents, own and rule this story (stripped of much detail to accommodate space in *The Vibe*) as much or more than he does.

Dallas got the rap as the city that killed the president. Maybe. But a certain measure of fear would have been prudent. A number of influential people advised the President not to go to Dallas. It had tangible evidence. With discontent Kennedy answered the warnings with his conviction that it was absurd for an American President to be afraid to travel anywhere in his own country.

The skies had been overcast but had now cleared. It was decided not to bolt the clear bubble top over the President's Lincoln convertible. This seemed a good omen, as the Dallas crowds would be afforded a good view of the dashing young couple they had come to see. As it turned down Houston Street the spectacle was coming to an end. All that remained was a zig zag through Dealey Plaza and a quick ride on the Stemmonds Freeway to the waiting luncheon at the Dallas Trade Mart. The procession slowed to eleven miles an hour to negotiate the hairpin turn from

Houston onto Elm, passing beneath a non-, seven story red brick building housing the Texas School Book Depository. It was 12.30 p.m.

There was a gunshot. The limousine slowed to a crawl as the surprised secret service driver looked around. Had he sped away in that instant, John Kennedy might have served his full term. Another shot, perhaps two close together. The President's hand had gone to the back of his neck. Less than two seconds later Governor Connally, seated in the jumper seat, twisted suddenly sideways with the impact of a hit.

The Lincoln drifted aimlessly in the street as the secret service men looked back at their passengers. Another shot, or another group of two. The top right side of the President's head exploded. He was thrown violently backward, then rocked up into a sitting position, then thrown forward and down. Finally the big convertible rushed off behind a police car to Parkland hospital. It left pandemonium in its wake. The police ran and searched in all directions in the immediate vicinity to find the shooter or shooters.

At the hospital a team of doctors spent a feverish half hour in what each of them knew was a hopeless effort to save the President.

He was pronounced dead at 1.00 p.m. Connolly had been saved from his gunshot wound by another team at the same hospital. An autopsy should have been performed as was required by Texas law on a homicide victim before a death certificate could be issued but the Kennedy aides and the secret service men literally shoved aside the protesting medical examiner and took the body back to Washington instead of waiting out the three or so hours for the autopsy and thereby enabling some mysteries of the crime to endure that might never have become mysteries.

The police found an old Italian military rifle, a 6.5 mm Mannlicher- Carcano partially hidden among some boxes near the stairwell of the 6th floor of the Texas Depository building. They also found three empty 6.5 cartridges near a stack of boxes, described as a "sniper's nest", by a corner window on the sixth floor.

At 1.16 p.m. a nearby shooting and death of a police officer J.D. Tippit was reported and several witnesses provided a description of the killer that roughly matched a description of a suspect in the assassination which the police had picked up from someone at the Dealey Plaza and had been broadcasting to squad cars. About twenty minutes later someone reported a man rush into a nearby theatre without buying a ticket. At 1.51 p.m. the police arrested Lee Harvey Oswald in the theatre. He pulled a .38 calibre Smith & Wesson revolver but was disarmed during a struggle – he was taken to the Dallas City jail and interrogated for about 12 hours.

He never admitted guilt for either the Tippit or Kennedy



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killings and twice shouted, "I'm just a patsy."

At 11.20 Sunday morning the Dallas police set out to transfer Oswald from the city to the county jail, a standard procedure in homicide cases. As they reached the basement garage with their prisoner, they walked into chaos. Bright television lighting and exploding flash bulbs half blinded them as they felt their way through the 125 reporters and police packed into the small space between the jail office and the garage.

The cordon of detectives that was supposed to have formed to protect Oswald was nowhere to be seen. The car that was supposed to be there to pick him up couldn't make it through the crowd.

