

Free

PHILLIP ISLAND VIBE

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Cape Barren Geese with their babies. They're now famous for their appearance on the Phillip Island Nature Parks livestream of the penguin parade when they showed how seriously they take the job of protecting their young. They're a cute sight around the island at this time of year. Thanks to Anne Rizio for sending this lovely photo to us.

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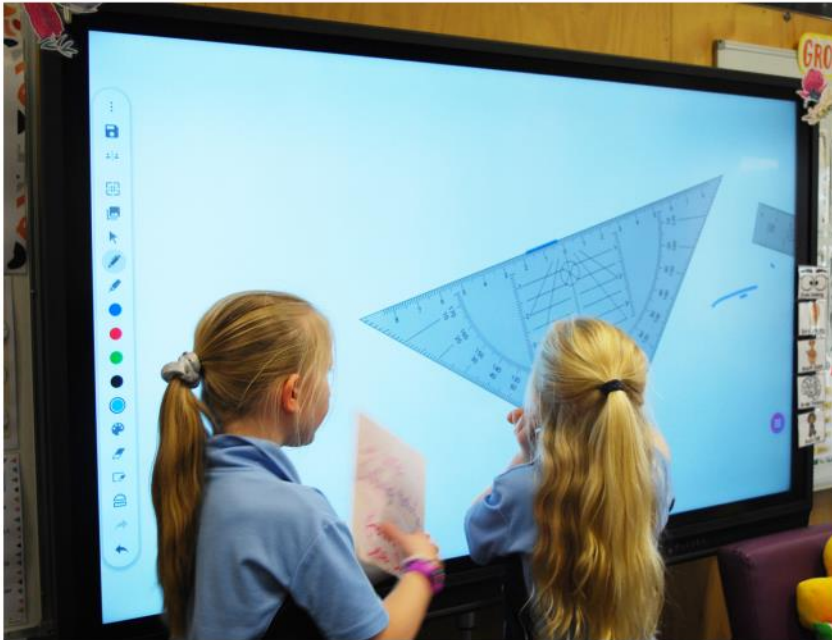


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Certain colour combinations can be very striking. Graphic, Fashion and Interior Designers are very aware of this and use it to their advantage.

Looking at the colour wheel, colours that are opposite each other are said to be 'Complimentary' colours.

Have you noticed Blue and Yellow/Orange colour schemes in advertising? It is done purposefully to create appealing eye catching adverts.

So now when you take your camera out, look for scenes that incorporate complimentary colours to create striking compositions. Colour combinations like red and green, violet and yellow or blue and orange are some examples.



*Mildura
Morning by
Gary Parnell*



If you found this article of interest and would like to find out more go to www.phillipislandcameraclub.com.au/contact/
Or for more information on Phillip Island Camera Club phone Susan on 0408 136 717.

Ref: 20 Composition Techniques That Will Improve Your Photos by Barry O'Carroll

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Authorised by Ron Bauer 324 Lt Collins Street Melbourne 3000

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Julianne assists small to medium business owners to work smarter through the delivery of accurate bookkeeping services, timely management reporting, compliant statutory returns, set-up and migration of accounting and office software, plus gives you comprehensive support with cash flow and debt management.

Payroll is also an area of bookkeeping that can be very time-consuming and overwhelming for most small business owners. With complex compliance laws, ever-changing penalties requiring continuous education, it's no wonder it can be the downfall of an otherwise successful business.

Small businesses have always been the backbone of our country and Julianne at First Class Accounts Phillip Island is committed to working with her clients to strengthen their financial position and help keep their business accounts up-to-date and compliant as we all adapt and move forward. High standards of bookkeeping are essential and aids in the success of any business – large or small.

If you'd like to see your business achieve sustainable growth - don't go it alone - call Julianne Lagler on 0488 900 299 to set up an obligation-free chat.

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Will Butcher Boys harm my plants?

By Ian Burns

I got asked this week "Will butcher boys (slaters) harm my plants?" And the answer is, generally no. They love humid conditions, with moist rotting vegetation. However when the conditions are right they can breed into troublesome numbers whereby their normal food supply becomes short. That's when they will attack your young seedlings. Ear wigs are a similar threat. Under normal circumstances, they feed on the same things butcher boys love. Again, when this food source is scarce, and they are in numbers of hundreds, perhaps thousands, they can devastate your seedlings. Garden lime and wood ash deter them both. First find out where they are coming from, under your pile of bricks or under the old wood pile and attack them at their source. Harlequin bugs, those orange and black bugs you often see joined together, are another matter. They feed on your plants. Today you see two, tomorrow twenty, twenty turns into two hundred! They breed very quickly. A good pyrethrum spray knocks them dead in their tracks. Be careful with this spray because it also kills bees, flies and wasps, all the good pollinators you want to save. Bees love the colour purple for some reason. So planting a lavender or a bush of rosemary near your vegie garden will attract bees to this area and assist in your vegies being more successful. Finally, when you have your tomato seedlings in, you want them protected from the wind and all the nasty bugs, particularly snails and slugs. Some of the major hardware stores now stock a clear plastic dome, comes complete with pegs and breather/watering holes in the top. I bought mine for 50c each, a real bargain as they work brilliantly.



