

# Phillip Island Vibe

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**FREE**

ISSUE 86, MARCH 2017



RachelMusgrove@Phillipislandimages

Welcome to the March edition of the Phillip Island Vibe

This month we are able to again enjoy feature editorial submitted by Phillip Island Walkabout, Phillip Island Historical News and book reviews by Turn the Page bookstore in Cowes.

Phillip Island Walkabout offer advise and tips about feature walks on the island, some popular and some more mystical and unknown.

Phillip Island Historical News unearth fascinating stories and facts about the enthralling history of the island and surrounds.

Also check out the books that have been reviewed by Lois at Turn the Page bookstore and make the time to pop in for a browse.

There is also the usual Who Dunit, recipes, crosswords and trivia. Please enjoy.

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# HANDSTANDS

## FOR HAYDEN

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## Phillip Island Historical News ISLE OF WIGHT



'Isle of Wight' Hotel was first licensed to Mr. Francis Bauer in 1870 who came to Victoria in 1856, as the chef to Governor Barclay. He purchased a small private house on the eastern side of the Esplanade in Cowes and added to the building from time to time until it became one of the most comfortable and commodious destinations in Victoria.

Samuel Amess, owner of Churchill Island and Mayor of Melbourne, owned the hotel from 1920 to 1925. Samuel extended the building to 60 rooms and could cater for 100 people, but sadly the hotel was destroyed by fire later that year. Strangely enough the walls of the two original rooms, built of wattle and daub nearly 60 years earlier by Mr. Bauer, were the only ones left standing in the midst of the charred ruins.

The hotel was rebuilt and had many owners pass through the door, but the most famous was in 1958



THE ROSE SERIES P. 10067

ISLE OF WIGHT HOTEL, COWES, PHILLIP ISLAND, VIC.

when it was purchased by a syndicate named 'Tennis Proprietary Limited'. The syndicate was formed by Australian and American Wimbledon heroes including Frank Sedgman, Ken Rosewall, Lew Hoad and Fred Gilby by a champion Carlton Football player between 1926 and 1938 to name a few.

The syndicate was responsible for adding ensuites and bathrooms to the rooms over their 23 years of ownership, eventually selling in 1981. The suburb of Wimbledon Heights on Phillip Island is testament to their influence bearing street names honouring many Wimbledon heroes.

In May, 2010 the iconic hotel was once again destroyed by fire and burnt to the ground. Only the historic fig tree, planted when Mr. Bauer was the owner, survived the blaze. The hotel is yet to be rebuilt, unlike when it burnt down in 1925 and was rebuilt within a couple of years.

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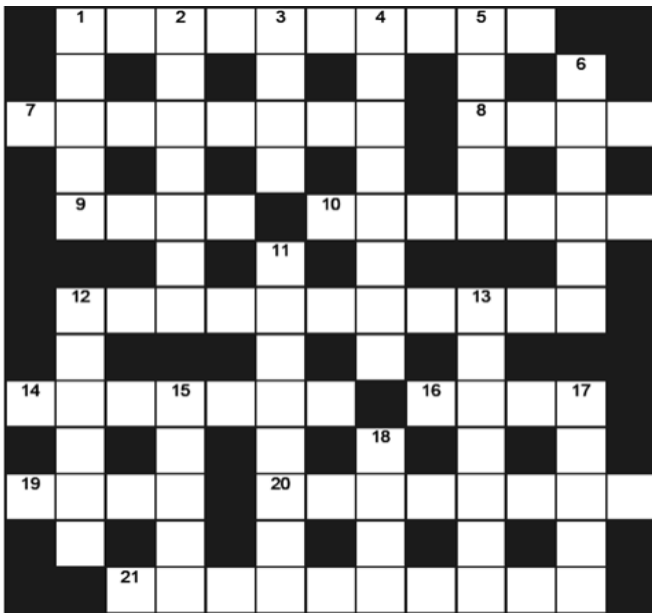
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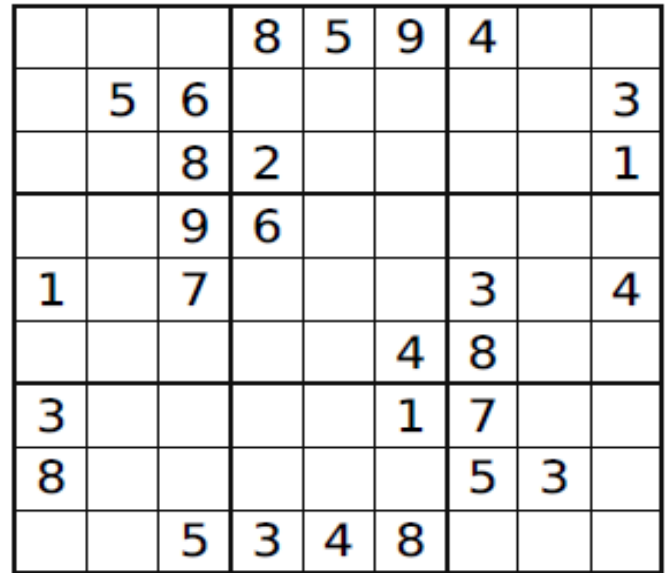
# Brain Food

Find all the answers & solutions to Puzzles & Quizzes on page 12 (No peeking!)



