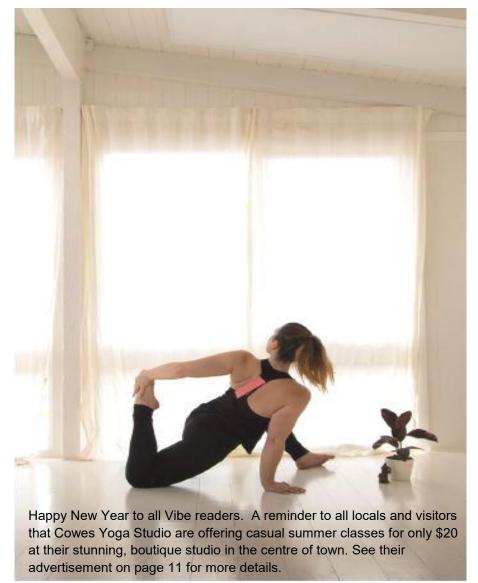


ISSUE 96, JANUARY 2018





PHILLIP ISLAND MAKERS MARKET Festival Viber COWES FOOTBALL RESERVE 8 CHURCH ST COWES





A New Era at Newhaven

2018 heralds a new era for Newhaven College with the new Senior School and Art, Science and Technology Wing ready to welcome students when school commences on February 1.

Originally purchased in 2004, the 82 acres that is now the Phillip Island Road Campus has undergone a 14 year planned staged development to transform from farm land into the state of the art indepdendent school that we see today.

The original vision of Newhaven College's founders to provide a comprehensive ecumenical education built on Christian values holds true to this day, and will continue in the future thanks to the leadership of the Board of Directors and College Principal, Gea Lovell, who dedicates countless hours to ensure that Newhaven College is the best it can be.

Enrol now for 2020 and beyond

Enrolments are invited for every year level, with some places still available for 2018.

The main points of entry to the College are Prep and Year 7.



Prep to Year 6 has two small classes at each year level which increases to four classes from Year 7 onwards, and enrolment at Prep is recommended to ensure a place for your child in Year 7 and beyond.

Visit Newhaven College

Your are invited to visit Newhaven College to experience school life in action at a College Tour. The first tour for 2018 is at 9.30am on Thursday 15 March. Other 2018 tour dates are available at

www.newhavencol.vic.edu.au/enrolments/college-tours

Enrolling for 2020

Year 1-3 Places Available in 2018



Contact Belinda Manning, 5956 7505 1770 Phillip Island Rd, Phillip Island, 3923

www.newhavencol.vic.edu.au







Meet a local community volunteer



Emma is pictured second from left volunteering for the Country Women's Association at the Handstands for Hayden fundraiser with other hardworking CWA volunteers.

Emma Harris is a volunteer for the Country Women's Association - Cowes. Welcome to the Vibe Emma.

How long have you been volunteering here? 2 years. I decided to join after visiting the shop and chatting to the women there.

What is your role here? All CWA members work to raise funds for local, national and international causes. I have taken part in the Handstands for Hayden fundraising day, run a cake stall supporting Crohn's disease and volunteered at the CWA Christmas fair in Toorak. The group also focus on current social issues. It's not just about baking and scones. CWA is about friendship and community.

What do you do when you're not volunteering? I have been teaching Science and Maths at Wonthaggi Secondary College for 14 years. I am moving to Bass Valley Primary School in 2018. In my free time I enjoy craft, spending time with family, boating and camping.

What is the best part about your job? Working with lots of different people and every day is different.

Can you tell us one thing about yourself that your colleagues might not know? I won a gold medal at the Victorian Teachers games for lawn bowls. I can't knit to save myself.

Is there anything else you would like to tell the Vibe readers?

I have learned a lot from the CWA ladies and made new friends. CWA is a volunteer group for all women of all ages and new members are always welcome. Pop into the shop at 94 Thompson Avenue, Cowes or call President Lorraine on 5952 2165.

CONSCIOUS COURSES WITH PIP

Learn vital self-care skills, Improve your intuition, Connect with like-minded people by joining a Meditation class or Reiki course and Relax, De-stress, Re-energize with nurturing one-on-one therapies

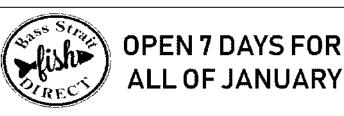
Contact Pip for more details 0437 670 820



With more than 30 year's experience in the Industry, we look after your property as if it's our own.

- Expert advice on window furnishings from an Interior Designer
 - Top quality blinds, curtains, wall art, rugs, cushions & accessories

Contact Lesley Hughes for an appointment: M: 0419 006 062 E: interiorsunlimited@iprimus.com.au www.interiorsunlimited.com.au



Monday - Friday 8.30am - 5pm Saturday 9am - 4pm, Sunday 10am - 3pm ORDERS WELCOME

For a great range of fresh local seafood 24-26 Boys Home Rd, Newhaven Ph 59567980

"Create your own adventure"



Locally owned and operated business providing quality camping equipment for hire

Visit our website for full range of products and services **www.phillipislandcampinghire.com.au** P: 0411 606 866 E: phillipislandcampinghire@gmail.com



ISLAND ELECTRICAL MAINTENANCE

Can't get an electrician to do all of those small jobs around your home or rental?

For prompt & reliable service Call Dave on 0409 435 207

R.E.C. 20993

MARGIE'S FAMILY BISTRO & INDOOR PLAYGROUND FULLY LICENSED BOOKINGS PREFERRED

BURGERS

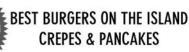


FREE BOTTLE OF BUBBLY FOR EVERY BOOKING IN JAN FOR 6 ADULTS OR MORE

> 2185 Phillip Island Road, Cowes Phone 5951 9925



PHILLIP ISLAND / SINCE 2014







BOATING IN S/E WESTERN PORT BAY - WHERE AND HOW TO FISH AT SUMMER TIME

To keep up with current reports just visit our facebook page (www.facebook.com/JimsBaitAndTackle) where we will be listing reports as we get them. I get a lot of visitors to the shop from all parts of the state and country, many of whom have been told all these stories about boating in Western Port Bay being dangerous because all you do is get stuck on the mud. Like anywhere you go boating it can be dangerous and Western Port Bay is no different but with a small amount of common sense it can be as safe, if not safer, than any other boating waterway. The best way to stay out of trouble is to ask someone who knows the area and generally the local tackle shop is the best place to start and while they might not be able to guarantee you will catch a fish, if you follow the instructions you are given, chances are you will avoid getting into trouble. The most important rule in the bay is to follow the channel markers and to know what a danger marker looks like. If unsure slow down. There are a few things you need to be aware of to have an enjoyable days fishing in Westernport Bay as it can be quite different to Port Phillip Bay. In Western Port we have current and lots of it. The biggest difference you will find when fishing is you actually need to use sinkers and I don't mean split shot but large pieces of lead. You will also need to change the size of sinker as the tide changes and you will need to use different size sinkers in different parts of the bay. As a general rule when you are whiting fishing you are generally in the shallow areas of the bay, often as shallow as 1m and you generally use sinkers from 1/2oz to 3oz. When you are chasing snapper or gummies you will need 4oz to 8oz in the shallower spots and 8oz to 16oz in the deeper channels with all of the above dependant on the time of the tide.