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Mikheala Barlow for Island Ward 2020

Bass Coast Shire Election, October 23, 2020

Are you sick of Covid-19 yet? So am I.

While we're all staying home, keeping social distancing, rules and watching Netflix, our tourism and hospitality sectors are literally dying around us. The fear of watching your business fail or your job disappear permanently is as real as the fear of infection by the virus but much harder to prevent. Council needs to treat this dual crisis with the urgency it deserves.

Council needs a Plan for Economic Recovery.

It doesn't have one.

Fortunately, I do have a plan - quite a few actually - outlined in detail on my website,

www.blueskyfutureresearch.com

Here are a few you'll find there:

- Post-Pandemic Economic Recovery Plan
- Climate change and a real commitment to zero-carbon 2030
- Coastal Erosion Management
- When should replace the Cultural Centre?
- What to do with the site opposite the Grand Prix Track - Carbon sink?
- Bicycle Park?
- Repairing and upgrading our bike path network



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JOURNALING YOUR WAY

It's the new trendy thing but it's not a new concept. Journaling has been around for centuries. Anyone who has a thought they wanted to preserve, journaled. Explorers. Queens. Writers. Teachers. Poets. Comedians. Lawyers. Parents. Activists. Students. Lovers. The list goes on and on.

Nowadays it's not just a notes on paper thing. Digital journals are becoming more popular.

And for those of you who don't think you can write, how about speaking into a transcriber app or using the voice memos on your phone.

Journalling has been romanticised as just for young lovers writing mushy prose about their beloved. But it has a powerful effect when you dive into a thought or feeling or situation, and discover something profound about yourself. Transformation happens when the unconscious becomes conscious.

And there are many ways to journal.

It could be intuitive prose that flows from the pen (or finger) like water from a glistening waterfall.

It could be automatic writing to explore the feelings on a

particular topic.

It could be creative fiction writing to play out a scene wished for in real life, to see how you feel.

It could be rhyming poetry that is fun and light and lifts the mood. Or dark and twisty for delicious relief.

It could be "I feel" statements ... that give your unconscious Self a chance to express itself.

It could be the lyrics of a song, with music to match, to find a deeper level of connection.

It could be a 'word map' ... a collection of words that describe a situation or dream or feeling.

It could be a collage of words cut out from magazines to create a vision board.

It could be drawing coloured swirls and symbols that represent feelings or people or experiences.

Whatever way you are guided to journal is perfect.

Do it your way. Be your own way finder.

It's your life and your journal, after all.

NEWS FLASH!

My latest project is a Spiritual Journal with 11 other collaborators. We have come together to offer 12 different ways to journal, so you can find the way(s) that suit you.

ENJOY A FULL YEAR OF UNIQUE JOURNALING EXPERIENCES!

Every month is written and designed by a highly inspirational and influential leader in the spiritual space.

They have each crafted their unique way of journaling for you to explore and learn in ways you never have before.

What's in it? Well there is Numerology, Archetypes, Angels, Mindfulness, Mediumship, Ancestral Healing and lots more.

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The Spiritual Journal will be available on 23rd October, 2020.

I look forward to meeting you soon.

Blessings

Pip x

You can contact Pip at <http://www.pipcoleman.com> or email: pipcoleman@yahoo.com.au

Pip Coleman

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Fishy Tales with Craig Edmonds from Jim's Bait and Tackle

Another September down and it was the most unusual we have had in the time we have been in the shop. Corona Virus restrictions have caused different times around the island and while we are starting to see a way out it's going to be a long time before it is near normal. Businesses around the area are doing all they can to survive, many limited in what they can do and while the support from locals is brilliant and has gotten them to this point, it's the influx of visitors we are all waiting and hoping for to be able to be open this time next year. We have been fortunate that everybody has been doing the right thing and Bass Coast has had very low numbers so some trade has been possible and I guess the advantage of living and working in a small community, but the stories we hear from metro areas make you wonder how they're going to survive.

Fishing has been the same and trying to work it out only seems to make it more confusing and frustrating. We have had days with some very good reports, but for every good report we get, there is 3 or 4 very ordinary reports. Then the next day it is 50/50, then the day after it's in the favour of good reports. It makes trying to give advice to people very difficult because we rely on reports to give us patterns to be able to point people in the right direction.

Snapper are well and truly in now and we are seeing regular reports of larger fish 5kg and above. It's where and when to catch them that is creating the problems. The best reports for the month came from the deeper water along French Island from before and after daylight. The reports from during the day were all over the place both for where they were caught and size. We had reports from offshore, corals shallow, corals deep, shallow mud, spit point, Elizabeth island, Silverleaves, Cowes and the list goes on. The size of the fish was also all over the place during the day whereas those from dark were big.

We had daytime snapper of 6kg down to reports of people getting

plagued with the tiny undersized pinkies already. The only thing that was reasonably consistent was the baits, squid and pilchards accounting for most, couta, tuna and salmon also working.