**Vibe Quick Crossword 86**

- | Across                      | Down                     |
|-----------------------------|--------------------------|
| 1 Gave up (10)              | 1 Found on the beach (5) |
| 7 Machine components (8)    | 2 Cautious (7)           |
| 8 Young female (4)          | 3 Hotels (4)             |
| 9 Existence (4)             | 4 Fragile (8)            |
| 10 Consents to receive (7)  | 5 Bird of prey (5)       |
| 12 Supports (11)            | 6 Savages (6)            |
| 14 Leave (7)                | 11 Accompanied (8)       |
| 16 Pre-loved (4)            | 12 Monkey (6)            |
| 19 Nourishment (4)          | 13 Upset (7)             |
| 20 Statements of honour (8) | 15 Lowest point (5)      |
| 21 Wipes out (10)           | 17 Actions (5)           |
|                             | 18 Metal (4)             |



**Vibe Sudoku 86** Each row, column and sub-box must have the numbers 1-9 occurring just once.

## WHO AM I?

I was born in January 1943 in Victoria.  
 I grew up with my grandmothers in Quambatook.  
 I have two younger brothers.  
 I went to school with John Williamson.  
 I was raised in the traditions of the Church of England.  
 In 1964, I was ejected from a certain tour for being 'too enthusiastic.'  
 I started writing for a newspaper in July 1966.  
 I learnt about the recording process in 1966.  
 I became involved in a number of artists releases, including a Masters Apprentices' single.  
 In 1968, I relocated to London, reporting in Go-Set on The Groop.  
 That September I became the manager and producer of Morris.  
 I produced several hits such as Burns' top ten single 'Smiley.'  
 I produced a soundtrack for Godspell.  
 I signed Peter Andre, Jo Beth Taylor and Indecent Obsession.  
 I was the presenter on ARIA Music Awards in 1988.  
 I appeared at the end of a show wearing a cowboy hat in July 1987.  
 My trademark is a cowboy hat.  
 I am a popular music critic, journalist, record producer and musical entrepreneur.  
 I was also the talent co-ordinator, on-air interviewer and music news presenter on the program Countdown.  
 My nickname is 'Molly.'  
 My first name starts with I.  
 My last name starts with M.  
 They call me Molly Meldrum.

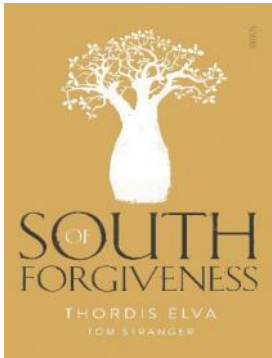
**Who am I?**



- 1 The Roman numeral "L" stands for what number? 2 What sport does Cristiano Ronaldo play? 3. Who painted the Sistine Chapel? 4 What was the title of Kanye West's debut album release in 2004? 5 CERN launched the very first website in what year? 6 What is the first book of the bible? 7 Which Spanish Island is known as "The Island of Eternal Spring"? 8 Marie Curie was the first person to win tow of what prize? 9 On what continent would you not find bees? 10 How many states are needed to ratify an amendment for it to become part of the constitution? 11 What is the for the Greek Goddess of Victory? 12 In what year was the first Harry Potter movie released?

# Book Reviews

By Turn The Page Bookstore, 40A Thompson Avenue, Cowes. Phone 59521444



**“South of Forgiveness” by Thordis Elva & Tom Stranger RRP \$32.99 Paperback**

**This book will challenge many, but it is an important story told by two courageous people.**

Sydney, Australia; Thomas Stranger, nervously boarded a plane, for a journey that was not planned in haste, but was the result of correspondence that had lasted eight years. After hundreds of letters written with searing honesty in a dialogue between survivor and perpetrator, Thordis and Tom decided it was time to see each other face to face. Coming from opposite sides of the globe, their destination was literally middle ground; South Africa, ironically known as the "rape capital of the world". It provided a powerful backdrop, where the lives of these two people was permanently changed. The story is a non-fiction narrative written under full names and credentials in a unique collaboration between survivor and perpetrator equally committed to shedding light into the dark corners of humanity. It's a true story about being bent but not broken, of facing fear with courage and finding hope even in the most wounded of places.



