

# PHILLIP ISLAND VIBE

Free

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Here's lookin' at ya. How great is this pic by Rachel Musgrove from Phillip Island Images. You can check out her stunning work that features local coastal, wildlife and nature images as well as her Highland Cattle specialty pics @phillip\_island\_images. Happy Easter to all our readers. Stay safe on the roads and enjoy the freedom.

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## **Fishy Tales with Craig Edmonds from Jim's Bait and Tackle**

April already and winter just around the corner, not quite sure where summer actually went but it, like the last 12 months just seems to have disappeared. It was a very different March than last year and while some regulations still remain it has been a bit less of an unknown future this last month or so. We even had a few days in a row of reasonable weather but just as we got used to it a change would come and back to the very unsettled conditions we have had through summer. Fishing has been a little the same through March and just when you think you have it worked out, it all changes and is almost opposite what you think.

Offshore hasn't stopped and the tuna reports came in all month, with the fish numbers and sizes unchanged since the first reports around Christmas time. Areas were the same as well with 3 main spots where there was a concentration of fish. Cape Paterson, Cape Schanck and Pyramid Rock with plenty in between producing as well. We did find a slight change in March in the reports for the last few months and about ½ way through they have started taking all sorts of lures, big, small, all colours as well as skirts and hardbodies and even a couple on poppers. One thing that hasn't changed is trying to work out the best time to chase them which seems to change several times during the day.

Some good bags of flathead and snapper from offshore as well and there is acres of bait fish of all types to fill up the freezer ready for next season. The reef fish, snapper and gummy reports have come from around the Powlett river to the first windmill in under 30m of water while the flathead reports were a bit random and although all under 50m of water there were patches of them from almost Pyramid Rock to Powlett river. We had a lot of shark reports of all types, mako, hammerhead and bronze whaler but not many reports of anything landed. Most were just swimming around the schools of tuna.

Back in the bay and several good reports of quality bags of whiting but for every good report we had there were 10 reports of ordinary catches and people struggling to find them. It certainly isn't anywhere near the whiting fishing we were enjoying pre-Christmas but perseverance and plenty of luck will at least get you a feed. There is those successful and those not, as always, but there is also two very different stories from both. Those successful aren't doing what they always do and are changing it up trying different areas, depths and even baits while those coming in reporting nothing are going to their usual spot and spending hours in the one spot without moving at all. Another thing that stood out as well through March was the number of toadies reported by those fishing for whiting and it all matched up with the ones using a lot of berley.

Although not many have been in the bay looking for them, we have had some very good reports of snapper over the last month. The snapper is 38cm to almost 60cm and the best of the reports have been after dark in the shallow water. Daylight hours snapper are not as good in size with plenty of very small ones still around and not a lot of them over the minimum size for the bigger ones.



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 Human Beings can't.  
 But we try don't we?  
 Ohhhh, we try SO hard.  
 We push, we struggle, we ache.  
 We argue, we justify, we explain.  
 We just can't let it be.  
 We just can't be.  
 We can't BE.  
 I can't be.  
 I've been trained to think.  
 Like Winnie-the-Pooh - think, think, think.  
 And yet that just makes things worse.  
 Tighter. Messier. Painful.  
 I've been working towards ... something ... many things ...  
 I've been doing so much.  
 Getting praise for how much I do.  
 Getting acknowledged for how much I do.  
 Getting love for how much I do.  
 Ahhh the thing we want most.  
 There it is.  
 Love.  
 Love from outside.  
 Love from others.  
 And yet still ... doing all that and getting that love doesn't feel good.  
 What is missing?  
 There is a fear that even if I do all those things and you say you love me ...  
 At some point I might disappoint you.  
 If I don't work so hard this week.  
 If I don't try as much this week.  
 If I don't struggle to please you.  
 You could take that love away.  
 Then I'm left with ...  
 Well ... just me.  
 Me ...  
 How can I be me without you?  
 How can I be loved?  
 Who am I when you don't praise me?  
 Who am I when you don't 'like' my posts?  
 Who am I when you aren't around?  
 I am a mess ...  
 I am a messy Human Being.  
 I am navigating this world as best I can.  
 I am asking the same questions.  
 I am feeling my way.  
 I am listening for answers.  
 I am imperfection personified.  
 I am a mess ... just like you.  
 I am a messy Human Being.  
 This month I give you permission to be a mess and to honour that. It's okay. You're okay.  
 Blessings Pip x  
 Pip Coleman  
 Author, Reiki Master Coach, Speaker, Intuitive Interviews, Bowen Therapist (ISBT), Advanced Angel Intuitive, Meditation & Psychic Development Teacher.  
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## Surf News by Ed Amorim (@prosurfcoaching)

**Ladies Club Program** We invite you and your friends to the new Ladies Club Program at Pro Surf Coaching surf academy on Phillip Island. This event happens every Friday at 10am at Smiths Beach. LCP has been developed to bring together all ages of female surfers in a fun and safe environment. The idea is to have a group of friends to go surfing with, supporting each other to improve surf skills with guidance from our coaches helping to deal with any limitations and celebrating the achievements. @prosurfcoaching\_surf academy will provide the 2 hrs lesson with all equipment included in a group lesson that costs \$80. No previous experience required. Yes, I can see you being part of it. Combining surf, skate, yoga, music, art and a list of new friends. If this sounds like you, please contact us for more information 0490 406005.

**Competition Training Program** Great effort from our young competitors. We're at round 4 already and Pro Surf Coaching Competition Training Program sponsor by @ripcurl\_phillipisland & @smoothstar are here to prepare our little talents to become competition surfers in the future. We work on lots of skills, rules and tactics.

**Front Side Snap** Here's a few points for a front side snap with tail slide. An awesome manoeuvre that needs the right approach on your bottom turn direction, position of the foot in the board, flow and power explosion at the right time plus the timing for the weight distribution from front to back foot to keep the surfboard under you connected. We can develop this move on your advanced level training program.

**Ash around the island again** Our friend and talented surf musician @ashgrunwald was down in town again this month to make everyone happy with his music and good vibes. He performed at @westernportsanremo after a good warm up at @prosurfcoaching\_ @smoothstar training this morning and looking around for some surf.

**Surf Camp at Smiths Beach** We would like to welcome all surfers to visit and stay at our Surf Camp at Smiths Beach, Phillip Island and we can link you with one of our training programs at Pro Surf Coaching Surf Academy. Only a few foot steps from the beach, ocean view, surf gym, skate and surf equipment and lots of fun waiting for you. Check availability on 0490 406005.