If you are out bait collecting at the moment there is plenty of couta in the bay and we have had several reports of salmon off the beaches. What everybody is struggling with is finding the calamari. Continuing with the strangest season theme, the calamari have been very ordinary so far, especially from the jetties where you wouldn't even know they catch them with a noticeable absence of ink stains. The beaches have had their moments with perfect evening tides producing good numbers for those there but still multiple people bagging out in the same session. The boats and kayaks faired better than the jetties and a little more consistent than the beaches but not the numbers you would expect. The size, big, however has been better and more consistent than we have seen before and very few of the small jig size ones have been reported.

Whiting fishermen are normally frustrated at the best of times but this season it just seems to be one step worse. Finding them, then catching them seems to be more difficult than normal but that doesn't have much to do with the fish numbers being low and more to do with just fishing in the wrong spot. This gets proven many times over with reports telling us they got back to the boat ramp and there was someone there cleaning an esky full of whiting.

With restrictions easing and the weather warming up we are now back to opening 7 days a week with new extended hours. Check our Facebook page for current hours.

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THE MURDER OF PETER "LITTLE PETER" BANANA

Rosie was a lonely woman who liked to use her binoculars to observe the world from her living room window. Then one afternoon, while scanning the building across the street, Rosie got more than she bargained for. No, readers of the Vibe, this is not a plot from 'Room with a View' starring James Stewart, but the background to a murder trial in which you are a juror and must decide. Just imagine..... Now to the courtroom.

Rosie: Several weeks ago, two unsavoury looking men moved into the dilapidated house directly across from my place. A tall thin man and a short fat one, like the Mutt and Jeff characters you read about in crime books. Sometimes a third man would come over. He looked different, nice and mild mannered, like a solicitor. All three often talked or played cards. Sometimes the nice little man made notes on a little notepad. Well, on this particular Sunday, the nice man came to visit again. Only the short fellow was at home and he seemed very drunk. They talked for a while and got into some sort of argument. All of a sudden the short man pulled out a tiny silver gun and started waving it around. The nice man managed to grab it from him. Then they moved out of my line of sight and I had to change windows.

I heard the shot. It wasn't very loud. At the next window, I refocused my binoculars. The short man was grabbing his chest. It was like a scene from a play I had seen, well anyhow, the short man was falling with blood all over his white T shirt. The nice man was holding the gun. He looked stunned. This was about 5.25pm. A few seconds later, the tall guy came home. He and the killer tried to revive the guy, but you could tell he was seriously dead. Then the two guys closed the blinds, so, I couldn't see anymore. I ran into my bedroom and called the police. Believe it or not, I was put on hold for ten minutes before someone took my information and another seven minutes before the police car arrived.

According to the police, the body of Peter, "Little Peter" Banana, was discovered a half hour later, not in the house itself but two blocks away, in an alley behind Joe's Bar. Based on Rosie's statement, the nice mild - mannered guy, Percy Wheedle, was arrested. A nitric acid test showed he had recently fired a gun. Gun powder residue was also found on the right hand of the deceased but not

on any other suspect. The tall guy of the trio, Joey Costello, was arrested as an accessory after the fact for trying to help Percy Wheedle cover up the crime and dispose of the body. The third character was not charged.

The prosecution expected the defence to enter a plea of self-defence or accidental homicide. Bumble Q.C. was surprised when his adversary Leroy Cunningworth Q.C. claimed total innocence. As he began his final argument to the jury, you immediately see his line of attack- the credibility of the Crown's star witness. Leroy Cunningworth Q.C.; Rosie is a woman desperate for attention and blessed with a vivid imagination. Just look at the holes in her story. The victim was found wearing a brown dress shirt not a white T shirt. She says he was killed by a small silver pistol but the evidence will show the weapon to be a .45 calibre weapon. Even her evidence about the time of the shot is obviously wrong and then Ladies and Gentlemen the body was found in an alley behind the bar and not in the house. The police forensics show he was shot in the alley. Ladies and Gentlemen, you have no option but to disregard Rosie's testimony and find my client not guilty. The barman testified that the tall guy had walked in and ordered a drink at 5.35pm and appeared happy. He said he heard a gunshot about five minutes later. The wife of the deceased testified that on the day of the incident Percy Wheedle had withdrawn a large sum from the ATM, he also owned a gun.- the evidence further revealed Percy Wheedle had been doing research on con artists and low-lifers for a book he was writing. The cops later found a silver pistol in Joey's possession. It was not the murder weapon.

Well, readers of the Vibe, it's time to consider the evidence and also apply your imagination, and then decide for yourself- Is Wheedle guilty or not? - create if you can a likely scenario for the unfortunate death of the man with or without a white T shirt. Please remember that for the classic whodunit this writer does not always rely on police technique, trivia or even pure logic. It's also based on imagination and an understanding of human behaviour. The fate of the Defendant rests in your hands!