The biggest advantage we have in Western Port is we have an island in the middle and although it can still get quite rough it is generally a short chop which can be navigated safely. It also means there is generally somewhere you can go to fish. The trick is to know what stage the tide is at and the wind direction as this will determine the safest place to be. Pick a spot in the bay where the tide and wind are going in the same direction as this will be the smoothest area to be but be wary of tide changes as this can make a huge difference in a very short time. Where to fish? I have listed some of the more popular spots in the bay which should give you a starting point for your days fishing and a general rule in the bay for most fish is about $1 \frac{1}{2}$ hours before and after the low or high tide is the best. Dickies Bay - located on the eastern side of the bridge behind the police station where there are plenty of weed and sand patches in about 1m to 2m of water. This is probably one of the most productive areas for whiting and garfish in the bay but if you are fishing in this area don't forget the squid jig as plenty are caught during the season as well. Size 6 long shank hook or a size 1/0 circle on either a running sinker or paternoster rig with pippie and or squid bait for the whiting with a small amount of burley and enough lead to hold bottom. Whiting snatchers are very productive as well. Size 12 long shank hook with silverfish or dough under a float for the garfish with a bread dough for

burley. Move about 1km further ENE and you will come to Maggie Shoal and the Anderson peg, again a very popular spot for whiting and the same rig and baits apply but you won't find as many garfish as the water is slightly deeper. With a slightly different bottom you have a very good chance of finding a few flathead in this area as well as the odd grass whiting. Move another 3 or 4km north and you will come to Reef Island - another spot for whiting. The whiting in this area are generally smaller than Dickies Bay but there can be plenty of them but be careful of the island itself as the rocks can be just under the surface at high tide. As you head to Reef Island there are several spots along the way that can be very productive especially over Christmas when the pinkie snapper move in as well as being a good area for calamari and flathead. From Reef Island head SSW back towards the bridge to the main channel where there are plenty of opportunities to fish. The top end of the channel can produce some very good whiting along the edge, but more weight will be needed as the current is quite strong there. The channel can also be very good for pinkie snapper and flathead but you will come across a bit more rubbish in the form of stingrays and Port Jackson sharks. The channel is also a very good place to troll a lure or two for salmon and pike but remember it is a main channel and will get very busy with boating traffic at times.

There are far too many fishing spots to mention in this report but generally you are fishing in either a deep hole or on the edge of the channel and it pays to spend a bit of time with your sounder to ensure you are fishing on a ledge or the bank on the channel. As well as your sinkers changing size you will need to change hook size and style with circles or octopus style hooks from 4/0 to 8/0 needed, again dependant on the bait and rig used. Running sinker or paternoster rig is the angler's preference as we get enough reports to suggest one works as good as the other and as a rule the bigger hooks are used on a running sinker rig. Baits vary again to the angler's preference, but squid and pilchard would account for about 80% of our reports. From Elizabeth Island head SSW towards Rhyll and about half way you will come across the Corals about 6m deep, an area well known for snapper and gummies. This time of the year generally the fish are a bit smaller in size than the deeper areas but certainly a lot easier to fish as you can drop down to a 4oz or 6oz sinker. This area is also a very good area to take the kids as there is usually something to catch, even if it is undersize flathead, and keeps them occupied for ages. You will get pestered by small flathead, but I have seen plenty of size flathead return from this area this season. For the snapper and gummies hooks, baits and rigs are the same as the deeper water with just a change of sinker. One advantage though in this area is to be able to read your sounder as you can easily pick up schools of fish and with a bit of burley you can have a

Patricia ₍ Jamieson

Marriage Celebrant

Unique ceremonies for all life's celebrations

0412 339 795 patriciajamiesoncelebrant@gmail.com www.patriciajamieson.com.au successful days outing.

If you want to stay a bit closer to the Newhaven boat ramp or the wind is coming from the NW and you want somewhere calmer, head towards Cleeland Bight, west of the bridge. Stay to the correct side of the channel markers in the Bight as on your port side on the way down is a big sand bar. There are several places to fish in the bight and the edge of the sand bar can be very productive for flathead. Just anchor on the side of the channel and fish back to the sand bar. The whiting can be very good further west towards the two green channel markers fishing in about 3 to 4m of water but fish on the Woolamai beach side. You can also pick up some reasonable size pinkies and gummies on the edge of the channel. Another good spot for whiting is further towards the entrance where you will see a big sand hill and fishing only a few 100m from the beach is where you need to be in about 2.5 to 3m of water. Like the rest of the bay shallower water smaller sinkers, deeper water bigger sinkers and the rigs and baits remain the same. The bight is a very good place for calamari and you will need to be in about 2.5m of water from the sand hill to the public mooring buoys. Anglers use either a baited jig under a float or an artificial jig and both methods work. Like all lure fishing the colour of the jig will depend on the day but as a general rule natural coloured jigs work best with the better swimming more expensive ones much better. You need to take some caution in this area as it can get very busy with kayaks, jet skis and water skiers all trying to use the same area of water. Also be careful if you are anchoring along the channel as it is the main channel for the commercial boats which can put up a large wake as they go past. The last place to mention is offshore and it is a place you should only head if you are confident in your ability as things can change very quickly. There is some good fishing to be had offshore, but I would suggest you drop in and see us at the shop for all the information you will need as it is very different to in the bay.

vicroads.vic.gov.au

 Phillip Island Road

 Have your say

 VicRoads would like to thank everyone

 who provided feedback regarding safety

 and congestion along Phillip Island Road

 during the consultation period.

 We combined your feedback with important

 data such as traffic volumes, travel times

 and queue lengths to identify San Remo

and Surf Beach as the next priorities. New concepts have been designed to ease congestion and improve safety in these areas and we now want your feedback.

Please visit engage.vicroads.vic.gov.au to view concepts and participate in a short survey.

For further information email easternengagement@roads.vic.gov.au





FREEDOM ORGANICS FOOD FOR THOUGHT

THE ESSENTIAL SUMMER MIND AND BODY FIRST AID KIT USING ESSENTIAL OILS – NATURES POWER-HOUSE OF HEALING

From healing cuts, coughs and colds, boosting the immune system and helping you to relax, aromatherapy is the practice of using essential oils to benefit us mentally, emotionally and physically.

Some essential oils contain active constitutes that are antiseptic, anti-fungal and so on, these are used widely throughout the world and are a must in the first aid kit for topical healing. Aromatherapy uses highly concentrated extracts from certain varieties of trees, shrubs, herbs, grasses, roots and flowers. Different oils affect us in different ways to stimulate, sedate or enliven the body.

How aromatherapy works: As scents are inhaled, the smell travels across the olfactory nerves located inside the nose and then up into the part of the brain that controls our moods, our memories and our ability to learn. This area is called the limbic system and when stimulated it releases endorphins, neurotransmitters and other 'feel-good' chemicals. Essentially what this means is that smells have a subtle way of effecting your mind and emotions.

The more common oils are readily available, well known and multi-use. You could already have these in the cupboard;

Lavender – Assists with flu symptoms and respiratory congestion, tension, stress, insomnia, headache, skincare, dandruff treatment, sunburn, insect repellent and mixed with olive oil helps with bites and stings.

Eucalyptus - antiseptic, anti-inflammatory, antibacterial and antiviral properties and can be used to promote the healing of wounds. In diffusers it assists in relieving stress, insomnia, migraines and gives relief from colds, flu and cramps.

Tea Tree - A multi-purpose essential oil which has very powerful, anti-fungal, anti-bacterial and antiseptic properties.

Peppermint - Promotes blood circulation and is used topically for muscular pain, relieving nausea and headaches, as an antiinflammatory, an anti-viral and also to aid digestive disorders and irritable bowel syndrome. Inhaled and diffused for coughs, colds, bronchitis, sinusitis, migraines, nausea and nervous conditions, colds and flu.

Before you get started selecting your essential oils, you'll need to pick out a carrier to use with them. This oil will be the base you will use to dilute the other oils in your first aid kit. Choose from Jojoba Oil, Sweet Almond Oil, Olive Oil or Grapeseed Oil.

A good quality, safe diffuser is another method for using your essential oils.

Do not apply 100% pure essential oils directly to skin - Keep out of reach of children.

All good 100% pure ORGANIC essential oils will display User Guide / Precautions for each oil.

Some more oils we recommend to have at home and add to the holiday first aid kit:

ROSEMARY CERTIFIED ORGANIC ESSENTIAL OIL

Reduces allergic reactions and assists with colds, flu, sinusitis and muscular pain. Also it can be used to heal scars like acne scarring. Muscle relief, aches and pains – stimulates circulation & helps relieve muscle tension.