**“Hidden Figures” by Margot Lee Shetterly RRP \$24.99**

Set amid the civil rights movement, the never-before-told true story of NASA's African-American female mathematicians who played a crucial role in America's space program. Before Neil Armstrong walked on the moon, a group of professionals worked as 'Human Computers', calculating the flight paths that would enable these historic achievements. Among these were a coterie of bright, talented African-American women. Segregated from their white counterparts, these 'coloured computers' used pencil and paper to write the equations that would launch rockets, and astronauts, into space. Moving from World War II through NASA's golden age, touching on the civil rights era, the Space Race, the Cold War, and the women's rights movement, 'Hidden Figures' interweaves a rich history of mankind's greatest adventure with the intimate stories of five courageous women whose work forever changed the world.



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## RING A DING DING

**A classic who-dunnit mystery from our esteemed offshore crime writer. Leon Herbert**

Leroy and his Inspector friend Jack Flint were in friendly debate and discussion over the plethora of interesting sporting events of the few months- The Australian Tennis Open and Federer's majestic win over Nadal being a stand-out. It seemed the local crims on the island had decided to afford the two detectives a reprieve from crime detection and some leisure time. But sadly the pleasure was not enduring – Flint got a call from the station. "Come on Leroy", he said. "Let me show you how a crime is solved." Leroy smiled, amused the Inspector was trying to play mind games with him. The sign on the roof proclaiming Classy Jewellers had just been installed this morning. The shop wasn't even open for business and it had already been robbed. It was literally just down the road from their favourite coffee shop.

Joe Potter rushed out to greet them. "Flint," he said, pumping his old friend's hand. "I thought changing locations from Wonthaggi would change my luck, but I guess not."

Potter escorted them inside. Police officers who'd earlier answered the distress call were examining the empty glass case while the shop's two employees stood around, looking helpless. The shop owner used to employ three people until last year when one had been arrested for robbery.

"How did it happen?" Flint asked while opening his notebook and removing his pencil from his pocket.

"We were setting up the display cases," Potter told his friend. "The space isn't ready; we don't even have a working bathroom. But our opening party is tonight, so we have to make do. At around noon, I went into the back office. Our front door was propped open—no air conditioning yet. I figured either Molly or Richard was in the front showroom watching things. Seems I was wrong. They'd both stepped out. That gave the thief enough time to see the rings, run into the store and grab all six of them. They're insured, of course, but only at

wholesale value."

Flint crossed over to shake hands with Molly, the manager.

"I had to go around the corner and move my car," she said, then glared accusingly at Richard. "I told him to stay here. When I came back, the showroom was empty and the rings were gone. I ran into the back. My boss was on the phone. He hung up right away and we called the police." Flint thanked Molly for her help, then ambled over to speak with Richard.

"I shouldn't have left the front door open," said the guilt-stricken employee. "But I didn't know if Molly had her key with her or not. After Molly left, I ran to the clothing shop next door to use their bathroom. Since I wasn't a customer, I kind of sneaked in. I don't know if anyone saw me. Mr Potter and Molly were here when I got back, trying to figure out how much had been stolen."

"Inspector Flint? Can you come out here?"

The voice had come from the store's open courtyard located directly behind the showroom. An officer was standing by the pine tree in the middle of the shady yard. His hand was wet with pine-sap, but there was a red felt bag in his hand and a smile on his face. "I reached inside a hole in the tree and found this bag wedged in a crevice."

Flint took the sticky bag into the showroom and opened it. The rings were all there, safe and sound.

"What do you think?" whispered Flint.

"Obviously an inside job," Leroy whispered back. "Joe Potter could have taken them when the store was empty. The same with Molly or Richard. The thief wedged them inside the tree, knowing he or she could get them later. It's a bit too early to know which one."

Flint grinned with obvious pleasure. "Too early for you, but I know."

The brilliant but eccentric sleuth tried to hide his surprise. How could Flint know and not him? What bit of information did the Inspector have that Leroy didn't? He was mortified at this about turn. He was usually more than one step ahead of his inspector friend in the art of deduction and apprehension of the culprit. Surely he wasn't losing his grip. Still, if it was revenge for past victories, then good luck to his friend if justice was served.

And then he realised, but too late for their mind game, what must have happened.

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# Get Growing

Ideas & tips from a  
time poor gardener

## Get Gardening in Autumn

For us lucky Australians Autumn is probably the most pleasant time for gardening but also a busy time so let's get started with ticking things off the chore list.