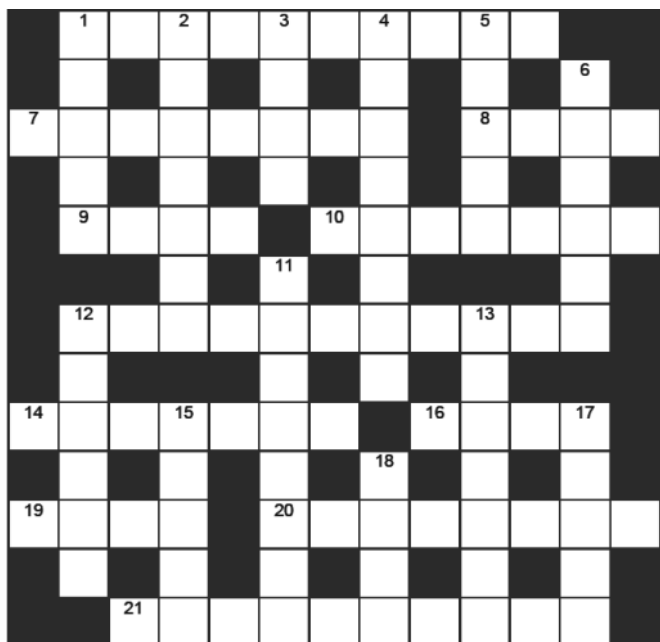
A stocky little man in a suit and a fedora, who looked like a cop, and knew a lot of cops well, pulled a .38 from his hip pocket. When Oswald moved within reach, the stocky little man – whose name was Jack Ruby and whose business was the operation of a strip tease joint and a bar - stepped out and fired one shot. It was a deadly shot. Ruby's timing had been perfect. He not only entered a supposedly secure area without police or press credentials, he had come within two minutes of the time Oswald had entered the basement. During interrogation Ruby denied anyone on the police force had told him when Oswald would enter the basement. An attorney who saw Ruby after his arrest allegedly told him to say he had shot Oswald to spare Mrs. Kennedy the grief of coming back to Texas for a trial, and that is exactly what he said thereafter.

Ruby was found guilty of murder and sentenced to die in the electric chair. He died instead of cancer. Conspiracy theories involving the FBI, the CIA, and the Mafia abounded and there was some credible evidence to back them up. Evidence of huge mismanagement of the investigations and cover-ups was proven but to no avail. No one has ever been arrested and convicted of the murder of JFK.

*Well readers of the Vibe lots of interesting stuff to think about and maybe to follow up on: who do you think was responsible for killing the President? This was indeed an outstanding **unsolved** celebrity murder!*

Brain Food

Find all the answers & solutions to Puzzles & Quizzes on page 18 (No peeking!)



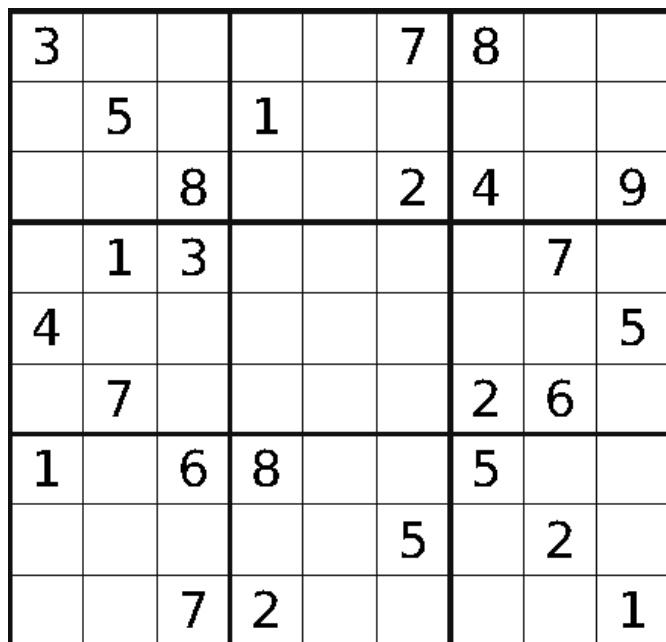
Vibe Quick Crossword 76

Across

- 1 Greeting (10)
- 7 Cardigan (8)
- 8 Test (4)
- 9 Stalk (4)
- 10 Receives (7)
- 12 Stop (11)
- 14 Groups (7)
- 16 Feral (4)
- 19 Cut (4)
- 20 Fantasised (8)
- 21 Large animal (10)

Down

- 1 Dodgy ventures (5)
- 2 Climbing tools (7)
- 3 Pulls (4)
- 4 Perseverance (8)
- 5 Very overweight (5)
- 6 Fight (6)
- 11 Unity (8)
- 12 Lovingly (6)
- 13 Louder (7)
- 15 Trap (5)
- 17 Arranged fights (5)
- 18 Powder (4)



Vibe Sudoku 76 Each row, column and sub-box must have the numbers 1-9 occurring just once.