**"Girls Can't Surf"** So inspiring to watch the surf documentary "Girls Can't Surf". A true history of a bunch of legendary surfers that changed the destiny of surf in the world forever. I can't stop thinking about it, so well done. Fully recommend this documentary now on the big screens around Australia.

**Progress your surfing faster** We invite you to join our surf team to participate in one of our training programs at Pro Surf Coaching Surf Academy. The idea is to progress your surfing with our methodology or start surfing your first waves safely with good guidance. The session goes for 2 hrs combining surf and skate. We also work on fundamentals and surf knowledge, choosing the right equipment and waves for your level. Let's boost your surf, check @prosurfcoaching\_ or contact 0490 406005 for more details.

**Grommets Program** Don't forget about our Grommets Program on Wednesday and Saturday at 4 pm. All levels and all ages under 15 years old are welcome. 2 hrs mixing skate and surf techniques with good fundamentals and safe breathing. Definitely a day for the little surfers learning about the ocean, developing techniques and confidence. Good chance to make new friends and future surf buddies too. A perfect way to start your surf life and get more confident in the water.

**Big Weekend ahead** Time to book your next surf lesson with @prosurfcoaching\_ Let's surf your first wave together or improve your surf skills. Start now by booking a lesson.

**Hello Surf Coaches** @prosurfcoaching\_Surf Academy in Australia are looking for one more coach to be part of our great team, If you have your qualifications in place, have good customer service and team work than we're here to hear from you. Contact us for more information at 0490 406005.

**Surf Birthday Party** Celebrate your next birthday party with @prosurfcoaching\_ Full packages available with Surf and Skate and lots of beach games to enjoy with your best friends. So much

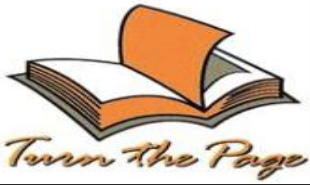


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# Book Reviews

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**Bluey: Mum School by  
Bluey  
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Bluey wants to play Mum School instead of having her bath. But will the kids listen to her? A gorgeous hardback book for kids of all ages.

Bluey has been a phenomenal success since airing on ABC KIDS in October 2018, amassing legions of dedicated fans and hugely popular ranges of books, toys, clothes, games and more. It holds the coveted position of being the most watched program ever on ABC iview, with over 260 million plays for Series One, and is the winner of an International Emmy for Most Outstanding Children's Programme.



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## DOLLARS AND SENSE BY DAVID WELLS

### “If” is a small word with a big meaning

I was taught this in grade 2 at Longwarry Primary School. While Longwarry may seem a long time ago, the truth behind the expression hasn't changed. If always relates to what might be or might have been, never what is. In the investment arena, we certainly hear it all the time. Along with the adage that “hindsight is the only perfect vision” it's possibly the most commonly used word in relation to investments. What if I'd done this? What if I do that? If that happens, what then? If only...?

Unfortunately in anything we do, any time we look to the future there must be a certain amount of uncertainty. This is especially so in any form of investing – shares or property or even term deposits. Everything that we need to look at for the future has a huge element of if involved. The inherent transparency of the share market means that outcomes are more instantly and easily recognised but the same things affect the value of your property, too. This is very natural and normal. Only when we let the thought of “if” cloud our reasoning is there any difficulty. When we make a decision, we always try to make the best one at the time with the available information. As humans we are not privy to the future.

Looking back and to some extent wasting time thinking about what might have been can be very destructive and certainly unprofitable. Living in the past will not take us anywhere. The “if” that we need to consider is what if we do something to fix things or what if we don't. When we look at any investment we can only do something about the future. What happened yesterday is something that can't ever be changed.

Many people with shares, and now also property, are thinking about where their value is sitting at the moment. It's probably somewhat less than we expected it to be, but what do we do about it? Many people believe that you should hold an asset until you show a profit, but this is a simplistic

view and many investors would be better off selling an asset at a loss and reinvesting in a better one. Others look at their investments and decide which ones aren't working and try to fix them. Others wait to make a profit and if they need funds sell

those that are working, making good profits and then wonder why the remaining investments are not so good.

I have a client who complained that when he wanted money, I always suggested that he should sell a loss maker or something else that was not going very well. I pointed out that the others in his portfolio that he was keeping were all good investments doing their job. It's a bit like having employees – if you needed to let someone go, why would you sack the best worker?

As an example, roughly four years ago investors were paying more than \$32 for Woodside Petroleum and Beach Petroleum was about 67 cents. At that time Beach acquired significant assets in the Cooper Basin. A recommendation to a client to switch from Woodside to Beach was declined as the client wanted to recover the cost of his Woodside before selling it. That cost (not my recommendation) was more than \$43. Subsequently Woodside has traded lower and the client is losing a further quarter of the reduced value and nearly half of his initial investment. Beach on the other hand is showing a 150 per cent profit from that time and has been higher. What if the client had made the better investment choice?

Banks have been in a similar situation. In the last four years the National Australia Bank has lost \$7.40 in value but paid only \$6.22 in cash dividends. What if the investor had bought Afterpay for 50c which is now worth more than \$100? Crying “what if” may make for a good story in the pub, but it doesn't change reality.

Whichever way you look at things it's better to take a view on the future and base your decisions on that view, not on what happened in the past.

We know that markets, property and shares, go up and down but things change and all investments need management to gain the best returns. Term deposits need to be evaluated whenever they mature to choose the best way forward at the time of investment. Property needs to be evaluated as to possible future returns at the time of investment. Shares, too, need to be evaluated at the time of investment as to the potential best future return. The decision, as long as it's made with careful consideration is always the right one at the time. Never consider or regret “what if” too seriously. It doesn't exist, there's only “what is”.

As the saying goes, yesterday is history, tomorrow a mystery so we can only live in the present.

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## PHILLIP ISLAND AND DISTRICT HISTORICAL SOCIETY

### Behind the name Forrest Caves

By Pamela Rothfield 2021

For many years visitors to Phillip Island have trundled up and over the enormous sand dune at Forrest Caves on the south coast of Phillip Island and been captivated by the rugged beauty of this rocky outcrop of natural caves. They also bear witness to the magnificent and often treacherous waters below which pulverize the rocks with such potent force.



But why was this landmark named Forrest Caves?

The Forrest family were early settlers to Phillip Island. The family was headed by Matthew Forrest who was born in Lanarkshire Scotland in 1830. Matthew's father, James was a quarryman back in Scotland.

Matthew, as a 30 year old arrived in Australia in 1860 and like many others at the time he had migrated to the colonies to seek his fortune and perhaps a smattering of adventure.