A good starting point is standing back and having a good old hard look at what needs doing. If you're establishing a new garden now is the time for major plantings including trees, hedges, shrubs and flowers.

Taking the simple approach, the three major jobs to be thinking about are pruning, mulching and planting. That makes it sound much easier, doesn't it?

The idea of pruning is to remove dead or diseased wood, improve plant health and to give your plant a nicely shaped appearance at the same time. A good pruning also helps to promote more flowers or fruit and create new growth and a bushier plant. Also, take time to make sure your tools are sharp as this will make it a more pleasant task for you and your plant.

Mulching is also integral to maintaining the health of your garden.

There are many different mulches, both organic and inorganic. Organic mulches include leaves, grass clippings, bark and straw. Being natural, they decompose over time to add nutrients to the soil but often need topping up. While inorganic mulches such as gravel, pebbles, black plastic, landscape fabrics and even old newspaper are longer lasting but don't contribute directly to the soil.

The most important reason that we mulch is for water conservation. Mulch conserves precious moisture in the soil. Mulch stops soil drying out which in turn reduces watering. It also helps to prevent weeds growing, keeps the soil at a more consistent temperature, adds some more organic matter to the soil and reduces run-off and soil movement from garden beds. Ideally it should be just a yearly job.

Now for the fun job – planting.

While the earth still contains some summer warmth and before the rains come is an ideal time to plant.

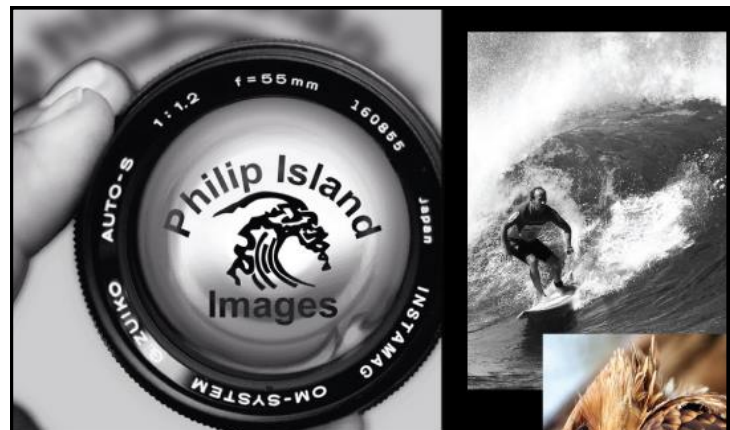
Bulbs are just one of the options and can be planted now to offer a wonderful burst of spring colour.

They're also an easy option. Try and plant them as soon as you can after you buy them and if not store them in a brown paper bag in a cool spot. Make sure the smaller growing bulbs go at the front of the garden bed so that everyone can enjoy them.

These days there is a huge variety of bulbs to choose from for all uses so you don't need to limit them to your garden. Also, think about jazzing up some pots with things like Hyacinths, daffodils or tulips. You can cluster plant 6-8 bulbs in decent size pot for a great look.



Well, that's going to keep you busy so grab your gloves, shovel, secateurs and watering can and off you go. As you step across your lawn you may also like to share the love and apply some lawn fertilizer. Don't forget your lawn loves a good feed twice a year and this will help it to stay nice and green and healthy looking.



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## STRIKING A CHORD

For seasoned guitar players, or those of you who enjoy a casual strum, local guitar teacher **Dean Luke**, shares tips, advice and news about all things guitar.

## USING YOUR THUMB TO PLAY BASS NOTES

Today we will be looking at using our thumb to play bass notes in chords.

This technique is essential to playing great sounding F#m and Am chords with open E and B strings depicted in the chord progression below.

We will be applying this concept to a chord progression in E, bass notes that the thumb plays are represented by T's in the chord charts.

Strum the open E for 1 bar, when you change to the F#m wrap your thumb over the neck and use it to fret the F# bass note on the 6th string at the 2nd fret, use your 3rd, 4th and 1st finger to fret the rest of the chord while leaving the 2nd and 1st strings to ring out open, strum the F#m for 1 bar.

When you change to the A use your thumb again to fret the A note on the 6th string at the 5th fret and your 3rd, 4th and 2nd finger to fret the rest of the chord, strum the A for 2 beats (half a bar).

When changing from the A with your thumb in the bass to the Am with your thumb in the bass all you need to do is change the 6th fret on the 3rd string played with your 2nd finger to a 5th fret on the 3rd string played with your 1st finger, strum this Am for 2 beats (half a bar).

Finish the progression by strumming the open E again 1 bar, then start again.