Hair care and dandruff control – rosemary treats scalp disorders and stimulates hair growth.

Alleviates cough and cold symptoms

Adrenal gland stimulation - rosemary has strong effects on the adrenal gland of the body providing energy.

Room freshener - controls mould (anti-parasitical, anti-fungal and antibacterial) and uplifts spirits.

Directions - Multipurpose Liquid (1ml/1ml) Massage: 4 drops to 10ml carrier oil, Bath: 5 drops, Diffuser : 9-10 drops. User Guide / Precautions - Rosemary essential oil has a stimulating effect on the body so care should be taken by epileptics.

GERANIUM CERTIFIED ORGANIC ESSENTIAL OIL

Great all round balancing effect on the skin (between oily & dry) and the hormone system (PMS), calming the mind and relieving stress. Additionally it has antiseptic and antifungal qualities, is an excellent remedy for treating burns and wounds, and is generally non-sensitizing and a non-irritant.

Anti-viral, anti-bacterial, anti-inflammatory, relaxing, decongestant, Anti-depressant, balancing and uplifting. Treats many women's issues; these include menstrual and menopausal problems, breast congestion, cellulite and fluid retention. Treats shingles, herpes, eczema, dry skin and athletes foot and is both moisturising and regenerative for skin conditions.

Directions - Multipurpose Liquid (1ml/1ml) Massage: 4 drops to 10ml carrier oil Bath: 5 drops in full drawn bath. Diffuser: 9-10 drops.

User Guide / Precautions - Always dilute geranium essential oil in a carrier oil or lotion base before applying to the skin.

GRAPEFRUIT CERTIFIED ORGANIC ESSENTIAL OIL

Grapefruit oil is known to boost the immune system, stimulate the lymphatic system (clearing the body of toxins) and stimulate the digestive system. It can combat muscle fatigue and stiffness as well as clearing up congested oily skin and acne. When vaporised it helps uplift the mood and reduce the effects of stress and depression.

It's renowned for fighting cellulite & treating the lymphatic system. Directions Multipurpose Liquid (1ml/1ml) Massage: 4 drops to 10ml carrier oil Bath: 5 drops in full drawn bath. Diffuser: 9-10 drops.

User Guide / Precautions -Non-toxic, non-irritating, nonsensitizing. However, it can irritate the skin if exposed to strong sunlight after use.

How to make Aromatherapy Roll-On Blends

The hardest part of this process is getting your ingredients together. Here's what you'll need:

Roller ball applicator - a dark coloured bottle is best

About 10ml of carrier oil – olive oil, jojoba, grapeseed or sweet almond will all work

10-12 drops of essential oils

A dropper or pipette makes measuring much easier.

Remove the roller ball from the top of the bottle. Add the appropriate number of drops of each essential oil. Fill the rest of the bottle with carrier oil. Reattach roller ball at the top. Shake well. Store in cool, dark place.

Freedom Organics San Remo has Mt Retour 100% Organic Essential oils, Carrier Oils and Empty roll on bottles available.

MURRAY ST BAZAAR (Sister Shop to Cowes Bazaar)

Weird, Wacky & Wonderful Antiques & Vintage

Worth a trip off the Island!

OPEN 6 DAYS, 9am - 5pm Open 7 days a week in January 1 MURRAY STREET, WONTHAGGI (Opposite Aldi)

Also incorporating

WOLF ON MURRAY

Fine food Cafe with great coffee

For more details contact Carolyn on 0447 609 169

Simonds Homes starting from as little as \$177,600



Simonds express range will have your home built in 18 weeks

6 plans to choose from with 4 facade options and a vast array of colour palettes

At Simonds we've used our near 70 years of building experience to create a special service for clients who want to get into their new home sooner, but don't want to compromise on quality, value, or choice. Welcome to Simonds Express, your way home in just 18 weeks.

- Up to 20 downlights
- 20mm stone to kitchen
- ▼ Render feature
- Upgraded 900mm upright cooker
- ▼ Dishwasher
- Upgraded brick selection
- Semi frameless shower screens

Please call **Brad Martindale** on **0438 889 929** or visit our office at **110 Graham St Wonthaggi** Display Home open weekends **11am to 5pm** at **2 Kembla Road Cowes**







The only way, my opinion, to see the really special sightings in Kruger is to spend time driving. Yes, taking your time driving to appreciate everything may well require longish trips, sometimes you won't see anything at all for hours.

You become frustrated. The heat is often oppressive and you'll find yourself questioning whether this was the right drive, but in the end Kruger Park always rewards the patient, the persistent and the observant.

It was on one of the narrow dirt roads to the west of Crocodile Bridge not long ago where it happened. What I will never forget is the poignancy of the sighting and how it touched everyone in the car that day.

It was in a wonderfully wooden section of the road where we met a herd of elephants with a number of small calves spanned out along the side of the road.

We sat quietly and watched them as they slowly moved from the one side of the road to the other. We noticed they were all standing in a group, in a clearing, sniffing the ground, then lifting their trunks and sniffing in the air.

I took my binoculars and looked more intently at what they were doing. Through the glasses I could see there were a number of old bones lying on the ground, and the elephants were all taking turns at smelling them.

One of the elephants picked up a large bone and carried it off a short distance, placing it down gently and continued to smell it while turning it over and over again with it's massive foot.

Il looked around for a skull, or something that would reveal what type of animal had died, but there was nothing.

We continued to watch the elephants and marvelled at the tenderness and apparent compassion they displayed to the grave of this dead animal.

That whole demeanour had changed from when we had first found them happily browsing on the side of the road. Some stood very still, not moving a muscle or a trunk- just like we would at the funeral of a departed friend. I still remember how one elephant lifted its trunk and caressed another elephant face. I swear it was removing a tear, but of course that's just the way they communicate.

Not a single elephant moved from that seemingly sacred spot for a long time. Finally, and only on instruction from a rumbling matriarch, they slowly began filing off into the bush. As we restarted the engine and left the scene, you could honestly sense the grief and sadness in the air.

Once again, Kruger had delivered in its unexpected and rich way. It had been an incredibly humbling experience, and it only reinforced our long - held belief that the great ones really do have feelings.

I hope Vibe readers after enjoying and recovering from the Christmas festivities can look forward to a rewarding new year maybe enriched in a small way by a few more of my tales of animals and the bush of Africa.



BJ's Mowing & Garden

Household lawns and larger
Green waste removal
Weed spraying

•Green waste removal •weed spraying

•Fully insured •Competitive rates FREE QUOTES



Call now 0414 463 395

Visit www.bjsmowing.com.au Prop BJ Dwyer



Souvlaki • Greek Packs • Roasts • Burgers • Wraps
•Kids & Family Packs • Schnitzels • Fish n Chips • Kids Menu
•Home Cooked Vegies & Fresh Salads

Shop 5/15 The Esplanade Cowes Open 7 days / Phone Orders Welcome **T: (03) 5952 3355**



A classic who-dunnit mystery from our esteemed off-shore crime writer, Leon Herbert

GOODBYE SANTA

Readers of the Vibe, and there are many, will no doubt lament the demise of their popular Santa on Christmas Eve at a nearby departmental store, but will be relieved to know their favourite sleuth reined in the culprit who will spend many soulful Christmases behind very high walls. Hopefully Santa's successor will live a longer life than the prior incumbent but like in the 2002 movie with that name and starring Tom Hanks, some riders on the road to perdition, even a Santa, can fall off their sleigh! But let's get back to our story and its denouement........... It was midnight on Christmas Eve when the maintenance staff of Caramba came to work in the deserted department store. When they arrived at the North Pole display, they discovered every child's worst nightmare, the lifeless body of Santa Claus. He was in a storage room, his head bashed in by the butt end of a .44 revolver.

Santa's off-duty name was Rudolph Pringle. "That's Rudolph's revolver," the manager informed the police. "He started carrying it after a six-year-old pulled a knife on him."