Matthew's brothers, Thomas and James soon followed him, making the trek to Australia and they settled at Taradale near Kyneton, where Matthew worked as an engineer. It was



Charlotte Smith

there he met his wife to be, Charlotte Smith.

In the late 1860s, a number of families in the Kyneton area heard about the promise of valuable farming land on Phillip Island, which the Government had 'opened up' for those of good character to select.

The Daily Telegraph reported:

'While the continent is rusty and bare from long exposure to an unclouded sun, the Western Port islands are verdant in the vigour of vegetable life.'

The first sale of the land on Phillip Island took the form of a ballot at the Snapper Point Courthouse (now called Mornington) on 2 November 1868, and it proved to be well attended. Each plot of land selected was subject to license fees being paid to the Government by 24 December 1868. If the license fees were not paid by that date, the land was forfeited.

Matthew and his brother Thomas decided, like a number of other families from Kyneton, that Phillip Island presented a possibility for a secure future. In February 1869, the two brothers purchased allotments on the south coast of Phillip Island totalling 252 acres (about 88 hectares).

In November 1869 Matthew and Thomas arrived on the Island after the long trip from Kyneton over muddy tracks with a loaded dray, one horse, three cows, and according to family sources, just seventy pounds between them.

The trip necessitated the traversing of a major barrier to Phillip Island, which was the Koo-Wee-Rup Swamp.

When the brothers arrived at Griffith Point (now San Remo) their next challenge was to ferry the dray across the Eastern Passage, a task performed by a local boatman on a primitive punt. The cows and horse were swum across the channel to the Newhaven shore. The brothers decided on the location for the family homestead on their land on the south coast of the Island fronting Bass Strait. The chosen location provided water security due to a nearby natural freshwater spring at the foot of the sand dunes. Once the home was built Charlotte joined her husband.

However, the house, aptly named Windy Knowe, was later moved north, to a site nearer the road because of problems with drifting sand.

The island was a very primitive place in the early days of settlement. There was no medical attendance, roads were rough tracks and neighbours few and far between making communication scant.

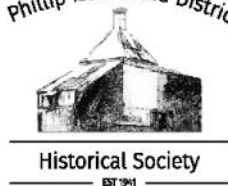
Only fifteen months after their arrival on the island, Thomas who was struggling with depression, died from a fall from a high cliff face at Cape Woolamai, which was deemed to have been suicide. Matthew was devastated.

It was only one year after Thomas' death that Matthew and Charlotte's had to confront the tragic loss of their two-year-old daughter, Bethia. Both Thomas and Bethia are very early burials in the Phillip Island Cemetery.

The struggles of the early settlers were considerable but there was no option than to endure and persevere.

Matthew's farming pursuits included his dairy herd and growing chicory, one of the few crops which could withstand the caterpillar plaques attacking the island. Charlotte would make butter, which she would sell along with the eggs from their numerous chooks, after making the 7 mile (15kms) trek into Cowes by foot.

Phillip Island and District



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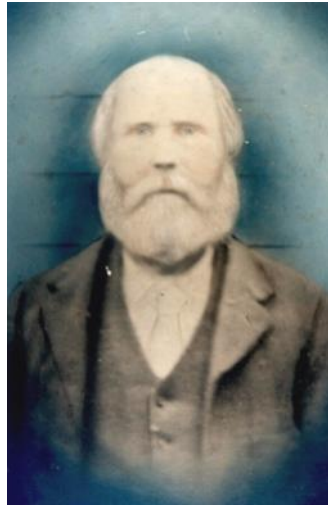
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Phillip Island & District Historical Society

Continued page 9



**From page 8**

Matthew is credited with introducing Marram grass to Phillip Island after he travelled to Portland looking for a solution to stabilise the sand dunes and movement of the sand, caused by the strong south-westerly winds, which was clogging his essential fresh water supply. The rapid spread of the Marram grass with its matted roots, proved to be an effective solution in mitigating the natural changes to the sand dunes and worked in protecting the family's precious water source.



*Matthew Forrest*


Matthew and Charlotte's had seven surviving children and have many descendants still on the island today.

Matthew died at his home Windy Knowe in 1905. His wife Charlotte died in Cowes in 1934.




The Forrest family name permeates the Island's history from many different quarters. They were, and still are, great contributors to the Phillip Island community and the naming of this landmark encourages us to talk about and acknowledge their lives, their achievements and contribution.

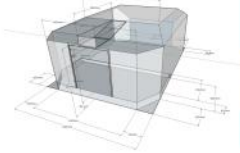


Pamela Rothfield

Phillip Island & District Historical Society



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## STUNNING CAR PHOTOGRAPHY

### Phillip Island Camera Club "Making Photography Fun"

#### Some suggestions to help make your car photography stand out from the crowd

##### Shoot at the Right Time of Day

The best time to do car photography is a few minutes after sunset or a few minutes before sunrise. Use a tripod and get that perfect soft-light on the car's paint.

##### Be on the Lookout for reflections

Carefully control what reflects in the car. A new car is like a mirror so try to have an open space behind you. One of the most important elements to show in your image is the design lines of the car which can soon be spoilt by reflections. To avoid your own reflection in the image use your camera on a tripod, set the timer and step out of the image.

##### Pay Attention to Colour

Paint acts differently at different times of day with different light. Most paints do not like direct sunlight, while some colours handle direct sunlight really well.

##### Choose your Background Carefully

Make sure the background suits the car and the theme. Avoid big objects, such as dustbins, power poles and wires and other cars, which will distract the eye.

##### Pan for Motion Blur

To get some motion in your car photography, stand next to the road as the car drives past. Follow the car with your camera in a smooth action. (Suggested shutter speed 1/125 sec)

##### Let the Car Interact with Nature

By making the car interact with its surroundings captures an image that tells a story. An example would be a 4x4 driving over an obstacle.



Above: Car Wash au naturale by Lynne Cook  
(The car interacting with nature)  
Centre: Reflected by Gary Parnell  
Right: The "A" Model by Joanne Linton



##### Shoot at Night

The secret is to find a spot that's completely dark, preferably with no street lights or full moon. At the right spot, with the camera on a tripod it is suggested to set aperture at F9 ISO 100 and shutter speed 30 seconds. When the shutter opens, with a strong constant light

source walk around the car "painting it with your light". A household flashlight works for this. There are no rules. Paint the car in different ways for different effects. With these tips you are well-equipped to go take some stunning images of your own. Go to it! If you found this article of interest and would like to find out more go to

[www.phillipislandcameraclub.com.au/contact/](http://www.phillipislandcameraclub.com.au/contact/)

Or for more information on Phillip Island Camera Club phone Jenny on 0408 355130 .