See, thumb's aren't just for hitch-hiking or liking things on Facebook :)



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# MEET THE HUMANS OF DILI

By Natasha Cleary

## Come and Meet the Humans of Dili

By Natasha Cleary, founder of Humans of Dili,  
[www.facebook.com/HumansofDili](http://www.facebook.com/HumansofDili)

Dili and New York have almost nothing in common. Dili is the smallest capital in Southeast Asia while New York is one of the biggest in the world. )

Dili is a bit of a dusty (depending on the season) backwater, especially when compared with New York a fast-paced center of fashion and finance.

So how did the original Humans of New York project inspire Humans of Dili?

When I first saw Humans of New York, I loved how the Facebook page humanized the famous city. When we think of New York we think of the skyline, Times Square, the Statue of Liberty, the list goes on...

But what about the people who live there? Are they accurately portrayed by famous New York based TV shows such as Sex and the City or Law and Order?

The people on Humans of New York certainly aren't all Manolo Blahnik wearing fashionistas or trench coat clad detectives. They were just like you or I, normal people going about their everyday lives. Humans.

What Dili does have in common with New York is that many people's perceptions of it are shaped predominantly by the mainstream media.

If New York is shaped by images of Times Square and Sex and the City then Dili is likely to conjure up thoughts of war and poverty. If any image at all...

Just like in New York, Humans of Dili is an opportunity to show the human side of a city whose portrayal so often lacks humanity and reality.

### So what actually is Humans of...?

The concept is simple. I, like Brandon Stanton of Humans of New York, approach a person on the street, take their photo and have a conversation with them. I then post their photo on Facebook, with a direct quote from our conversation. What attracts me so much to this format is that it is not me giving my opinion or shaping other's opinions, but those in the photos are able to represent themselves.

### My favourite themes

Humans of Dili has been running since March 2014 and I have posted about 475 photos, at this point I am past having favourite photos and now I have 'favourite themes'.

One of my favourite themes directly contradicts the common stereotype of Dili as an unsafe place and particularly that youth are dangerous or problematic. This theme is peace. At Christmas time I approached a youth who was sitting in one of the nativity scenes around the city and asked him what his dream

for Christmas is. Peace for everyone he said. His dream for the New Year?

"My dream for the new year, 2015, is for Timor to become good forever, and especially for the future of children."



(to see the full post see Humans of Dili, 25 December 2014)

In how many places in the world would you ask a 25-30 year old young man his hopes for Christmas and he replies peace for everyone, especially children? I guess it's not surprising, considering what the Timorese have been through. This brings me to my next favourite theme: war. Aside from what we see on the news, how does it affect normal, everyday people?

One Human of Dili told me in 1999 she could hear grenades going off across the street from her house during the Indonesian army's retreat. About ten years later she heard the same sound in a museum in Melbourne and "felt the trauma again and went into shock."



(For more info see Humans of Dili post from 22 May 2014.)

**EDITORS NOTE: This enlightening piece about the people of Dili, Timor Leste will continue in the next edition.**

# HAVE YOU EVER WONDERED.....

A series by Leon

## **Why do men's clothes have buttons on the right and women's clothes have buttons on the left?**

It is easier for right handed people to push buttons on the right through holes on the left, and since most people are right handed, this is why men's clothes have buttons on the right.

But what about women, who are also mostly right-handed?

When buttons first came into being, they were very expensive and were worn primarily by the well-to-do. Women in that class did not usually dress themselves but were dressed by maids.

Since a maid would be facing a woman she would be dressing, dressmakers put the buttons on the maid's right, and this, of course, put them on the woman's left where they remained.

## **Why do riders mount their horses from the left?**

The custom began centuries ago when men carried swords. Since most men are right handed, the sword was usually carried on the left hip to make it more accessible to the right hand. With a long sword dangling from the rider's left side, it was clearly easier for him to mount his horse by putting his left foot in the stirrup and then throwing his right leg across the horse's back. This of course, required that the horse be mounted from the left. Even after riders no longer carried swords, mounting from the left remained the custom.

## **Why is it an expression of contempt to say someone's name is "mud"?**

John Wilkes Booth, the man who assassinated President Abraham Lincoln, fractured his leg while escaping from Ford's Theatre where the shooting took place. A country doctor who knew nothing of the assassination treated Booth and sent him on his way.

Later, when the doctor realised whose leg he had treated, he notified the authorities and as a result was imprisoned as a co-conspirator.

Later, the injustice was recognised, and he was pardoned by President Andrew Johnson.

The doctor's name was Samuel Mudd, and soon after the assassination it became an expression of contempt to say that someone's name was "Mudd."