"Do you know anyone who would want to see Rudolph dead—besides the six-year-old?"

The manager cleared his throat. "Santa's been having a lot of fights with his elves. I know three elves who'd threatened to kill him and they are here."

Inspector Jack Flint of the Cowes constabulary was at the crime scene with his resident super sleuth friend Leroy.

Flint had the murder weapon bagged. Then, at the suggestion of Leroy, he placed it on the centre of the interview table, right where the suspects would be forced to look at it.

Leroy, wearing his most serious and menacing expression, proclaimed to each elf in turn in a low but calculating voice

"Rudolph Pringle has been murdered, what do you know about it?"

Joe Winters shivered and couldn't stop staring at the gun. "I know nothing. Some of the guys had trouble with Rudolph but he was always nice to me. I left the store at nine, right when it closed. I was too tired to change, so I wore my costume home.



No one said a word on the train."

"Rudolph was a pig," snarled Sam Petrie, the second elf. "If he pushed me too far, I wouldn't smash his head in. I'd sue. What's the use of a dead Santa when a live one can be made to pay?" Tony Contrario was the smallest elf. On hearing the news and the question, he burst into tears. "Last week, Rudolph started a fight. He said I was too slow bringing in the kids. He slapped me on the head and called me all sorts of names. But I didn't kill him. I swear on the holy sacrament ." He searched for a hankie then used his finger instead.

The inspector looked at Leroy with a puzzled expression as if to say "well how do we nail the bad guy." He whispered to his friend, "what now, there's some motive here but no evidence. Their stories seem credible."

Leroy was pensive and deep in thought but not for too long. With a satisfied smile on his face, which at times irked the inspector as he knew it to be usually a prelude to the solution of a crime, which clearly now had eluded the inspector, Leroy announced to his audience,

"Well, we have our killer. All I had to do was use a little psychology. Solving a crime often requires an insight into human behaviour and the workings of the mind. Apply some logic, attention to the spoken word, and often the solution stares you in the face."

"Well, get on with it then" growled the inspector trying to put an end to his friend's monologue. Leroy was clearly enjoying the moment. "We are waiting, as are our families, to enjoy some family time and sleep before the arrival of Xmas." Leroy smiled again but got serious and revealed the name.

Well, readers of the Vibe, have the festivities dented your powers of deduction

and detection? Who do think did the deed? Think carefully and maybe read the story again slowly. See page 26 for the solution.





Driveways / Paths / Patios / Steps / Garages / Crossovers Pattern & Stencil Paving / Plain & Coloured Concrete Exposed Aggregate / Bob Cat / Tip Truck Hire Excavator - 3 Tonne **newwaveconcreting@icloud.com**



COWES YOGA STUDIO Contemporary | Soulful | Dynamic







Summer Classes

Weekdays 6.30am | 8am | 9.30am 6.30pm | 7.45pm Weekends 9.30am | 5.15pm | 6.30pm

barefootpotential.com.au 0439 392 737 2 Hollydene Court, Cowes

54 Thompson Ave, Cowes

We welcome you to join us for Yoga in our stunning, boutique studio. Spaces are limited

and booking is required via our website or

phone call. *All Equipment Supplied*

\$20 Casual Class

For all your Buying & Selling needs contact our Award Winning Team today. Phillip Island Specialists





Additional Summer dates see website for details

WWW.WILDLIFECOASTCRUISES.COM.AU

Explore Phillip Island these holidays with a **4 PARKS PASS**





#PhillipIslandNP

@PhillipIslandNatureParks

See the best Phillip Island has to offer with a great value 4 Parks Pass.

Come and join our Rangers for some funtastic Summer activities as part of our FREE Wild Island Discoveries Holiday Program

Book now at www.penguins.org.au



phillipisland nature parks



We kn<mark>O</mark>w how to get you there.







PRESENT THIS VOUCHER FOR



Available at Autobarn Cowes only.

*% Off regular ticketed price. Store stock only. Not to be used in conjunction with any other offer. Excludes gift cards, GoPro, navigation, installation, advertised lines, in store specials & Opposite Lock ranged products. Orders must be paid at full time of purchase. Ends 31/01/2018

AUTOBARN COWES SHOP 1, 154-156 THOMPSON AVENUE





Phillip Island Historical News

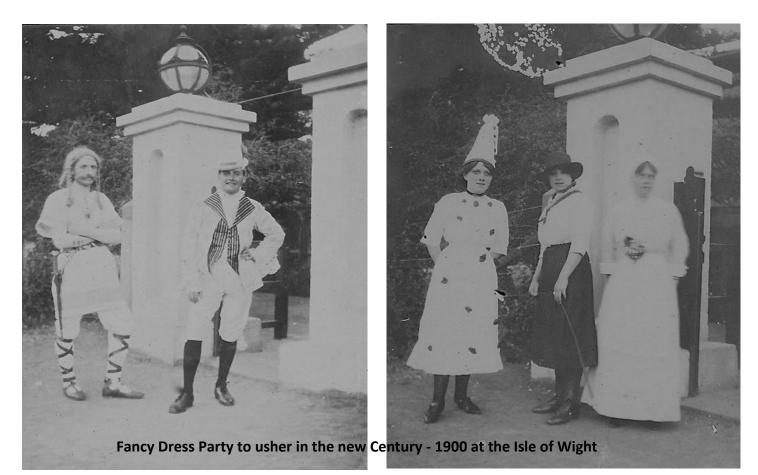
The following Weekly Times excerpt showcasing the 1935/1936 New Year's activities in Cowes aptly describes the annual festivity from the turn of the 20th Century to about 1939. What a wonderful way to spend the New Year celebrations, maybe we could reintroduce it???



'Fully 30 per cent of the visitors to the Island appeared in fancy dress on Monday night to usher in the New Year. The Esplanade and pier were a mass of colour, while the throng danced and sang and made merry until the evening boat arrived.

All the principal guesthouses and hotels then held dances and a dance in the public hall catered for those unprovided for elsewhere. Towards midnight the people flocked to the pier.

Fireworks, community singing and the wail of a saxophone passed the time until the leaf of the New Year was turned with the singing of Auld Lang Syne.'

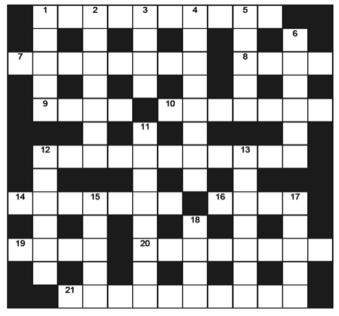


Phillip Island Historical News would like to thank all the supporters that follow our story telling that we share here in the Vibe, through our newspaper and facebook page or via our recorded show heard on Phillip Island Web Radio.

Looking forward to sharing more of our local history with you through 2018. Cheers, Tracey.

Brain Food

Find all the answers & solutions to Puzzles & Quizzes on page 26 (No peeking!)



Vibe Quick Crossword 96

Down

Unclear (5)

Skill (8)

Spanish sausage (7) A Muslim leader (4)

Glowing coal (5)

A type of wood (6)

Lounges around (7)

Bushwalker (5)

Tiny insect (4)

Cavern (5)

Overseas (6)

Exiles (8)

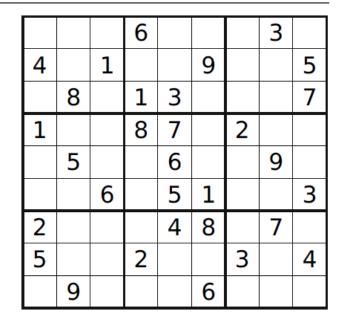
Across

| 1 | Immunised (10) | 1 |
|-----|--------------------|----|
| 7 | Uneducated (8) | 2 |
| 8 | Infant (4) | 3 |
| 9 | A way out (4) | 4 |
| 10 | Fame (7) | 5 |
| 12 | Put at risk (11) | 6 |
| 14 | Very old fashioned | 11 |
| (7) | | 12 |
| 16 | Region (4) | 13 |
| 19 | Bag (4) | 15 |
| 20 | Corridors (8) | 17 |
| 21 | Transgresses (10) | 18 |
| | | |



1. Who was the legendary Benedictine Monk who invented champagne? 2. Name the largest freshwater lake in the world. 3.

Where would you find the Sea of Tranquility? 4. What is someone who shoes horses called? 5. What kind of weapon is a falchion? 6. What is another word for lexicon? 7. Who invented the rabies vaccination? 8. What is the world's longest river? 9. Which kind of bulbs were once exchanged as a form of currency? 10. What colour jersey is worn by the winners of each stage of the Tour De France? 11. How many valves does a trumpet have? 12. In publishing, what does POD mean?