Ref: <https://digital-photography-school.com/7-tips-taking-better-photographs-cars/>

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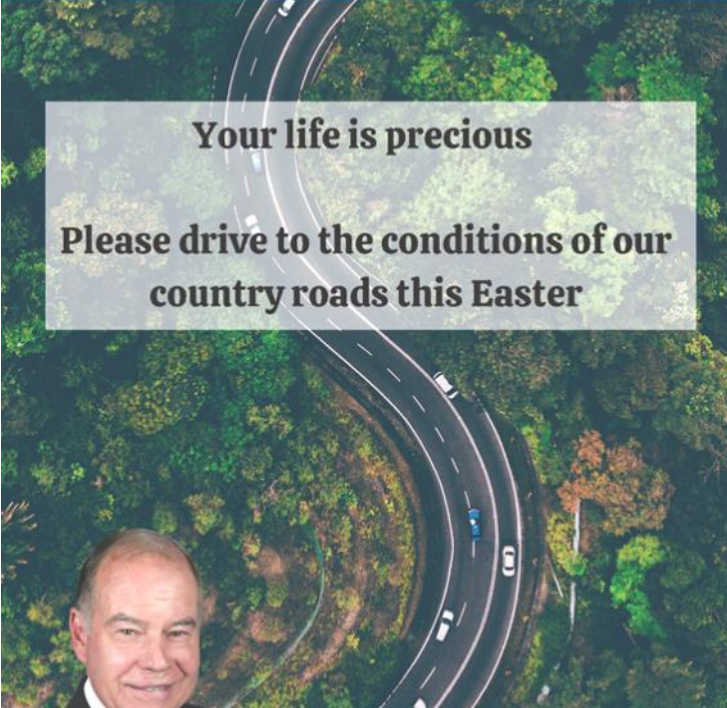
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Authorized by Russell Broadbent MP, Liberal Party of Australia, 46c Albert Street, Warragul VIC 3820

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**Beef and Fennel Sausage Pasta**

**WHAT YOU NEED:**

- 500 g Beef Mince
- 500 g Fennel Sausage Chopped
- 500 g Pomodoro Coulis Sauce
- 1 clove Garlic chopped

- Few sage leaves
- Fresh basil leaves
- 1/2 cup red wine
- Olive oil to fry
- Orecchiette no 119

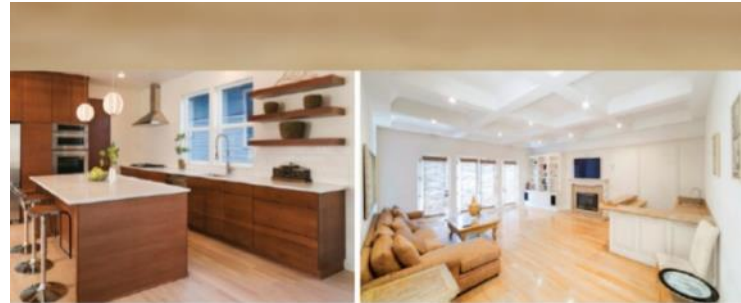
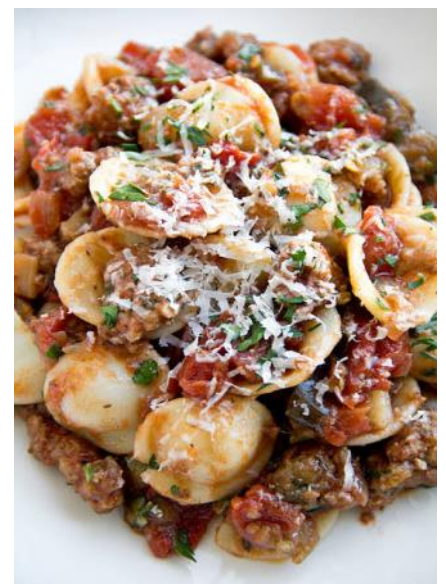
**WHAT TO DO:**

Fry the sausage in some olive oil until brown then remove the sausage. Add mince and fry until brown. Deglaze the pan with wine then add tomato sauce, sage,

basil, garlic and return the sausage and simmer on low for 2 hours. Add a little water from time to time if it's too thick.

Add pasta to boiling salted water and cook until tender.

Drain pasta and add to sauce serve with Parmesan.



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## A classic crime story from our esteemed crime writer, Leon Herbert

### MURDER CAN BE STRANGER THAN FICTION



Leroy was chatting to his Cowes' mates. The resident barrister and amateur sleuth loved to recount famous old trials at the Old Bailey, the venue for some of his own successes at the criminal bar. This was the story he recounted while they enjoyed wonderful pizzas at Pinos Pizzeria.

To be tried twice for murder at the Old Bailey, London's famous criminal court, or for that matter anywhere- acquitted once and condemned once- was the unique record of

Frederick Herbert Field, whose two trials were undoubtedly quite remarkable on a capital charge.

The strangeness was enhanced by the fact that no one had the slightest personal doubt that he was guilty of the first crime despite the legal necessity of returning a verdict of "Not Guilty", and then the second trial created the tremendous legal interest because there seemed to be a distinct possibility that the prisoner's cunning might give him his freedom a second time.

Field was in the classic tradition of born killers in that he was blessed – or cursed- with considerable charm, was good looking, vain, and intelligent. The factual record of his personal life suggested he was happily married, with a good wife and pretty little daughter.

But beneath this very normal exterior were secret emotional currents that branded him a degenerate. One or two details of his activities immediately prior to his murders were hinted at in Court and indicated that Field was the slave of monstrous lusts.

The first crime for which he entered the Old Bailey dock occurred in September 1937, when a young prostitute who was known in Soho as Norma Laverick but was in fact Nora Upchurch was found strangled. She haunted the streets of Soho and took her clients to her room in Pimlico. Well known to the police, she disappeared from the streets towards the end of September.

On the morning of October 2, two decorators who had the keys to an empty shop in Shaftesbury Avenue went to the premises to tidy up and do some painting. One of them was Frederick Field. His superior led the way into the murky interior and seeing a figure lying on the ground, stubbed it with his umbrella saying 'We'll have to shift these old wax models.'

It was, as readers of the Vibe magazine will readily conclude, no wax model but the corpse of Nora Upchurch. She had been strangled but not sexually violated, and in the opinion of the medical expert had been dead for about three days.