VERDICT - You and your fellow jurors argue endlessly for three days trying to reconcile Rosie's evidence with the rest of the evidence. After three days you finally deliver your verdict finding Percy Wheedle GUILTY OF FIRST- DEGREE MURDER. Surprised? Well consider the reasoning and apply your imagination. The key to the case was the comment from Wheedle's wife that he was researching con artists. The mystery, you discover, hinges on the old con game played by the other two on the defendant. The 'murder' witnessed by Rosie was staged for Wheedle's benefit. The tall guy Peter loaded the silver pistol with blanks, then forced Wheedle to "kill" him in self- defence. When Joey walked in a few minutes later, Percy was desperate, wanting to do anything to avoid a murder charge. Joey said for a large payment he would keep his mouth shut- Wheedle had to agree. He left to withdraw the cash. In this time Peter the tall guy disposed of the evidence. But the two con artists underestimated their pigeon. The jurors rightly reckoned Wheedle must have realised he had been conned. Enraged he retrieved his gun that he carried in his car and hid himself. When "the deceased" emerged from his house, very much alive, Wheedle followed him to Joe's Bar, confronted him and shot him, this time for real.

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PHILLIP ISLAND SENIOR CITIZENS CLUB

It's October already and look how far we've come this year. This month brings a return to daylight saving. A great chance to start spending time in our backyards or balconies, maybe having a glass or two of your favourite vino and spending some time with friends. I've started working on my back garden and hopefully will have a great summer harvest. I've also started doing some gentle exercise and stretching to try to lose some of the winter covid-19 weight I've accidentally put on. In my defence I've been doing my best to support our local eateries with all their yummy food.

Hopefully Covid-19 numbers will continue to decrease and we can look forward to a Christmas spent with our families and friends. This is my Christmas wish for us all. If you have lost anyone special during this year, hugs to you all and hope the heaviness of your loss can hopefully be lifted with the smell of spring and longer daylight hours to enjoy the outdoors and cherish how special life is. These pictures belong to Ian Burns who is our club's Vice President and a very keen and talented gardener.

Liza Lee, Secretary



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This boutique business is run by Tammy and Jade, pictured, who alongside their experienced team are proud to offer a professional, full-management service. They provide their expertise in short-term property management, guest relations and interior design.

The point of difference for this business is that they treat their owners' homes like their own, plus they work with their owners to ensure they're satisfied, and they are always on hand to support their owners and guests. Their advantage is that they also offer both vacation rentals and a unique service called medium-term rentals, which ensures the owners earn a continuous weekly income through winter and non-peak times.

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Surf News by Ed Amorim (@prosurfcoaching)

Wave reflections

After our surf session today I decided to do some analysing of my surf students who are now good friends too and the question is "what is the reason life connects us on this surf journey?" They came to @prosurfcoaching_ to learn to surf. All with very different backgrounds and some with not one bit of experience, others that can progress in skills, some to increase new techniques and some to just polish movements and fix bad habits. After a days session or full program or maybe even a month of lessons, they are now our most successful surfers in the water. What that means is that "surf is surf" but it is an individual perspective for everyone. Different goals and ways to enjoy the ocean and we all need to respect that. We always improve in performance, safety and fun. We can offer full guidance and support from a surf coach that will assist you as an individual, providing the opportunity to make any surfers better surfers.

Surf progress

How can you identify your surf progress in results? You dedicated yourself to go surfing all the time, brought a good board and a comfortable wetsuit for yourself and then what? To take the frustration away from practice you should be able to tick off basic fundamentals tasks. So let's do a check list here. The start is your safety. Know how to deal with emergency situations or unpredictable weather, the surf code and rules? Know how to set up and transport and maintain your equipment? Now let's go to the water. Do you know how to catch a wave? What about paddling techniques, positioning in a proper way and in the right spot, doing an efficient duck dive under the waves if you need to? Let's keep going now you have the wave. Time to take off any restrictions for big or hollow waves? To be able to get in the wall, you first need to be making proper bottom turns. If you can make those in both directions, you can start to process pumping your board, generating speed and racing the wall so we can tick that one off as well. You now have a few top turns on your belt? Now we are thinking about connecting manoeuvres, going vertical and higher on the top of the waves. Well done if you can tick all these tasks, no problem if you can't. We have plenty of time with summer just around the corner. Not with magic but with work hard, listening to instructions and being committed to something you love. The achievements come as a consequence. We are here to help you with that.

Why do we training Skate for Surf?

The principal answer is simply to optimise our time on top of the board. When we are on the water for 1 or 2 hrs for example, you might catch 10 or 20 waves on a good day. Each wave you surf for no more than 10 seconds, so on a good day you will be stand on top of your board for a maximum 200 seconds what is a bit more than 3 minutes in this case. Now imagine what you can achieve on our @smoothstar surf simulator skate for 30 minutes



exercising in the car park. You pretty much surf in all conditions and then when training back in the waves, you have developed balance conception and the muscle memory to produce deep take offs, good rails, crossing the green waves side by side, connecting turns and using your body in different approaches. That's why the @prosurfcoaching_ program is fundamentally based on this important surf training tool and the results are awesome. Lots of surf knowledge, techniques and much more confidence in the water come from this with the possibility of talking, fixing or discussing the techniques in real time with the students performing on land close to the coach.