Q&A

1 Which fruit does a plantain resemble? 2 What kind of dish is gazpacho? 3 What is the value of the letter 'k' in Scrabble? 4 What newly designed Australian banknote is soon to be unrolled? 5 What is the capital of Canada? 6 Who takes care of Australia when Mal isn't around? 7 Who is next in line to the British throne? 8 What was the name of the box office hit Australian film about a bloke who cleans toilets? 9 What city holds the largest marathon in the world? 10 In which country is an Australian *60 Minutes* crew in trouble over an alleged kidnapping charge?

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Community Clubs & Groups

If you're a not-for-profit club or organisation you can list your meeting times & contact details here. If you'd like to advertise a special event, or facilities & services for hire please email all enquiries to: phillipislandvibe@gmail.com.

SOS (survivors of suicide) meet 2nd Tues of month, Surf Room, Newhaven Secondary College Newhaven, 7pm. A safe, friendly, caring environment for anyone touched by suicide. Contact Lyndall 0408592778.

Red Cross, Phillip Island Branch meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Ron Hateley 59522549 or Sally Matthews 59521825.

Friends of the Library book chat 1st Wed of every month at 2pm, commencing Feb 5 Phillip Island Library. Friends of Library meeting 10.30am 3rd Sat of every month. New members welcome. Call Celia 59521901.

Phillip Island Library free wifi & kids programs. Story Time every Tue 11-11.30, Baby Rhyme Time every Thu 10.30-11. www.wgrlc.vic.gov.au or call 59522842.

Phillip Island Lions Club Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: Steve Munro 59526461

New Parents to Phillip Island Group New parents with children aged 0-5yrs, make friendships, gain support and advice. Email np2pi@live.com, www.facebook.com/NewParents2PhillipIsland or call 0459521490.

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in air conditioned Newhaven Hall, Cleeland St Newhaven. Cost \$5.00 includes afternoon tea. New members welcome. Age group 60-90 yrs. Call Dagmar 5956 6965.

Newhaven Yacht Squadron invites you to go sailing FREE. We need males & females to crew our yachts. Very easy to learn. For more info call Craig on 0411187219.

Phillip Island Bicycle Users Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ron 59522549 or ron1@bigpond.com.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400815353.

Phillip Island Girl Guides Juniors 5-9yrs Mon 4-5.30pm, Seniors 9-14yrs Tues 5-6.30pm. More info call Belinda Egan 0408460888 or email began@guidesvic.org.au.

Phillip Island Senior Citizens Club snooker, carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Frid 12noon 3 course lunch \$14. 59522973 for more information.

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Phillip Island World Vision 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members very welcome. Call Thelma 56785549.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Neil Stewart 59566581 or nsstewart@gmail.com.

Community Clubs & Groups

Rotary Club of Phillip Island & San Remo "Fundraising for our community". New members welcome. Phone Keith Gregory 0439020996.

Lions Club of San Remo & Newhaven 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Lois Balka 0413243159.

The Woolshed Spinners beginners and skilled spinners welcome. Small group. PICAL, 56-58 Church St Cowes, 2nd & 4th Thurs of each month, 10-2 pm. Cost \$4 per meeting \$1 kitty. Contact John Stott 59523477 or john.stott6@bigpond.com.

Men's Shed meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438808428 or 59526955.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhill Hall. Joining fee \$47.50, weekly fee \$5.00. Nutritional eating, weigh in and group therapy. New members welcome. Contact Rhonda on 59521563.