Over time, people forgot the origin of the expression and "Mudd" became "mud."

## **"Why is a hamburger so called when it contains no ham?"**

The Tartars, a Turkic speaking people who lived in Central Asia, were rugged, nomadic horse people who ate raw beef. Rugged though they were, they soon decided that raw beef would be a lot easier to chew if they could find a way to tenderise it.

Eventually, they did find a way. Before a long day's ride they would put a slab of beef under their saddles and let the up- and -down motion of the horse pound the meat to bits.

At the end of the ride they would scrape the tender morsels into a heap, season it with salt, pepper, onion juice, and eat what today we call steak tartare.

A merchant from Hamburg, Germany, who was doing some trading in Asia in the mid- nineteenth century, came upon the Tartare's recipe and took it back to Germany, where it was introduced as Hamburg steak. Later, a cook in Hamburg decided to broil the meat, and by the end of the nineteenth century this concoction was called hamburger meat.

Hamburger meat, it is believed, was brought to the USA in the 1800s by German immigrants. In 1904, at the World's Fair in St. Louis, broiled hamburger patties in buns were sold for the first time and just called " Hamburgers." In Britain after WW2 a practice developed to rename the steak Salisbury steak being sensitive to the name Hamburg. Salisbury steak is still to be seen on menus.

## **Where does that come from - when a woman spurns a gentleman she is said to be giving him the " cold shoulder"**

Despite current usage, the phrase does not have a romantic origin. In fact, the shoulder in "cold shoulder" is actually a shoulder of mutton!

In the early nineteenth century, when the phrase was first recorded by Sir Walter Scott, it was customary for a hostess to serve hot meat to visitors who were welcomed and cold meat to those who had overstayed their welcome.

Since the cold meat given to the unwanted guest was usually a shoulder of mutton, the hostess was said to be " giving him the cold shoulder"- of mutton, that is.

## **Why yellow means cowardly?**

Long before the civil war in the United States there were two opposing sides on the issue of slavery. As debate between them heated up, agitators on both sides began publishing anonymous pamphlets that attacked public figures. The unsigned pamphlets, which typically contained vicious lies and insinuations, were usually printed on cheap, unbleached paper that had a yellowish tint. When it was learned that certain newspaper editors were taking part in the publishing of such pamphlets, the practice became known as "yellow journalism."

Eventually "yellow" came to mean any cowardly act

Comment- Mr Trump might see a parallel in current media reports!

## When balloons fly, seabirds die

Zoos Victoria and Phillip Island Nature Parks have joined forces to urge Australians to blow bubbles instead of balloons at their next outdoor events. The new campaign, launched at Melbourne Zoo today, highlights the danger balloons and their associated attachments pose to Australia's marine wildlife, especially seabirds.

A 2016 CSIRO study identified balloons among the top three most harmful pollutants threatening marine wildlife, along with plastic bags and bottles.

Speaking at the launch, Zoos Victoria CEO Dr. Jenny Gray said that balloons used at an outdoor event can accidentally make their way into our oceans.

"Every day balloons are released or escape at outdoor events because people don't realise this is creating a very real threat to wildlife," Dr. Gray said.

"On remote Lord Howe Island, Flesh-footed Shearwaters are in decline due to mistakenly swallowing rubbish that has found its way into our oceans. Adult birds will even feed it to their chicks thinking that it's food.

Phillip Island Nature Parks Research Manager, Dr Peter Dann, said: "There has been a dramatic increase in the incidence of balloons and their attachments appearing on our beaches, with the potential to cause significant harm to Victoria's marine wildlife."

"During our regular research visits to Seal Rocks, we have had to rescue seals that have become entangled in balloon ribbons which can cause lasting damage."



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Cowes Cultural Centre, Thompson Ave, Cowes  
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## Community Markets

**Churchill Island Farmers' Market** 4th Sat of month  
8am-1pm. 246 Samuel Amess Dr, Churchill Island.

**Cowes Island Craft Market** 2nd Sat of month St  
Phillips Parish Hall Thompson Ave, Cowes.

**Market on Chapel** 4th Sat of month Uniting Church  
cnr Chapel St & Warley Ave, Cowes.

**Phillip Island Lions Club Steptoe's Emporium** Bric a  
brac, 2nd hand furniture. Sat/Sun, 10am-1pm,  
59522140.

**Coal Creek Farmers Market** 2nd Sat or each month,  
8am-12.30pm, Coal Creek Community Park **Grantville  
Market** 4th Sunday of month, 8am-2pm, Grantville  
Recreation Reserve

### Inverloch Community Farmers Market

Last Sunday of month, 8am-1pm, 'The Glade'.