What a crazy feeling

Meeting the ocean again, emerging onto this immense amount of blue energy, surfing waves, crossing it and paddling back, feel the cold, the body getting tired, exhausted but full of adrenaline, catching all the sun benefits, stepping on the sand and again connecting ourselves with the earth. Enjoy being alive and free. Yes, SURF - that's what we're talking about. Nothing better than a day of surf. @prosurfcoaching_ is here to make sure you enjoy it in a safe and enjoyable environment. Book your lesson now.

Jaime history

Not long ago Jaime @larneregines was surfing with a massive board on the inside broken waves at Smiths beach. This is when I approached him and invited him to do a lesson with @prosurfcoaching_ to learn the techniques and develop his surf knowledge. Now a few months later Jaime has moved to a fibreglass board @heymansurfing scoring serious waves around the island including big surf at Woolamai. He is picking up more waves, is much more fit and able to do performance turns and vertical manoeuvres every surf session. Well done Jaime! From a fast pilot of Phillip Island race track and hot cars to the surf universe.

Surf Zoom

Pro Surf Coaching would like to thank all of you who took part in an online surf forecasting workshop. Thank you for being part of our zoom sessions on surf forecasting theory and for the questions you had. Look out for the Zoom room code by being part of our Pro Surf Coaching WhatsApp +61490406005 group We will keep organising sessions with different subjects regularly. See you there!

Pro Surf Coaching Europe @prosurfcoaching_ Europe seed has been planted by @gutoamorim with our second clinic organised this

time by @northseasurftrainer and @surfpoel in Netherlands. Well done to everyone involved and thank you for the opportunity. Lots more info on the way.

100 % committed

We work hard to make the difference to our students surf life. We don't rush, we are laid back, we do not give up. We are committed to our mission - "make surfers better surfers" and our students success is our success.

PRO SURF COACHING

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Money matters when romance blooms

Spring has arrived and things in the garden are looking wonderful. Flowers are blooming and trees are bursting into leaf. Birds are nesting too. It is no surprise really that 38% of all weddings in Australia are in Spring. Many relationships are confirmed here when the weather is wonderful and everything seems rosy in the garden, so to speak.

But there is a not so romantic aspect to all relationships and that is the mutual financial situation once you are wed. Whether a couple has married, or just decided to move in together and live a combined life, there are many decisions that need to be discussed and decided about the joint finances. After two years of de facto life together, generally any assets are regarded as legally joint as well. So, these are important decisions and should be discussed and agreed as part of the decision to live together for the future. Too many couples enter a relationship without laying down the ground rules of their financial management structure. Will they have separate bank accounts or a joint one? Will one pay certain bills and the other pick up the house keeping expenses? The list goes on.

There are some important things to note, however. If a couple have a joint account, it is imperative that each should have a separate bank account in their individual name just in case the unexpected disaster happens.

If someone suddenly dies (accident and suicide being the biggest causes of death in under 40s) then their estate is immediately frozen, including bank accounts. Even joint accounts will require a death certificate to transfer balances to the survivor's name and death certificates can take weeks to issue. This is a real problem and I see it often. Anything in joint names will be transferred under the rules of survivorship, but if the individual assets are worth more than \$25,000 then any transfer will need to wait for probate, which can place the survivor under significant financial

stress. Where couples have individual accounts and agree each to pay for certain expenses, they have to decide whether each pays proportionately (say, based on individual income), equally or whether each pays for specific expenses such as mortgage or rent, groceries or car.

This can be fine and easily managed if discussed openly and

agreed, but there needs to be a continual consideration of relative incomes and variations in expenses otherwise one party could end up paying more of their income than the other, and even in a close relationship this can cause stress. And if one spouse ends up staying home and not earning, any agreement to pay specific expenses obviously goes out the window.

When it comes to saving for a house it will probably be necessary to save (or, better, invest) in joint names as proof of joint saving will be required to be assessed to qualify for a mortgage or other loan.

Couples getting together later in life will have had a period when each was the sole arbiter of how the money was spent and why, and this can cause some stress in a relationship when another person has to be consulted before anything is spent or commitments made. There may be children who need or have been supported, involved on either or both sides. There may be hobbies (a boat?) which can use up a lot of any available joint income. After a few years of having sole discretion on spending, each will now have to consider another person. That can be difficult.

My wife and I had years as single parents before we married. We discussed matters and set up a joint account but retained separate smaller accounts to which we each had sole access, and we gave ourselves a discretionary spending limit. Above that anything needed to be agreed, below that and we used our own account. We each had our own credit cards, too. In this way we had freedom to continue as we had done previously but most of our joint income went on joint purposes. Should one of us have died suddenly then the other had access to money to continue with life until estates were resolved. Ensuring that most things were in joint names means that we will have avoided in the first case, any requirement for probate. That is how we have managed for over twenty years now with all major financial decisions made jointly. I urge you to consult a trained, independent financial advisor together to discuss your financial goals and how you intend to manage your collective income going forward prior to making your romantic commitment. It could save you a lot of stress and arguments in the future!