Westernport Tennis Club (San Remo & Newhaven) Men's comp Thurs nights, Women's comp Wed nights, Juniors Sat. For more info call David Egan 0468635067.

Community Visitors Scheme - Friends for Older People organises friendly visitors for socially isolated or lonely residents in aged care homes. Volunteers welcome. For more info contact 0409287242, or cvsrecruitment@msaustralia.org.au.

Phillip Island Croquet Club new members welcome. Contact Ken 59568803 or David 59569047 or just come along to our club Frid 10am Blue Gum Reserve Dunsmore Rd, Cowes.

The National Vietnam Veterans Museum needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Lyn Duguid or Cheree Dyson, 59566400.

Heart Support Australia 1st Fri of month 1.30pm, San Remo Community Health Centre, Back Beach Rd, San Remo. Membership open to anyone with a cardiac problem and their carers. Contact Gerald 59521913.

Islander Day Club every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises guest speakers and outings. Transport can be arranged if necessary. For more info: Margaret Harrison 56785131.

Phillip Island Day View Club proudly supporting The Smith Family Feb-Dec, 4th Monday of month, 11am, Ramada Resort Cowes. New members welcome. For information contact Di 0488654030 or Irene 59523447.

Barb Martin Bushbank Inc Volunteers needed to learn how to propagate local native plants. Every Wed 9.30am-12noon & Thurs 10am-12noon. 1810 Phillip Island Rd (@ Koala Conservation Centre). No exp necessary, must wear covered in shoes & sun smart clothing. For further info 0407348807.

Inner Wheel Club of Phillip Island meets 2nd Thurs of

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month 6pm, The Fat Seagull (upstairs). A friendly group of women raising funds for local, national and international projects. New members always welcome. Call Dianne Barlow 59521021.

The Probus Club of Phillip Island Inc meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info David Harrison 56785131 or Ash Rizvi 59521604.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Midge on 59525945.

Bass Coast Health Heart Foundation Walking Groups Meet weekly, including general, dog walking, pram walking and pole walking. Contact: Anita Leyden 56719200.

Bass Coast Ballet School Classes from 2yrs-adult. Ballet, contemporary, jazz, tap. Cowes & Wonthaggi. For more info 0408399853.

Community Garden & Kitchen PICAL is creating a welcoming, fun space for the community to grow and prepare local and organic produce. Email Communitykitchen@pical.org.au if you would like to volunteer or contribute.

Phillip Island Camera Club meets 1st Mon of month, Heritage Centre meeting room, 1.30-4pm. Contact Sue Brereton 0408136717 or phillipislandcameraclub.com.au.

Walk the Labyrinth at San Remo, Back Beach Rd, 10.30am 1st Sat of month. More info: Lorraine Rodda, lgrodda@iprimus.com.au.

Country Women's Association, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

Phillip Island Swim Club must be competent in 3 out of 4

strokes looking to extend skills with qualified coaches
Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418178343 or piadgs@gmail.com.

Heart Foundation Walking Group San Remo Wed 9.30am slow/medium pace, social way to stay active. Info: Robyn or Anita 567192000.

Phillip Island Patchworkers Newhaven Hall: Mon, 7.30pm, Cowes Cultural Centre: 89 Thompson Ave last Tues of month, 10.30am, Cape Info Centre, Newhaven: 1st Tues of month 10.30am. Contact: Michelle 0418356478.

Cowes AA Big Book Meeting, 7pm Tues, St Phillips Church Cowes (opp Coles). Call 0428301871 or 0417317470.

Bass Coast Strollers weekly walks 8-12 km over varying terrain, within Bass Coast region. Monday 8.45am-lunchtime. Enjoy the outdoors and social functions as well. More info: Jan on 0419990313.

Phillip Island Community Art & Craft Gallery Open 7 days, 91-97 Thompson Ave (Cultural Centre), on display & for sale original art & craft works from locals. New Members welcome. Call Aleta 0419525609.

Phillip Island Adult Riding Club Social & HRCav horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435552518 or email enquiries.piarc@gmail.com.