**Inverloch Farmers Market** 3rd Sunday of month,  
8am-1pm, 'The Glade'.

**Kongwak Market** Every Sunday, 10am-3pm.



## Phillip Island Historical News

### 'TAKE AWAY FISH' 1880

In 1880 it was common knowledge that of the two fresh water lakes, Swan Lake and Green Lake, near Kitty Miller Bay, only the Green Lake was stocked with fish.

It was such a lovely sheet of water that Monsieur Bauer, of the Isle of Wight Hotel, had a jetty and boat shed built for the purpose of hiring out boats for fishing.

During an uncommonly dry season, Green Lake became a victim of the drought. Jessie and Charlie McGregor were riding past and found the lake almost dry.

The small remaining pool was alive with Perch so the two youngsters filled Charlie's hat with water and perch and hightailed it to Swan Lake on their horses.

They repeated this several times and successfully saved the remaining Perch.

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Vibe Crossword Solution 86

2	3	1	8	5	9	4	7	6
9	5	6	4	1	7	2	8	3
4	7	8	2	3	6	9	5	1
5	4	9	6	8	3	1	2	7
1	8	7	9	2	5	3	6	4
6	2	3	1	7	4	8	9	5
3	6	2	5	9	1	7	4	8
8	1	4	7	6	2	5	3	9
7	9	5	3	4	8	6	1	2

Vibe Sudoku Solution 86

**Quiz Solution 86** 1. 50 2. Soccer 3. Michelangelo 4. The College Dropout 5. 1990 6. Genesis 7. Tenerife 8. The Nobel Prize 9. Antarctica 10. Three fourths of the States 11. Nike 12. 2001  
**WHO AM I ANSWER : Ian Molly Meldrum**

## SOLUTION TO LEON'S WHO DUNNIT

"Congratulations," Leroy said with as much grace as he could muster. "Of course you had a piece of information I didn't."

"True," Flint admitted. "It's quite elementary." He was so delighted to have been one up on his brilliant.. "Do you want me to explain it?"

"No need," Leroy said, with a good imitation of a yawn. "Now that you've confirmed that you had information I didn't, the answer is child's play. The thief was Molly."

Flint was crestfallen. "How did you know?"

"Elementary, as you said. The one thing you did here that I didn't was shake hands with Molly. I imagine her hand was sticky."

"Yeah," Flint growled. "It was."

"Sticky from putting the bag in the crevice. The shop's bathroom isn't working, so she couldn't have washed it off. Since you admitted having information I didn't, that was the only possibility."

"I solved this one on my own, Leroy. Don't try to take credit for it."

"I never do."

"I know." Flint pouted. His success left him frustrated but his good nature returned. As long as justice was done, he thought somewhat ruefully.



## Phillip Island Walkabout



**Phillip Island has an amazing, varying coastline that can be enjoyed best by walking it and I invite you to do just that. Join me here each issue to see the next instalment of our walks broken into manageable distances to enjoy.**

We pick up where our last walk finished at Cat Bay, Summerlands. You can check out the previous walk online at [phillip-islandvibe.com.au](http://phillip-islandvibe.com.au) in the February issue. It is my intention to systematically follow the coastline until we return to Ventnor.

This walk offers you a 5km, 8km or 10km choice or you could string the two walks together for a 15km journey. Hopefully time is not an issue and a day's outing can be made of these walks.

**5km** - Park your car at Shelley Beach Car Park or at the end of the car park on the left. There is a stone road, where there is also room (in case surf's up and parking is thin). With a hat, sun screen, suitable clothing and water bottle, head off on the road to the Nobbies. Walk head on to the traffic for safety and use the grass shoulder to be safe.

Be prepared to step in Cape Barren Geese poop and to see many pairs of the birds along the roadside. You must be respectful; these birds are used to the cars but are suspicious of walkers. When you see them ahead, cross the road with care until you pass them, then return safely back to the correct side. Otherwise they become anxious and venture onto the road and it is our obligation as walkers not to interfere with our surroundings.

It's about 2km to the Nobbies. Be prepared to be amazed as the Nobbies come into view. If time permits, venture down to Cowrie Beach as it is really interesting down there. On certain tides there is a great blowhole there. And remember to look behind as you walk as the scenery is just as compelling.

The centre at the Nobbies offers food, drinks, attractions and toilets.

If time permits check out the boardwalks and snap photos to your hearts desire. When you're ready continue walking out through the back stone road found to the left of the complex.

This is a fabulously scenic road for both rugged coastline and wildlife watching.