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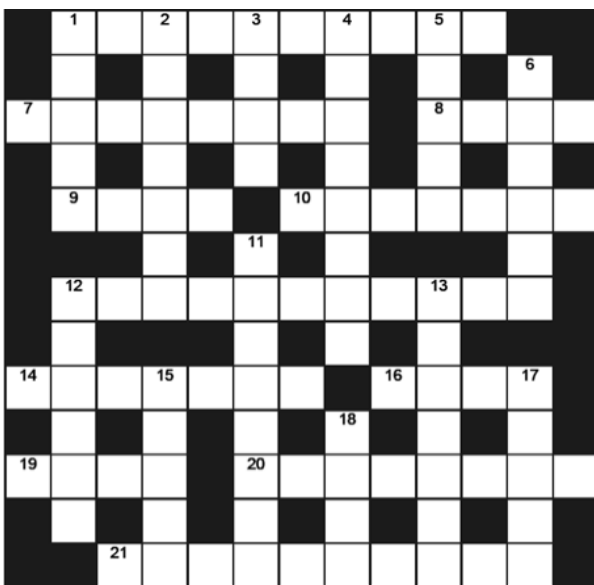
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Brain Food

Find all the answers & solutions to Puzzles
& Quiz on page 16 (No peeking!)



Vibe Quick Crossword 129

Across

- 1 Rails (10)
7 Unsure about beliefs (8)
8 Idols (4)
9 Quiet time before storm (4)
10 Status; standing (7)
12 Disheartened (11)
14 Lawlessness (7)
16 Spring flower (4)
19 One after (4)
20 Concerts (8)
21 Seasonings; sauces (10)

Down

- 1 Bakery item (5)
2 Spaghetti (7)
3 Tiny amount (4)
4 Tight-lipped; reticent (8)
5 Correct (5)
6 Loved (6)
11 Nurtured (8)
12 Harm (6)
13 Greedy person (7)
15 Proportion (5)
17 Spheres (5)
18 Fraudulent scheme (4)

TRIVIA QUIZ



1. What is the name of the overweight man who appeared in the 'Life Be In It' campaign in the 1970's? 2. What is the national flower of Australia? 3. The Knights are a National Rugby League franchise based in which city? 4. Australia has the greatest number of types of what of any country with 755 species? 5. Which animal is on the Western Australian flag? 6. In the song Waltzing Matilda, what is a Matilda? 7. The longest serving presenter of Playschool is who? 8. How many points is the letter 'Q' worth in scrabble? 9. What is a group of frogs known as? 10. What type of pastry is used to made eclairs? 11. Bobotie is the national dish of which country? 12. Prince Harry recently celebrated his birthday. How old was he?

4			6		1			7
	1	6	3				4	2
				4	8	6		1
1		2			7	4		9
			5					
8		7	1	6				
6	4				9	1	7	
2			7		4			6

Vibe Sudoku 129

Each row, column and sub-box must have the numbers 1-9 occurring just once.

PENGUIN PARADE RE-OPENS AND CELEBRATES 10 MILLION LIVE PENGUIN TV VIEWERS

Phillip Island Nature Parks will welcome regional Victorians back to see the island's world-famous penguin parade in person when it opens on Monday, September 28th. This coincides with Nature Parks notching up 10 million viewers to its live streaming of the parade on Live Penguin TV since its launch last month.

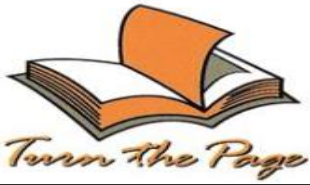
The Penguin Parade will be able to welcome 150 guests every night up until the end of school holidays, the Koala Conservation Reserve will welcome up to 300 visitors, and Churchill Island will be able to welcome up to 500 guests to their outdoor spaces throughout the day. Once the holidays have ended, the three sites will revert to weekend operations until the end of October.

The three sites will be open daily from Monday 28 September to Sunday 4 October, and then afterwards, the Penguin Parade will open on Friday, Saturday, and Sunday nights only, and the Koala Conservation Reserve and Churchill Island will open on weekends only through until the end of October.

"Live Penguin TV has been a wonderful way for Victorians to connect with wildlife and nature over the past few weeks, and to have something to look forward to visiting in real life as we continue along the roadmap to recovery, and this has been shown through the wonderful viewer numbers" said Catherine Basterfield, Phillip Island Nature Parks CEO.

Entry to all the attractions will only be available through the purchase of an online ticket. Further details on viewing options being offered will be updated on the Nature Parks website and social media pages. The three sites will all be re-opening with physical distancing measures in place, enhanced cleaning practices to ensure levels of hygiene are maintained, and of course mandatory wearing of face coverings.

The Antarctic Journey and the Nobbies visitor centre will remain closed under the third step, however the clifftop boardwalks will still be accessible.