Vibe Sudoku 96

Each row, column and sub-box must have the numbers 1-9 occurring just once.

Who am I?

I was born in July 1938 in Fitzroy.

I was educated at St Joseph's Marist Brothers Roman Catholic college.

In my early years, I had thoughts of entering the priesthood.

My first radio appearance was as a schoolboy in 1952.

I have made regular appearances on a Saturday morning children's show.

My television career began at Melbourne's HSV-7.

I left HSV-7 and went to GTV-9 in early 1959.

I was appointed a Member of the Order of the British Empire in 1979 for my service to the performing arts.

In 12 June 2006, I was made a Member of the Order of Australia.

In 2001 I was awarded the Centenary Medal.

I was the first Melbourne born King of Moomba 1978.

In 2008, I was named Victorian of the Year.

I appeared on channel ten as a host of Good Morning Australia.

I returned to channel nine in early 2006.

On stage I have appeared in the Wizard of Oz.

In 1974, I married Patti McGrath.

I have a son and a daughter.

I am an Australian television personality

I am known for hosting television series such as In Melbourne Tonight.

I have hosted the Logie Awards on numerous occasions.

My first name begins with B.

My second name is the same as the person who discovered gravity.

Who am I?



People create when they come to the beach. I have photographed a myriad of fine creations on my walks over the years now and am so grateful to enjoy what you all have left to be admired and wondered about.

If you have been following my walks in The Vibe around Phillip Island you will have noticed that we have been methodically walking around Phillip Island. I started at my home beach Ventnor and with each new edition of The Vibe we have progressed around to Rhyll via the Nobbies, Pyramid Rock, Forrest Caves, Cape Woolamai, San Remo, Newhaven and Churchill Island (www.phillipislandvibe.com.au).

Which brings us to Cowes to start our next walk. The tide must be on its way out as this is a 15km round trip you will need 3 to 4 hours of beach to access all areas.

A hat and water is a must for this walk as it can be a long hot walk this one. If you start at Erehwon Point, find the path opposite the corner of the Waves Apartments; you will walk through Lover's Walk that is captured in many postcard scenes back in the day. Stay on the path and next is Dunsmore Rd , about 15 metres on the right over the road you will



INSURANCE & FINANCIAL SERVICES

Business & Trade Packs Farm, Livestock & Crops Hospitality Industry

Liability & Professional Indemnity

General Insurance

P: 1300 952 188 A: Level 1/82 Thompson Ave. Cowes

www.mclardymcshane.com.au

see a plaque around a tree to remember local female koala identity from the 1940's, Edward.

This walk is a calm beach walk and in nice weather the pools are warm and shallow. Soldier crabs are evident everywhere. Driftwood abounds, birds and wildlife are abundant and after rolling coves of endless beach you will reach the Rhyll Inlet on the National Park side. Incredible family beaches seem endless along this stretch and many Silverwater holidayers use these beaches as their backyards, with many a beach cricket being played. But then the National Parks take over and the scrub becomes dense and you feel like you are in a scene from shipwrecked (or was that just me?).

Take a picnic and play on this walk, it feels like an oasis the further you go.

Our next walk will complete this series of walks and I look forward to your company for the final submission. New Year's Resolution – Get out there and walk.



Couple in their 70's would love to provide a home to a small dog—would need to like cuddles, walks and lots of love.

Please ring Faye on 0400 036006 if you know of such a dog.

A1 Mowing and Handyman

"If it's broke - I'm the bloke" "Need something new? - I can build that too"

Leaky taps, fence repaired, gates swung, new screening on your deck, rubbish removal or

anything else

Call Bart on 0408 950570 Check out my work on Facebook A1 Mowing and Handyman Front cover image by local Photographer ~Renee de Bondt

All images available as prints facebook ~ Renee de Bondt Photography Instagram ~ @reneedebondt

RHYLL YACHT CLUB

Racing every Saturday afternoon throughout January "Come & Try" Day January 7 Learn to Sail Course January 20-21 Social cruise to Sandy Point on January 8 New members welcome.

Contact: Ross 0409 109 911 or Mal 0407 362 423



Opening Hours: Monday - Friday 8am-6pm Saturday 8am-3pm Closed Sundays

What's Cooking?

Simple, delicious recipes. No experience necessary.

Teriyaki Beef and Pak Choy stir fry



What you need:

500g Rump steak Cut into thin strips

1/4 Cup teriyaki marinade

- I teaspoon garliC
- 1 bunch Pak Choy
- 2 teaspoons olive oil
- 1 red onion, sliced
- 1 red CapsiCum, thinly sliced

What to do:

Combine the steak, teriyaki marinade and garlic in a bowl. Marinate for 10 minutes. Halve Pak Choy crossways to separate stems and leaves. Wash and dry. Cut stems crossways into 1cm slices. Roughly shred the leaves. Heat 1 tsp of oil in a wok or pan over medium heat. Stir fry one quarter of the beef for 2 mins until well browned. Transfer to a bowl. Repeat in 3 batches with remaining oil and beef.

Heat remaining oil in a work over medium to high heat. Stir fry onion for 1 minute. Add Capsicum and Pak Choy stems and stir fry for 2 minutes or until just tender. Return beef to wok and add Pak Choy leaves. Toss to heat through and just wilt the leaves. Serve with rice.



COASTAL LIVING REDEFINED



Inspired by the timeless elegance of the Hamptons in Long Island New York, the Bayville is Metricon's newest edition to it's premium Signature by Metricon collection.



To hear more about the Bayville, or learn how we can help you love where you live, visit our stunning display at Whytesands Estate, Ventnor Road, Cowes. Open Monday to Friday 12pm – 5pm, Saturday & Sunday 11am – 5pm 1300 METRICON metricon.com.au



COMMUNITY TAKES HOODED PLOVERS UNDER THEIR WING



The future of Phillip Island's threatened Hooded Plovers is looking up, with a positive start to this year's breeding season. Up until mid-December there have been 16 chicks recorded on our beaches out of a total of 19 nests, which is the second highest number of chicks ever recorded to this period.

"The successful outcomes that we are seeing with the Hooded Plover population here on Phillip Island are due in large part to the Nature Parks and the local community working together," said Jessica McKelson, Phillip Island Nature Parks' Conservation Manager.

"Our Rangers have been protecting the hoodies on the island's beaches for several years now and have achieved excellent results, but it is no coincidence that we have enjoyed some of our greatest successes since the community has really come on board and taken this threatened species under their wing."

Hooded Plover chicks are extremely vulnerable as their nests lay in the sand dunes, and as soon as they hatch they must travel long stretches of beach in search of food and also to get to the water to remain hydrated. The parents do their best to distract predators for the 35 days it takes for the chicks to fly, but we can also play a huge role in protecting these birds until they fledge, or leave the nest.

The Nature Parks has been actively managing threats to the Hooded Plovers through a range of measures including monitoring, creation of nest refuges, and the island-wide eradication of foxes which has benefitted so many animal species.