At the inquest, profound suspicions fell on Field because it was shown he had possession of a key to the shop and was unable to give a completely satisfactory explanation of what had happened to it. Nevertheless, when a verdict of "murder against a person or persons unknown" was returned no move was made to arrest Field.

The world trade depression was on, Field lost his job, months went

by and then Field walked into the offices of a National newspaper and handed in a neatly written confession of his murder of Nora Upchurch. The editor knew Field as there had been a tentative arrangement in place to pay for his defense if he should be charged with murder. The briefest perusal of his detailed confession indicated this was no crank's vapourings but an authentic description of a terrible crime.

Scotland Yard was informed and after the usual warning and cross-examination found his story credible. But Field was clever over a number of points- for example, he said he had throttled the girl with his bare hands, but the mark of some material on the skin of the neck proved beyond all doubt that a belt or cord had been used. He was also insistent- he said he had never met the girl, whereas many witnesses could testify that Nora had gone around in fear of her life for weeks before she was killed.

In due course, he was committed to trial at the Old Bailey. When the date was set he withdrew his confession. The prosecution was faced with the impossible task of proving a case on which there was no evidence against Field beyond that of his own confession. The judge had no choice except to stop the case and direct the jury to return a verdict of Not Guilty.

Field, with a very smug expression, walked out of the dock to freedom. His new attitude to the faked confession was that he was compelled to make it so that the cloud of suspicion over him could be dispelled. In fact, he believed he had hit upon a scheme of murdering without the risk of punishment, for his second crime was similar to the first in every detail but one - the final scenes of the trial.

Three years passed. Field's second victim was Beatrice Sutton, a prostitute. At the time he was a deserter from the R.A.F. and he was being sought by the service police. He went almost straight into the arms of the police after he had strangled the woman, and he immediately followed the plan which had worked so successfully in the previous crime.

Instead of some deliberate errors, he gave an authentic account which no one who had not been in the room of death could have known. He again withdrew his confession when the date of the trial was set but it hardly mattered. The police evidence confirmed with cold hard facts item after item in his confession. Field was quickly found guilty and condemned to death.

It was, said Leroy in conclusion, as his rapt friends were finishing their meals, perhaps merely by the kindest twist of fate that ensured Field's killings amounted to two. For that, the vanity which made him boast of his crimes must be thanked. His murders were so motiveless by all normal standards and so cunningly carried out that he would have stood a very good chance of going unpunished. There was no evidence of robbery or rape or deviant sexual behavior. But he was too vain. He simply had to see the world's reaction to his story- and that trait led him to the gallows.

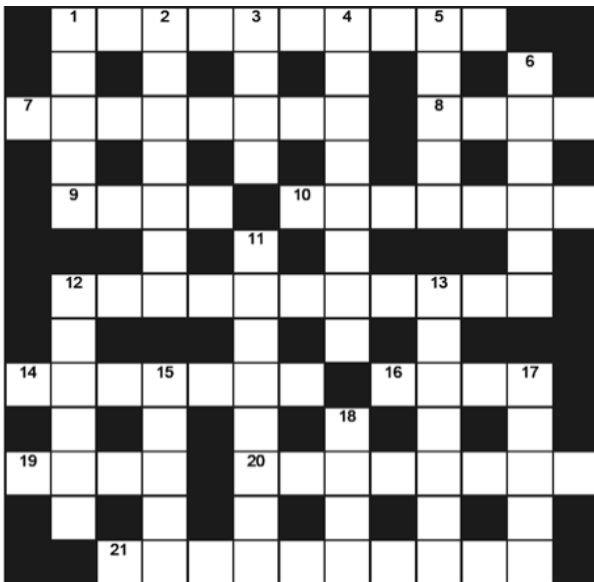
Leroy smiled as his friends Peter, Tony, and Mark, got up from the table, obviously content with the story; also in the knowledge that their appetites had been well and truly sated and that for the time being their own necks remained intact!

**I hope Vibe readers won't mind the switch from the usual fictional whodunit to a true-life story apart from the pizzas!**

**Cheers, Leon**

# Brain Food

Find all the answers & solutions to Puzzles  
& Quiz on page 18 (No peeking!)



## Vibe Quick Crossword

### Across

- 1 Stockrooms (10)  
7 Rural (8)  
8 Possesses (4)  
9 Score (4)  
10 Antiquated (7)  
12 Approval (11)  
14 Beetroot soup (7)  
16 Jokes (4)  
19 Ale (4)  
20 Disappears (8)  
21 Anchorman (10)

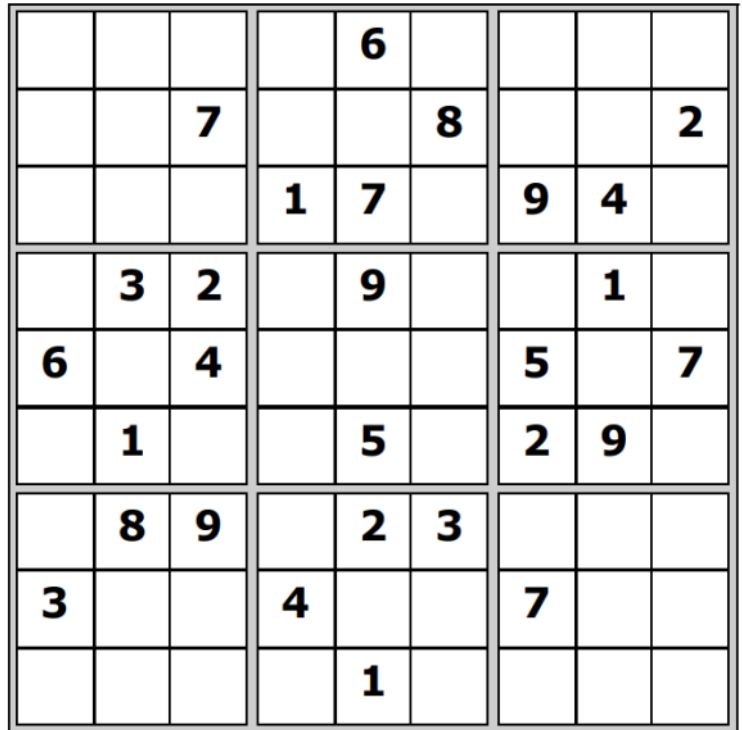
### Down

- 1 Bet (5)  
2 Baked (7)  
3 Acclaim (4)  
4 Unsettles (8)  
5 Period of history (5)  
6 Join up (6)  
11 Stores (8)  
12 Wears away (6)  
13 Passed (7)  
15 Wait (5)  
17 Cuss (5)  
18 Leg joint (4)

## TRIVIA QUIZ



1. The Cassowary is closely related to what bird? 2 What builds an eyrie? 3. Called Hungry Jacks in Australia, what is the fast food restaurant called in the rest of the world? 4. What two actors played drag queens Tick and Adam in 1994's Priscilla Queen of the Desert? 5. Who is the current captain of the Australian Women's cricket team? 6. Guinea Pigs are originally from which continent? 7. Entomology is the study of what? 8. What is a baby oyster called? 9. What was the first name of Dustin Hoffman's female character in Tootsie? 10. What is the green pigment found in most plants that is responsible for absorbing light energy?