Book Reviews

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All Our Shimmering Skies

By Trent Dalton

RRP \$32.99

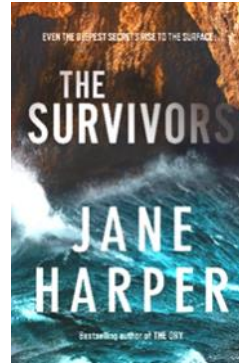
Our price \$29.99

Darwin, 1942, and as Japanese bombs rain down, motherless Molly Hook, the gravedigger's daughter, is looking to the skies and running for her life. Inside a duffel bag she carries a stone heart, alongside a map to lead her to Longcoat Bob, the deep-country sorcerer who she believes put a curse on her family.

By her side are the most unlikely travelling companions: Greta, a razor-tongued actress, and Yukio, a fallen Japanese fighter pilot. The treasure lies before them, but close behind them trails the dark. And above them, always, are the shimmering skies.

A story about gifts that fall from the sky, curses we dig from the earth and the secrets we bury inside ourselves, All Our Shimmering Skies is an odyssey of true love and grave danger, of darkness and light, of bones and blue skies.

It is a love letter to Australia and an ode to the art of looking up - a buoyant, beautiful and magical novel, a brim with warmth, wit and wonder.



The Survivors

By Jane Harper

RRP \$32.99

Our price \$29.99

Kieran Elliott's life changed forever on the day a reckless mistake led to devastating consequences. The guilt that still haunts him resurfaces during a visit with his young family to the small coastal community he once called home. Kieran's parents are struggling in a town where fortunes are forged by the sea. Between them all is his absent brother, Finn. When a body is discovered on the beach, long-held secrets threaten to emerge. A sunken wreck, a missing girl, and questions that have never washed away...

PRAISE FOR THE SURVIVORS 'It's now clear Harper has a gift...every book has a distinct landscape that plays a central part in the plot made possible by her uncanny knack of bringing scenery to life' *Daily Telegraph* 'Another suspenseful thriller...unearthing dark secrets, hidden guilt and simmering social tensions.' *Herald Sun* 'A crime-writing force of nature' *Adelaide Advertiser* 'Global success story' *Courier Mail* 'Clever with beautifully articulated portrayals of people and place' *vogue.com.au*



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Coq au vin



WHAT YOU NEED:

- 1 whole Chicken portioned
- 20 button mushrooms
- 2 carrots diced
- 4 cloves garlic
- 10 baby onions
- Chopped parsley
- 1 celery stick chopped
- Olive Oil to fry
- 1 to 2 glasses good Red Wine
- Butter for frying

WHAT TO DO:

Add chicken, carrots, onions, garlic and red wine in a large bowl and leave for 24 hours to marinate. Remove chicken and sear in hot pan until golden brown. Pour over the marinade and simmer for 30 minutes.



Add to hot pan the butter, mushrooms, onions, garlic and chopped parsley. When the mushrooms are brown, add to chicken to simmer until sauce thickens. Sprinkle with chopped parsley. Serve with garlic mash and French bread.

I'M GROWING AN ARTICHOKE

A poem by Ian Burns

I'm growing an artichoke
 Cauli, sprouts, broccoli & broad beans too
 You might be right to think, the cost of this will send me broke!
 Did I tell you, I'm growing an artichoke
 But you see, it's not the money that concerns me
 To watch these little babies grow
 simply sets my gardening soul free
 I feed them seaweed, fish oil & cow poop too
 Sugar cane mulch thrown in
 Oh, and I forgot chook poo
 By the way, I'm growing an artichoke
 A sense of achievement, peace & calm
 When in the garden, watching Mother Nature at her best
 I silently give her thanks
 For allowing me to be her guest

PUZZLE SOLUTIONS



4	3	8	6	2	1	5	9	7
9	1	6	3	7	5	8	4	2
7	2	5	9	4	8	6	3	1
5	8	9	4	1	2	7	6	3
1	6	2	8	3	7	4	5	9
3	7	4	5	9	6	2	1	8
8	5	7	1	6	3	9	2	4
6	4	3	2	8	9	1	7	5
2	9	1	7	5	4	3	8	6

ANSWERS TO TRIVA QUESTIONS 1. Norm 2. Golden Wattle 3. Newcastle 4. Reptiles 5. Black Swan 6. A Swag 7. Benita 8. 10 11. South Africa 12. 36

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Landscape design and construction tips

By Rob Waddell from



Design tip:

If you're delving into the world of landscape design for the first time, it can be overwhelming to realise all of the choices and options you have in the outdoors. You've probably scrolled tirelessly through google, instagram, youtube and watched all the renovation shows on TV for inspiration and ideas. So how do you bring the best concepts to life in your own garden? Here are a few key points to remember when designing a garden:

- Be selective. A landscape design is an exciting prospect, and with hundreds of wonderful ideas floating around in your mind you have to simplify your thoughts and choose only a few elements that will work well together. It's a common mistake to try to fit every plant, every feature, every living space and your whole pinterest board into one garden project - the result will be a cluttered mish mash with no structure or flow. You will be wise to prioritise a few favourite ideas and maximise their impact.