DEBBZ GRIME TO SHINE CLEANING

Weekly or fortnighly cleans and spring cleans Specialising in end of lease, exit cleans and holiday cleans

FULLY INSURED

0438 171361

ABN 19865174864

"We established the Hooded Plover Watch in 1998, and these local volunteer wardens spend time not only monitoring the birds but also educating other community members and visitors, giving them some simple, key actions we can all adopt such as: Stay out of sand dunes and where possible, walk close to the water's edge, and keep clear of nest areas." "One of the most important rules is having no dogs on the beach unless signed, especially during summer when dogs are only allowed on designated beaches in the early morning and evening. If on a beach where dogs are allowed, please keep them on a leash at all times, with the exception of any designated, seasonal off leash areas."

The Hooded Plover population has increased from a low of 21 in 2001 to around 50 today, with a total of 13 chicks fledging on Phillip Island last year. This number is well above the average and also above the target of 8 fledglings per year which is the minimum required to maintain this population increase.

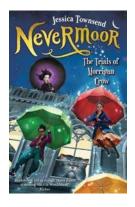
"It is vital that our local community continues to lead by example, acting responsibly on our beaches so that our visitors also have the opportunity to play their part. Working together, we can achieve great results for this threatened species which is in decline in many other coastal areas." concluded Jessica.

If you are interested in becoming a member of Hooded Plover Watch please contact the Nature Parks' Volunteer Coordinator at volunteers@penguins.org.au.





Book Reviews



"Nevermoor: The Trials of Morrigan Crow" by Jessica Townsend RRP \$16.99

Morrigan Crow is cursed. Born on an unlucky day, she is blamed for all local misfortunes, from hailstorms to heart attacks - and, worst of all, the curse means that Morrigan is doomed to die at midnight on Eventide. But as Morrigan awaits her fate, a strange and remarkable man named Jupiter North appears.

Chased by black-smoke hounds and shadowy hunters on horseback, he whisks her away into the safety of a secret, magical city called Nevermoor. It's there that Morrigan discovers Jupiter has chosen her to contend for a place in the city's most prestigious organisation: the Wundrous Society. In order to join, she must compete in four difficult and dangerous trials against hundreds of other children, each boasting an extraordinary talent that sets them apart. Except for Morrigan, who doesn't seem to have any special talent at all.

To stay in the safety of Nevermoor for good, Morrigan will need to find a way to pass the tests - or she'll have to leave the city to confront her deadly fate.

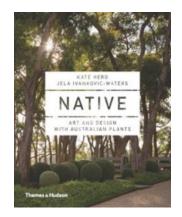
Praise for Nevermoor: The Trials of Morrigan Crow:

'Unexpected, exciting and funny. Like Alice in Wonderland, Harry Potter and Doctor Who swirled up together. I loved Morrigan Crow, and I want to check in at the Hotel Deucalion.' - Judith Rossell, ABIA Award-winning author of Withering-by-Sea.



By Turn The Page Bookstore,

40A Thompson Avenue, Cowes



"Native" by Kate Herd & Jela Ivankovic-Waters RRP \$49.99

Native offers planting palettes and design themes, gardening techniques and inspiration for an original and exciting perspective on the very best of Australian local flora.

When Kate Herd started experimenting with how she pruned and trained the native plants in her riverside garden in Melbourne, she made some amazing discoveries. A eucalyptus shrub she had cut right back to the ground reappeared as the most beautiful sprawling ground cover. Westringia was shaped to impersonate perfect English Box balls. And she found that Tasmanian beech trees could grow as a copse in small city courtyards.

Jela had similar experiences in her own garden design practice and together Kate and Jela have explored the unique beauty and resilience of Australia's native plants. Known for their absolute versatility and hardiness in the garden, native plants also offer up original forms for cut flowers and sculpture.

Garden designers Fiona Brockhoff and Sue Barnsley, Sculptor Tracey Deep and Artist Janet Lawrence all share their own love of Australian plants and how they incorporate them into their work. Chapters cover topics such as: Feature Foliage, Sculptural Forms, Pliability, Shady Spaces and Flowering Meadows.

Security Doors & Fly Screens The Island's Best Quality at the Lowest Price, Guaranteed... - Custom Made & Locally Repaired -LOCKSMITH - 5952 5552 "Proudly Securing the Island Community Since 1996"

www.phillipislandonline.com

New activity "Fly boarding" to hit the beaches of **Phillip Island**

Phillip island is well known for its beautiful nature parks and wildlife, and therefore is a big tourist hotspot with a lot of things to do. The only thing really missing for tourist that come during the summer months was an adrenaline fuelled experience.

That's why Matt & Tino, owners of Phillip Island Fly boarding decided to bring this activity to the shores of Phillip Island. Matt & Tino are both experienced with water sport activities, and want for people to really enjoy the experience and create a lasting memory.

"Matt says" Phillip Island is getting more attractive for tourist each year, and we want to offer a thrilling experience for the ones that are looking for a bit more action on the Island"

After a lengthy process of permit applications and safety regulations, they have found a spot at the Anderson Boat ramp in Cowes, next to the Boat Ramp café where the water levels are deep enough for this activity.

What is Fly boarding? Fly boarding can be described as a combination of Snowboarding, Kitesurfing and Flying. What happens is you get on a board with snowboard style boots, strap yourself in, go out into the water, a hose is connected to a Jet ski with an instructor that controls the propulsion coming from underneath the board. With the power of the hydro jets they can lift anyone out of the water, and you'll be hovering within a couple of minutes. 60% of people say that if they could choose any superpower it would be to fly.

Well, now you can practise being a real superhero at Phillip Island. This activity is for people of ages 14 till 65,

all the safety equipment is provided by PI-Flyboard, like wetsuits, helmets, Lifejackets even sunscreen. Even when you fall, what everyone does the water is always there to catch you.

They operate during weekends from 21 October till end of April, and also open during holidays, you can always book in advance or come in during the day, but there is no guarantee that there will be a spot left.

This activity might seem extreme and difficult, but we have seen young and old people, make it look easy. The fact is, if you can lock your knees and wiggle your toes you can Fly board.

Most people have seen this activity abroad, or on YouTube and now you can fly yourself.

Gift options are also available on their website, www.piflyboard.com We for one, are looking forward seeing people fly across the water.





friends, we have a great range of products to cater for them all







Relaxed meeting place for adults over 18

Casual dining, try our cocktails and quality wines on tap!

Open 7 days noon til late

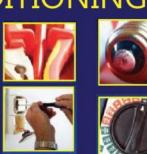
225 Thompson Avenue, Cowes

JACKSON ELECTRICAL & AIR CONDITIONING

www.pirsl.com.au

- Reliable & fully insured
- Split system installers
- All types of electrical services
 Air conditioning sales and service
 Hot water systems
 Ovens and cooktops
- TV Antenna & data
- Free quotes

CALL MICHAEAL 0427 633667 CAPE WOOLAMAI REC 17893 LIC. 48834







Authorised & Edited by Brian Haynter MF 9 McBride Avenue Wonthager 3995. Tel 03 5672 4755 Email: brian:paynter@parliament.vic.gov.au.www.brianpaynte inded form Parliament's Electorate Office and Communications Budget



EXCITING NEW MENU

HOURS: Tues - Frid 5pm-late Sat - Sun noon-late

143 Marine Parade, San Remo

56 785020

FAMILY GLAMPING WEEKENDS ON CHURCHILL ISLAND

Looking for something to do with the family during the summer holidays? Love the idea of camping out under the stars and getting back to nature, but not sure about the whole 'roughing it' concept?

The new glamping weekends on Churchill Island may offer the perfect solution to let you create some wonderful family moments and memories in the great outdoors.

Imagine sitting by the evening campfire as it crackles and hisses gently, the smoke swirling upwards on a light breeze that carries a hint of the sea and the unmistakeable aroma of damper as it cooks. The outer layer on the marshmallow you've been toasting is just crusty enough to stop the gooey centre oozing out so you pop it in your mouth; and it is perfect.