## Vibe Sudoku

Each row, column and sub-box must have the numbers 1-9 occurring just once.

## PHILLIP ISLAND MARKETS

Enquiries/Bookings 0428 603 043  
E. [info@phillipislandmarkets.com.au](mailto:info@phillipislandmarkets.com.au)

### Island Foreshore Market

Jetty Triangle > The Esplanade > Erehwon Point

Season finishes June 12th

- Sat 3rd Apr 3pm - 9pm
- Sat 15th May 3pm-9pm
- Sat 24th Apr 3pm - 9pm
- Sat 12th Jun 11am-5pm

### Market on Church

St Philips Church Crn Thompson/Church Cowes

4th Saturday Every Month (Except Oct & Dec)

- Sat 24th Apr 9am-2pm
- Sat 26th Jun 9am-2pm
- Sat 22nd May 9am-2pm
- Sat 24th Jul 9am-2pm

### Cowes Sunday Market

Season finishes April 18th

At the Cowes Jetty Triangle, The Esplanade

- Sun 11th Apr 9am - 2pm
- Sun 18th Apr 9am - 2pm



# KING OF THE CUCUMBERS

By Ian Burns

Warrick Cumberland is a keen gardener with an extensive veggie garden in Cowes. Warrick is one of the original growers of the Mortgage Lifter tomato that so many gardeners have had success with these past few seasons.

Some of his tomatoes this season exceeded the 600gm mark, but it's not only tomatoes Warrick is famous for; he now has the title

of "King of the Cucumbers", for this season he grew a Lebanese cucumber that made a few jaws drop as it just grew and grew.

Warrick is pictured here with his prize cucumber, comparing it to the normal size on the same bush.



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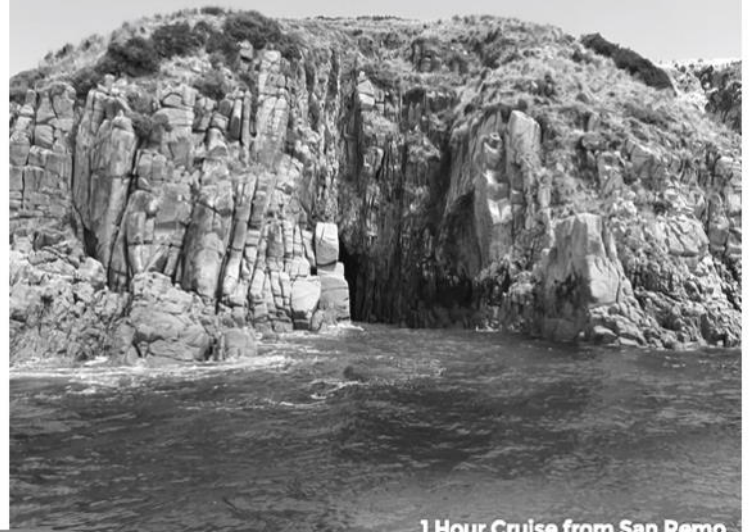
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# COMMUNITY NOTICEBOARD

If you're a not for profit club or organisation, you can list your meeting times and contact details here free of charge. If you're not listed and would like to be email us at: [phillipislandvibe@outlook.com](mailto:phillipislandvibe@outlook.com)

**Red Cross, Phillip Island Branch** meets every 2nd Thurs of month, 1.30pm, Uniting Church Hall, Chapel Street, Cowes. New Members welcome. Contact Ron Hateley 59522549 or Averil Roberts 59522602.

**Phillip Island Lions Club** Meets every 2nd & 4th Sunday of month, 1.30pm, Lions Club Rooms, Dunsmore Rd, Cowes. More info: [lionsclubphillipisland@gmail.com](mailto:lionsclubphillipisland@gmail.com)

**Phillip Island Bicycle User Group** Every Wed 10am starting at Amaze'n Things car park. Very social, speed is the slowest rider. Contact Ruth Scott 0409 946696.

**Phillip Island Bridge Club** duplicate games Mon & Wed 12.15pm for 12.30pm start. Located at back of Newhaven Hall. Visitors welcome. For partner or lesson info contact 0400 815353.

**Phillip Island Girl Guides** Multi age groups from 5 years, Tuesdays 5-6.30/7pm. More info contact Lisa Toro [lisa\\_olivia\\_nathan@hotmail.com](mailto:lisa_olivia_nathan@hotmail.com)

**Phillip Island Club (Senior Citizens)** Carpet bowls, cards, ballroom dancing, craft. Membership \$15 per year. Fridays 12noon, 3 course lunch \$15. Island Celebration Centre Hall for hire. 59522973 for more information. Recommencing February.

**Phillip Island Community & Learning Centre (PICAL)** recreational, educational and some welfare services to reflect local community needs. For further info call 59521131, [www.pical.org.au](http://www.pical.org.au) or pop in at 56-58 Church St Cowes.

**The Probus Club of San Remo** 2nd Mon of each month 10am at the Newhaven Hall, 23 Cleeland Street, Newhaven. New members most welcome. For more info: Dianne Glanz 0417 610 611 or [probussanremo@gmail.com](mailto:probussanremo@gmail.com)

**Rotary Club of Phillip Island & San Remo** "Fundraising for our community". New members welcome. Phone Keith Gregory 0439 020996.

**Phillip Island Scout Group – Cubs:** Wed 6.30pm-8pm, **Scouts:** Thur 7pm-9pm, **Venturers:** Mon 7pm-9pm. Located at Bluegum Reserve, Dunmore Road Cowes. New members welcome. Email: [gl.phillipisland@scoutsvictoria.com.au](mailto:gl.phillipisland@scoutsvictoria.com.au)

**Phillip Island World Vision Club** 2nd Wed of each month 1.30pm, St Phillip's Church Hall, Cowes. A friendly group of people undertaking fundraising events around the Island to raise funds for sponsored projects around the world. New members welcome. Call Thelma 56785549.