Sing for Fun at Vocal Nosh 1st Sun of month, 5-7pm, break for simple meal (\$5), St John's Uniting Church Hall, Chapel St Cowes. All ages & ability welcome. More info: Fay Magee frmagee@waterfront.net.au.

Wildlife Rescue Phillip Island, Rehabilitation, care, rescue & transport of all wildlife on the Island & surrounding areas. Kaylene 0412258396 or Colleen 0409428162.

South Coast Speakers Toastmasters meets every 2nd & 4th Wed of month, 7.30pm @ San Remo Hotel, San Remo. Develop oral communication & leadership skills. For more info: Brigitte Linder 0421812691.

Friends of Scenic Estate Reserve (FOSER) assists Council and the Nature Parks in managing the new Reserve. New volunteers most welcome. Contact John Eddy at cgrayden@waterfront.net.au or via PICS Facebook page.

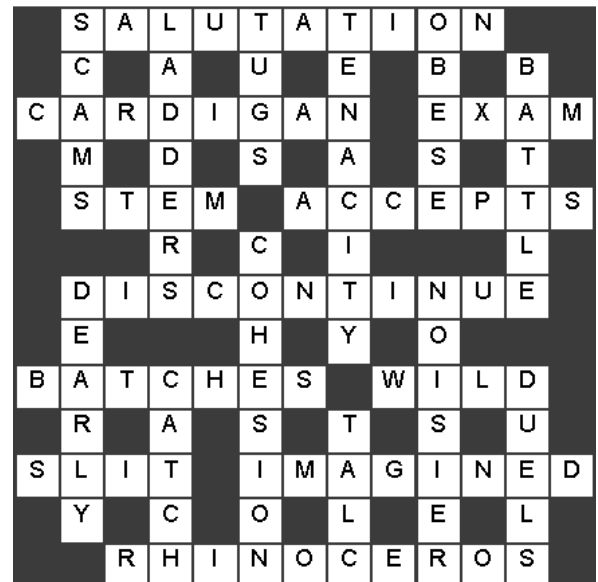
Parkrun - free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

Phillip Island & District Historical Society Thurs & Sat 10am-12 noon. More info: Christine Grayden 59568501 or 0400900612.

Phillip Island Squares (square dancing) Thursdays 7.30-10pm Bass Valley Community Hall, Bass School Rd, Bass, 59525875.

Quiz Solution 76

1 Banana 2 A soup 3 5 points 4 \$5 5 Ottawa 6 Barnaby Joyce 7 Prince Charles 8 Kenny 9 New York 10 Lebanon



Vibe Crossword Solution 76

3	4	1	9	6	7	8	5	2
2	5	9	1	8	4	7	3	6
7	6	8	3	5	2	4	1	9
6	1	3	5	2	8	9	7	4
4	9	2	6	7	3	1	8	5
8	7	5	4	9	1	2	6	3
1	2	6	8	3	9	5	4	7
9	3	4	7	1	5	6	2	8
5	8	7	2	4	6	3	9	1

Vibe Sudoku Solution 76

Community Markets

Churchill Island Farmers' Market 4th Sat of month 8am-1pm. 246 Samuel Amess Dr, Churchill Island. **Cowes Island Craft Market** 2nd Sat of month St Phillips Parish Hall Thompson Ave, Cowes. **Market on Chapel** 4th Sat of month Uniting Church cnr Chapel St & Warley Ave, Cowes. **Phillip Island Lions Club Steptoe's Emporium** Bric a brac, 2nd hand furniture. Sat/Sun, 10am-1pm, 59522140. **Coal Creek Farmers Market** 2nd Sat or each month, 8am-12.30pm, Coal Creek Community Park **Grantville Market** 4th Sunday of month, 8am-2pm, Grantville Recreation Reserve **Inverloch Community Farmers Market** Last Sunday of month, 8am-1pm, 'The Glade'. **Inverloch Farmers Market** 3rd Sunday of month, 8am-1pm, 'The Glade'. **Kongwak Market** Every Sunday, 10am-3pm.



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