- Understand aspect. To achieve a functional and beautiful outdoor space, you'll need to understand aspect. The first key principle here is morning sun on the Eastern side of your house, all day sun to the North, strong hot sunshine on the Western side and consistent shade on the Southern face. This is especially important when choosing locations for outdoor entertaining areas as well as plant selection. Spend time in your garden to get a feel for where it's hottest and sunniest, and also the windiest! This will help you avoid outdoor dining areas in blistering hot sun and extreme wind, and help with strategic planting of trees.

- Plant selection. Always look at mature sizes of the plants and trees you intend to plant. They might look great when they first go in, but a garden is a long term investment and it's an unwelcome surprise when your trees are growing way too big for their space and need to be removed. The other key to plant selection is understanding the growing conditions for individual plants. The tag or a google search will often give you this information whether it be full sun, part shade, full shade, well drained soil etc. Following these guides will ensure you enjoy optimum growth in your garden.

- Focus on functionality. A lot of beautiful garden ideas are designed for specific areas and circumstances, so while

browsing the ideas you like the most, remember to think about how this will be functional in your own garden. To consider how a garden will be used, is to consider who will be using it - children, pets, teenagers, large parties, private families etc. Make sure your design is functional so it can be enjoyed with ease!

Gardening tip:

How amazing to see the Spring growth in our gardens with the weather starting to warm up! Remember to trim your plants that are putting on growth spurts. The key to a dense hedge or climbing screen is regular trimming! Trimming and pruning also helps channel the growth to where you want it - several light trims are better than infrequent severe cut backs. For your shrubs, fertilise! Now is the time to sprinkle or spray your plants with fertiliser. If you're not sure which one to use, most plants will enjoy a multi purpose slow release fertiliser such as Osmocote, or a seaweed fertiliser like Seasol. Natives however prefer the soil to be lower in nutritional content, so you can refrain from using these fertilisers on native varieties.



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How Covid 19 is making negotiation of parenting rights more difficult.



The Covid 19 pandemic sweeping the globe causing not only the health issues, but disrupting how we live our lives under new laws introduced to manage the spread of the virus, has made some tasks more difficult than others.

With the various new rules that have been introduced and limitations on the amount of travel allowed at the moment has made once seemingly simple tasks a lot more challenging.

One such task is the negotiating of parenting rights by couples who have decided to separate. The rules that have been introduced with regard to the spread of Covid 19 still need to be adhered to, though the welfare and protection of children is still paramount.

If you are going through a separation at the moment and are in the middle of negotiating your parenting rights, there are some guidelines you can follow to achieve the outcome that you feel is most beneficial for the child.

Of course you want to try and negotiate with your ex-partner directly if possible. However if you are unable to come to an agreement on parenting arrangements, and it needs to go to a mediator and/or court, there are some things you can do ahead of time to put you in a stronger position when it comes to negotiating

1. Make a list of all the activities you currently do with your child along with times and duration of the activity. This will show that you have a strong personal connection with the child.
2. Sit down and create a pre scheduled itinerary of all these activities, and try to be as detailed as you can with times and dates, because this will demonstrate to the court, a consistent routine in the child's life which in times of stress is extremely important.
3. Highlight any special rituals that only you and your child do
4. Create a list of your personal support groups you have access to in the event of an emergency.
5. Highlight a list of reasons why you are in a better position than your ex-partner, to care for your child on a regular basis.

Attention to these details ahead of raising the subject of parenting arrangements with your ex-partner will put you in a better position to argue for extended access.

Although due to the current Covid 19 restrictions imposed to halt the rapid spread of the virus, you will need to do this

remotely especially if you require legal assistance .

Many businesses, especially those in service based industries have resorted to using technology in order to operate remotely.

Legal firms are no exception, like all service industries in Victoria, legal firms are now required to change the way they operate, adopting video conferencing technology to service remotely.

Some firms are more accomplished than others in using this technology, though there is one legal firm that has been using the telephone in conjunction with video conferencing technology to operate remotely servicing their clients in regional areas for more than 14 years.

It was way back in 2006, that James McConvill & Associates took the decision to ditch the fancy big inner city offices, in favour of really reaching out to communities in regional areas remotely, who they thought had been forgotten, when it came to providing expert legal advice with a local understanding of their community.

Now all regional areas around Victoria can benefit from the wealth of experience their lawyers have gained over time.

It has given them an understanding of the legal problems people in regional areas face and how they can apply the legal strategies they have in their arsenal to really help people in these communities.

As one of the very first legal firms to service clients remotely James McConvill & Associates have become the leaders in this method of providing legal advice throughout the Morington Peninsula and surrounding areas, putting them at the forefront of remote legal servicing.

Through the use of the phone and video conferencing technology, over the past 14 years they have developed reliable and proven systems of remote servicing within the legal profession, enabling a streamlined process of remote serving that increases your chances of a successful outcome in your legal case

The development of these systems have enabled James McConvill & Associates to provide their clients cost effective legal services covering the many areas such as: Criminal Law, Business Law, General Family Law, Separation, Property Rights, and of course Parenting Rights.

So if you need legal advice and you want a firm that fully understands the challenges that regional communities face, you can always turn to James McConvill & Associates.

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