You look over at the cosy and private tent village set in the beautiful and historic grounds of Churchill Island Heritage Farm and you think how great it is that all the hard work has been done for you. Your luxury bell tent boasts super comfortable air mattresses adorned with thick doonas and soft pillows, and extra creature comforts like a bedside lamp, bath towels, a radio and even a deck of cards.

The day one experience includes a virtual journey to the world's most remote continent as you explore the giant screens and augmented reality experience at the WWF Antarctic Journey. Enjoy your Aussie BBQ dinner at the Nobbies then take the short drive to the Penguin Parade to experience the magic of the little penguins waddling across the beach. Return to Churchill Island and gather around the campfire to cook damper, toast marshmallows and exchange stories before turning in for a restful night's sleep.

Day two begins with a cooked breakfast and a few simple farm chores like helping to feed the animals. Once the work is done and you've packed up your gear, head off to visit the koalas and see them up close from the treetop boardwalks. Explore the woodland walking trails, looking out for wallabies and echidna and one of the 40 species of birds that call these woodlands home.

Glamping experiences on Churchill Island operate on scheduled dates from January through to May, with a range of different activities and inclusions, so stay tuned for further dates and glamping themes including Survival & Bushcraft and Pamper weekends. Private groups available on request.

The Family Glamping experience includes:

- Family 4 Parks Pass – Penguin Parade, Antarctic Journey, Koala Conservation Centre, Churchill Island Heritage Farm with activities as listed:

- Luxury bell tent with air mattress, linens and inclusions as listed

- Dinner and Breakfast

Dates: 13 – 14 January 2018 and 17 – 18 February 2018 Bookings essential: to book or for more information email Jade at jcranton@penguins.org.au or call on 5951 2802.

SWIM SAFE THIS SUMMER

Life Saving Victoria and Bass Coast Shire Council are urging beach-goers to swim between the red and yellow flags this summer.

Following last years 'Don't risk the rip' campaign, Bass Coast Mayor, Cr Pamela Rothfield, explained that we all need to be diligent regardless of whether we are locals or visitors, strong swimmers or weak swimmers, anyone can get caught in a rip and get into danger.

"We had many tragedies on beaches in Bass Coast over the past years, and we don't want to see any more lives lost," Cr Rothfield said.

"I can't emphasise strongly enough how important it is to never swim in dangerous conditions, no matter how strong a swimmer you may be, and to always have someone looking out for you – never swim in the ocean alone."

"If in doubt, ask a surf lifesaver about an alternative place to swim and, where possible, swim at a patrolled beach between the red and yellow flags."

Lifeguards will be on duty every day from 10.00am to 6.00pm at Inverloch, Smiths Beach, Cowes and Cape Woolamai from Boxing Day. In addition, volunteer lifesaving patrols will operate each weekend and public holiday from December 2017 to 15 April 2018 at these beaches as well as Cape Paterson Bay Beach and First Surf.



Copyright © 2018 Phillip Island Vibe This work is copyright. Apart from any use permitted under the Copyright Act 1968, no part may be reproduced by any process, nor may any other exclusive right be exercised, without the permission of Phillip Island Vibe, PO Box 239, Cowes. Vic 3922. phillipislandvibe@outlook.com. ABN: 609444475



Surf Lifesaving's Beachsafe website https://beachsafe.org.au/ provides expert advice on beach safety and beach conditions to help you find the right beach.



Cleaning Services

Exit Cleans
 Spring Cleans
 Permanent Homes
 Rental Properties
 Linen
 Businesses
 Offices
 Caretaking Duties

Property Maintenance

• Lawn Mowing • Garden Maintenance

Rubbish Removal
 Gutter Cleaning
 Handyman Work
 Painting

Odd Jobs & More By Request!

Call Mel on M: 0421 715 945

E: pulsepropertymaintenance@y7mail.com



If you're a not for profit club or organisation, you can list your meeting times and contact details here free of charge. If you're not listed and would like to be email us at: phillipislandvibe@outlook.com

Red Cross, Phillip Island Branch meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Ron Hateley 59522549 or Averil Roberts 59522602.

Phillip Island Lions Club Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: Steve Munro 59526461

Phillip Island Bicycle Users Group Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ruth Scott 59566567 or Ron Hately 59522549.

Phillip Island Bridge Club duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400815353.

Phillip Island Girl Guides Multi age group from 5 years, Thursdays 5-6.30pm. More info contact Sue Viney sviney@guidesvic.org.au

Phillip Island Senior Citizens Club Carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Frid 12noon 3 course lunch \$15. Island Celebration Centre Hall for hire. 59522973 for more information.

Phillip Island World Vision Club 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members very welcome. Call Thelma 56785549.

Phillip Island Community & Learning Centre (PICAL) recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, www.pical.org.au or pop in at 56-58 Church St Cowes.

The Probus Club of San Remo 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Bob Andrews 0437526757 or probussanremo@gmail.com

Rotary Club of Phillip Island & San Remo "Fundraising for our community". New members welcome. Phone Keith Gregory 0439020996.

Lions Club of San Remo & Newhaven 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Secretary Andrew Page 0410 785081, 56780162 or sanremo.newhavenlions@gmail.com **Men's Shed** meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438808428 or 59526955.

Phillip Island TOWN Club Weight Loss Group Thurs 9-11.00am, Ryhll Hall. Joining fee \$48, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414709066

Phillip Island Croquet Club new members welcome. Contact Ken 59568803 or David 0412485913 or just come along to our club Frid 10am Blue Gum Reserve Dunsmore Rd, Cowes.

The National Vietnam Veterans Museum needs volunteers to assist with cataloguing and conserving the collection, maintenance and building projects and office work. Contact Lyn Duguid or Liz Fincher, 59566400.

Islander Day Club every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises guest speakers and outings. Transport can be arranged if necessary. For more info: Kaye Cannin 59522097.

The Probus Club of Phillip Island Inc meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info Chris Cannin 59522097 or Ash Rizvi 59521604.

Euchre at the RSL Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Dorothy Young 59521532.

Phillip Island Camera Club meets 1st Mon of month, Heritage Centre meeting room, 1.30-4pm. Contact Sue Brereton 0408136717 or phillipislandccaspi@gmail.com

Country Women's Association, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

Phillip Island Swim Club must be competent in 3 out of 4 strokes looking to extend skills with qualified coaches Swimclub@waterfront.net.au

Phillip Island & District Genealogical Society discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418178343 or piadgs@gmail.com

Phillip Island Adult Riding Club Social & HRCAV horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435552518 or email enquiries.piarc@gmail.com.

Wildlife Rescue Phillip Island, Rehabilitation, care, rescue & transport of all wildlife on the Island & surrounding areas. Kaylene 0412258396 or Colleen 0409428162.

Phillip Island Squares (square dancing) Thursdays 7.30-10pm Bass Valley Community Hall, Bass School Rd, Bass, Contact Carol 59525875.

Phillip Island Day View Club proudly supporting The Smith Family, Feb-Dec, 4th Monday of month, 11am, Ramada Resort, Cowes. Bookings essential. New members welcome. For information contact Irene 59523447.

Phillip Island & District Historical Society. Cowes Heritage Centre, contact Secretary Christine Grayden 5956 501. Check out our History on pidhs.org.au.

Phillip Island Library, free wifi and kids programs, Story time every Tues 11-11.30, Baby Rhyme time every Thursd 10.30-11am, Lego Club every Tues 4-5pm. www.wgrlc.vic.gov.au or call 59522842.

Friends of the Library book chat 1st Wed of every month at 2pm, Feb-Nov. Phillip Island Library. Friends of Library meeting 10.30am, 3rd Sat of every month. New members welcome. Call Celia 59521901.

South Coast Speakers Toastmasters meets every 2nd and 4th Wed of month, 7.30pm at San Remo Hotel. Develop oral communication and leadership skills. More information Brigitte Linder 0421 812691

San Remo Bowls Club Summer rollup in Mufti every Wednesday afternoon starting at 12.30pm. New members and visitors will be made most welcome1a Wynne Road, San Remo. For further information please contact Robyn on 0411 549 380 or Tony 0474 205 369.