**Lions Club of San Remo & Newhaven** 2nd & 4th Tues of month St Augustine's Church, Phillip Island Rd, San Remo, 6.30pm. Contact Secretary Andrew Page 0410 785081, 56780162 or [sanremo.newhavenlions@gmail.com](mailto:sanremo.newhavenlions@gmail.com)

**Men's Shed** meets at the rear of the RSL every Tues & Thurs mornings 9.30am-noon. Anyone most welcome to join us. Contact Terry Heffernan 0438 808428 or 59526955.

**Phillip Island TOWN Club Weight Loss Group** Thurs 9-11.00am, Ryhll Hall. Joining fee \$48, weekly fee \$6. Nutritional eating, weigh in and group therapy. New members welcome. Contact Vincent Vale on 0414 709066

**Phillip Island Croquet Club** new members welcome. Contact Ken 59568803 or David 0412485913, Blue Gum Reserve Dunsmore Rd, Cowes.

**The National Vietnam Veterans Museum** needs volunteers to work in the front of house sales area, particularly on weekends. Contact Julie on 5956 6400 if you are interested in joining our fantastic team.

**Phillip Island RSL Day Club** every Monday, ANZAC Room, RSL, 10am-2pm. Games, craft, exercises, guest speakers and outings. Transport can be arranged if necessary. Ph: PIRSL Reception on 5952 1004.

**Euchre at the RSL** Come and play Euchre every Thursday night at 7.30pm or come for a meal first at 6.00 pm with cards to follow. For more info contact Bob Hee 0418 173388.

**Phillip Island Camera Club** meets 1st Mon of month, Heritage Centre meeting room, 1:30-4 pm. Contact Susan Brereton on 0408 136 717 or [phillipislandcameraclub@gmail.com](mailto:phillipislandcameraclub@gmail.com)

**Country Women's Association**, 1st Thurs month, CWA Shop, Thompson Ave, Cowes, 1pm. More info: Jan 59525177, Judy 59568480.

**Phillip Island Swim Club** must be competent in 3 out of 4 strokes and looking to extend skills with qualified coaches. [Swimclub@waterfront.net.au](mailto:Swimclub@waterfront.net.au)

**Phillip Island & District Genealogical Society** discover your ancestry. 56 Chapel St Cowes. Tues 10-1pm, Thurs 10-4pm, Frid 1-4pm, Sat 10-1pm. Contact 0418 178343 or [piadgs@gmail.com](mailto:piadgs@gmail.com)

**Phillip Island Adult Riding Club Social & HRCav** horse riding club for beginners to advanced. Rallies held every 3rd Sat of month. New members welcome. Contact Rachel 0435 552518 or email [enquiries.piarc@gmail.com](mailto:enquiries.piarc@gmail.com).

**Cape Woolamai Coast Action** is a volunteer group who meet on the second Saturday Monthly from February to November. We undertake general maintenance and plantings along the Cleeland Bight foreshore. Meeting at Cottlesloe Ave 8.00am to 10.00am followed by morning tea. Ph: Marg 0419007758  
Email: [capewoolamaica@gmail.com](mailto:capewoolamaica@gmail.com)

**Phillip Island-San Remo-Bass Coast Vegan Community** Sharing and promoting what's vegan & plant based. Everyone welcome. [phillipislandbasscoastvegans@gmail.com](mailto:phillipislandbasscoastvegans@gmail.com)

**The Probus Club of Phillip Island Inc** meet 4th Wed of each month, 10am, Anzac Room, Phillip Island RSL, New Members most welcome. For further info Chris Cannin 0434 489011 or Ash Rizvi 59521604.



**Phillip Island Day View Club** proudly supporting The Smith Family, Feb-Dec, 4th Monday of month, 11am, Phillip Island Golf Club, Cowes. Bookings essential. New members welcome. For information contact Irene 59523447.

**Phillip Island & District Historical Society.** Cowes Heritage Centre, contact Secretary Christine Grayden 0400 900612. Check out our History on pidhs.org.au.

**Phillip Island Library,** free wifi and kids programs, Story time every Tues 11-11.30, Baby Rhyme time every Thursd 10.30-11am, Lego Club every Tues 4-5pm. www.wgrlc.vic.gov.au or call 59522842.

**Friends of the Library** book chat 1st Wed of every month at 2pm, Feb-Nov. Phillip Island Library. Friends of Library meeting 10.30am, 3rd Sat of every month. New members welcome. Call Celia 59521901.

**South Coast Speakers Toastmasters** meets every 2nd and 4th Wed of month, 7.30pm at San Remo Hotel. Develop oral communication and leadership skills. More information Brigitte Linder 0421 812691

**San Remo Bowls Club** Summer. Every Wednesday 12.30pm for 1pm start. Stick draw. New bowlers and visitors most welcome. 1a Wynne Road, San Remo, next to Recreation Centre. Phone 56785558.

**Phillip Island Patchworkers** Meet Newhaven Hall Monday 7.30pm; Info Centre Newhaven, 10.30am 1st Tues of month; Cowes Cultural Centre 10.30am last Tuesday of month; Wonthaggi Cricket Reserve 10.00am 1 & 3 Friday of month; Corinella Crafties 10.30am 2nd & 4th Wed of month. Contact Lyn Duguid 0427 593 936

**Newhaven Indoor Bowling Club** meets every Tues at 12.30-3.45pm in airconditioned Newhaven Hall, Cleeland Av, Newhaven. \$5 includes afternoon tea. New members welcome. Age group 60-90 years. Call Dagmar 59566965.

**“Bee Crafty” Community Craft** Group is meeting fortnightly on Wednesdays at St Phillips Church Hall, Thompson Avenue, Cowes (opposite Coles). All are welcome. For further details Desma Maxworth 0409 136 620

**Phillip Island University of the Third Age (U3A)** provides learning and social activities such as choir, creative writing, stagecraft, Spanish, canasta and many more. For retirees and semi-retirees. Most activities are ran at 56-58 Church Street, Cowes. For further info call 5952 1131 or 5952 6461

**Boomerang Bags Phillip Island and San Remo** Volunteers sew re-usable bags to supply local shops and reduce plastic. Sewing bee every Wednesday 10am-4pm Garden Room 2, PICAL 56-58 Church St Cowes. Everyone welcome (no sewing experience necessary). email Kylie@boomerangbagspir.org

**PARKRUN-** free 5km timed run/walk for all abilities. Saturdays 7:45 Churchill Island (www.parkrun.com.au/phillipisland/)