The wallabies will keep their distance but once again, give a wide berth to the Cape Barren Geese. See if you can see any penguin chicks in their burrows (November through to February, evident by white poop at the burrow entrances). You must NEVER handle any wildlife (or use flash photography).

This is a magical place for us all to enjoy.

At certain times this road can have a lot of cars and buses and is narrow so stay alert and position yourself out of the way when vehicles come up behind you (this road is one way at this stage). Take advantage and take a step up to take in the view while traffic passes. All of this area is not safe to explore and I advise that you stay on the road but there are advantages to walking and you get to step up where the path is worn and see things that a view from a car just does not offer.

Where the road becomes two-way (look for the signage, it's about 2.5km into the walk just past the neck of the region) turn left for the 5km walk as your car awaits you at the end, about 500 metres away.

**8km** – Keep walking straight along the coastline, do not turn off. The coast continues to Summerland Beach where the Penguin Parade is located. The beach is beautiful if you have time to frolic, otherwise keep walking until you get to the made road again. You can turn left and walk towards the Nobbies and you will return to your car completing roughly 8km but if you want to do...

**10km** – To do roughly 10km, when you come to the made road turn right and walk past the Penguin Parade and keep walking for about 700m until you come across the sign to enter Swan Lake on the right. At Swan Lake there are two bird watching boxes with murals of all the named inhabitants that live there.

When you have finished return to the made road and walk towards the Nobbies to your parked car.

If you are interested in a historical story about Swan and Green Lakes please turn to the Phillip Island Historical News story in this edition on page 11.

I would love you to share your photos on Phillip Island Walkabout Facebook page or drop by and check out my walking adventures around the Island.

Get out there everyone, daylight is diminishing and the weather has been perfect for walking.



## What's Cooking?

Simple, delicious recipes.  
No experience necessary.

This month I would like to share with you these recipes which are from my family's archive. There always seems to be people in your friend or family group that become connected to a dish they bring to get together and these recipes are just those. I love the recipe swapping that gets handed from generation to generation to create priceless recipe books down the track.

If you or your family have a signature dish or favourite family meal you would like to have published in the Phillip Island Vibe just let me know.

### GEORGINA'S FRENCH STEAK

This casserole is a blessing for the time poor amongst us as it's a one dish casserole that can be prepared the night before and left to marinate overnight. The next day you can pop it in the oven for those busy after school evenings and have a delicious meal ready when you arrive home.

800G-1kg rump steak

1 tablespoon brown sugar

1 heaped tablespoon plain flour

1 teaspoon salt

Pinch of pepper 1/2 teaspoon mustard

2 tablespoons tomato sauce

1 tablespoon Worcestershire sauce

2 tablespoons brown vinegar

1 cup cold water

1/2 cup diced onion

Combine all ingredients in a casserole dish and marinate overnight or for several hours.

Cook one hour in low-moderate oven. Longer for tougher steak.

### PAULINE'S GREEN BEAN SALAD

Boil a mixture of half water and half white vinegar in a saucepan.

When boiling add to and tailed green beans and boil for five minutes. Drain and cool. Arrange in a shallow dish and sprinkle with a generous amount of finely chopped oregano and garlic salt. Drizzle with a small amount of olive oil and refrigerate.

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## Biological control of rabbits commences on Phillip Island

The introduced European rabbit is recognised as Australia's most destructive pest, threatening biodiversity and revegetation, and estimated to cost up to \$200 million annually. A new strain of Calicivirus (RHDV1 K5) has been developed as a new biological control agent to help in the fight against rabbits.

Phillip Island has been selected as one of around 600 sites across Australia where a coordinated release of this new strain of RHD will occur. Phillip Island Nature Parks, with support from Bass Coast Shire Council and Bass Coast Landcare Network, will be facilitating the release and conducting monitoring on Phillip Island in early March.

Phillip Island's cool climate is expected to provide optimum conditions for this new strain of RHD to work most effectively. A benign form of the virus currently exists on the island which provides immunity to the strain released in 1996, an obstacle which will hopefully be overcome by the new RHDV1 K5 strain.

Carrots inoculated with the virus will be laid at several sites on Phillip Island to introduce it to the rabbit population and once infected, insects such as flies will spread it to rabbits in other areas of Phillip Island and the adjacent mainland.

RHDV1 K5 is specific to rabbits and will not affect any other animals or humans. Pet rabbits can be immunised against RHD at local Vets.

When used with other conventional control methods such as baiting in rural areas and warren destruction it is hoped the release of this new strain of Calicivirus will provide another tool in the rabbit control toolbox to reduce the rabbit population.

For further information on the release of the new strain of Calicivirus, contact Stuart Murphy (Phillip Island Nature

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