Phillip Island Patchworkers Newhaven Hall: Mon, 7.30pm, Cowes Cultural Centre: 89 Thompson Ave last Tues of month, 10.30am, Cape Info Centre, Newhaven: 1st Tues of month 10.30am. Contact: Michelle 0418356478.

Newhaven Indoor Bowling Club meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Ag group 60-90 years. Call Dagmar 59566965.

" Bee Crafty" New Community Craft Group is meeting every 2nd & 4th Wednesday of the month at St Phillips Church
Hall Thompson Avenue Cowes (opposite Coles) All are welcome. For further details Desma Maxworth 0409 136 620 **Parkrun** - free 5km timed run/walk for all abilities. Saturdays 7:45
Churchill Island (www.parkrun.com.au/phillipisland/)

Barb Martin Bushbank, next to Koala Conservation Centre. Only Indigenous plant nursery on the island. Open 9.30 to 3.30 Wed/ Thurs and the first Sat of the month. Phone 0407 348807

Phillip Island University of the Third Age (U3A) provides learning and social activities such as choir, creative writing, stagecraft, Spanish, canasta and many more. For retirees and semi-retirees. Most activities are ran at 56-58 Church Street, Cowes. For further info call 5952 1131 or 5952 6461

MS Community Visitors Scheme in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email volunteer@ms.org.au

Phillip Island Community Meal operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St and Warley Ave, Cowes. Facebook @cowescommunitymeal

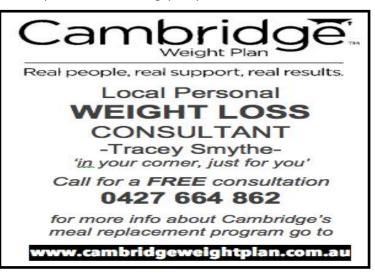
Woolshed Spinners meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact John Stott 5952 3477.

Bass Coast Strollers Inc. Walks every Monday; generally 8-12km and graded Easy or Easy-Medium; bush tracks to coastal paths to town walks; a shorter 4km walk option is often offered. \$35 subs. Contact Liz 5678 0346, Chris 0400 346 078,

info@basscoaststrollers.org

First Friday Philosophy. Series of lunch time discussions of some big intellectual questions. Normally first Friday of each month. Resuming March 2018. Harry's on the Esplanade.\$35 includes lunch. Book or enquire by emailing gurdies@australiaonline.net.au

Paul's Table Community Café open every Saturday and Sunday 10am -2pm, Bass Hall, serving quality food and coffee.



Community Markets

Churchill Island Farmers' Market: Usual 4th Sat of month with additional markets on Jan 6, 13 and 20. 8am-1pm. Churchill Island Nature Park

The Cowes Night Market 2018 Dates: January 13 & 27, February 17, March 10 & 31. All 5-9pm at Erehwon Pt, Cowes

Cowes Island Craft Market 2nd Sat of month with Make, Bake and Grow theme, more than 60 exhibitors, Phillips Parish Hall grounds, Thompson Ave, Cowes.

Market on Chapel 4th Sat of month Uniting Church Cnr Chapel St & Warley Ave, Cowes.

Phillip Island Lions Club Steptoe's Emporium Bric a Brac, 2nd hand furniture. Sat/Sun, 10am-1pm.

Grantville Market 4th Sunday of month, 8am-2pm, 100 plus stalls, Grantville Recreation Reserve, weather permitting

The Combined Churches of Phillip Island

Phillip Island Baptist Church

Cnr Settelement & Dunsmore Rds, Cowes. Worship time: 10am Sunday. Good Friday and Christmas day at 9am Ph 59523408 Website: islandbaptist.org.au Facebook @phillipislandbaptistchurch

St John's Uniting Church

Cnr Chapel St and Warley Ave, Cowes. Worship time: 10am Sunday. Good Friday and Christmas day at 9am Ph 59522083 Website: cowesunitingchurch.org.au

Facebook @cowescommunitymeal

St Philip's Anglican Church

Cnr ThompsonAve and Church St, Cowes. Sunday Worship: St Philip's, Cowes 9am, St Augustine's, San Remo 10.30am and St Paul's, Bass 12.30pm. Ph 59522608 Website: anglicanparishbassphillipisland.com

Hope Church

At Newhaven Primary School, 12-22 School Avenue, Newhaven. Worship time: 3.30pm Sunday Website: islandhopechurch.com PO Box 348, Cowes. 3922.

St Mary's Catholic Church

6 Rhyll Rd, Cowes. Mass at Cowes Sunday 9am, St Mary's Star of the Sea, San Remo Saturday 6pm, St Joseph's Bass Sunday 11am Ph 59425418

Sponsored by The White Tutu Beyond Dance proudly supporting beyondblue

Join us at the Cowes Cultural Centre from 10am on Sat 27 January 2018 to enjoy a full day of dance entertainment in Student Choreography and Special Displays



Entry by donation: \$10 adults & gold coin for children incl. unlimited audience attendance



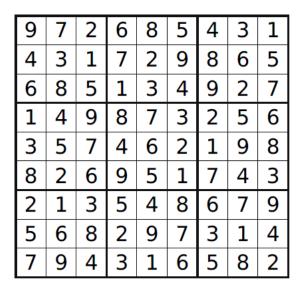
Enq. 0409 232 981 Performer bookings via trybooking, facebook or beyonddance.com.au

Images by Jodie Harlow Photography

Puzzle Solutions



Vibe Crossword Solution 96



Vibe Sudoku Solution 96

Quiz Solution 96 1. Dom Perignon 2. Lake Superior 3. The Moon 4. A farrier 5. A sword 6. Dictionary 7. Louis Pasteur 8. Amazon 9. tulips 10. Yellow 11. Three 12. Print on Demand Who am I solution? Bert Newton

Who Dunnit Solution

Sam Petrie is the killer.

By leaving the gun on the table, Leroy had caused the inspector to make the unspoken implication that Rudolph had been shot. And yet in Sam's statement, he mentioned the fact that Rudolph had been hit. The only way Sam could have known that was if he had done it himself.

Sam confessed. After work on Christmas Eve, Sam stayed behind to turn in his elf costume and pick up his pay check. He and Rudolph got into one last argument. Rudolph threatened Sam and pulled a gun. In a fit of rage, Sam tore the gun from Rudolph's hand and bashed him over the head.



Alex Scott and Staff have embraced our regional communities for more than 130 years and we're especially proud of building enduring relationships and contributing to the success of our region during this time. We're part of supporting and enhancing individual, family and community success. This Summer we invite you to put your trust in our classic good service when it comes to all things related to real estate in our community and "put another shrimp on the barbie" from us at Alex Scott and Staff.

Melbourne (03) 9526 8611 **Inverloch** (03) 5674 1111

Berwick (03) 9707 2000

Grantville (03) 5678 8433 Korumburra (03) 5655 1133

Lang Lang (03) 5997 5599 Leongatha (03) 5662 0922

Pakenham (03) 5941 1111

Phillip Island (03) 5952 2633 Venus Bay (03) 5663 7111

Warragul (03) 5623 4744

Wonthaggi (03) 5672 1911





ALEXSCOTT.COM.AU



24 hour care to our community

After Hours Clinic 5951 1800

Open 7 days

Public Holidays

After Hours

This is an After Hours Clinic, charges may apply

MONDAY – FRIDAY 6pm – 10pm

> SATURDAY 4pm-10pm

SUNDAY 10am – 12noon/4pm – 10pm

For Assistance outside these times, please call 5951 1800 to access Medical & Aged Care Groups Doctor Triage service to speak with a doctor

After Hours emergency medicine bulk billed MEDICARE CARD REQUIRED



_ 28

*Cowes Medical Centre After Hours - Funded by Commonealth, State Governments in conjunction with Medical & Aged Care Group PTY Ltd