**The Phillip Island Miniature Light Railway Inc.** Secretary, Bev Munro, 0417 578 435 or Facebook.

**MS Community Visitors Scheme** in San Remo requires volunteers to visit residents in aged care who are socially isolated. Visits are fortnightly and may include taking residents on outings. Phone 98452729 or email volunteer@ms.org.au

**Phillip Island Community Meal** operates on Mondays during school terms, 5.30 to 6.30pm. Volunteers prepare and serve a healthy two course meal to attendees. All welcome. Uniting Church Hall, Cnr Chapel St and Warley Ave, Cowes. Facebook @cowescommunitymeal

**Cowes AA Big Book/Steps Meeting,** 7pm Tues nights, St. Phillips Anglican Church. Corner Thompson Ave & Church St.(opp. Coles) Ph. 0417 317470

**Artist Society of Phillip Island (ASPI)** meet regularly for Visual Artists, Textile Art, Plein Air, Writers, Portraits & Appraisals & Workshops throughout the year. Two Art Shows at Easter & Cup Weekend. Memberships Available Contact Lois Green 5956 9595

**First Friday Philosophy Lunch** We meet once a month over lunch at the Wild Food Farm, on the Rhyll Newhaven Road at Rhyll. We discuss some of the big questions about life, the universe and everything. Newcomers are very welcome. \$35 (including a two course lunch). Bookings or enquiries to John Buttrose: jbuttrose54@gmail.com

**Narcotics Anonymous** meets weekly Sundays 5-6pm, St Phillips Anglican Church, 102 Thompson Ave, Cowes. New members welcome. For more information contact 03 9525 2833 or na.org.au

**The Phillip Island Medical and Health Action Group (PIMHAG)** advocates for improved medical and health services for Phillip Island and San Remo. PIMHAG welcomes new members. Please contact Secretary linda@marston.com.au or 0428 344 726 for more information.

**Woolshed Spinners** meet each 2nd & 4th Thursday of the month at PICAL, Cowes, 10 am to 2 pm to spin wool and other yarn activities. Contact Deb McCann 0428 523 706

**Phillip Island Health Hub Auxiliary** meets 1st Wednesday of every month at 1.30pm at the PI Health Hub in Cowes. We fundraise to purchase much needed equipment for specialists and medical staff offering services at the Health Hub. New members very welcome. For more info – Wendy 0417 245 692.

**Phillip Island Bowls Club** 40 Dunsmore Rd, Cowes. New members welcome, open to all ages. Social bowls every Thursday at 12noon and barefoot bowls over Christmas holidays. Corporate bowls from January till March. Free coaching available. Come and give it a try - contact George Mol on 0407 851065.

**Phillip Island Community Art & Craft Gallery** Contact Secretary Aleta Groves 0419 525 609 or email-info@phillipislandgallery.com.au

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### PHILLIP ISLAND SENIOR CITIZENS CLUB UPDATE

In a way it's been a tough year, COV19 has seen many business's close, and put a lot of pressure on many others. PISCC has not been exempted, we have struggled to keep the club viable and a keen few of the old committee have dedicated quite a bit of time and effort to keeping the club going so there is a club to come back to when the State government says we can. Numbers are forever changing but appear to be settling now, giving us hope that we may soon be advertising the opening of the club for lunches once again. It may not be on a weekly basis, this depends on the response we get from our members to the re-opening when we announce it. Perhaps once a month to begin.

We got some good news from BCS, that the lighting for our rear car park is about to begin installation this month. We have waited years to make our club more secure.

AGM: March 26th at 2pm : We held our first AGM for 18mths. We desperately needed to form a committee and elect a couple of executive positions to allow the club to function. BCS representatives were in attendance and Shirley Egan was a great assistance to the proceedings. The day before, our Treasurer resigned and it appeared our secretary, Liza Lee may also step down. Fortunately we were able to fill the position of secretary via another committee member and Liza has come back onto the committee to lend a much needed hand. We very much appreciate her help. All positions were filled and at the end of the day we have a full committee with a total of twelve.

Much debate centred around an opening date and getting back to lunches on Fridays. It was decided that June would be the month we resume due to health concerns of some of the executive committee and the hiring of kitchen staff. We will keep everyone posted as to what the exact date will be.

Our Monster Garage Sale! Easter Saturday, April 3rd at 9am till 2pm. Sausage sizzle included. We have mountains of household items, electrical goods, printers, fax machine, jewelry, clothing and shoes. Please support your club and let all your friends know.

Last but not least, we acknowledge the passing of many members this past year and remember them all fondly. Our thoughts are with their families always. Ian Burns, Vice President

9	4	5	3	6	2	8	7	1
1	6	7	9	4	8	3	5	2
8	2	3	1	7	5	9	4	6
5	3	2	8	9	7	6	1	4
6	9	4	2	3	1	5	8	7
7	1	8	6	5	4	2	9	3
4	8	9	7	2	3	1	6	5
3	5	1	4	8	6	7	2	9
2	7	6	5	1	9	4	3	8

### PUZZLE SOLUTIONS

	W	A	R	E	H	O	U	S	E	S		
	A		O		A		N		P		E	
A	G	R	A	R	I	A	N		O	W	N	S
	E		S		L		E		C		L	
	R	A	T	E		A	R	C	H	A	I	C
			E		A		V				S	
	E	N	D	O	R	S	E	M	E	N	T	
	R				C		S		L			
B	O	R	S	C	H	T		G	A	G	S	
	D		E		I		K		P		W	
B	E	E	R		V	A	N	I	S	H	E	S
	S		V		E		E		E		A	
			N	E	W	S	R	E	A	D	E	R

### ANSWERS TO TRIVA QUESTIONS

1. Emu
2. Eagle
3. Burger King
4. Hugo Weaving and Guy Pearce
5. Meg Lanning
6. South America
7. Insects
8. Spat
9. Dorothy
10. Chlorophyll



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# The Property Market

Integrity, Transparency and Community

## LOOKING FOR YOUR NEW HOME?



### 28 Bunya Dr, Cape Woolamai

Contact Agent

Showcase build by Ian Glen in the Grollo Estate  
Oak timber floors and high ceilings & smart wiring.  
3 split system air-con, ceiling fans to bedrooms.



### 11 Sedgman Rd, Wimbleton Heights

SOLD IN 7 DAYS

2 storey cottage style home with multiple living areas.  
Backs onto community garden and parklands.  
Boat access, shed and outdoor heated shower.



### 53-57 Manna Gum Dr, Cowes

Contact Agent

1 Acre property with established gardens.  
Separate 2 bedroom cottage with own access  
3 Bay barn with loft & self-contained studio



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